



“All of
them
were filled
with the
Holy Spirit...”

Acts 2:4



Anglican Parish of Central Saanich

St. Mary Church St. Stephen Church

Faith - Family - Friendship



ANGLICAN DIOCESE
OF BRITISH COLUMBIA

**Welcome To
PARISH OF CENTRAL SAANICH
St. Stephen Church
DAY OF PENTECOST
MAY 28, 2023**

Join us as we worship the living Christ!

May the God of hope fill you with all joy and peace as you trust in him,
so that you may overflow with hope by the power of the Holy Spirit.

Romans 15:13

*We acknowledge that we gather to worship on the traditional
lands of the WSÁNEĆ and Coast Salish Peoples*

St. Mary's Service:

Sunday Service: 9:00 a.m.

Wednesday Communion: 10:00 a.m. (Sept. to June)

St. Stephen's Service:

Sunday Service: 11:15 a.m.

Continue to monitor our website - ParishCS.ca

The Ven. Dr. Lon Towstego, Incumbent

The Rt. Rev. Dr. Logan McMenamie, Honorary Assistant

Retired Clergy: The Ven. Bob Baillie, The Rev. Dr. Brett Cane,
The Rev. Canon Richard Stetson,
The Rev. Gil Shoosmith, deacon

*As health restrictions relax, please practice protocols
that make you feel comfortable.*

St. Mary's Anglican Church

1973 Cultra Avenue

Saanichton, B.C. V8M 1L7

Office: 250-652-1611

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St. Stephen's Anglican Church

7921 St. Stephens Road

Saanichton, B.C. V8M 1S2

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HOLY EUCHARIST

Diocese of Islands and Inlets Liturgy (*V. I. Liturgy*)

The Ven. Dr. Lon Towstego, Presiding & Preaching

Music: Praise Band

A Warm Welcome to all who worship with us, especially visitors.

With thanks, please mute your cell phones during the service.

The congregation says or sings the items in **bold** typeface.

Prelude: ***Be Alright***

- Evan Craft, Sean Cook & Willy Gonzalez © 2020 CCLI# 7160689

Welcome & Land Acknowledgement

Gathering Song: *Come Holy Spirit* - *Chris Bowater © 1987 CCLI# 593358*

**Come Holy Spirit, come just as You will,
Softly and gently as breezes so still,
Come as a rushing wind, mighty in pow'r,
Come Holy Spirit, come now.**

**Come Holy Spirit, as flames from the fire
Cleanse me, empower me, my being inspire.
Come as the healing oil, liberally poured,
Come Holy Spirit, come now.**

**Come as a torrent, as waves on the sea,
Sweeping away all that would hinder me.
Come as refreshment, as streams from the hill,
Come Holy Spirit, come now.**

**Come Holy Spirit, come just as You will,
Work in and through me, Your purpose fulfill.
Make me much more like my Saviour I pray,
Come Holy Spirit, come now.**

**Cause me to live as a child of The King.
One from whom worship and praise freely spring.
Bring, Holy Spirit, revival to me,
Come Holy Spirit, come now.**

**Come Holy Spirit, come just as You will,
Softly and gently as breezes so still,
Come as a rushing wind, mighty in pow'r,
Come Holy Spirit, come now.**

The Gathering of the Community

Presider Alleluia! Christ is risen.

People The Lord is risen indeed. Alleluia!

Presider May his grace and peace be with you.

People May he fill our hearts with joy.

Lon: In this time and place we gather on the ancestral lands of the
W̱SÁNEĆ and Coast Salish Peoples.

**All: From many places and Peoples we come to this house
in prayer.**

Jackie: In this time and place we are not alone for we meet in the
presence of the living God.

All: For we meet in the presence of the living God.

Lon: In this time and place we are not alone for the Risen Jesus
stands in our midst.

All: The Risen Jesus stands in our midst.

Jackie: In this time and space we are not alone for the wind of
the Spirit moves in and through us.

All: The wind of the Spirit moves in and through us.

Lon: In this time and space we are not alone for we gather with
the whole company of heaven. In this time and in this
space heaven and earth are one.

**All: In this time and in this space heaven and earth are
one.**

Jackie: In this time and place together, one People in Jesus
Christ.

**All: In the name of God, Creator, Saviour and Holy Spirit.
Amen.**

Gloria – Mass for the King of Glory

Betty Carr Pulkingham © 1973 (arr. for one voice by Daisy Essery)

Glory to God,

Glory to God in the highest,

And peace to his people on earth.

Lord God, heavenly king,

almighty God and Father,

we worship you, we give you thanks,

we praise you for your glory.

Lord Jesus Christ, only Son of the Father,

Lord God, Lamb of God,

you take away the sin of the world:

have mercy on us;

you are seated at the right hand of the Father:

receive our prayer.

For you alone are the Holy One,

**you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.**

Centering Stillness:

Let us hold this moment open to the Spirit of God. (Silence)

The Prayer of the Day: God of wind and flame, send your life-giving Spirit upon your people: give fire to our words, strength to our witness and boldness to our proclamation of your wondrous work in Christ; who, with you and the Spirit, lives and reigns now and for ever. Amen. *Opening Prayers* (1997) alt.

THE STORY OF FAITH IS PROCLAIMED

Numbers 11:24-30 – *Sandra Scarth*

²⁴ So Moses went out and told the people the words of the Lord; and he gathered seventy elders of the people, and placed them all around the tent. ²⁵ Then the Lord came down in the cloud and spoke to him, and took some of the spirit that was on him and put it on the seventy elders; and when the spirit rested upon them, they prophesied. But they did not do so again.

²⁶ Two men remained in the camp, one named Eldad, and the other named Medad, and the spirit rested on them; they were among those registered, but they had not gone out to the tent, and so they prophesied in the camp. ²⁷ And a young man ran and told Moses, ‘Eldad and Medad are prophesying in the camp.’ ²⁸ And Joshua son of Nun, the assistant of Moses, one of his chosen men, ^[a] said, ‘My lord Moses, stop them!’ ²⁹ But Moses said to him, ‘Are you jealous for my sake? Would that all the Lord’s people were prophets, and that the Lord would put his spirit on them!’ ³⁰ And Moses and the elders of Israel returned to the camp.

Hear what the Spirit of God is saying.

Thanks be to God

Responsive Psalm 104:25-35, 37 BAS – *Sandra Scarth*

²⁵ O Lord, how manifold are your works! * **in wisdom you have made them all; the earth is full of your creatures.**

²⁶ Yonder is the great and wide sea with its living things too many to number, * **creatures both small and great.**

²⁷ There move the ships, and there is that Leviathan, * **which you have made for the sport of it.**

²⁸ All of them look to you * **to give them their food in due season.**

²⁹ You give it to them; they gather it; * **you open your hand, and they are filled with good things.**

³⁰ You hide your face, and they are terrified; * **you take away their breath, and they die and return to their dust.**

³¹ You send forth your Spirit, and they are created; * **and so you renew the face of the earth.**

³² May the glory of the Lord endure for ever; * **may the Lord rejoice in all his works.**

³³ He looks at the earth and it trembles; * **he touches the mountains and they smoke.**

³⁴ I will sing to the Lord as long as I live; * **I will praise my God while I have my being.**

³⁵ May these words of mine please him; * **I will rejoice in the Lord.**

³⁷ Bless the Lord, O my soul. * **Hallelujah!**

Glory be to the Father and to the Son and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be, world without end. Amen.

Acts 2:1-21 – Marian Towstego

When the day of Pentecost had come, they were all together in one place. ² And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. ³ Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. ⁴ All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability. ⁵ Now there were devout Jews from every nation under heaven living in Jerusalem. ⁶ And at this sound the crowd gathered and was bewildered, because each one heard them speaking in the native language of each. ⁷ Amazed and astonished, they asked, ‘Are not all these who are speaking Galileans?’ ⁸ And how is it that we hear, each of us, in our own native language? ⁹ Parthians, Medes, Elamites, and residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, ¹⁰ Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes, ¹¹ Cretans and Arabs—in our own languages we hear them speaking about God’s deeds of power.’ ¹² All were amazed and perplexed, saying to one another, ‘What does this mean?’ ¹³ But others sneered and said, ‘They are filled with new wine.’

¹⁴ But Peter, standing with the eleven, raised his voice and addressed them: ‘Men of Judea and all who live in Jerusalem, let this be known to you, and listen to what I say. ¹⁵ Indeed, these are not drunk, as you

suppose, for it is only nine o'clock in the morning. ¹⁶No, this is what was spoken through the prophet Joel:

¹⁷“In the last days it will be, God declares,
that I will pour out my Spirit upon all flesh,
and your sons and your daughters shall prophesy,
and your young men shall see visions,
and your old men shall dream dreams.

¹⁸Even upon my slaves, both men and women,
in those days I will pour out my Spirit;
and they shall prophesy.

¹⁹And I will show portents in the heaven above
and signs on the earth below,
blood, and fire, and smoky mist.

²⁰The sun shall be turned to darkness
and the moon to blood,
before the coming of the Lord's great and glorious day.

²¹Then everyone who calls on the name of the Lord shall be saved.”

Hear what the Spirit of God is saying.

Thanks be to God

Gradual: *Nada Te Turbe* - Text: Teresa of Ávila,

Eng. tr.: Taizé Community, Music: Jacques Berthier © 1991

**Nada te turbe, nada te espante.
Quien a Dios tiene nada le falta.
Nada te turbe, nada te espante.
Solo Dios basta.**

**Nothing can trouble, nothing can frighten.
Those who seek God shall never go wanting.
Nothing can trouble, nothing can frighten.
God alone fills us.**

**Nada te turbe, nada te espante.
Quien a Dios tiene nada le falta.
Nada te turbe, nada te espante.
Solo Dios basta.**

Jackie: God be with you.

People: And also with you.

Jackie: The Gospel of our Lord Jesus Christ according to John

People: Glory to you, Lord Jesus Christ.

John 20:19-23

¹⁹When it was evening on that day, the first day of the week, and the doors of the house where the disciples had met were locked for fear of

the Jews, Jesus came and stood among them and said, 'Peace be with you.' ²⁰ After he said this, he showed them his hands and his side. Then the disciples rejoiced when they saw the Lord. ²¹ Jesus said to them again, 'Peace be with you. As the Father has sent me, so I send you.' ²² When he had said this, he breathed on them and said to them, 'Receive the Holy Spirit. ²³ If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained.'

Jackie: The Gospel of Christ

People: Praise to you, Lord Jesus Christ.

RESPONDING TO THE WORD

Sermon – The Ven. Dr. Lon Towstego

The Apostles' Creed (*said*)

Presider: Let us confess the faith of our baptism, as we say,

All: I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again.

He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen

Prayers of the People – *Greg Robinson*

Confession & Absolution:

Dear friends in Christ, God is steadfast in love and infinite in mercy and welcomes sinners and invites them to the table. Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Presider: Most merciful God,

All: We confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Presider: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

The Peace *All stand*

Presider: The peace of the Lord be always with you.

People: **And also with you.**

The members of the community offer a sign of contactless peace to one another.

Offertory: *I Will Sing unto the Lord*

- Donya Brockway © 1972 CCLI# 15829

I will sing unto the Lord

As long as I live,

I will sing praise to my God

While I have my being,

My meditation of Him shall be sweet,

I will be glad, I will be glad in the Lord.

Bless thou the Lord, O my soul,

Praise ye the Lord.

Bless thou the Lord, O my soul,

Praise ye the Lord.

Bless thou the Lord, O my soul,

Praise ye the Lord.

Bless thou the Lord, O my soul,

Praise ye the Lord.

I will sing unto the Lord

As long as I live,

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Bless thou the Lord, O my soul,

Praise ye the Lord.

Bless thou the Lord, O my soul,

Praise ye the Lord.

Bless thou the Lord, O my soul,

Praise ye the Lord.

After the offering is placed on the Lord's Table, all sing:

**Praise God from whom all blessings flow;
praise him, all creatures here below;
Praise him above, ye heavenly host;
praise Father, Son, and Holy Ghost. Amen**

Jimmy Owens ©1972 Lexicon Music, Inc.

THE SACRED MEAL IS SHARED

(Eucharist PrayerA)

Presider: God is here.

People: The Spirit is with us.

Presider: Lift up your hearts and minds.

People: We lift them to God.

Presider: Let us give thanks to God the Creator.

People: It is right to give our thanks and praise.

Presider: Great Creator, with wit and wisdom you have formed the universe.

Your Spirit brooded over all in expectation, midwife of transformation. At your Word, the skies, the seas and the lands and all life came to be.

The winds and breezes, waters, fresh and salt, calm or gale swept, beaches and tides, mountains, rain and snow, are the setting of life and teach respect for the forces of nature.

In this land the People learned to depend upon the plants, the cedars, the sea creatures, the deer, the wolves, the bears of the forest, the sea birds, ravens and eagles for daily needs and signs of what is to come.

In ceremony and song, in dance and art, these relationships are portrayed and honoured.

All created things shared life with one another, sensing connection with one other.

When connections were dishonoured and broken, creation suffered.

Creation continues and brings light from night, freedom from slavery, and life from death.

Sanctus & Benedictus – *music, Land of Rest, American traditional tune*

**Holy, holy, holy Lord,
God of power and might
Heaven and earth are full of your glory
Hosanna in the highest.
Blessed is the one who comes**

in the name of the Lord.

Hosanna in the highest; Hosanna in the highest.

Presider: The living Word was sent to freely share sorrow and joy, pain and healing, life and death in Jesus our brother and friend.

On the night before Jesus died, he feasted with his companions. He taught them to remember how they are loved and to know his presence with them and in them always.

He took bread, gave thanks, broke it and gave it to them saying,

“Take, eat, this is my body which is given for you”.

Later he took the cup, and when he had given thanks, he gave it to his companions saying,

“Drink this, all of you; this is the new covenant of my blood, shed for you and for the world for forgiveness and healing. Whenever you drink it, do this to remember me”.

Entering into the mystery of faith we call:

People: **Come, Creator.
Come, transforming Word.
Come, Breath of Life.**

Presider: We recall the offering of Jesus, guardian of your People: a birth in poverty, a child refugee, a worker with his hands, the gathering of disciples and teaching and healing the People, his power over sin and triumph over death and his sacred presence unbounded by space and time, and we offer to God this bread and cup.

Send the Breath of Life, like wind, blowing where it will, north, east, south and west. May the Breath brood over these gifts and all who feast at this table offering a foretaste of the eternal feast to come.

People: **Bless and unite us in the sacrifice of Jesus that we may celebrate with all creation.
Sing, mountains and valleys, fields and seas, creatures of the rivers, oceans and forests!**

Presider: May all who share this poor pilgrim’s portion from bread and cup be incorporated as one body and one holy People, God’s priesthood joined in the offering of Jesus’ birth, life, death and resurrection for the reconciliation of all things.

Reveal the unity of your Church, the mystery of our communion with our holy forebears and all yet to be born.

By our mother Mary, Michael and all the holy angels, Mary Magdalene, Peter and Paul, apostles, prophets, ministers and martyrs, may we be encouraged in faith and in walking the earth gently.

People: **In good time, we will walk straight on,
not looking back, not turning our head,
to enter the presence of God and all the saints.**

Presider: Glory and honour to God Triune, dynamic of love, complete and perfect unity, in one holy church, now and in all ages.

People: **Amen.**

Presider: As our Saviour taught us, let us pray: *(sung)*

Lord's Prayer: *Our Father in Heaven*

Daisy Essery ©2000 CCLI# 3310933 & CCLI# 7219396

**Our Father in Heaven,
Your name is Holy.
May Your will be done here;
May Your Kingdom come.
You supply all we need.
Lord, forgive our transgressions,
As we forgive others
Who trespass against us.
And lead us, dear Father,
Not into temptation;
Deliver us, Lord,
From the evil one's snare.
For Yours is the Kingdom,
And Yours is the power,
And Yours is the glory,
Forever and ever.
Amen**

Breaking of the Bread:

Presider: Present in this Bread is the fullness of God
Made vulnerable for the world.
As the Spirit blows through our community
Here in this wine God is poured out for us.

**All: Here and now in this bread and wine
We taste and see God in us and in our community.**

Presider: The Gifts of God for the People of God

All: Thanks be to God.

Administration of Holy Communion

All are welcome to join us at the Lord's Table.

*If you prefer not to receive communion but wish to receive a blessing,
please cross your arms over your chest.*

Gluten-free bread is available upon request.

Agnus Dei - Betty Pulkingham © 1974

Jesus, Lamb of God, have mercy on us.

Jesus, bearer of our sins, have mercy on us.

Jesus, Redeemer of the world, give us Your peace.

Give us Your peace.

Jesus, Lamb of God, have mercy on us.

Jesus, bearer of our sins, have mercy on us.

Jesus, Redeemer of the world, give us Your peace.

Communion: *Dona Nobis Pacem* – Public Domain

WE ARE SENT INTO THE WORLD

Prayer after Communion: Father, may we who have received this eucharist live in the unity of your Holy Spirit, that we may show forth his gifts to all the world. We ask this in the name of Jesus Christ our Lord.

Amen.

Doxology

Presider: Glory to God

All: whose love, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever, Amen.

Blessing

Sending Song: *Siyahamba* - South African hymn,

*English & Afrikaans lyrics by Andries Van Tonder circa 1952
first published by Anders Nyberg © 1987 CCLI# 320947*

Xhosa:

Siyahamb' ekukhanyen' kwenkhos'

Siyahamb' ekukhanyen' kwenkhos'

Siyahamb' ekukhanyen' kwenkhos'

Siyahamb' ekukhanyen' kwenkhos'

Siyahamba, hamba, Siyahamba O-o

Siyahamb' ekukhanyen' kwenkhos'

**Siyahamba, hamba, Siyahamba O-o
Siyahamb' ekukhanyen' kwenkhos'**

Afrikaans:

**Ons marsjeer nou in die lig van God,
Ons marsjeer nou in die lig van God.
Ons marsjeer nou in die lig van God,
Ons marsjeer nou in die lig van God.
Ons marsjeer nou, marsjeer nou, Ons marsjeer nou O-o
Ons marsjeer nou in die lig van God.
Ons marsjeer nou, marsjeer nou, Ons marsjeer nou O-o
Ons marsjeer nou in die lig van God.**

English:

**We are marching in the light of God,
We are marching in the light of God.
We are marching in the light of God,
We are marching in the light of God.
We are marching, marching, We are marching O-o
We are marching in the light of God.
We are marching, marching, We are marching O-o
We are marching in the light of God.**

Dismissal

Leader: Go in peace to love and serve the Lord. Alleluia!

All: **Thanks be to God. Alleluia!**

Postlude: *Spirit, Spirit of Gentleness* – James K Manley © 1978 CCLI#

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Please join us for coffee and conversation in the Parish Hall

READINGS FOR JUNE 4, 2023

Genesis 1:1 – 2:4a; Psalm 8;

2 Corinthians 12:11-13; Matthew 28:16-20

THANK YOU to everyone who contributed and assisted with St. Mary's Spring Fling yesterday. Your participation was very much appreciated.

MAY 31 will be the last Wednesday Communion and Bible Study before we stand down for the summer.

SUNDAY, JUNE 4th – There will be a combined service next Sunday at 10:00 a.m. at St. Stephen. If the weather is nice we will gather outdoors. Please bring your own chair.

INTERCESSIONS

Anglican Cycle of Prayer: On Anglican Communion Sunday, we pray for the Extra-Provincial Churches; for the Archbishop of Canterbury Justin; the Anglican Church of Canada – Linda and Lynne. Pray for the Anglican Council of Indigenous Peoples and for Archbishop Chris Harper.

Diocesan Cycle of Prayer: We pray for Anna, our bishop; St. John the Divine, Courtenay. For the people of Saanichton Bible Fellowship.

Regional Cycle of Prayer: We pray for the **Parish of the Church of the Advent**, for Rev. Sr. Ingrid Andersen and the people of the parish and neighborhood.

“whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life.” John 4:14.

“We pray to you God of Grace, God of Love, that Church of the Advent and its people be the well where all can gather, none are condemned, and all experience the living Christ.”

Our Parish Ministers: Lon, Logan, Brett, Bob, Richard and Gil

In our Parish: We pray for Audrey Quackenbush and for Bryan & Margaret Waller and for their families.

For those ill or in need of prayer: Neville W., Derek and Betty, Diana A., Mark, Fern, Mike, Margery L., Gil and family, Maria

For Those with Long-Term Needs: Cheryl, Ted, Brenda, Cathy and John, Jillian S., Paul J., Phil J., Natalie, Jamie, Ken & Diane, Jane & Paul, Alan, Margaret P.

For friends beyond the parish: Jennifer, Jo-Jo, Margot, Sharie, John K., Helen, Andrew, Gil & Cheryl’s son-in-law, Matt, Warwick, Sheila, Lynn W., Jim C., Alison

OUTREACH

ST. STEPHEN'S OUTREACH – For those who do not have offering envelopes, you may bring your outreach offering in a plain envelope, marked “Outreach for Month of ____” with your name and address and, if applicable, your Electronic Collection Plate number.

Apr.	General Outreach
May	South Island Counselling
June	Anglican Appeal
July	Rector's Discretionary Fund
Aug.	Victoria Humane Society
Sept.	Primates World Relief and Development Fund

THANK YOU to everyone for continuing your offerings. Your dedication to your church is heartwarming. If you would like to contribute to the work of our Parish,

- You may place your offering in the collection plate at the back of the church when you attend services.
- You may donate to either congregation on-line by going to the parish website (**ParishCS.ca**) and clicking the “DONATE” tab on the top line. From there, follow the instructions to indicate where your donation should be applied. May be used for Outreach donations as well.
- There are secure mail slots in the office doors at St. Mary and St. Stephen for drop off.
- You may send a cheque (made payable to either St. Mary's Church or payable to St. Stephen's Church) and mail it to the respective address on the back of the bulletin.

The Wardens

CLERGY CONTACT INFORMATION

The Ven. Dr. Lon Towstego
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His email: ltowstego@bc.anglican.ca