





Anglican Parish of Central Saanich  
 St. Mary Church      St. Stephen Church  
*Faith - Family - Friendship*



**Welcome To  
 PARISH OF CENTRAL SAANICH  
 St. Mary Church**



**OCTOBER 11, 2020 – PENTECOST 19  
 HARVEST THANKSGIVING**

*We acknowledge that we gather to worship on the traditional  
 lands of the WSÁNEĆ and Coast Salish peoples*

**St. Mary's Service:**

Sunday Service:                      9:00 a.m.  
 Wednesday Service                  10:00 a.m.

**St. Stephen's Service:**

Sunday Service:                      11:00 a.m.

Weekly Online Services will also be offered  
 at [ParishCS.ca](http://ParishCS.ca)

**The Rev. Lon Towstego, Incumbent  
 The Rev. Matt Humphrey, Assistant Curate  
 The Rt. Rev. Logan McMenamie, Honorary Assistant**

## **Refresher of our COVID protocols**

Please do not sing during the hymns, we love to hear your voices but right now it is not a safe thing for us to be doing. We don't want to remove the words or squash the music choices, however we cannot be singing at all.

No personal announcements should be made, if possible let Bob/Leslie know early in the week so they can be included in the bulletin sheet given out. As Lon has explained this is mainly due to not having multiple people using the microphones, and not having people moving around, it is one of the protocols we must follow.

Please do not remain in the worship space/hall after the service chatting. It is better to go outside with proper physical distancing, where the conversations are safer.

Please try to follow the arrows when moving around, the spaces have been provided so that you keep others safe.

Possibly one of the most important things is to email and let us know if you plan to attend. St. Stephen has only reached a maximum once, and we do not want to turn people away.

However, this could happen. We do have a couple of ways around this but prefer not to be in this situation at the door on Sunday at 8:55 or 10:55, I am sure you understand. By now you have seen how the seating is arranged and why the number of people inside can fluctuate depending on the number of people in a family group? A couple of people have told us that they will be at church every week and will call if they ARE NOT coming and this is helpful too. We do appreciate your help with this!!

**9:00 a.m. HOLY EUCHARIST**  
**Vancouver Island Liturgy** (Spoken)  
*The Rev. Matt Humphrey, Presider*

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A Warm Welcome to all who worship with us, especially visitors.  
The congregation says the items in **bold** typeface.  
The lyrics to the songs are printed for information only.  
Please remember there is no congregational singing permitted.

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Prelude

Welcome & Land Acknowledgement

Gathering Song: ***Come, Ye Thankful People, Come***

Come, ye thankful people, come,  
raise the song of harvest home!  
All is safely gathered in,  
ere the winter storms begin;  
God our Maker doth provide  
for our wants to be supplied;  
come to God's own temple, come,  
raise the song of harvest home!

All the world is God's own field,  
fruit unto his praise to yield;  
Wheat and weeds together sown,  
unto joy or sorrow grown;  
first the blade, and then the ear,  
then the full corn shall appear:  
Lord of harvest, grant that we  
wholesome grain and pure may be.

For the Lord our God shall come,  
and shall take his harvest home;  
from His field shall in that day  
all offenses purge away;  
give his angels charge at last  
in the fire the weeds to cast;  
but the fruitful ears to store  
In His garner evermore.

*The gathering of the people:*

*Presider:* In this time and place we gather on the ancestral lands of the  
*ŪSÁNEĆ* and *Coast Salish* peoples.

**All:** **From many places and peoples we come to this house  
in prayer.**

*Presider:* In this time and place we are not alone for we meet in the presence of the living God.

**All: For we meet in the presence of the living God.**

*Presider:* In this time and place we are not alone for the Risen Jesus stands in our midst.

**All: The Risen Jesus stands in our midst.**

*Presider:* In this time and space we are not alone for the wind of the Spirit moves in and through us.

**All: The wind of the Spirit moves in and through us.**

*Presider:* In this time and space we are not alone for we gather with the whole company of heaven. In this time and in this space heaven and earth are one.

**All: In this time and in this space heaven and earth are one.**

*Presider:* In this time and place together, one people in Jesus Christ.

**All: In the name of God, Creator, Saviour and Holy Spirit. Amen.**

### **Glory to God** (*said*)

*Presider:* Glory to God in the highest,

**All: and peace to his people on earth. Lord God, heavenly king, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.**

### **The Prayer of the Day**

*Presider:* Let us pray. Creator of the fruitful earth,

**All: you made us stewards of all things. Give us grateful hearts for all your goodness, and steadfast wills to use your bounty well, that the whole human family, today and in generations to come, may with us give thanks for the riches of your creation. We ask this in the name of Jesus Christ the Lord. Amen.**

Prayer for Children and Young People

### **Centering Stillness:**

Let us hold this moment open to the Spirit of God. (Silence)

## THE STORY OF FAITH IS PROCLAIMED

The First Lesson: **Deuteronomy 8:7-18 NRSV** – *Alison Stewart*

<sup>7</sup> For the Lord your God is bringing you into a good land, a land with flowing streams, with springs and underground waters welling up in valleys and hills, <sup>8</sup> a land of wheat and barley, of vines and fig trees and pomegranates, a land of olive trees and honey, <sup>9</sup> a land where you may eat bread without scarcity, where you will lack nothing, a land whose stones are iron and from whose hills you may mine copper. <sup>10</sup> You shall eat your fill and bless the Lord your God for the good land that he has given you.

<sup>11</sup> Take care that you do not forget the Lord your God, by failing to keep his commandments, his ordinances, and his statutes, which I am commanding you today. <sup>12</sup> When you have eaten your fill and have built fine houses and live in them, <sup>13</sup> and when your herds and flocks have multiplied, and your silver and gold is multiplied, and all that you have is multiplied, <sup>14</sup> then do not exalt yourself, forgetting the Lord your God, who brought you out of the land of Egypt, out of the house of slavery, <sup>15</sup> who led you through the great and terrible wilderness, an arid wasteland with poisonous<sup>[a]</sup> snakes and scorpions. He made water flow for you from flint rock, <sup>16</sup> and fed you in the wilderness with manna that your ancestors did not know, to humble you and to test you, and in the end to do you good. <sup>17</sup> Do not say to yourself, “My power and the might of my own hand have gotten me this wealth.” <sup>18</sup> But remember the Lord your God, for it is he who gives you power to get wealth, so that he may confirm his covenant that he swore to your ancestors, as he is doing today.

*At the conclusion of the passage, the reader says,*

Hear what the Spirit is saying.

**People: Thanks be to God.**

**Psalm 65 BAS** *together with Alison Stewart*

**1 You are to be praised, O God, in Zion; \* to you shall vows be performed in Jerusalem.**

**2 To you that hear prayer shall all flesh come, \* because of their transgressions.**

**3 Our sins are stronger than we are, \* but you will blot them out.**

**4 Happy are they whom you choose and draw to your courts to dwell there! \* they will be satisfied by the beauty of your house, by the holiness of your temple.**

**5 Awesome things will you show us in your righteousness, O God of our salvation, \* O Hope of all the ends of the earth and of the seas that are far away.**

**6 You make fast the mountains by your power; \* they are girded about with might.**

**7 You still the roaring of the seas, \* the roaring of their waves, and the clamour of the peoples.**

**8 Those who dwell at the ends of the earth will tremble at your marvellous signs; \* you make the dawn and the dusk to sing for joy.**

**9 You visit the earth and water it abundantly; you make it very plenteous; \* the river of God is full of water.**

**10 You prepare the grain, \* for so you provide for the earth.**

**11 You drench the furrows and smooth out the ridges; \* with heavy rain you soften the ground and bless its increase.**

**12 You crown the year with your goodness, \* and your paths overflow with plenty.**

**13 May the fields of the wilderness be rich for grazing, \* and the hills be clothed with joy.**

**14 May the meadows cover themselves with flocks, and the valleys cloak themselves with grain; \* let them shout for joy and sing.**

Reader:      Glory be to the Father and to the Son and to the Holy Spirit.

All:            **As it was in the beginning, is now, and ever shall be,  
world without end. Amen.**

The Epistle: **2 Corinthians 9:6-15 NRSV** – *David Stewart*

<sup>6</sup>The point is this: the one who sows sparingly will also reap sparingly, and the one who sows bountifully will also reap bountifully. <sup>7</sup>Each of you must give as you have made up your mind, not reluctantly or under compulsion, for God loves a cheerful giver. <sup>8</sup>And God is able to provide you with every blessing in abundance, so that by always having enough of everything, you may share abundantly in every good work. <sup>9</sup>As it is written,

“He scatters abroad, he gives to the poor;  
his righteousness endures forever.”

<sup>10</sup>He who supplies seed to the sower and bread for food will supply and multiply your seed for sowing and increase the harvest of your righteousness. <sup>11</sup>You will be enriched in every way for your great generosity, which will produce thanksgiving to God through us; <sup>12</sup>for the rendering of this ministry not only supplies the needs of the saints but also overflows with many thanksgivings to God. <sup>13</sup>Through the testing of this ministry you glorify God by your obedience to the confession of the gospel of Christ and by the generosity of your sharing with them and with all others, <sup>14</sup>while they long for you and pray for you because of the surpassing grace of God that he has given you. <sup>15</sup>Thanks be to God for his indescribable gift!

*At the conclusion of the passage, the reader says,*

Hear what the Spirit is saying.

**People: Thanks be to God.**

**Song: *Praise God for the Harvest***

Praise God for the harvest of orchard and field,  
Praise God for the people who gather their yield,  
The long hours of labour, the skills of a team,  
The patience of science, the power of machine.

Praise God for the harvest that comes from afar,  
From market and harbour, the sea and the shore;  
Foods packed and transported, and gathered and grown  
By God-given neighbours, unseen and unknown.

Praise God for the harvest that's quarried and mined,  
then sifted, and smelted, and shaped, and refined;  
For oil, and for iron, for copper and coal,  
Praise God, who in love has provided them all.

Praise God for the harvest of science and skill,  
The urge to discover, create and fulfil;  
For dreams and inventions that promise to gain  
A future more hopeful, a world more humane.

*All stand for the Gospel.*

Rev. Matt: God be with you.

**People: And also with you.**

Rev. Matt: The Holy Gospel of our Lord Jesus Christ according  
to Luke 17:11-19

**People: Glory to you, Lord Jesus Christ.**

<sup>11</sup> On the way to Jerusalem Jesus was going through the region between Samaria and Galilee. <sup>12</sup> As he entered a village, ten lepers approached him. Keeping their distance, <sup>13</sup> they called out, saying, "Jesus, Master, have mercy on us!" <sup>14</sup> When he saw them, he said to them, "Go and show yourselves to the priests." And as they went, they were made clean. <sup>15</sup> Then one of them, when he saw that he was healed, turned back, praising God with a loud voice. <sup>16</sup> He prostrated himself at Jesus' feet and thanked him. And he was a Samaritan. <sup>17</sup> Then Jesus asked, "Were not ten made clean? But the other nine, where are they?" <sup>18</sup> Was none of them found to return and give praise to God except this foreigner?" <sup>19</sup> Then he said to him, "Get up and go on your way; your faith has made you well." At the conclusion of the Gospel, the reader says,

The Gospel of Christ.

**People: Praise to you, Lord Jesus Christ.**

Sermon – The Rev. Lon Towstego

**Song:**      *As Saints of Old*

As saints of old their first fruits brought  
of orchard, flock, and field  
to God the giver of all good,  
the source of bounteous yield;  
so we today first fruits would bring:  
the wealth of this good land,  
of farm and market, shop and home,  
of mind, and heart, and hand.

A world in need now summons us  
to labor, love, and give;  
to make our life an offering  
that others too may live.  
The Church of Christ is calling us  
to make the dream come true:  
a world redeemed, your kingdom come,  
all life in Christ made new.

In gratitude and humble trust  
we bring our best today,  
to serve your cause and share your love  
with all humanity.  
O God, who gave yourself to us  
in Jesus Christ your Son,  
teach us to give ourselves each day  
until life's work is done.

**The Apostles' Creed** (*said*)

**Presider:** Let us confess the faith of our baptism, as we say,

**All:**      **I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again.**

**He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen**

Prayers of the People (sit or kneel) – *David Stewart*

## **Confession & Absolution:**

Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

*Silence is kept.*

Presider: Most merciful God,

**All: We confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

Presider: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

## **The Peace** *All stand*

*(Staying in your spot, The Peace may be shared, without touch, with those around you)*

Presider: The peace of the Lord be always with you.

**People: And also with you.**

## **Offertory:**

In the Lord I'll be ever thankful

In the Lord I will rejoice.

Look to God. Do not be afraid.

Lift up your voices, the Lord is near.

Lift up your voices, the Lord is near.

*Taize community*

Prayer over the Gifts: Source of all life, the heaven and earth are yours, yet you have given us dominion over all things. Receive the symbols of our labour and love which we offer you this day, in the name of Jesus Christ our Lord. **Amen.**

## **THE SACRED MEAL IS SHARED**

*(Eucharist Prayer A)*

Presider: God is here

**People: The Spirit is with us.**

Presider: Lift up your hearts and minds.

**People: We lift them to God.**

Presider: Let us give thanks to God the Creator.

**People: It is right to give our thanks and praise.**

Presider: Great Creator, with wit and wisdom you formed the universe. In expectation, your Spirit brooded over all: the midwife of transformation.

At your Word, the skies, the seas, the lands and all life came to be. In you, all created things shared life with one another.

In ceremony and song, dance and art, these relationships were portrayed and honoured by the first peoples of these Islands and Inlets.

The plants, the cedars, the creatures of forest, sea and air revealed your wonder and majesty.

When we turned from you, connections were broken and creation suffered. Still, you continued to bring light from night, freedom from slavery, and life from death. Therefore, together with our ancestors in faith and with your beloved creation we say:

**All: (said) Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest**

Presider: We praise you, Source of all, for the living Word: Jesus Born in poverty; a child refugee, a worker with his hands. He gathered disciples and taught and healed the people. He freely shared our sorrow, joy, and pain. In vulnerability, he showed power over sin and triumphed over death.

On the night before Jesus died, he feasted with his companions. He took bread, gave thanks, broke it and gave it to them saying, "Take, eat, this is my body which is given for you, do this to remember me."

After supper he took the cup and when he had given thanks, he gave it to his companions saying,

"Drink this, all of you; this is the new covenant in my blood, shed for you and the world for the forgiveness of sins. Whenever you drink it, do this to remember me. Entering into the mystery of faith we call:

**All: Come Source of life. Come, transforming Word. Come, Creator Spirit.**

Presider: With his sacred presence unbounded by space and time, we offer to you this bread and cup. Send your Breath of Life, like wind, blowing where it will, north, east, south and west. May your Spirit brood over these gifts and all who feast at this table offering a foretaste of the eternal feast to come.

May all who share your abundant gifts be incorporated as one body and one holy people, joined in the offering of Jesus' birth, life, death and resurrection for the reconciliation of all things.

Reveal the unity of your Church and the mystery of our communion with our holy forebears and those yet to be born, that we may be guided in

faith and walk gently on the earth.

Glory and honour to you Triune God, dynamic of love, complete and perfect unity, now, and in all ages. **Amen.**

Presider: As our Saviour taught us, let us say:

**Our Father in heaven  
Hallowed be your name  
Your kingdom come, your will be done  
on earth as in heaven.  
Give us today our daily bread  
Forgive us our sins as we forgive those  
who sin against us.  
Save us from the time of trial, and deliver us from evil.  
for the kingdom, the power and the glory are yours,  
now and forever. Amen**

### **Breaking of the Bread:**

Presider: Creator of all, who summons the salmon from the depths of the seas to yearn for the place of their origin.

**All: So may your Spirit stir on our hearts to return and find our home in you.**

Administration of Communion

*All are invited to share in the Bread or a Blessing  
Gluten Free Wafers are available upon request.*

*Please cross your arms at the rail if you would like a blessing.*

*Instrumental Music during and after Communion*

## **WE ARE SENT INTO THE WORLD**

### **Prayer after Communion**

Presider: God of our hope, in this eucharist we find the source of all your blessings. Nourished in these holy mysteries may we, with our lives, give you continual thanks and praise. This we ask in the name of Jesus Christ our Lord. **Amen.**

### **Doxology**

Presider: Glory to God

**All: whose love, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever, Amen.**

Blessing

**Dismissal:**

*Lit. Asst:* Go from this place seeking Christ in all people.:

*People:* **We go to love and serve our neighbours as ourselves.**

Postlude

*Please begin departing following the instruction of the Sidesperson*

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**WEDNESDAY EUCHARISTS** – We have resumed Wednesday Eucharist at 10:00 a.m. at St. Mary. If you have not already indicated that you will be a regular attender, please pre-register with St. Mary's office: [stmarys.saanichton@shaw.ca](mailto:stmarys.saanichton@shaw.ca) to reserve your spot or call 250-652-1611.

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**THE PARISH PRAYER GROUP GATHERING** 10:00 a.m. on Fridays at St. Stephen's Upper Hall.

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**BIBLE STUDY** – Bible Study, based on the Book of Exodus, began on Wednesday, September 16<sup>th</sup> beginning at 10:45 a.m. All are welcome to join us at St. Mary's Hall where we will practice appropriate social distancing.

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**ENSURING SEATING FOR SUNDAY SERVICES!**

We are nearing capacity in both churches most Sundays now. This is exciting yet it brings challenges.

It is vital that you be in touch with Lynda Clifford for St. Stephen or Ian and Jillian Stuart to confirm as early as possible, if you are coming or especially if you are a regular to let us know if you are not attending. Contact information. If you have let Lynda or Ian know that you plan to be with us most Sundays then please phone and Email if you have to miss.

Lynda Clifford: 250-655-6478 [lgcliff@shaw.ca](mailto:lgcliff@shaw.ca)

Ian and Jillian Stuart 250-598-9707 [istuart1@me.com](mailto:istuart1@me.com)

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**Readings for October 18, 2020 – Pentecost 20**

Exodus 33:12-23; Psalm 99;

1 Thessalonians 1:1-10; Matthew 22:15-22

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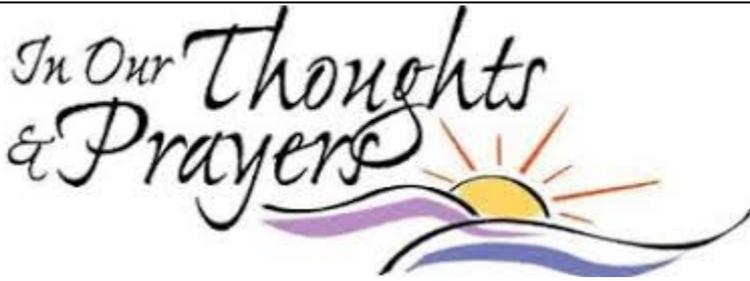
**ST. MARY’S OUTREACH** – For those who do not have offering envelopes, you may bring your outreach offering in a plain envelope, marked “Outreach for Month of \_\_\_\_” with your name and address and, if applicable, your Electronic Collection Plate number. Under current guidelines, we are unable to leave a supply of envelopes out for people to pick up.

Oct.	<b>Rector’s Discretionary Fund</b>	This is a dedicated fund under the Rector’s control and discretion which provides (but is not limited to) financial assistance to members of the parish and the wider community.
Nov.	<b>South Island Centre for Counselling &amp; Training</b>	Our donations help fund programs and staffing at this non-profit counselling and training agency which is funded solely through donations, fees and grants.

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**ST. STEPHEN’S OUTREACH** – For those who do not have offering envelopes, you may bring your outreach offering in a plain envelope, marked “Outreach for Month of \_\_\_\_” with your name and address and, if applicable, your Electronic Collection Plate number. Under current guidelines, we are unable to leave a supply of envelopes out for people to pick up.

Oct.	<b>Gendemi</b>	See Greg Robinson for more info
Nov.	<b>Christmas Hampers</b>	See Lynda Clifford for more info



## INTERCESSIONS

**Anglican Cycle of Prayer:** We pray for the Church of the Province of Uganda; Justin our Archbishop; Linda our Primate and Melissa our Metropolitan, National Indigenous Anglican Archbishop, Mark MacDonald and the Anglican Church of Canada.

**Diocesan Cycle of Prayer:** We pray for Anna, our bishop-elect, Ansley, the Diocesan Administrator; Elizabeth and the congregation of St. Mark, Qualicum; and Bishop Lesley and the Diocese of Yukon. For Father Rolf and our brothers and sisters at St. Elizabeth and Our Lady of the Assumption of the Roman Catholic Parish.

**Our Parish Ministers:** Lon, Matt, Brett, Bob, Lorry, Logan.

**In our Parish:** We pray for all who are helping the Parish to stay safe and well.

**For those ill or in need of prayer:** Cathy and John, Cheryl, Lise, Brett, Mark, Henry, Nick

**For Those with Long-Term Needs:**

Ken B, Erica, Margaret, Sharie, Ted, Ed B., Pat M., Doreen H.

**For friends beyond the parish:** Jennifer, Pam, Hugh B. & his family, Kate, Scott, Steve and John, Grace, Marie S., Marian K., Isaiah, Robin

**THANK YOU** to everyone for bringing their offerings and to those who continue to take the time to drop off or mail in your offerings. Now that we have returned to our buildings, our operating costs have risen to more normal levels. It is more important than ever that we continue our donations so that we maintain our presence in the community.

If you would like to contribute to the work of our Parish, you may send a cheque (made payable to either St. Mary's Church or payable to St. Stephen's Church) and mail it to the respective address below.

The Wardens & Treasurer

**CLERGY CONTACT INFORMATION**

**The Rev. Lon Towstego**

**His Cell Phone:** (250) 208-9949  
**His email:** ltowstego@bc.anglican.ca

**The Rev. Matt Humphrey**

**His Cell Phone:** 1-(604) 721-4795  
**His email:** mhumphrey@bc.anglican.ca

**Office Hours:**

**All Staff will spend some time working from home.  
Please call or email your respective office for information  
or to make an appointment.  
Drop in visits are still being discouraged.**

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