



Anglican Parish of Central Saanich
St. Mary Church St. Stephen Church
Faith - Family - Friendship



ANGLICAN DIOCESE
OF BRITISH COLUMBIA

Welcome To PARISH OF CENTRAL SAANICH St. Mary Church



St. Stephen's

St. Mary's

OCTOBER 18, 2020 – PENTECOST 20

*We acknowledge that we gather to worship on the traditional
lands of the WSÁNEĆ and Coast Salish peoples*

St. Mary's Service:

Sunday Service: 9:00 a.m.
Wednesday Service 10:00 a.m.

St. Stephen's Service:

Sunday Service: 11:00 a.m.

Weekly Online Services will also be offered
at ParishCS.ca

The Rev. Lon Towstego, Incumbent
The Rev. Matt Humphrey, Assistant Curate
The Rt. Rev. Logan McMenamie, Honorary Assistant

Refresher of our COVID protocols

Please do not sing during the hymns, we love to hear your voices but right now it is not a safe thing for us to be doing. We don't want to remove the words or squash the music choices, however we cannot be singing at all.

No personal announcements should be made, if possible let Bob/Leslie know early in the week so they can be included in the bulletin sheet given out. As Lon has explained this is mainly due to not having multiple people using the microphones, and not having people moving around, it is one of the protocols we must follow.

Please do not remain in the worship space/hall after the service chatting. It is better to go outside with proper physical distancing, where the conversations are safer.

Please try to follow the arrows when moving around, the spaces have been provided so that you keep others safe.

Possibly one of the most important things is to email and let us know if you plan to attend. St. Stephen has only reached a maximum once, and we do not want to turn people away.

However, this could happen. We do have a couple of ways around this but prefer not to be in this situation at the door on Sunday at 8:55 or 10:55, I am sure you understand. By now you have seen how the seating is arranged and why the number of people inside can fluctuate depending on the number of people in a family group? A couple of people have told us that they will be at church every week and will call if they ARE NOT coming and this is helpful too. We do appreciate your help with this!!

9:00 a.m. HOLY EUCHARIST
Book of Alternative Services (Spoken)
The Rev. Lon Towstego, Presider

A Warm Welcome to all who worship with us, especially visitors.
The congregation says the items in **bold** typeface.
The lyrics to the songs are printed for information only.
Please remember there is no congregational singing permitted.

Prelude

Welcome & Land Acknowledgement

Gathering Song: *O Worship the King*

Text: Robert Grant (1779-1838)

O worship the King, all glorious above,
And gratefully sing His power and His love;
Our Shield and Defender, the Ancient of Days,
Pavilioned in splendor, and girded with praise.

O tell of His might, O sing of His grace,
Whose robe is the light, Whose canopy space,
Whose chariots of wrath the deep thunderclouds form,
And dark is His path on the wings of the storm.

Thy bountiful care, what tongue can recite?
It breathes in the air, it shines in the light;
It streams from the hills, it descends to the plain,
And sweetly distills in the dew and the rain.

The Gathering of the Community *All stand.*

Presider: The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit, be with you all.

People: And also with you.

Presider: Almighty God,

All: to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

Glory to God (*said*)

Presider: Glory to God in the highest,

All: and peace to his people on earth. Lord God, heavenly king, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

The Prayer of the Day

Presider: Let us pray.

All: You know us each by name, O God, and in your sight we have found favour, yet our minds cannot comprehend

**the vision of your glory or the vastness of your love.
Grant, that as we glimpse your greatness, we may always
return to you the praise that is yours alone. We ask this
through Jesus Christ our Lord. Amen.**

Revised Common Lectionary Prayers (2002) alt.

Prayer for Children, Young People and Educators

The Readings

Reader: A reading from **Exodus 33:12-23 NRSV** – *Ken Pedlow*

¹² Moses said to the Lord, “See, you have said to me, ‘Bring up this people’; but you have not let me know whom you will send with me. Yet you have said, ‘I know you by name, and you have also found favor in my sight.’” ¹³ Now if I have found favor in your sight, show me your ways, so that I may know you and find favor in your sight. Consider too that this nation is your people.” ¹⁴ He said, “My presence will go with you, and I will give you rest.” ¹⁵ And he said to him, “If your presence will not go, do not carry us up from here. ¹⁶ For how shall it be known that I have found favor in your sight, I and your people, unless you go with us? In this way, we shall be distinct, I and your people, from every people on the face of the earth.”

¹⁷ The Lord said to Moses, “I will do the very thing that you have asked; for you have found favor in my sight, and I know you by name.” ¹⁸ Moses said, “Show me your glory, I pray.” ¹⁹ And he said, “I will make all my goodness pass before you, and will proclaim before you the name, ‘The Lord’; and I will be gracious to whom I will be gracious, and will show mercy on whom I will show mercy. ²⁰ But,” he said, “you cannot see my face; for no one shall see me and live.” ²¹ And the Lord continued, “See, there is a place by me where you shall stand on the rock; ²² and while my glory passes by I will put you in a cleft of the rock, and I will cover you with my hand until I have passed by; ²³ then I will take away my hand, and you shall see my back; but my face shall not be seen.

At the conclusion of the passage, the reader says,

The word of the Lord.

People: Thanks be to God.

Reader: **Psalm 99 BAS** – *together with Ken Pedlow*

1 The Lord is king; let the people tremble; * he is enthroned upon the Cherubim; let the earth shake.

2 The Lord is great in Zion; * he is high above all peoples.

3 Let them confess his name, which is great and awesome; * he is the Holy One.

4 “O mighty King, lover of justice, you have established equity; * you have executed justice and righteousness in Jacob.”

5 Proclaim the greatness of the Lord our God and fall down before his footstool; * he is the Holy One.

6 Moses and Aaron among his priests, and Samuel among those who call upon his name, * they called upon the Lord, and he answered them.

7 He spoke to them out of the pillar of cloud; * they kept his testimonies and the decree that he gave them.

8 “O Lord our God, you answered them indeed; * you were a God who forgave them, yet punished them for their evil deeds.”

9 Proclaim the greatness of the Lord our God and worship him upon his holy hill; * for the Lord our God is the Holy One.

Reader: Glory be to the Father and to the Son and to the Holy Spirit.

All: As it was in the beginning, is now, and ever shall be, world without end. Amen.

Reader: A reading from **1 Thessalonians 1:1-10 NRSV**—*Ken Pedlow*

1 Paul, Silvanus, and Timothy,

To the church of the Thessalonians in God the Father and the Lord Jesus Christ:

Grace to you and peace.

The Thessalonians' Faith and Example

²We always give thanks to God for all of you and mention you in our prayers, constantly ³remembering before our God and Father your work of faith and labor of love and steadfastness of hope in our Lord Jesus Christ. ⁴For we know, brothers and sisters^[a]beloved by God, that he has chosen you, ⁵because our message of the gospel came to you not in word only, but also in power and in the Holy Spirit and with full conviction; just as you know what kind of persons we proved to be among you for your sake. ⁶And you became imitators of us and of the Lord, for in spite of persecution you received the word with joy inspired by the Holy Spirit, ⁷so that you became an example to all the believers in Macedonia and in Achaia. ⁸For the word of the Lord has sounded forth from you not only in Macedonia and Achaia, but in every place your faith in God has become known, so that we have no need to speak about it. ⁹For the people of those regions^[b]report about us what kind of welcome we had among you, and how you turned to God from idols, to serve a living and true God, ¹⁰and to wait for his Son from heaven, whom he raised from the dead—Jesus, who rescues us from the wrath that is coming.

At the conclusion of the passage, the reader says,

The word of the Lord.

People: Thanks be to God.

All stand for the Gospel.

Rev. Lon: God be with you.

People: And also with you.

Rev. Lon: The Holy Gospel of our Lord Jesus Christ according to
Matthew 22:15-22 NRSV

People: Glory to you, Lord Jesus Christ.

¹⁵ Then the Pharisees went and plotted to entrap him in what he said. ¹⁶ So they sent their disciples to him, along with the Herodians, saying, "Teacher, we know that you are sincere, and teach the way of God in accordance with truth, and show deference to no one; for you do not regard people with partiality. ¹⁷ Tell us, then, what you think. Is it lawful to pay taxes to the emperor, or not?" ¹⁸ But Jesus, aware of their malice, said, "Why are you putting me to the test, you hypocrites? ¹⁹ Show me the coin used for the tax." And they brought him a denarius. ²⁰ Then he said to them, "Whose head is this, and whose title?" ²¹ They answered, "The emperor's." Then he said to them, "Give therefore to the emperor the things that are the emperor's, and to God the things that are God's." ²² When they heard this, they were amazed; and they left him and went away.

At the conclusion of the Gospel, the reader says,

The Gospel of Christ.

People: Praise to you, Lord Jesus Christ.

Sermon – The Rev. Matt Humphrey

Song: *We Can Not Measure How You Heal (Ye Banks and Braes)*

We cannot measure how You heal
Or answer every sufferer's prayer
Yet we believe Your grace responds
Where faith and doubt unite to care
Your hands though bloodied on the cross
Survive to hold and heal and warn
To carry all through death to life
And cradle children yet unborn

The pain that will not go away
The guilt that clings from things long past
The fear of what the future holds
Are present as if meant to last
But present too is love which tends
The hurt we never hoped to find
The private agonies inside
The memories that haunt the mind

So some have come who need Your help
And some have come to make amends
As hands which shaped and saved the world
Are present in the touch of friends
Lord let Your Spirit meet us here
To mend the body mind and soul
To disentangle peace from pain
And make Your broken people whole

Graham Maule | John L. Bell

The Apostle's Creed:

Celebrant: Let us confess the faith of our baptism, as we say,

All: **I believe in God, the Father almighty, creator of heaven and earth.**

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried.

He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

The Prayers of the People – Ken Pedlow

Presider: Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

Presider: Most merciful God,

All: **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

Presider: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

The Peace *All stand*

*(Staying in your spot, The Peace may be shared, without touch,
with those around you)*

Presider: The peace of the Lord be always with you.

People: And also with you.

Offertory – *Instrumental Music*

Prayer over the Gifts: Eternal God, your word inspires our faith. May we who offer you our praise trust you in all things. We ask this in the name of Jesus Christ the Lord. **Amen.**

Eucharistic Prayer #2

Presider: God be with you.

People: And also with you.

Presider: Lift up your hearts.

People: We lift them to the Lord.

Presider: Let us give thanks to the Lord our God.

People: It is right to give our thanks and praise.

Presider: We give you thanks and praise, almighty God, through your beloved Son, Jesus Christ, our Saviour and Redeemer. He is your living Word, through whom you have created all things.

By the power of the Holy Spirit he took flesh of the Virgin Mary and shared our human nature. He lived and died as one of us, to reconcile us to you, the God and Father of all.

In fulfilment of your will he stretched out his hands in suffering, to bring release to those who place their hope in you; and so he won for you a holy people.

He chose to bear our griefs and sorrows, and to give up his life on the cross, that he might shatter the chains of evil and death, and banish the darkness of sin and despair. By his resurrection he brings us into the light of your presence.

Now with all creation we raise our voices to proclaim the glory of your name.

All: (said) Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest

Presider: Holy and gracious God, accept our praise, through your Son our Saviour Jesus Christ; who on the night he was handed over to suffering and death, took bread and gave you thanks,

saying, "Take, and eat: this is my body which is broken for you." In the same way he took the cup, saying, "This is my blood which is shed for you. When you do this, you do it in memory of me."

Remembering, therefore, his death and resurrection, we offer you this bread and this cup, giving thanks that you have made us worthy to stand in your presence and serve you.

We ask you to send your Holy Spirit upon the offering of your holy Church. Gather into one all who share in these sacred mysteries, filling them with the Holy Spirit and confirming their faith in the truth, that together we may praise you and give you glory through your Servant, Jesus Christ.

All glory and honour are yours, Father and Son, with the Holy Spirit in the holy Church, now and for ever. **Amen.**

The Lord's Prayer

Presider: As our Saviour taught us, let us say,

All: Our Father in heaven, hallowed be your name, Your kingdom come, your will be done On earth as in heaven. Give us today our daily bread, Forgive us our sins, as we forgive those who sin against us. Save us from the time of trial and deliver us from evil, For the kingdom, the pow'r and the glory are yours, Now and for ever. Amen.

Presider: We break this bread to share in the body of Christ

All: We, being many, are one body, for we all share in the one bread

Presider: The gifts of God for the People of God.

People: Thanks be to God.

Administration of Holy Communion

All are invited to share in the Bread or a Blessing

Gluten Free Wafers are available upon request.

Please cross your arms at the rail if you would like a blessing.

Music During Communion

Song: For All Your Blessings

Text: Alan Luff (1928-2020)

For all your blessings, Jesus, we praise you,
gracious in mercy, strong in console,
You to our need bring comfort and healing,
love and forgiveness, making us whole.

We carry with us into your presence
prisoners of sickness, sadness and fear;
grant them to know your peace in their sufferings
and new life flowing, for you are near.

Grant us, your servants, grace to work with you
that in your loving task we may share;
mind's understanding, hands skilled for healing,
hearts of compassion, join in love's care.

Prayer after Communion: God of peace, you have nourished us in this sacrament with the body and blood of Christ. May we who have taken holy things keep faith in our hearts and lives, in the name of Jesus Christ the Lord. **Amen**

Doxology

Prisider: Glory to God

All: whose love, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever, Amen.

Blessing

Dismissal

Leader: Go forth into the world, rejoicing in the power of the Spirit.

All: Thanks be to God.

WEDNESDAY EUCHARISTS – We have resumed Wednesday Eucharist at 10:00 a.m. at St. Mary. If you have not already indicated that you will be a regular attender, please pre-register with St. Mary's office: stmarys.saanichton@shaw.ca to reserve your spot or call 250-652-1611.

BIBLE STUDY - Wednesdays, beginning at 10:45 a.m. on October 21, Rev. Lon and Greg Robinson will present 'The New Testament You Never Knew: Exploring the Context, Purpose and Meaning of the Story of God'. An 8-part video series with Michael Bird and N T Wright. All are welcome to join us at St. Mary's Hall where we will practice appropriate social distancing

THE PARISH PRAYER GROUP GATHERING 10:00 a.m. on Fridays at St. Stephen's Upper Hall.

<p>Readings for October 25, 2020 – Pentecost 21</p>
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<p>Deuteronomy 34:1-12; Psalm 90:1-6, 13-17;</p>
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<p>1 Thessalonians 2:1-8; Matthew 22:34-46</p>
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THE RECTOR’S DISCRETIONARY FUND (see St. Mary’s Outreach below for description & purpose). Donations are always appreciated as funds often become depleted. You may give through the outreach program at either church using the method described below or by mail.

ST. MARY’S OUTREACH – For those who do not have offering envelopes, you may bring your outreach offering in a plain envelope, marked “Outreach for Month of ____” with your name and address and, if applicable, your Electronic Collection Plate number. Under current guidelines, we are unable to leave a supply of envelopes out for people to pick up.

Oct.	Rector’s Discretionary Fund	This is a dedicated fund under the Rector’s control and discretion which provides (but is not limited to) financial assistance to members of the parish and the wider community.
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ST. STEPHEN’S OUTREACH – For those who do not have offering envelopes, you may bring your outreach offering in a plain envelope, marked “Outreach for Month of ____” with your name and address and, if applicable, your Electronic Collection Plate number. Under current guidelines, we are unable to leave a supply of envelopes out for people to pick up.

Oct.	Gendemi	See Greg Robinson for more info
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CLERGY CONTACT INFORMATION	
The Rev. Lon Towstego	
His Cell Phone:	(250) 208-9949
His email:	ltowstego@bc.anglican.ca
The Rev. Matt Humphrey	
His Cell Phone:	1-(604) 721-4795
His email:	mhumphrey@bc.anglican.ca

<p>Office Hours:</p> <p>All Staff may spend some time working from home.</p> <p>Please call or email your respective office for information or to make an appointment.</p> <p>Drop in visits are still being discouraged.</p>

INTERCESSIONS

Anglican Cycle of Prayer: We pray for the Episcopal Church and the Most Rev. Michael Curry; Justin our Archbishop; Linda our Primate and Melissa our Metropolitan, National Indigenous Anglican Archbishop, Mark MacDonald and the Anglican Church of Canada.

Diocesan Cycle of Prayer: We pray for Anna, our bishop-elect, Ansley, the Diocesan Administrator; Daniel and the congregation of St. Luke, Victoria and Bishop Lincoln and the Territory of the People Anglican Church. For Father Rolf and our brothers and sisters at St. Elizabeth and Our Lady of the Assumption of the Roman Catholic Parish.

Our Parish Ministers: Lon, Matt, Brett, Bob, Lorry, Logan.

In our Parish: We pray for all who are helping the Parish to stay safe and well.

For those ill or in need of prayer: Cathy and John, Cheryl, Lise, Brett, Mark, Henry

For Those with Long-Term Needs:

Ken B, Erica, Margaret, Sharie, Ted, Ed B., Pat M., Doreen H.

For friends beyond the parish: Jennifer, Pam, Hugh B. & his family, Kate, Scott, Steve and John, Grace, Marie S., Marian K., Isaiah, Robin

THANK YOU to everyone for bringing their offerings and to those who continue to take the time to drop off or mail in your offerings. Your dedication to your church is heartwarming.

If you would like to contribute to the work of our Parish, you may send a cheque (made payable to either St. Mary's Church or payable to St. Stephen's Church) and mail it to the respective address below.

The Wardens & Treasurer

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