



“All of
them
were filled
with the
Holy Spirit...”

Acts 2:4

*As health restrictions relax, please practice protocols that
make you feel comfortable.*

HOLY EUCHARIST

Diocese of Islands and Inlets Liturgy (*V. I. Liturgy*)

The Ven. Dr. Lon Towstego, Presiding & Preaching

A Warm Welcome to all who worship with us, especially visitors.

With thanks, please mute your cell phones during the service.

The congregation says or sings the items in **bold** typeface.

Prelude – *Jill Siemens*

Welcome & Land Acknowledgement

Gathering Song: *O Worship the King* (*CP #380*)

**O worship the King all-glorious above,
O gratefully sing his power and his love:
our shield and defender, the Ancient of Days,
pavilioned in splendor and girded with praise.**

**Your bountiful care, what tongue can recite?
It breathes in the air, it shines in the light;
it streams from the hills, it descends to the plain,
and sweetly distills in the dew and the rain.**

**O measureless Might, ineffable Love,
while angels delight to hymn thee above!
the humbler creation, though feeble their lays
with true adoration shall sing to thy praise!**

The Gathering of the Community

Presider Alleluia! Christ is risen.

People The Lord is risen indeed. Alleluia!

Presider May his grace and peace be with you.

People May he fill our hearts with joy.

Lon: In this time and place we gather on the ancestral lands of the
WSÁNEĆ and Coast Salish Peoples.

**All: From many places and Peoples we come to this house
in prayer.**

Ken: In this time and place we are not alone for we meet in the
presence of the living God.

All: For we meet in the presence of the living God.

Lon: In this time and place we are not alone for the Risen Jesus
stands in our midst.

All: The Risen Jesus stands in our midst.

Ken: In this time and space we are not alone for the wind of the Spirit moves in and through us.

All: The wind of the Spirit moves in and through us.

Lon: In this time and space we are not alone for we gather with the whole company of heaven. In this time and in this space heaven and earth are one.

All: In this time and in this space heaven and earth are one.

Ken: In this time and place together, one People in Jesus Christ.

All: In the name of God, Creator, Saviour and Holy Spirit. Amen.

The Gloria (*Ashgrove*)

**Sing glory to God in the heights of the heavens
Salvation and peace to God's People on earth
Our Sovereign, our Saviour, our God, our Creator
We worship and praise you and sing of your worth.**

**Creation unites in the power of the Spirit
In praise of the Father, through Jesus the Son
So complex, so simple, so clear, so mysterious
Our God ever three yet eternally one.**

**This Lord Jesus Christ, only Son of the Father
The lamb who has carried the burden of shame
Now seated on high in the glory of heaven
Have mercy upon us who call on your name.**

**For you, only you, we acknowledge as holy
We name you alone as our Saviour and Lord
You only, O Christ, with the Spirit exalted,
Are one with the Father, forever adored.**

**Creation unites in the power of the Spirit
In praise of the Father, through Jesus the Son
So complex, so simple, so clear, so mysterious
Our God ever three yet eternally one.**

Centering Stillness:

Let us hold this moment open to the Spirit of God. (Silence)

The Prayer of the Day: God of wind and flame, send your life-giving Spirit upon your people: give fire to our words, strength to our witness and boldness to our proclamation of your wondrous work in

Christ; who, with you and the Spirit, lives and reigns now and for ever. Amen. *Opening Prayers (1997) alt.*

THE STORY OF FAITH IS PROCLAIMED

Numbers 11:24-30 – *Marian Towstego*

²⁴ So Moses went out and told the people the words of the Lord; and he gathered seventy elders of the people, and placed them all around the tent. ²⁵ Then the Lord came down in the cloud and spoke to him, and took some of the spirit that was on him and put it on the seventy elders; and when the spirit rested upon them, they prophesied. But they did not do so again.

²⁶ Two men remained in the camp, one named Eldad, and the other named Medad, and the spirit rested on them; they were among those registered, but they had not gone out to the tent, and so they prophesied in the camp. ²⁷ And a young man ran and told Moses, ‘Eldad and Medad are prophesying in the camp.’ ²⁸ And Joshua son of Nun, the assistant of Moses, one of his chosen men, ^[a] said, ‘My lord Moses, stop them!’ ²⁹ But Moses said to him, ‘Are you jealous for my sake? Would that all the Lord’s people were prophets, and that the Lord would put his spirit on them!’ ³⁰ And Moses and the elders of Israel returned to the camp.

Hear what the Spirit of God is saying.

Thanks be to God

Responsive Psalm 104:25-35, 37 BAS – *Marian Towstego*

²⁵ O Lord, how manifold are your works! *** in wisdom you have made them all; the earth is full of your creatures.**

²⁶ Yonder is the great and wide sea with its living things too many to number, *** creatures both small and great.**

²⁷ There move the ships, and there is that Leviathan, *** which you have made for the sport of it.**

²⁸ All of them look to you *** to give them their food in due season.**

²⁹ You give it to them; they gather it; *** you open your hand, and they are filled with good things.**

³⁰ You hide your face, and they are terrified; *** you take away their breath, and they die and return to their dust.**

³¹ You send forth your Spirit, and they are created; *** and so you renew the face of the earth.**

³² May the glory of the Lord endure for ever; *** may the Lord rejoice in all his works.**

³³ He looks at the earth and it trembles; * **he touches the mountains and they smoke.**

³⁴ I will sing to the Lord as long as I live; * **I will praise my God while I have my being.**

³⁵ May these words of mine please him; * **I will rejoice in the Lord.**

³⁷ Bless the Lord, O my soul. * **Hallelujah!**

Glory be to the Father and to the Son and to the Holy Spirit.

As it was in the beginning, is now, and ever shall be, world without end. Amen.

Acts 2:1-21 – Irene Feir

When the day of Pentecost had come, they were all together in one place. ² And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. ³ Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. ⁴ All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability.

⁵ Now there were devout Jews from every nation under heaven living in Jerusalem. ⁶ And at this sound the crowd gathered and was bewildered, because each one heard them speaking in the native language of each. ⁷ Amazed and astonished, they asked, ‘Are not all these who are speaking Galileans?’ ⁸ And how is it that we hear, each of us, in our own native language? ⁹ Parthians, Medes, Elamites, and residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, ¹⁰ Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes, ¹¹ Cretans and Arabs—in our own languages we hear them speaking about God’s deeds of power.’ ¹² All were amazed and perplexed, saying to one another, ‘What does this mean?’ ¹³ But others sneered and said, ‘They are filled with new wine.’

¹⁴ But Peter, standing with the eleven, raised his voice and addressed them: ‘Men of Judea and all who live in Jerusalem, let this be known to you, and listen to what I say. ¹⁵ Indeed, these are not drunk, as you suppose, for it is only nine o’clock in the morning. ¹⁶ No, this is what was spoken through the prophet Joel:

¹⁷ ‘In the last days it will be, God declares,
that I will pour out my Spirit upon all flesh,
and your sons and your daughters shall prophesy,
and your young men shall see visions,
and your old men shall dream dreams.

¹⁸ Even upon my slaves, both men and women,
in those days I will pour out my Spirit;

and they shall prophesy.

¹⁹ And I will show portents in the heaven above
and signs on the earth below,
blood, and fire, and smoky mist.

²⁰ The sun shall be turned to darkness
and the moon to blood,
before the coming of the Lord's great and glorious day.

²¹ Then everyone who calls on the name of the Lord shall be saved."

Hear what the Spirit of God is saying.

Thanks be to God

Gradual: *Come Down O Love Divine* (CP #645)

**Come down, O Love divine,
seek thou this soul of mine,
and visit it with thine own ardor glowing;
O Comforter, draw near,
within my heart appear,
and kindle it, thy holy flame bestowing.**

**O let it freely burn,
till earthly passions turn
to dust and ashes in its heat consuming;
and let thy glorious light
shine ever on my sight,
and clothe me round, the while my path illuming.**

Ken: God be with you.

People: **And also with you.**

Ken: The Gospel of our Lord Jesus Christ according to John

People: **Glory to you, Lord Jesus Christ.**

John 20:19-23

¹⁹ When it was evening on that day, the first day of the week, and the doors of the house where the disciples had met were locked for fear of the Jews, Jesus came and stood among them and said, 'Peace be with you.' ²⁰ After he said this, he showed them his hands and his side. Then the disciples rejoiced when they saw the Lord. ²¹ Jesus said to them again, 'Peace be with you. As the Father has sent me, so I send you.' ²² When he had said this, he breathed on them and said to them, 'Receive the Holy Spirit. ²³ If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained.'

Ken: The Gospel of Christ

People: **Praise to you, Lord Jesus Christ.**

Come Down O Love Divine (con't.)

**Let holy charity
Mine outward vesture be,
And lowliness become mine inner clothing;
True lowliness of heart,
Which takes the humbler part,
And o'er its own shortcomings weeps with loathing.**

**And so the yearning strong,
with which the soul will long,
shall far outpass the power of human telling;
for none can guess its grace,
till they become the place
wherein the Holy Spirit finds a dwelling.**

RESPONDING TO THE WORD

Sermon – The Ven. Dr. Lon Towstego

Song: Stay in Peace Today

*Sister Mary Hope Billing; Yoko Kihara; Aubert (Bert) Griffin;
Ven. Dr. Lon Towstego. Music – Greg Robinson*

Sung 3 times:

**You have come, filled with fear, spurned by those in power.
Bring your tears, bring your love. Christ will make you whole.
Be in Peace, go in peace, stay in peace today.
Be in Peace, go in peace, stay in peace today.**

The Apostles' Creed *(said)*

Presider: Let us confess the faith of our baptism, as we say,

All: I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again.

He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen

Prayers of the People – *Ken Pedlow*

Memorial Prayers for Mary Stella Mariampillai - Lon

Officiant: Merciful Father and Lord of all life, we praise you that we are made in your image and reflect your truth and light. We thank you for the life of Mary Stella, for the love and mercy received from you and showed among us. Above all we rejoice at your gracious promise to all your servants, living and departed: that we shall rise again at the coming of Christ. And we ask that in due time we may share with our sister Mary Stella, that clearer vision, when we shall see your face in the same Christ our Lord. **Amen.**

Officiant: Lord of life, look in mercy on the family and friends of Mary Stella and all who mourn. Give them patient faith in times of darkness; strengthen them with the experience of your love. Give us the wisdom and grace to make good use of the time that is left to us here on this earth, to turn to Christ and follow in his footsteps in the way that leads to everlasting life. **Amen.**

Confession & Absolution:

Dear friends in Christ, God is steadfast in love and infinite in mercy and welcomes sinners and invites them to the table. Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Presider: Most merciful God,

All: We confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Presider: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

The Peace *All stand*

Presider: The peace of the Lord be always with you.

People: And also with you.

The members of the community offer a sign of contactless peace to one another.

Offertory: *Jesus Thou Joy of Loving Hearts* (CP #70)

**Jesus, Thou Joy of loving hearts,
Thou Fount of life, Thou Light of men,**

**From the best bliss that earth imparts,
We turn unfilled to Thee again.**

**Your truth unchanged hath ever stood;
You rescue those who on Thee call;
To those yet seeking, you art good,
To those who find you, all in all!**

**We taste of you the living Bread,
And long to feast upon you still;
We drink from you, the Fountain-head,
Our thirsty souls from Thee to fill!**

**Our restless spirits yearn for you,
However may our lot be cast;
Glad when your gracious smile we view,
Blest, when our faith can hold you fast.**

**Jesus, forever with us stay
Make all our moments calm and bright,
Chase the dark night of sin away,
Spread through the world your holy light.**

Prayer over the Gifts: Giver of life, receive all we offer you this day. Let the Spirit you bestow on your Church continue to work in the world through the hearts of all who believe. We ask this in the name of Jesus Christ the Lord. **Amen.**

THE SACRED MEAL IS SHARED

(Eucharist PrayerA)

Presider: God is here.

People: The Spirit is with us.

Presider: Lift up your hearts and minds.

People: We lift them to God.

Presider: Let us give thanks to God the Creator.

People: It is right to give our thanks and praise.

Presider: Great Creator, with wit and wisdom you have formed the universe.

Your Spirit brooded over all in expectation, midwife of transformation. At your Word, the skies, the seas and the lands and all life came to be.

The winds and breezes, waters, fresh and salt, calm or gale swept, beaches and tides, mountains, rain and snow, are the setting of life and teach respect for the forces of nature.

In this land the People learned to depend upon the plants, the cedars, the sea creatures, the deer, the wolves, the bears of the forest, the sea birds, ravens and eagles for daily needs and signs of what is to come.

In ceremony and song, in dance and art, these relationships are portrayed and honoured.

All created things shared life with one another, sensing connection with one other.

When connections were dishonoured and broken, creation suffered.

Creation continues and brings light from night, freedom from slavery, and life from death.

Sanctus & Benedictus (*Sung*) - *Steve Bell*

**Holy, Holy, Holy, Lord, God of power and might
Heaven and earth of Your glory are full
Hosanna, Hosanna. Hosanna in the highest
Blessed is he who comes in the name of the Lord.
Blessed is he who comes in the name of the Lord.**

**Holy, Holy, Holy, Lord, God of power and might
Heaven and earth of Your glory are full
Hosanna, Hosanna. Hosanna in the highest
Hosanna, Hosanna. Hosanna in the highest**

Presider: The living Word was sent to freely share sorrow and joy, pain and healing, life and death in Jesus our brother and friend.

On the night before Jesus died, he feasted with his companions. He taught them to remember how they are loved and to know his presence with them and in them always.

He took bread, gave thanks, broke it and gave it to them saying,
“Take, eat, this is my body which is given for you”.

Later he took the cup, and when he had given thanks, he gave it to his companions saying,
“Drink this, all of you; this is the new covenant of my blood, shed for you and for the world for forgiveness and healing. Whenever you drink it, do this to remember me”.

Entering into the mystery of faith we call:

People: **Come, Creator.
Come, transforming Word.
Come, Breath of Life.**

Presider: We recall the offering of Jesus,
guardian of your People:
a birth in poverty, a child refugee, a worker with his hands,
the gathering of disciples and teaching and healing the
People, his power over sin and triumph over death and his
sacred presence unbounded by space and time, and we offer
to God this bread and cup.

Send the Breath of Life, like wind, blowing where it will,
north, east, south and west. May the Breath brood over these
gifts and all who feast at this table offering a foretaste of the
eternal feast to come.

People: **Bless and unite us in the sacrifice of Jesus that we may
celebrate with all creation.
Sing, mountains and valleys, fields and seas, creatures of
the rivers, oceans and forests!**

Presider: May all who share this poor pilgrim's portion from bread
and cup be incorporated as one body and one holy People,
God's priesthood joined in the offering of Jesus' birth, life,
death and resurrection for the reconciliation of all things.

Reveal the unity of your Church, the mystery of our
communion with our holy forebears and all yet to be born.

By our mother Mary, Michael and all the holy angels, Mary
Magdalene, Peter and Paul, apostles, prophets, ministers and
martyrs, may we be encouraged in faith and in walking the
earth gently.

People: **In good time, we will walk straight on,
not looking back, not turning our head,
to enter the presence of God and all the saints.**

Presider: Glory and honour to God Triune, dynamic of love, complete
and perfect unity, in one holy church, now and in all ages.

People: **Amen.**

Presider: As our Saviour taught us, let us pray: *(said)*

The Lord's Prayer:

**Our Father in heaven, hallowed be your name,
Your kingdom come, your will be done**

**On earth as in heaven.
Give us today our daily bread,
Forgive us our sins, as we forgive those who sin against
us.
Save us from the time of trial and deliver us from evil,
For the kingdom, the pow'r and the glory are yours,
Now and for ever. Amen.**

Breaking of the Bread:

Presider: Present in this Bread is the fullness of God
Made vulnerable for the world.
As the Spirit blows through our community
Here in this wine God is poured out for us.

**All: Here and now in this bread and wine
We taste and see God in us and in our community.**

Presider: The Gifts of God for the People of God

All: Thanks be to God.

Administration of Holy Communion

All are welcome to join us at the Lord's Table.

*If you prefer not to receive communion but wish to receive a blessing,
please cross your arms over your chest.
Gluten-free bread is available upon request.*

Communion: ***Breathe on Me, Breath of God*** (CP #649)

**Breathe on me, Breath of God,
Fill me with life anew,
That I may love what Thou dost love,
And do what Thou wouldst do.**

**Breathe on me, Breath of God,
Until my heart is pure,
Until with Thee I will one will,
To do and to endure.**

**Breathe on me, Breath of God,
Till I am wholly Thine,
Until this earthly part of me
Glows with Thy fire divine.**

**Breathe on me, Breath of God,
So shall I never die,
But live with Thee the perfect life
Of Thine eternity.**

WE ARE SENT INTO THE WORLD

Prayer after Communion: Father, may we who have received this eucharist live in the unity of your Holy Spirit, that we may show forth his gifts to all the world. We ask this in the name of Jesus Christ our Lord. Amen.

Doxology

Presider: Glory to God

All: whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever, Amen.

Blessing

Sending Song: *I Heard the Voice of Jesus Say* (CP #508)

I heard the voice of Jesus say,
“Come unto me and rest;
lay down, O weary one,
lay down your head upon my breast.”

I came to Jesus as I was,
so weary, worn, and sad;
I found in him a resting place,
and he has made me glad.

I heard the voice of Jesus say,
“Behold, I freely give
the living water, thirsty one;
stoop down and drink and live.”
I came to Jesus, and I drank
of that life-giving stream;
my thirst was quenched, my soul revived,
and now I live in him.

I heard the voice of Jesus say,
“I am this dark world's light.
Look unto me; your morn shall rise
and all your day be bright.”
I looked to Jesus, and I found
in him my star, my sun;
and in that light of life I'll walk
till trav'ling days are done.

Dismissal

Leader: Go in peace to love and serve the Lord. Alleluia!

All: Thanks be to God. Alleluia!

Postlude

CCLI# 245534 / One License A-738941

Please join us for coffee and conversation in the Parish Hall

READINGS FOR JUNE 4, 2023

Genesis 1:1 – 2:4a; Psalm 8; 2 Corinthians 12:11-13; Matthew 28:16-20

THE ALTAR FLOWERS are given by Gay and Bill to the Glory of God and in loving memory of family members who have died and in thanksgiving for God’s blessing for family still with us.

And by the Mariampillai Family in loving memory of their Ammah, Mary Stella.

THANK YOU – to everyone who contributed and participated in the Spring Fling yesterday. Your efforts were sincerely appreciated!

MAY 31 will be the last Wednesday Communion and Bible Study before we stand down for the summer.

TRINITY SUNDAY, JUNE 4th – There will be a combined service next Sunday at 10:00 a.m. at St. Stephen. If the weather is nice we will gather outdoors. Please bring your own chair or blanket.

OUTREACH

ST. MARY’S OUTREACH – For those who do not have offering envelopes, you may bring your outreach offering in a plain envelope, marked “Outreach for Month of ____” with your name and address and, if applicable, your Electronic Collection Plate number.

Apr.	Primate’s World Relief and Development Fund
May	Saanich Peninsula Lions Food Bank
June	ORCCA Dental Clinic
July	General Outreach
Aug.	Anglican Appeal
Sept.	Saanich Peninsula Hospital & Healthcare Foundation - Chaplaincy

INTERCESSIONS

Anglican Cycle of Prayer: On Anglican Communion Sunday, we pray for the Extra-Provincial Churches; for the Archbishop of Canterbury Justin; the Anglican Church of Canada – Linda and Lynne. Pray for the Anglican Council of Indigenous Peoples and for Archbishop Chris Harper.

Diocesan Cycle of Prayer: We pray for Anna, our bishop; St. John the Divine, Courtenay. For the people of Saanichton Bible Fellowship.

Regional Cycle of Prayer: We pray for the **Parish of the Church of the Advent**, for Rev. Sr. Ingrid Andersen and the people of the parish and neighborhood.

“whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life.” John 4:14.

“We pray to you God of Grace, God of Love, that Church of the Advent and its people be the well where all can gather, none are condemned, and all experience the living Christ.”

Our Parish Ministers: Lon, Logan, Brett, Bob, Richard and Gil

In our Parish: We pray for Audrey Quackenbush and for Bryan & Margaret Waller and for their families.

For those ill or in need of prayer: Neville W., Derek and Betty, Diana A., Mark, Fern, Mike, Margery L., Gil and family, Maria

For Those with Long-Term Needs: Cheryl, Ted, Brenda, Cathy and John, Jillian S., Paul J., Phil J., Natalie, Jamie, Ken & Diane, Jane & Paul, Alan, Margaret P.

For friends beyond the parish: Jennifer, Jo-Jo, Margot, Sharie, John K., Helen, Andrew, Gil & Cheryl’s son-in-law, Matt, Warwick, Sheila, Lynn W., Jim C., Alison

CLERGY CONTACT INFORMATION

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