

CONNEXION

The Newsletter of the Anglican Parish of Central Saanich

Number 15



St. Mary's Church

1973 Cultra Avenue,
Saanichton, BC V8M 1L7



St. Stephen's Church

7921 St. Stephen Road,
Saanichton, BC V8M 2C3

Rector: The Reverend Robert Szo

Deacon: The Reverend Gil Shoesmith

Youth and Family Worker: Chris McDonald

Worship Services

Sundays

9:00 am, Choral Eucharist & Sunday School
1st Sunday, Service of the Word

Third Sunday (September to June)

7:00 pm Evening Prayer in the style of Taizé

Wednesdays (September to June)

10:00 am Holy Eucharist

10:30 am Friendship Coffee

11:00 am Bible Study

Worship Services

Sundays

11:00 am Holy Eucharist
and Church (Sunday) School
4th Sunday, Praise & Worship in the Hall

Mondays (September to June)

7:00 pm Bible Study

Tuesdays

11:00 am Prayer Group

Thursdays

Praise and Worship every fourth Thursday

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June to August, 2015

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Here are some dates for you to note for the next three months.

- **Wednesday Eucharist** at St. Mary's will take a summer break after June, and will recommence on September 9th. Bible Study at St. Mary's on Wednesdays and at St. Stephen's on Monday evenings will also take a break until September after the second week in June.
- **Adventure Narnia 2015**, the Parish's popular Summer Camp, is fully booked (there may still be room for 3 – 4 year-olds), and there is a waiting list! It starts on Monday, **July 13th** and ends on July 17th. See elsewhere in this Issue a poster about the Camp. If you are interested in being involved in any way, please speak to Chris McDonald.
- The **Hymn Sing** in the field at St. Stephen's on Sunday **July 19** will once again feature the indefatigable Louise Rose and members of her Open Door Choir. You are welcome any time from 3 pm on – bring a picnic – the hymn sing will start about 5 pm., so bring your voices as well. If it rains we will move inside.
- The ever popular Service of the **Blessing Of The Animals** will be held (rain or shine!) in the St. Stephen's cemetery on **August 16**, starting at 2 pm. Bring your pets, and get your neighbours to bring theirs. This is where the participating priests draw lots as to who blesses snakes and rats!
- And let's not forget the Parish's first **Peninsula Wine Fest**, a family oriented and community focused Parish event at St. Stephen's on **August 29** featuring local wineries and food and beverage suppliers. See the Poster elsewhere in this Issue. It all starts at 1 pm and goes until 4 pm.

From the Rector's Desk

"Our Parish Identity"

At the recent clergy conference, all the clergy in the diocese were asked to write down the adjectives that describe the people we serve. I settled on three adjectives for the people of St Mary's and St Stephen's: Sacrificial, Committed and Friendly. As I look at you and how you live your Christian life, this is what I see.

I also see how these adjectives intersect with the Parish Vision we're working on. The Parish Vision comes from the Parish Survey that was conducted over the fall and winter. In the survey, you identified three areas where you would like to see growth: Outreach, Discipleship and Evangelism (read Acts 2:42 and you'll see how these three areas fit nicely with what we see in the early church).

Now put the three adjectives together with the three areas of growth and you get this as a parish identity:

- Sacrificial Givers (Outreach)
- Committed Learners (Discipleship)
- Friendly Inviters (Evangelism)

The identity is broad enough to allow for flexibility, specific enough to give clarity and direction and short enough to be memorized.



After I put the two together, I noticed that it forms a neat little acronym: ODE (Outreach, Discipleship, Evangelism). An 'ode' is defined as: "a poem in which a person expresses a strong feeling of love or respect for someone or something."

Could this be our 'ode' to Jesus Christ and to the community we live in? I believe it will be a great help to us as we express our love for the Saviour and our love for the people God has made in his image.

In Christ,

Rev. Rob Szo
Rector, Parish of Central Saanich

(Editor's Note – If you change the order to Discipleship, Evangelism, Outreach, you get the acronym DEO!)

We are starting a series on Parish Outreach Projects. Here is the first article

Mother's Day Walk

By
Christine
Malmberg

Did you know that in a typical Canadian city, fewer than 1 in 4,000 women die from childbirth? Meanwhile, in sub-Saharan Africa, it's 1 in 16! Save the Mothers is working towards addressing some of the reasons for this discrepancy, with a particular focus on Uganda.

Reasons for the high death rate are complicated. Because of cultural expectations and prejudices, a woman may not be able to seek care on her own, but may have to wait for her husband or mother-in-law to do so. A serious problem may not be recognized until too late. Secondly, there may be no vehicle available to reach the right facility, or roads may be washed out. Then within the health care system itself, there may be no medical staff available, the centre's pharmacy may be empty, or there may be no blood for an emergency transfusion.



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Mother's Day Walk



One example funded by Save the Mothers is a new toll-free telephone number to remote villages; the number can be dialled for free medical advice. A doctor at one of the Save the Mothers Friendly Hospital sites said this about the new service: “Many people have called us, and their trust in the health care system has increased because they can talk to us— even from the comfort of their own homes. This was never heard of before.”

Our annual Save the Mothers Walk is an example of the practical types of projects that our Parish is supporting. This year we reversed the route, going from St. Mary's to St. Stephen's through some lovely back lanes and pathways in Saanichton and down into the Mount Newton Valley. It was a lot of fun and we had a great turnout with 53 participants—young and old! The total funds raised to date increased from last year to \$3650. We had quite a few visitors join us and the weather was perfect. A very special shout-out goes to the children of our Parish who did some great fundraising, and to the adults who supported them. Also thank you to the fabulous organizing committee—you know who you are!

See you next year!



Parishioner Profile: Dennis & Carol Watkins

by John Smith

Riyadh in Saudi Arabia was a place of contrasts in the mid '70s. Batha Street had a smelly open sewer running down it (known as the "Batha Canal"), while the King Faisal Specialist Hospital was as opulent as they come. Carol, an English Registered Nurse, had been recruited to go to Riyadh in 1974, and Dennis, a Welsh Radiographer specializing in therapeutic radiography, arrived there in 1975. Riyadh was a prim and proper place, where it was not a good idea to get caught with alcohol. Nevertheless, there were parties!

It was at one of these parties that Dennis met two young ladies both named Carol, one a striking redhead. He asked the other Carol to dance, but she declined, and it's good she did, as he danced with the redhead, and "the rest is history". It wasn't entirely plain sailing for Dennis. When he told his mother he planned to marry a girl he had met in Riyadh, she asked, in descending order of acceptability, whether she was Welsh, Saudi or English, but Carol won her round with her charm.

Dennis is the son of a Welsh coalminer who insisted that his sons not follow him into the coalmines. Although his mother's family included traditional Welsh "Ministers of Religion" Dennis disliked the "Welsh Baptist Hellfire and Brimstone" approach, especially after hearing a manipulative evangelical preacher. And he certainly didn't go down the mines. After he qualified in 1967 he worked in Tripoli, but when anti-British sentiment developed under Gadhafi, Dennis decided to drive out of Libya to Tunisia, only getting through a check point by asserting that he was not English, but Welsh.

Carol comes from a Wiltshire family, and she and her mother were regular "C of E" parishioners. Carol, an RN with midwifery and cardiology as specialties, worked for a while at the NHS Hospital in Bristol. It's alleged she took Mums in labour on the back of her Honda motorbike to move things along. In Riyadh, where women were not allowed to drive, the nurses always walked with a companion, and dressed modestly. Nevertheless she once had to whap a serial



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Parishioner Profile *continued*

bottom-pincher with her handbag!

In 1978 Dennis and Carol got married and moved to Calgary, Dennis to take a position at the Tom Baker Cancer Centre, while Carol worked at the Foothills Hospital in Obstetrics and in what is now called the Fertility Clinic. But the beauties of BC called, and in 1988 they found a lot on Veyaness Road, and lived for several months in a motor home while the house was built by Russ Stubbs. They have now lived in their beautiful home for 27 years, where they can see the lights on Vancouver's Grouse Mountain through the trees.

Dennis worked at the Victoria Cancer Clinic for ten years, where he specialized in medical dosimetry. Carol took a position at Glenwarren Lodge, which provides long term and extended care to its residents. Ultimately Carol became the Director of Care, and although this got her deeply into administration, she took every opportunity to keep her hand in at nursing. First thing each morning was her favourite time, where residents would line up for their Good Morning Hug!

In 1998, Dennis accepted an attractive offer to spend six months in Windsor as manager of medical dosimetry and radiation therapy. Carol was happily established at Glenwarren, so they regularly flew across the country to spend time together. Well, the job ended up being three years! Once Carol went to Windsor unannounced, and the Air Canada staff at Windsor, who knew them

both well, phoned Dennis to tell him there were "Perishable Goods awaiting pick-up"! That got him moving!

Finally Dennis said he was retiring, and thought Carol would too, but as they had spent three years apart, Carol felt they needed to be gently broken in to retirement, so she kept her job for a while longer. Actually, Dennis did do one more 2 week locum in Charlottetown, but they are now both unquestionably retired.

So, in retirement, they have embraced cruises as their favourite way of holidaying, and they do a cruise a year, often to Asia, but also to Europe. They like undisturbed days at sea, where Carol reads a mystery book a day, and Dennis delves into technical and DIY books. They are now looking into Train Travel having discovered the Luxury Train Club!

Dennis is a handy person to have around, as he loves cooking (using every pot and utensil in the kitchen), carpentry, and gardening. He has rebuilt a Power Boat, and they have a boat moored in Ladysmith. Dennis was in the Power Squadron for some years, where he was a Training Officer and Executive Officer. And here is something different – in addition to playing the piano and the guitar (watch out, Rob), he has recently taken cello lessons and loves playing it for his (and Carol's?) enjoyment.

For Carol, choosing St. Mary's was easy – she had been both christened and confirmed in churches called "St. Mary's" and although

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Parishioner Profile *continued*

in the early years weekends were sometimes taken up by her nursing work, she very much liked Murray Ames. Carol has cheerfully undertaken many functions, including Librarian and Sidesmen Coordinator. In addition, Pam Orman got her doing chalice, and Leslie persuaded her to be a reader.

Carol has remained cheerful through the challenges of arthritis and finally had a knee

replacement earlier this year. She is delighted with the result, and expects that physiotherapy will result in improved mobility. She has a favourite pew near the front and near the choir, and as long as Rob stays away from the hellfire and brimstone, we can hope to see more of that smiling Welshman often found sitting there with her.

Recipe Page

Oat Groat Biscuits

by David Scarth

1 cup flour	¼ tsp baking powder
2/3 cup oat groats (Sidney Natural Foods)	½ cup cold water
2 tbs shortening (Crisco) or soft butter	½ tsp salt

- Mix flour, oat groats, salt and baking powder in large bowl
- Cut in shortening with two table knives, mix well
- Form a well in centre of batter, add water and stir until batter follows spoon/fork
- Place batter on lightly floured surface, knead gently to form ball
- Cut batter in half, place one half at centre of 12"x16" baking sheet, cover with waxed paper. (Note: I extend about 6" of waxed paper beyond the bottom (12") edge of the baking sheet and pin the paper against the edge of the counter with my manly frame.)
- Roll out the batter as thinly as possible, gently remove waxed paper which will take batter with it to expose the oat groats, score with sharp knife to produce biscuit shape of choice
- Bake at 425 deg. for 12 – 15 minutes or until golden brown. (I rotate the baking sheet every 5 minutes to ensure even baking)
- Repeat with second half of batter...enjoy!



The Hare With Amber Eyes

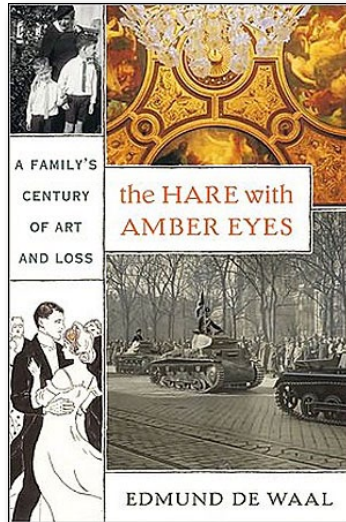
A Family's Century of Art and Loss

Author: Edmund de Waal

I fell in love with this book, partly because the author, although a famous ceramicist, is also a gifted writer. He brings an artist's sensibility to the details of language, to descriptions of interiors and to historical moments such as Austria at the time of its annexation by Hitler and his Nazis. It is an engrossing memoir of Edmund de Waal's family over four generations. Raised by an Anglican minister, he knew little of his European Jewish family's history and began researching it obsessively after inheriting a collection of 264 netsuke from his beloved great uncle Iggy.

Netsuke are small Japanese carvings, not much larger than cherry tomatoes, usually made from boxwood or ivory, with subjects as varied as small animals, fruit, peasants or erotica. They were used traditionally in Japan as toggles to fasten robes.

The netsuke collection is the common thread for the story of its three Jewish owners and the rooms in which the collection was housed. It is a saga of the family's wealth, prominence in the art world and subsequent loss of fortune and status. It is also a story of



survival, not only of the netsuke, but of de Waal's relatives who endured anti-Semitism in France and Austria before fleeing their homes after the Nazi occupation of Austria.

The first of the three rooms is the study in Paris in the 1870's of the art critic Charles Ephrussi, hung with impressionist paintings by Renoir and Degas.

The scene shifts to pre-World War I Vienna to the dressing room of de Waal's great grandmother Emmy von Ephrussi in the vast Palais Ephrussi on the Ringstrasse. Emmy does not value the netsuke and they end up as playthings for her children. The Ephrussi's privileged life comes to a sudden collapse in 1938. The brown shirts take all the treasures, except the netsuke. They survived because their maid Anna hid them under her mattress.

In 1947 Emmy's son Iggy takes the netsuke to Japan. It was there in 1991 that de Waal visited Iggy and became fascinated by the intricate works of art.

In all, it is a satisfying read, with one odd exception. Nowhere in the book is the netsuke of the title described or pictured.

The Parish in Pictures

Mother's Day Walk



Car Boot Sale



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The Parish in Pictures *continued*

Car Boot Sale



Confirmation Service



Stories From St. Stephen's Cemetery

Behind every great Man...

By David Scarth & Ruth MacKay

Eliza (Birnie) Anderson is buried in our cemetery beside her husband, Alexander Caulfield Anderson. The plot is located near the Church and their monument as shown here is unusual in that it consists of two separate headstones; Eliza's, a rectangular sandstone block which was put in place after her death in 1872, and the granite cross and two-tiered base which was added to her monument following Alexander's death in 1884.

The road that led this pioneer couple to St. Stephen's is the subject of a book by Nancy Marguerite Anderson, A.C.Anderson's granddaughter, entitled "The Pathfinder". With Nancy's permission we have used this comprehensive account of her ancestor's career as a primary source of our research material.

Eliza "Betsy" Birnie was born August 15, 1822 at Spokane House, a former North West Company fur trading post on the Columbia River in what is today

Washington State. Her father James Birnie, a clerk with the Hudson's Bay Company, was born in Scotland and her mother Charlotte at Red River in today's Manitoba, the daughter of a French-Canadian father and a Cree mother.

Alexander Caulfield Anderson was born March 10, 1814 on his father's indigo plantation in India. Raised and educated in England, he joined the Hudson's Bay Company in 1831 and was posted to HBC's Lachine House, west of Montreal on the St. Lawrence River. It was here that the

young clerk met both Simon Fraser, the



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Stories From St. Stephen's Cemetery *continued*

North West Company explorer who had opened up the New Caledonia district west of the Rocky Mountains 25 years earlier and David Thompson, an explorer who had constructed three forts in the NWC's Kootenai district.

In 1832 Anderson was assigned to Fort Vancouver on the Columbia River on the West Coast and there began his career as a fur trader. In early 1833 he was re-assigned to help build a new Company fort on the northwest coast where one of the many "grease" (eulachon oil) trails connected the coastal natives with the interior fur-trading tribes of New Caledonia. It was on this trip up the coast that Anderson first met James Birnie, his Metis wife Charlotte and their four daughters, including Betsy who was then 11 years old. On August 21, 1837 Alexander married Eliza "Betsy" Birnie at the HBC's Fort Alexandria post on Fraser's River, with Alexander's friend and justice of the peace, Peter Skene Ogden officiating. The Anglican chaplain at the Post thought little of the Native women who lived with the gentlemen of the Company and refused to baptise Betsy who "was not acquainted with the principles of religion", or marry the young couple.

The Andersons started their married life at Fraser's Lake where Alexander was in charge of the HBC Post. Betsy had exchanged her childhood name for the more formal Eliza, but the name would not stick. Following

the long-established traditions of her Native culture she remained in the background and in public she would have walked behind her husband rather than beside him. As a child of the fur trade, however, she was right at home on the trading post and, with her experience, would have made a significant contribution to their early life together.

Alexander Anderson's career as fur trader, explorer, trail-maker, customs and fisheries officer, farmer, Indian Reserve Commissioner, cartographer, scholar, and historian spanned three decades. In 1846, George Simpson, the Governor of the Hudson's Bay Company, gave him the job of finding a trail along the Fraser and Thompson River systems, through the mountains to connect Fort Langley with Thompson's River Post (Kamloops). Less than a decade later, gold was discovered on the Fraser River and thousands of miners headed to the goldfields, some carrying an Anderson route map.

By the mid 1850's, Alexander, Betsy and their seven children were living in Victoria, on the hill above Rockland Avenue. They would have known Edward Cridge, the Dean of Christ Church Cathedral, who opened the church to all, regardless of colour, creed or station in life. When the Church appointed George Hills as the new bishop for the rapidly-growing colony of Fort Victoria, Alexander and the other fur traders were made to feel unwelcome, scorned for the

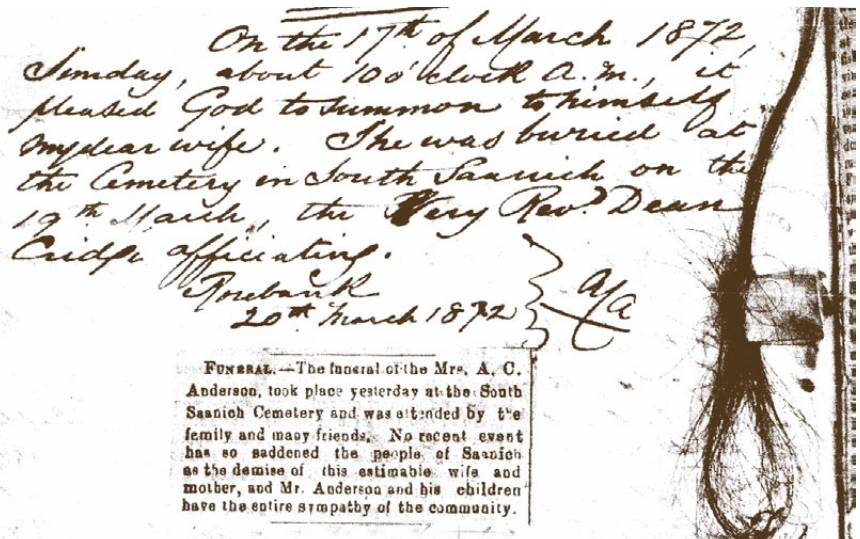
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Stories From St. Stephen's Cemetery *continued*

Native women they married and the mixed-blood children they raised.

About 1858 the family moved to a 300 acre farm property on West Saanich road, north of Union Bay (Patricia Bay). For Betsy, the farm, named 'Rosebank', was just what the doctor ordered; most of the neighbours, including Henry Wain, were former HBC employees and the small Tseycum Indian Reserve on Union Bay could always use her help to set up their vegetable garden and apple orchard. In early 1862 the Anderson family joined a group of North and South Saanich area pioneers to help build St. Stephen's Church. Thomas Shaw, the farmer Anderson had hired to build his new house, directed the work and may also have designed the church. In addition to the many former HBC employees such as William Thomson and Duncan Lidgate in the group, there were at least two Black families; those of Hiram Whims and Jesse McMillan, members of a large contingent of freed slaves who came to Victoria from the goldfields of California at the invitation of Alexander's old friend, Governor James Douglas, a former Chief Factor with the Company.

Eliza "Betsy" Anderson died in the spring of 1872, at the age of 50. Alexander recorded her death and pasted a lock of her hair in the bible which he had carried with him since joining the Hudson's Bay Company in 1831. As shown below, their friend from Victoria, Edward Cridge, officiated at her funeral on the 19th of March. As the dean of Christ Church in Victoria he was at that time engulfed in a theological dispute with Bishop George Hills and would soon secede from the Church of England and establish the new Reformed Episcopal Church. As it took one full day to travel from Victoria to South Saanich in those days, Betsy would have been touched by the respect these people showed for the country wife of a gentleman of the Company.



A chronicle of some of the recent events at St. Mary's and St. Stephen's

The Parish welcomes several new members to its churches. St. Stephen's welcomes **Ruth Parkinson** and **Louise Clare** (Josie Dyer's mother) and St. Mary's welcomes **Candy Ledger**. Welcome Ruth, Louise and Candy!

St. Stephen's is pleased to announce the addition of two new musicians to their musical team. **Zachary Windus** is playing on the 1st and 5th Sunday of each month and **Bev Taylor** from Saanichton Bible Fellowship is playing on the 2nd and 3rd Sunday of each month. They each play beautifully and lend their lovely voices as well. **Joanne Walker** has stepped down for a much needed break and the congregation of St. Stephen's wishes her well.

Word has it that Trisha House is going to enjoy an escorted music tour, starting in Munich and visiting Salzburg and Vienna. Can't wait to hear all about it when you return, Trisha.

The final **Soup's On** until the Fall is on Friday, June 5th in the Hall at St. Stephen's.

St. Mary's has a brand new **lawnmower**! It is a John Deere Model 125. It is more powerful than the previous one, but the same size, as that is the biggest size that will fit in the shed. We hope it will last as long as the old one (23 years!). So look out, **Diana Abbott** – you may be challenged to a “Ride

a Mower” contest! For those who may not know, Diana is the chief grass cutter for St. Stephen's and is well known for her ability to cut that huge swath of grass/field in record time!

Pat Stanlake celebrated her 95th birthday on Sunday May 3rd at St. Mary's. Following the service, attended by many of Pat's family, we enjoyed hearing about some of the events Pat has witnessed over the years; the most notable being that she has listened to 14 rectors giving sermons and celebrating communion since she started attending St. Mary's! Congratulations, Pat.

And at the other end of the age spectrum, **Rita** and **Joe Lott** welcomed a second great grand-daughter, Annabelle, into the world, a sister for Emily. Congratulations to the parents, Jessica and Ken, grand parents and great grand parents.

St. Mary's was thrilled to learn that it is the recipient of an Automated External Defibrillator (AED), donated by the Heart and Stroke Foundation. AEDs are being placed in municipal public venues such as recreation centres, pools and arenas across the province, where there is an increased risk of someone suffering a cardiac arrest. The Central Saanich Fire Department offered a CPR course for Parishioners and

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Around the Parish *continued*

their families in February at St. Mary's. This device was demonstrated at the course. It was suggested that the Church could apply to the Foundation for one of the two devices given out to public venues annually. Jennifer Long, in her letter to Nancy Choat (who applied, with assistance from Derek Osman and Leslie Pedlow), wrote: "We are pleased to tell you that St. Mary's Anglican Church (Cooper Hall) has been identified as a priority location." AEDs are safe and easy to use so that anyone can help a victim suffering from a sudden cardiac arrest. Installation and orientation will take place in June. Congratulations, St. Mary's!

And for those of you who read the

Diocesan Post, did you see, in the May issue, the poem by **John Smith** entitled *In Perspective*? In case you missed it:

Somewhere along the eternal curve of time
A pinprick will pierce the skin of the sky
And I, guided by the finger of God, will
find it

And then learn to look in
Although it may be with only one eye.

Finally, everything will be in perspective.

Thanks for that, John.

Late News Flash! The wonderful Pentecost Banner you saw in procession at the Joint Service, and which you will see in the Altar picture on the next page, was created by Lynda Clifford and her granddaughter.

Altar Guild

by Nancy Jackson (with some help from Irene Feir)

When you walk into St. Mary's for the church service and look at the Sanctuary, you see it all set up. It is not a midnight visit by a group of good elves that has done this - it is the loving work of the members of the Altar Guild. The "rules" for this task can be found in books and added to the traditions of the church.

Before each service, usually on Saturday morning, the members polish and wash every piece of brass and silver. When everything is ready, the setting of the altar begins. First, the dust cover is taken off and folded ready

to put back after the service. Then the Guild members place the rest of the items.

The coloured hanging on the front of the Altar is called the Frontal and it changes with the church seasons. The colours are usually: white (symbol of purity and perfection) on festivals relating to our Lord (Christmas, Easter, Ascension etc.); red (symbol of blood, love and fire) at Whitsuntide (Pentecost) and on the Feasts of Martyrs; green (symbol of abiding life, nourishment and rest) for the long season of Trinity and days which are not feasts or fasts; purple/violet (symbol of

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Altar Guild *continued*

watching and repentance) during Advent, Lent, and fast days; black (symbol of mourning) on Good Friday.

The Fair Linen Cloth is the long “table cloth” that is on the altar. It represents the shroud of Christ and is made of fine linen embroidered with five small crosses (one in each corner and one centre front) which signify the five wounds of Christ.

The Corporal (a square of fine linen) is placed in the centre at the back of the Altar. It represents the cloth that was wrapped around the head of Christ.

Next, the Chalice (silver goblet) is set in the centre of the Corporal, a Purificator (a smaller square of white linen) is partly unfolded and placed across the top of the chalice, the Paten (the small silver plate) is placed on top, and the Host (the large wafer) is placed on the Paten. Then a Pall (two squares of linen sewn around a piece of plexi-glass) is placed on top.

The silk Veil (an embroidered square of the same colour as the Frontal) is draped over the Pall to touch the Altar on all sides, and lastly, the Burse (a stiff, hinged square “envelope” containing Purificators for

wiping the chalice) is placed.

When cleaning is necessary, the white linens are first rinsed in clear water which is then poured on the ground (the sink in the Sacristy drains into the ground, not the sewer system). Next they are washed carefully (without bleach or bluing) and ironed. They are all, except the Fair Linen Cloth, folded in thirds in both directions - signifying the Trinity. The Fair Linen Cloth is ironed flat and stored on a roller until used.

The members of the Altar Guild check the candles to make sure they will light easily and at St. Mary's, place them on the Altar. The one on the left as you face the Sanctuary is called the Gospel Candle and must never be alight by itself. The one on the right is called the Epistle Candle.

At some churches the candles are on the Re-table - the shelf behind the Altar where we have the cross and flowers. The flowers should never overwhelm the cross.

The little table behind the Altar, in the right-hand corner as you face the Sanctuary, is called the Credence Table, and the wine,

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Altar Guild *continued*

water, and wafers may be placed on it. At St. Mary's, the Chalice Bearer usually carries these items from the back of the Church to the Sanctuary. There is also a white linen or huckcloth towel, folded in three lengthwise, and a small silver bowl called a Lavabo which is filled with water and which the Priest uses for ritually cleaning his fingers before he serves the Eucharist.

After the Eucharist, the empty vessels are wiped clean with a Purificator, they are set up almost as they were before the service, and any remaining consecrated wine and wafers may be stored in the Ambry (the little cupboard with the light) on the left wall of the Sanctuary and used at a later time, perhaps for a home or hospital visit by the Priest.

At the end of the service, the members of the Altar Guild take the vessels to the Sacristy and wash them. They are stored in soft cloth bags until the next time they are used. The dust cover is replaced, and the Purificators and other linens are taken home to wash as needed.

To the members of the Altar Guild, all of these tasks involved in preparing the Sanctuary and the rest of the church for services are done as a labour of love for Christ, not as a chore. If you would like to be part of this important Ministry, please speak to Terry Parent at St. Mary's or Doreen Harrison at St. Stephen's.

Peninsula Wine Fest

- ☞ A wine tasting event set on the beautiful grounds of St. Stephen's Church
- ☞ Enjoy appetizers, live music, a silent auction and a vintage car display
- ☞ \$40 per person

August 29, 2015
1:00 pm to 4:00 pm

St. Stephen's Church
7921 St. Stephen Road,
Saanichton



Anglican Parish of Central Saanich
St. Mary's Church St. Stephen's Church

Information & Tickets:
www.parishcs.ca
250-652-1611

From the Editors

It has been suggested that we should have articles that highlight some of our Parish Outreach Programs, and also some about the “in-house” things that get done without anyone noticing. So, in this Issue of ConneXion we have started the Outreach Programs Series with an Article by Christine Malmberg about the Mother’s Day Walk (with pictures!). To start the series about in-house or “behind the scenes” jobs, we have an Article about the work of the Altar Guild – a collaboration by Nancy Jackson, who knows more about “Altar Guilding” than anyone, and Irene Feir. Thanks to all of you for these. There will be more articles on outreach and “in-house” activities.

This Issue went to press right at the

time of the first St. Stephen’s Boot Sale AND when we had the Combined Day of Pentecost Service of Confirmation with the Bishop celebrating. So we have only been able to include some pictures of these events. It was wonderful to have the Bishop with us in his official capacity (he does occasionally try to slip incognito into the back pew at St. Mary’s to be with his family). The parish joyously welcomed Bev, Eve, Karen, Kyler and Niah upon their confirmation, as well as celebrating with Lynda and Rachel who reaffirmed their baptismal vows.

Thanks again to the gang who help with ConneXion – particularly Nancy, Len, Sandra, David and, of course, John B.

*From your Editors,
John Smith and Sandra Scarth*



Adventure Narnia

The Parish of Central Saanich is hosting 2015’s Saanichton summer camp for children, ages 5-12 from July 13th through 17th! Kids will enter into the land of Narnia and there will explore Bible stories, go on adventures, conquer challenges, create lasting projects, and worship together with new and old friends.

July 13, 2015

St. Stephen’s Anglican Church

Parish Of Central Saanich

P.O. Box 162, 7921 St. Stephen’s Rd, Saanichton, B.C., V8M 2C3

Office: 250 652 4311 | central.saanich.youth@gmail.com | 250-882-3848



Anglican Parish of Central Saanich Directory

Rector: The Reverend Robert Szo 778-679-8074 robszo@telus.net

Parish Council: Ex Officio

Rob Szo robszo@telus.net
Gil Shoesmith gshoesmith@telus.net

Rector's Wardens: St. Mary's **Lynn Fallan**, blfallan@shaw.ca
St. Stephen's **Don Wilson**, dwwilson@shaw.ca

People's Wardens: St. Mary's **Derek Osman**, derek.osman@shaw.ca
St. Stephen's **Lynda Clifford**, lgcliff@shaw.ca

Treasurers: St. Mary's **David Cooper**, drecooper@shaw.ca
St. Stephen's **Jen Buscall**, jenbuscall@shaw.ca

Members: St. Mary's **Nancy Choat, Terry Parent, Susan Pullan**
St. Stephen's **Margery Lord, Sandra Scarth, Bryan Waller**

Synod Delegates: St. Mary's **David Cooper** (Nancy Choat, alternate)
St. Stephen's **Sandra Scarth, Don Wilson** (Margery Lord, alternate)

Leslie Pedlow is at the St. Mary's office on Tuesdays, Wednesdays and Thursdays from 8:30 to 12:30

Tracy Stubbs is at the St. Stephen's office on Tuesdays and Thursdays from 9:00 to 1:00 and Wednesdays from 10:30 - 2:30