

CONNEXION

The Newsletter of the Anglican Parish of Central Saanich

Number 14



St. Mary's Church

1973 Cultra Avenue,
Saanichton, BC V8M 1L7



St. Stephen's Church

7921 St. Stephen Road,
Saanichton, BC V8M 2C3

Rector: The Reverend Robert Szo

Deacon: The Reverend Gil Shoesmith

Youth and Family Worker: Chris McDonald

Worship Services

Sundays

9:00 am, Choral Eucharist & Sunday School
1st Sunday, Service of the Word

Third Sunday

7:00 pm Evening Prayer in the style of Taizé

Wednesdays

10:00 am Holy Eucharist
10:30 am Friendship Coffee
11:00 am Bible Study

Office: 250-652-1611 Hall: 250-652-7942

Email: stmarys.saanichton@shaw.ca

Web: www.ParishCS.ca

Worship Services

Sundays

11:00 am Holy Eucharist
and Church (Sunday) School
4th Sunday, Praise & Worship in the Hall

Tuesdays

11:00 am Prayer Group

Thursdays

7:00 pm Seekers & Upper Room meetings,
Praise and Worship every fourth Thursday

Office: 250-652-4311

Email: ststephens1862@shaw.ca

Web: www.ParishCS.ca



March to May, 2015

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Here are some of the significant dates in the next three months for you to be aware of:

- Apart from the regular services, try out **Café Church** at JJs in Brentwood on the 2nd Thursday of each month at 6 pm. The next one will be on March 12.
- **Evening Service in the style of Taizé** is at 7 pm at St. Mary's on the 3rd Sunday of each month, the next one being on March 15. If you would like to be a reader at one of these services, talk to Sue Smith (the St. Mary's one, not the St. Stephen's one!)
- Wendy Underhill's memorial service will be on Sunday, March 1st at St. Mary's Oak Bay. We will hold Mary Brind's memorial service at St. Mary's on Friday, March 20th At 2 pm.
- The last **Sunday Serenade Concert** of the series featuring the **Cookeilidh Celtic Band** will be at St. Mary's on Sunday, March 29th at 2:30.
- The Parish **Maundy Thursday Service** will be at St. Mary's on April 2nd at 7 pm.
- On Good Friday, April 3rd the **Service of the Stations of the Cross and Meditations** will be at St. Stephen's starting at 10 am. It is planned to start by walking from Our Lady of Assumption Church on West Saanich Road to St. Stephen's, the walk starting at 9:30 am.
- **Easter Sunday**, April 5th, will be celebrated at St. Mary's at 9 am and at St. Stephen's at 11 am. That afternoon, at 3 pm at St. Mary's, Vox Humana will be presenting **The Little Match Girl Passion**.
- On Saturday, April 25th **St. Mary's "Spring Fling"** will take place in the Hall, starting at 9:30 am.
- On Saturday, May 9th the Parish will once again host the **Mother's Day Walk**. Further details will be provided nearer the date.
- On Saturday, May 23rd there will be a **St. Stephen's "Boot Sale"** in the Hall and in the parking lot. Stay tuned for further information, such as table and space rentals for participants.
- On Sunday, May 24th there will be a combined service at St. Mary's at 10 am, being a **Service of Confirmation**, conducted by Bishop Logan. A pot luck lunch will follow in St. Mary's Hall.
- On Sunday, May 31, the **Soundings Vocal Ensemble** will present a concert at St. Mary's at 2:30 pm.

From the Rector's Desk

"True Fasting"

As I was getting ready for Ash Wednesday I spent some time reading, praying and thinking about Isaiah 58:1-12. In this passage God uses the prophet to speak these powerful truths to his people:

Wake up! "Shout it aloud, do not hold back. Raise your voice like a trumpet" (Isaiah 58:1) Like a loud and persistent alarm clock, the voice of God shouts for his people to wake up from their spiritual coma.

Be honest! "On the day of your fasting, you do as you please" (Isaiah 58:3). Instead of admitting their rebellion, the people complain that God hasn't acknowledged their fasting and humility.

Get serious! "Is not this the kind of fasting I have chosen: to loose the chains of injustice...set the oppressed free...share your food with the hungry..." (Isaiah 58:6-7). True fasting requires the people of Israel to put their faith into serious action.

Be renewed! After all this language of repentance, there's the promise of restoration and rebuilding: "The Lord will guide you always; he will satisfy your needs in a sun-scorched land...your people will rebuild the ancient ruins..." (Isaiah 58:11-12).



Like Israel, we receive the same spiritual wake-up call. We may find it uncomfortable to hear, or we may prefer language that softens this strong call to repent, but the call is given by the sovereign, loving God. He calls us because he has chosen us to be in covenant with him. As Isaiah says: "you will cry for help, and he will say: Here am I." He loves us deeply and sacrificially, as we see when we look to the cross of Christ. When we willingly face Jesus and bend our knee in humility, we acknowledge his place and priority in our lives. The end result is a people who: know God, know themselves, and live to see the "ancient ruins" rebuilt and the "age-old foundations" raised up.

May you be truly blessed and encouraged this Lent by the promises given through the Word of God.

In Christ,

Rev. Rob Szo
Rector, Parish of Central Saanich

The Annual General Meeting

Your Parish Council

Welcome to your 2015 Parish Council – there are some familiar faces and some new ones.

Sandra Scarth, one of the most vigorous promoters of the new Parish, is stepping down as a Warden, but will continue as a Council Member and a St. Stephen's Synod Rep. Welcome to Lynda Clifford who, as St. Stephen's People's Warden, joins the continuing Wardens, Don Wilson, St. Stephen's Rector's Warden, Lynn Fallan, St. Mary's Rector's Warden, and Derek Osman, St. Mary's People's Warden. David Cooper and Jen Buscall continue as Treasurers.

Two new faces on Council from St. Mary's are Terry Parent and Susan Pullan, replacing the "two Johns", John Smith and John Beresford. Also Allan Carlson joins the Council from St. Stephen's. The continuing Council members are Nancy Choat, Margery Lord and Brian Waller. They join Rob and Gil to constitute the 2015 Council

The Operations Committees will be appointed by Council.

The Tenth Team

The Tenth Team initiative has been enthusiastically taken up by both congregations. The idea, as you know, is to encourage everybody, regardless of the amount of their weekly, monthly or annual giving to the parish, to consider increasing their donations by 10%. If you give \$10 a week, consider giving \$11 a week. If you give \$50 a month, consider giving \$55 a month. If you give \$1,000 a year, consider giving \$1,100 a year. No-one bugs you about this, and no-one checks up on you to see if you are doing it or keeping up with it.

The Tenth Team was never meant to eliminate the deficit. It is a way of saying that whatever your level of giving, you can help, so that you feel good about supporting your church. Sometimes people ask what they should be giving. The Tenth Team response to that question is that whatever you are giving, consider giving a little more.

This initiative is absolutely voluntary and anonymous, so we can't be precise about the effect. But those mysterious people, our treasurers and bookkeepers, tell us that they started to get a number of "funny

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The Annual General Meeting *continued*

number” cheques like \$44 instead of \$40. Looking at the year’s results, we are sure the Tenth Team is making a difference. At St. Mary’s, total envelope offerings increased for 2014 over 2013 by 16% due to a combination of an increase in the number of envelopes and a 7% increase in average envelope giving. At St. Stephen’s total envelope offerings increased by 18.4% in 2014 and are already up 6.2% this January over January 2014.

So what do we do for an encore in 2015? Well, you guessed it – “Look Again”. Bishop Hambidge said, when talking about Stewardship, “look again”. This, it seems to us, is a cornerstone of a vibrant Christian Community – we constantly need to look again to see what we can do for our faith community. This is an exciting place to be right now – all sorts of good things are going on. So look again, Tenth Team. We can make a difference.

Parishioner Profile: Hilda Shilliday

by John Smith

I came upon Hilda running the reception desk at the Brentwood Senior’s Centre – she was on the phone arranging to drive someone to an appointment. She commented that the Centre’s birthday list showed her as older than she actually is; “They have my birthday as December 12 – I’m not 85 until December 19!”

Hilda was born in 1929, the tenth of twelve children, on a farm in Teeswater, Ontario (pop. under 1,000), and attended the one-room school there until grade eight when she boarded in Wingham (pop. slightly more) to go to High School. She had two jobs to pay for her room until she fainted one

day at school, and after that boarded with the Nimmo family who were very kind to her. Hilda dreamed of either being a medical missionary or a Shakespearian actress, but doesn’t seem to regret that neither came to pass.

The closest she got to being a medical missionary was when, while doing nursing training at Stratford General Hospital, she spent time at a Red Cross Outpost Hospital 150 miles north of Thunder Bay. There were two nurses, so one worked while the other slept.

While at the University of Western
continued on page 6

Parishioner Profile *continued*

Ontario studying Public Health Nursing Hilda met Errol, who was at Huron Theology College. "It took him five weeks to ask me to marry him – I suppose he was thinking it over." Errol had to ask the Principal for permission, and as he was Senior Student and was



required to live on campus, they had to wait. They married in September, 1954.

The first Ontario parish the Shillidays served was the Kerwood (pop. very small) three point country parish with three Sunday services, three choirs in which Hilda sang, and where the Rector's Wife was kept very busy; "Of course they knew I was a nurse!" Their first child, Bryn, born in 1957, was not expected to live. The parish met all day to pray, and the doctor was coming to tell them there was no hope when "he felt a hand on his shoulder" and went back to do the test which identified the problem and saved the baby. "I learned to trust and obey from that."

The next parish was St. John's in St. Thomas, where there were many (too

many) Ladies' Groups. Hilda was expected to be at all their meetings. At one, after rushing to deal with her three children, she realized after her guests had left that her hair was still in rollers. At a meeting to choose members of the Chancel Guild, "Mary"

was rejected because of her background and because she was "from the wrong side of the tracks". Hilda pointed out that Mary Magdalene was welcomed into Jesus' group, and suggested that perhaps this was their Mary Magdalene. When they told her it was better to leave Mary out than to lose ten Guild members, Errol arranged to make further Guild appointments himself.

In 1968 they moved to Sarnia – a thriving parish with 750 families, 420 children in Sunday School, three confirmation classes of 40 each, and eight servers per service. "I was just one of the congregation," Hilda recalls with some relief. She returned to public health nursing in 1971.

In 1975, The Shillidays moved to St.
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Parishioner Profile *continued*

Stephen's Church in Calgary, where Hilda sang in the choirs, though suffering from asthma, and Errol became Archdeacon of the Bow Valley. In 1983 their gradual westward move was completed when Errol was invited, as the most warm and loving person to have been interviewed by the Canonical Committee, to become the rector of St. Mary the Virgin, Oak Bay, replacing Bob Sansom, who moved to St. Mary's Saanichton. The church bought a house on Thompson Avenue as the rectory. Betty Benton, the parish historian wrote; "Under the cheerful and gregarious Shillidays, it became the focus for many parish meetings and parties." After Errol retired in 1992, the couple moved to Brentwood Bay, which is where, after a time in Campbell River, Hilda now lives.

After Errol died in 2004, Hilda began looking for another challenge. Aged 77, at a lunch with Sue House, she sat beside a woman who told her how the Mengo Hospital in Kampala, Uganda desperately needed someone with nursing and teaching experience. Hilda was hooked! She first went to Mengo Hospital for two months in 2007 volunteering in the HIV/Aids Clinic. As this is being written, she is back there for the sixth time ("I got a bit delayed because I had back surgery").

She is revered there as "Jja Jja (grandmother) Hilda" who never tires. As

there is no pharmacist there, she interviews, examines, diagnoses, prescribes and fills prescriptions, dealing with diseases caused by weakened immune systems, such as malaria, TB, pneumonia and skin cancer. Conditions are primitive - the buildings are over 100 years old and patients need to bring their own food and bedding. Hilda provides pre-natal instruction and often uses the resources she has been provided with (including proceeds from the St. Stephen's Garlic Gala) to help pay for things such as a C section birth. As to her personal safety in Kampala, Hilda says; "The will of God will never leave me where the grace of God will not protect me."

Hilda's public health career and her passion for children are manifestations of her Faith. She says with a grin; "I suppose I have become something of an activist". Whereas others have churches named after them, "I have two latrines named after me." And she tells how she went to tell the Ugandan Minister of Education to stop caning in the schools, then went to a school to pick up the canes, to make sure. She likes to tell the story of the boy throwing stranded starfish back into the sea who, when told his efforts will make no meaningful difference, said, as he picked one up, "It will make a difference to this one."

Hilda makes a difference.

Music in the Parish

On Sunday, February 8, 2015 Island Ukuleles performed at St. Mary's



Upcoming Musical Events

Sunday Serenade

SUNDAY AFTERNOON CONCERT
March 29, 2015 @ 2:30 pm
ST. MARY'S CHURCH, SAANICHTON
1973 Cultra Ave. @ East Saanich Rd.



Cookeilidh Celtic Band

TICKETS \$15 Children 12 and under **FREE**
Tickets will be available at the door

For tickets/information
please call 250-652-5392 or email sueandjohn@shaw.ca or
call 250-652-1611 or email stmarys.saanichton@shaw.ca

SPONSORED BY...

Vox Humana presents
The Little Match Girl Passion
by David Lang

Kristen Birley soprano
Stephanie Sartore mezzo
Carman J. Price tenor
Steven Bélanger bass

Brian Wismath conductor

Admission by Donation



March 29th, 2015, 3:00pm
Holy Trinity Anglican Church
1440 West 12th Avenue
Vancouver

April 5th, 2015, 3:00pm
St. Mary's Anglican Church
1973 Cultra Avenue
Saanichton

April 4th, 2015, 7:00pm
Sylvan United Church
985 Shawnigan Mill Bay Road
Mill Bay

April 6th, 2015, 3:00pm
Lutheran Church of the Cross
3787 Cedar Hill Road
Saanich

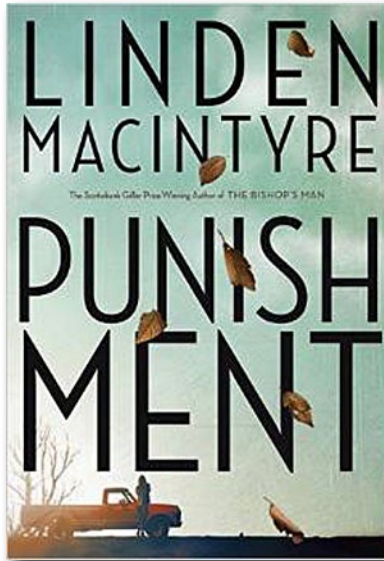
www.voxhumanachoir.ca

Punishment

Author: Linden MacIntyre

If you haven't read any of Linden MacIntyre's novels yet (e.g. *The Bishop's Man*, *Why Men Lie*, *The Long Stretch*) I recommend you start with his latest, **Punishment**. Rest assured, despite its title, it's not in the same genre as *Fifty Shades of Grey*. As well as being a maritimer and a multi-award winning novelist, MacIntyre was for many years one of CBC's finest reporters and journalists (the *Fifth Estate*) and is, "As It Happens", married to the redoubtable Carol Off.

Punishment is not just a good read – it is an important and powerful book. On the surface the plot is a gripping page-turner, but the disturbing underlying theme is that, whatever we do, we reap what we sow. And on the way we get some unsettling insights into small town maritime attitudes and the Canadian prison system. Tony, a man we come to care deeply for, has to deal with justice together with its companion – vengeance, and with human weakness and its bedfellow – motivation.



Tony was a guard at Kingston Penitentiary where he made a bad and uncharacteristic decision. He retires to his home town of St. Ninian, Nova Scotia, where a figure from his past comes disturbingly back into his life. The resulting situation needs to be offset by more decisions, so that Tony is drawn into a realm of tragic compromises and worsening circumstances from which he cannot wrench or redeem himself. He grasps for a final chance at redemption, only to have the culture in which he moves see to it that he cannot achieve it.

The writing is superb, and the characters and their actions are logical and believable. You may think this is all too obsessive for you, but the story is rich in its character developments, its maritime small town flavours, and its insights into the cultural mores of those who are on the front line in the prison system. I think you will be spellbound by this complex, morality-driven story. I will lend the book to the first person who asks for it.

The Parish in Pictures

Valentine's Dance



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The Parish in Pictures *continued*

Rob's Birthday

Right: Judgement Day?



Left and right below: Rob was chauffeured between St. Mary's and St. Stephen's in a vintage Jaguar



Left: What happens when 50 candles are placed on an ice-cream cake

Below: The replacement cake. Only one candle this time



Stories From St. Stephen's Cemetery

There are strange things done....

By David Scarth & Ruth MacKay

This Story is dedicated to the memory of Lillian Gillan Dyer, 1913- 2014

Charles Henry Geelan was born April 15, 1862 in Clooncumber, County Leitrim, Ireland. He had two older sisters, Maria and Ellen, both born in the late 1850s. His parents John and Frances married during the great famine of 1845-52 and like so many parents, had lost a child. During the famine, which became known as the Irish Potato Famine, over a million people died in Ireland and thousands left the country for a new start in Canada, America or Australia. Crop failures in 1861 and 1863 had left John and Frances in poverty and in early 1865 they made the heart-breaking decision to leave their homeland.

They crossed the Atlantic in steerage on one of the last sailing-ships on the transatlantic run. It was the dawn of the steamship era, but for the Geelan family the type of vessel mattered little. Steerage was steerage and, in poor health following a decade of poverty and destitution, they faced up to six weeks at sea; crammed into poorly ventilated holds below deck and given only minimal rations. Dysentery and ship fever were commonplace and many steerage passengers died and were buried at sea before they docked at Quebec City in early May. It was here that the immigration officer changed the family's name from Geelan to Gillan; it mattered little to John and Frances

as neither could read nor write.

John Gillan found work on a farm near Arnprior in what was then known as Upper Canada, in order to buy land to farm. While they were at sea in April the American Civil War had drawn to a painful close; a bitter conflict which saw brothers fighting brothers.

In Canada, there was still gold to be found in the Colony of British Columbia. In 1865 the Cariboo gold rush to Williams Creek was in full swing, but John and Frances were soon to settle on land near Merrick's Mills, later called Merrickville, on the Rideau River. Joining the stampede to the goldfields would have to be an adventure for their son Charles Henry.

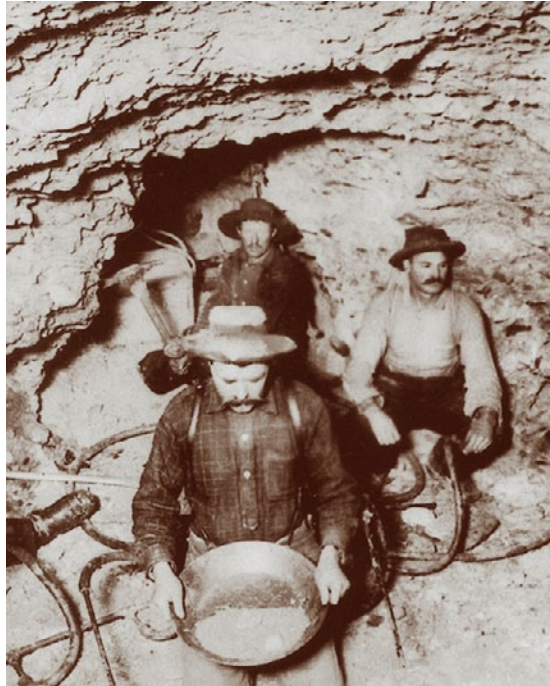
On July 17, 1897 the steamer Portland docked at Seattle from out of the North with a dozen seasoned miners whose combined fortunes equaled one ton of gold. By late summer, thousands had sailed from Pacific Coast ports to the gold fields of the Klondike. The Canadian government reacted quickly to the anticipated hordes of prospectors heading to the goldfields by setting up headquarters at the boundary line between Alaska and Canada on the summits of the Chilkoot and White Pass trails.

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Stories From St. Stephen's Cemetery *continued*

Charles Henry Gillan had left the family farm in Ontario in 1890 and was working in a silver mine in Baja, California when word of the gold strikes in the Klondike reached San Francisco. As a tough farm boy with mining experience he was well suited for the gruelling life of a prospector, and was on one of the first boats out of San Francisco in '98, bound for the Yukon. The Canadian customs record confirms that C H Gillan of Merrickville, Ontario crossed the Chilkoot on July 4, 1898. Charles and his five partners staked a claim on the 4th tier of Gold Hill, opposite claim No.5, Bonanza. This photograph, probably taken during the Spring cleanup of '99 shows Charles holding a gold pan containing gold dust and two large nuggets, the size of his fist. In the Gillan family it was always believed that Charles carried those two gold nuggets with him to the end of his days. By the Spring clean-up of 1901 Charles and his partners were ready to pack it in; the

big mining companies were taking over and they had all had enough salt pork and beans to last a lifetime. He left Dawson City in June, bound for Victoria with \$70,000 worth of gold dust and the two gold nuggets in his moose hide poke.



Centre front: Charles Henry Gillan

When he reached Victoria, Charles checked in to the Dominion Hotel on Government and got to the new Canadian Imperial Bank of Commerce on Fort before they closed. It is highly likely that a young Englishman named Robert Service set up his bank account and they got talking about Charlie's days as a sourdough in the Klondike. The bank was transferring Service to Dawson City in the fall,

so he soaked up the tales from the North; particularly the one about old Sam McGee from Tennessee and his partner who struck it rich on Antler Creek. Sam died on the Dawson Trail on their way out in '98 and therein lay the story.

With his newfound wealth, Charles bought a large farm on Mount Newton

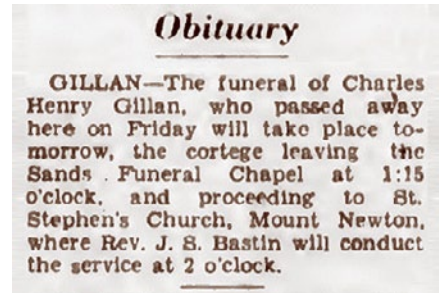
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Stories From St. Stephen's Cemetery *continued*

Crossroad in what was then South Saanich. In 1910 he married Margeurite Elizabeth Price and between 1911 and 1923 they had seven children, including a daughter Lillian who was born in March of 1913. She married Ben Dyer in 1936; their son and daughter-in-law, Mike and Josie Dyer have continued the Gillan family connection with St. Stephen's and are well-respected members of our church community.

Charles Henry Gillan died on Friday the 13th of February, 1931. His obituary as shown, which appeared in the Sunday, February 15th edition of The Daily Colonist noted that his funeral service in the church would be taken by the Reverend John Bastin, the Vicar of St. Stephen's. William Warren, a veteran of the First World War, looked after the Cemetery in those days and always felt that on that day there had been strange things done...

*A parishner's last need is a thing to heed,
but Charlie's was a bit of a joke;
For "Now boys," he said from his hospital bed,
"I want to go down with my poke."*
(with apologies to Robert W. Service,
"The Cremation of Sam McGee", 1904)



Caption Contest

What are these two saying to each other? Send your entry to ParishCS@shaw.ca or put it in the Caption Entry Boxes on the table in the Narthex at St. Mary's, and the lower hall at St. Stephen's opposite the office..

The prize is a free issue of ConneXion and your name in lights on our website. The judges will be A. N. Onymous and W. H. O. Me.



*A chronicle of some of the recent events at St. Mary's and St. Stephen's,
with contributions by Shirley Rainey and Greg Robinson.*

Ignatian Prayer Workshop

St Mary's hosted a Parish workshop on Ignatian prayer. Over 20 parishioners spent a Saturday morning in February at this interactive workshop led by Barbara Baillie. Barb is well known to Parishioners as the wife of Reverend Bob Baillie, who was St Mary's interim rector prior to Rob Szo's appointment. She also led a similar workshop in November. Based on the desire to truly love God and to be loved by God, we must choose what leads us to love and refuse what leads us away from it.

Advanced Care Planning Workshop

"Have you had the talk" with your family, close friends, those you love, a care provider? In an emergency do you wish to be resuscitated? What level of intervention do you want? Are your wishes written down? Where are they? Have you discussed this with your Family Physician?

Dawn Dompierre, Advanced Care Planning RN at VIHA gave a very informative talk and slide presentation to 32 people St Mary's on January 21st. All participants received a package which included a copy of "My Voice", the Provincial Advanced Care Planning Guide with current information, relevant forms necessary to give those you love a written

expression of your current wishes, and an application form for a free "Medic Alert" bracelet.

At this time in BC, resuscitation would be started unless you are wearing a "Medic Alert " bracelet or carrying a copy of your witnessed advanced care planning documents stating you do not wish to be resuscitated. A copy of these documents should be kept in the green folder on your refrigerator. Emergency responders look for these when entering a home. Take a copy with you when travelling. They should be reviewed annually or whenever your health changes. Remember to also inform any substitute decision makers.

Representation agreements and temporary substitute decision makers for those with different levels of capability were also discussed.

Dawn's valuable presentation produced a variety of interesting questions and lively discussion. This presentation is provided free by VIHA and the Ministry of Health.

If you would like more information on this important topic, contact Dawn at 250-544-7600, extension 22017.

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Around the Parish *continued*

CPR

February was Heart Month in Canada and a number of parishioners and their families took advantage of one of the two free, three hour CPR courses held



at St Mary's February 14 and 28. Central Saanich Fire Department's Rob Seversen and his assistant Alex led the learners in both skills and discussion about CPR and choking. Since the last time I took the course, there have been several changes to the skill of doing CPR, making it easier to remember and for others to assist. We were given opportunities to try our skills with Rob and Alex assisting. We also practiced the response to a choking victim. Rob demonstrated the Automated External Defibrillator (AED) device, which is now available on airplanes, in recreation centres (for example Panorama), airports and in

many outdoor parks. St Stephen's is getting one. We had an opportunity to try our skill in working with this latest "life saving" device. Many participants commented how valuable this course would be for members of families, so look for it being repeated NEXT February!

Rob's 50th Birthday Celebration

It was a perfect spring day in the Parish of Central Saanich ... the sun shone brightly, flowers were blooming, birds were singing. Spring and love were definitely in the air! It was Sunday February 15 and our Rector Rob Szo had turned 50 the day before. It was time to celebrate and show our love and appreciation to a person so deserving. You can see pictures of the celebrations held at both churches in The Parish in Pictures.

Sandra Scarth's Retirement as People's Warden

After five years as People's Warden, Sandra decided it was time to step down as People's Warden. Sandra's background in Social Work was definitely an asset in her job at St Stephen's as, because of her people skills and knowledge, she was instrumental in bringing our Parish to where it is today. She has seen many changes during her years as a most faithful and devout servant. Her work on many committees did not go unnoticed. People listened to Sandra as her comments were always valued. Many parishioners marveled at how she could

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Around the Parish *continued*



accomplish so much. And it was just not church she contributed her valuable time to.....outside interests meant she often was away from family and flying to the other side of Canada! Sandra, you will be missed, although we understand you will serve as a synod representative for St Stephen's on the next Council.

To honour Sandra's many years she contributed to St Stephen's as People's Warden, and to show her how much she is appreciated by the congregation of St Stephen's, a special presentation was made on Sunday February 15 following the service. Word has it she can now treat herself! Well done, Sandra!!

Valentine's Dance

St. Stephen's held a dance to celebrate Valentines Day and Pastor Rob's birthday on Feb. 14. The dance was very well attended and the "Twelve O'Clock Rock" band (made up of parish members) played music of

the late 50's and early 60's with everything from "Dream Dream Dream" to "Johnny B. Goode". Gary Moss wowed everyone by drumming "Wipe Out" while blindfolded!



Gary Moss
being
blindfolded

Prizes were given for the best 50's outfits with poodle skirts being the order of the day. A prize was given to the best rock and roll dancers. There was even a spot dance and a conga line.

The ladies did their usual great job in the kitchen with super desserts, while Chris McDonald and the Youth Group did excellent work on the decorations. It was a fun evening for parish members, friends, and other members of the community. See The Parish in Pictures for more photos.

Shrove Tuesday

There was a good turnout of parishioners and their families and friends at the annual Shrove Tuesday (AKA Pancake Tuesday), held at St Mary's on Tuesday,

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Around the Parish *continued*

February 17. The Central Saanich Lions did the cooking of the pancakes and sausages, which were enjoyed by over 50, with the proceeds of \$350 going to the Lions. A final evening of eating and socializing prior to the beginning of Lent.

Other News

Hilda Shilliday, now a St Stephen's parishioner, is currently giving of her time at the Mengo Hospital Uganda. Parishioners from both St Stephen's and St Mary's have

contributed knitted facecloths and various articles of clothing which Hilda took with her when she flew to Mengo in January. She keeps parishioners up to date with her life there, by sending emails to St Stephen's. Tracy has printed and posted them on the bulletin board in the Church Hall. See more about Hilda in "Parishioner Profile".

From the Editors

This issue of ConneXion has some great photos of things going on in the Parish – the awesome Valentine's Day Dance and the shenanigans for Rob's birthday, as well as pictures illustrating Nancy Choat's column, "Around the Parish." Our thanks to Nancy and her contributors. Also thank you, David Scarth and Ruth MacKay, for another finely researched cemetery story. And a special thank you to Hilda Shilliday, who gave an afternoon of her precious time for Parishioner Profile just before flying off to Uganda. Thanks to John Beresford, who again worked his magic on this issue despite the 'flu.

Sandra Scarth is taking on responsibility for the quarterly Book Review. If you have read a book you want us all to know about, talk to Sandra about writing a Review.

Finally, don't miss the Caption Contest – what are those guys saying? Make sure you put your name on your entry.

I wonder if St. Paul would be a bit concerned about us – I can just hear him muttering; "Those people are having way too much fun!"

*From your Editors,
John Smith and Sandra Scarth*

Recipe Page

Coconut Oatmeal Cookies

by Anne Wing



3/4 cup butter or margarine

3/4 cup granulated sugar

1/2 cup lightly packed brown sugar

1 egg

1 cup whole wheat flour

1 cup rolled oats

3/4 cup coconut

1/4 cup wheat germ

1 tsp. baking powder

1 tsp. baking soda

1 1/2 cups raisins

- Cream butter, sugars, and egg together thoroughly.
- Add flour, oats, coconut, wheat germ, baking powder and baking soda; mix well. Stir in raisins.
- Drop by spoonful's onto lightly greased baking sheets. Flatten slightly with floured fork,
- Bake in 350 F/180 C oven for 12 to 15 minutes or until light golden. Makes about 36 cookies.
- Calories per cookie: 118, grams fat per cookie: 5.6, three cookies are an excellent source of fiber. If you omit the coconut: calories per cookie 96, grams fat per cookie, 4



LEPERS ... I HEAL LEPERS

Anglican Parish of Central Saanich Directory

Rector: The Reverend Robert Szo 778-679-8074 robszo@telus.net

Parish Council: Ex Officio

Rob Szo robszo@telus.net
Gil Shoesmith gshoesmith@telus.net

Rector's Wardens: St. Mary's **Lynn Fallan**, blfallan@shaw.ca
St. Stephen's **Don Wilson**, dwwilson@shaw.ca

People's Wardens: St. Mary's **Derek Osman**, derek.osman@shaw.ca
St. Stephen's **Lynda Clifford**, lgcliff@shaw.ca

Treasurers: St. Mary's **David Cooper**, drecooper@shaw.ca
St. Stephen's **Jen Buscall**, jenbuscall@shaw.ca

Members: St. Mary's **Nancy Choat, Terry Parent, Susan Pullan**
St. Stephen's **Margery Lord, Sandra Scarth, Bryan Waller**

Synod Delegates: St. Mary's **David Cooper** (Nancy Choat, alternate)
St. Stephen's **Sandra Scarth, Don Wilson** (Margery Lord, alternate)

Leslie Pedlow is at the St. Mary's office on Tuesdays, Wednesdays and Thursdays from 8:30 to 12:30

Tracy Stubbs is at the St. Stephen's office on Tuesdays and Thursdays from 9:00 to 1:00 and Wednesdays from 10:30 - 2:30

A Final Thought

The Babylonian Jewish sage Hillel said: "If I am for myself only, what am I? If not now, when?" These words are a resounding call to both self-reflection and action. Our place in the world is secured only through our participation in communities that we support through acts of mutual reciprocity.

Lincoln Shlensky
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