



Anglican Parish of Central Saanich

St. Mary Church

St. Stephen Church

Faith - Family - Friendship



ANGLICAN DIOCESE
OF BRITISH COLUMBIA

**Welcome To
PARISH OF CENTRAL SAANICH
St. Mary Church**



**MARCH 24, 2024– SUNDAY OF THE PASSION
WITH LITURGY OF THE PALMS**

*Those who wait for the Lord shall renew their strength, they shall
mount up with wings like eagles, they shall run and not be weary, they
shall walk and not faint. Isaiah 40:31*

*We acknowledge that we gather to worship on the traditional
lands of the WSÁNEĆ and Coast Salish peoples*

St. Mary's Service:

Sunday Service: 9:00 a.m.

Wednesday Communion: 10:00 a.m.

St. Stephen's Service:

Sunday Service: 11:15 a.m.

Continue to monitor our website - ParishCS.ca

The Ven. Dr. Lon Towstego, Incumbent
The Rt. Rev. Dr. Logan McMenamie, Honorary Assistant

Associated Clergy: The Ven. Bob Baillie
The Rev. Dr. Brett Cane
The Rev. Paul Schumacher,
The Rev. Gil Shoesmith, deacon

As health restrictions relax, please practice protocols that make you feel comfortable.

9:00 a.m. HOLY EUCHARIST

Diocese of Islands and Inlets Liturgy (V. I. Liturgy)

The Ven. Dr. Lon Towstego, Presider & Preacher

A Warm Welcome to all who worship with us, especially visitors.

The congregation says or sings the items in **bold** typeface.

Please join us for a time of fellowship in the Church Hall following the service.

The Service begins in the Hall at 9:00 a.m.

Prelude – *Joanne Lambert*

Welcome & Land Acknowledgement

Liturgy of the Palms

Blessed is the one who comes in the name of the Lord.

Hosanna in the highest

The invitation

Dear friends in Christ, during Lent we have been preparing for the celebration of our Lord's paschal mystery. On this day our Lord Jesus Christ entered the holy city of Jerusalem in triumph. The people welcomed him with palms and shouts of praise, but the path before him led to self-giving, suffering, and death. Today we greet him as our King, although we know his crown is thorns and his throne a cross. We follow him this week from the glory of the palms to the glory of the resurrection by way of the dark road of suffering and death. United with him in his suffering on the cross, may we share his resurrection and new life.

The Blessing of Palms:

Lon: The Lord be with you.

All: And also with you.

Lon: Let us give thanks to the Lord our God.

All: It is right to give our thanks and praise.

It is right to praise you, almighty God, for the acts of love by which you have redeemed us through your Son Jesus Christ our Lord. The Hebrews acclaimed Jesus as Messiah and King, with palm branches in their hands, crying, Hosanna in the highest.

May we also, carrying these emblems, go forth to meet Christ and follow him in the way that leads to eternal life; who lives and reigns in glory with you and the Holy Spirit, now and for ever. **Amen.**

Palms are distributed after being blessed.

The Gospel of the Triumphal Entry

Lynn: God be with you

All: And also with you.

Lynn: The Holy Gospel of our Lord Jesus Christ according to John

All: Glory to you, Lord Jesus Christ.

John 12:12-16

¹² The next day the great crowd that had come to the festival heard that Jesus was coming to Jerusalem. ¹³ So they took branches of palm trees and went out to meet him, shouting,
'Hosanna!

Blessed is the one who comes in the name of the Lord—
the King of Israel!'

¹⁴ Jesus found a young donkey and sat on it; as it is written:

¹⁵ 'Do not be afraid, daughter of Zion.

Look, your king is coming,
sitting on a donkey's colt!'

¹⁶ His disciples did not understand these things at first; but when Jesus was glorified, then they remembered that these things had been written of him and had been done to him.

Response after the gospel: **Praise to you, Lord Jesus Christ.**

Let us pray.

Assist us mercifully with your help, Lord God of our Salvation, that we may enter with joy into the celebration of those mighty acts whereby you give us life and immortality; through Jesus Christ our Lord. **Amen**

Lynn: Let us go forth in peace and joy.

All: In the name of Christ. Amen.

*The people will make their way into the Church waving their Palms.
Once everyone has found their seats, the Clergy will process as we sing.*

Gathering Hymn: All Glory, Laud, and Honour (CP #181)

Refrain:

**All glory, laud, and honour
to thee, Redeemer, King,
to whom the lips of children
made sweet hosannas ring.**

**Thou art the King of Israel,
thou David's royal Son,
who in the Lord's Name comest,
the King and blessed One. Refrain**

**The company of angels
are praising thee on high,
and we with all creation
in chorus make reply.**

**The people of the Hebrews
with palms before thee went;
our praise and prayer and anthems
before thee we present.**

**To thee before thy Passion
they sang their hymns of praise;
to thee now high exalted
our melody we raise. *Refrain***

**Thou didst accept their praises,
accept the prayers we bring,
who in all good delightest,
thou good and gracious King. *Refrain***

The congregation may be seated

Anthem: ***The Palms***

The Gathering of the Community

Lon: In this time and place we gather on the ancestral lands of the
WSÁNEĆ and Coast Salish peoples.

**All: From many places and peoples we come to this house
in prayer.**

Lynn: In this time and place we are not alone for we meet in the
presence of the living God.

All: For we meet in the presence of the living God.

Lon: In this time and place we are not alone for the Risen Jesus
stands in our midst.

All: The Risen Jesus stands in our midst.

Lynn: In this time and space we are not alone for the wind of
the Spirit moves in and through us.

All: The wind of the Spirit moves in and through us.

Lon: In this time and space we are not alone for we gather with
the whole company of heaven. In this time and in this
space heaven and earth are one.

**All: In this time and in this space heaven and earth are
one.**

Lynn: In this time and place together, one people in Jesus
Christ.

**All: In the name of God, Creator, Saviour and Holy Spirit.
Amen.**

Presider: The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit, be with you all.

People: And also with you.

Presider: Almighty God,

All: to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

The Prayer of the Day: Holy and immortal God, as we enter into this holy week turn our hearts to Jerusalem, so that, united with Christ and all the faithful, we may enter the city not made with hands, your promised realm of justice and peace, eternal from age to age. Amen.

A Prayer Book for Australia (1995) alt.

The Readings

Psalm 118:1-2 & 19-29 – Irene Feir

¹ Give thanks to the Lord, for he is good; * **his mercy endures for ever.**

² Let Israel now proclaim, * **“His mercy endures for ever.”**

¹⁹ Open for me the gates of righteousness; * **I will enter them; I will offer thanks to the Lord.**

²⁰ “This is the gate of the Lord; * **he who is righteous may enter.”**

²¹ I will give thanks to you, for you answered me * **and have become my salvation.**

²² The same stone which the builders rejected * **has become the chief cornerstone.**

²³ This is the Lord’s doing, * **and it is marvelous in our eyes.**

²⁴ On this day the Lord has acted; * **we will rejoice and be glad in it.**

²⁵ Hosannah, Lord, hosannah! * **Lord, send us now success.**

²⁶ Blessed is he who comes in the name of the Lord; * **we bless you from the house of the Lord.**

²⁷ God is the Lord; he has shined upon us; * **form a procession with branches up to the horns of the altar.**

²⁸ “You are my God, and I will thank you; * **you are my God, and I will exalt you.”**

²⁹ Give thanks to the Lord, for he is good; * **his mercy endures for ever.**

Glory be to the Father and to the Son and to the Holy Spirit.

As it was in the beginning, is now, and ever shall be, world without end. Amen.

Philippians 2:5-11 NRSV – Nichola Wade

Let the same mind be in you that was in Christ Jesus,
6 who, though he was in the form of God,
did not regard equality with God
as something to be exploited,
7 but emptied himself,
taking the form of a slave,
being born in human likeness.

And being found in human form,

8 he humbled himself
and became obedient to the point of death—
even death on a cross.

9 Therefore God also highly exalted him
and gave him the name
that is above every name,

10 so that at the name of Jesus
every knee should bend,
in heaven and on earth and under the earth,

11 and every tongue should confess
that Jesus Christ is Lord,
to the glory of God the Father.

Hear what the Spirit of God is saying.

Thanks be to God

A reading of the Passion of our Lord Jesus Christ according to Mark.

See insert of Passion Narrative

Key Readers please come forward

(In order to engage well with this reading, the people may be seated)

Sermon – The Ven. Dr. Lon Towstego

The Nicene Creed

Presider Let us confess our faith, as we say,

All We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People – Lynn Schumacher

Call to Confession:

Presider: The choice is ever before us: discipleship or rejection, authentic response or play-acting, commitment that will go all the way to a cross or hypocrisy which is a living denial and death. Like the fickle crowds of the first Palm Sunday, we need to examine ourselves and question the genuineness of our commitment.

Confession of Sin:

All: God of all times and places, we confess that we would rather join the crowds than stand alone. We prefer the popular point of view to a solitary witness for justice and truth. We like safety and security while shrinking from the risk of involvement. We'll sing "hosanna" when everyone else is doing so – but not when the hostile "Good Friday" forces may hear us. We do not like to admit our lukewarm response to you, but neither do we want to be considered fanatics.

We believe Jesus Christ came into the world to save sinners. We know that means us, not just other folks involved in obvious evils everyone knows about. We ask you to be patient with us, to help us understand our own guilt. Then pour out your forgiveness in such a way that we are forever transformed. In Jesus's name. Amen.

Assurance of Forgiveness:

Presider: God sweeps into our human scene, redeeming all who turn from evil and do good. There is grace, mercy, and renewed strength for all who earnestly seek the new life Christ brings. Let us rejoice together, for even the stones cry out with good news. God forgives. You are freed from the burden of your

sin in the name of the Father, the Son and the Holy Spirit.
Praise God!

The Peace *All stand*

Presider: The peace of the Lord be always with you.

People: **And also with you.**

The members of the community offer a sign of peace to one another in a manner that feels safe for you.

Please be sensitive to the comfort level of others.

Offertory: *When I Survey the Wondrous Cross* (CP #386)

**When I survey the wondrous cross
On which the Prince of glory died,
My richest gain I count but loss,
And pour contempt on all my pride.**

**Forbid it, Lord, that I should boast,
Save in the cross of Christ, my God;
All the vain things that charm me most
I sacrifice them to His blood.**

**See, from His head, His hands, His feet,
Sorrow and love flow mingled down;
Did e'er such love and sorrow meet,
Or thorns compose so rich a crown?**

**Were the whole realm of nature mine,
That were an offering far too small:
Love so amazing, so divine,
Demands my soul, my life, my all.**

Prayer over the Gifts: Gracious God, the suffering and death of Jesus, your only Son, makes us pleasing in your sight. Alone we can do nothing, but through his sacrifice, may we receive your love and mercy. **Amen.**

THE SACRED MEAL IS SHARED

(Eucharist Prayer C)

Presider: God is here

People: **The Spirit is with us.**

Presider: Lift up your hearts and minds.

People: **We lift them to God.**

Presider: Let us give thanks to God the Creator.

People: **It is right to give our thanks and praise.**

Presider: It is indeed right that we should praise you, God of love, our source and our fulfillment, for you create all things and in you we live and move and have our being. Your wonder is

manifest in land and sea and sky. You made us in your image. And even though we turn from you, again and again you call us to yourself, and in every age, promise liberation.

As a mother gathers her children, you embraced a people as your own, to nurture them in the way of compassionate love. You sent Jesus among us, incarnate of the Holy Spirit and born of Mary. Jesus revealed your love for all Creation, and showed us the way of reconciliation.

Having lived among us - Jesus suffered the cross, Died, And in rising again became the firstborn of the renewed family. And so as we gather around your table, With saints of every age and your beloved creation we raise our voices and say:

Sanctus & Benedictus (*CP #735*)

**Holy, holy, holy Lord,
God of power and might
Holy, holy, holy Lord,
God of power and might
heaven and earth are full
full of your glory.
Hosanna in the highest,
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.
Hosanna in the highest,
Hosanna in the highest.**

Presider: To you be glory, almighty God, because on the night before he died, Jesus took bread, when he had given thanks, he broke it, gave it to his disciples, and said: Take, eat, this is my body which is given for you; do this to remember me.

After supper he took the cup; when he had given thanks, he gave it to them and said: Drink this all of you. This is my blood of the new covenant, Poured out for you and for many; do this to remember me.

Great is the mystery of faith.

All: **Christ has died,
Christ is risen,
Christ will come again.**

Presider: Recalling Christ's death and resurrection, we ask you to accept this, our sacrifice of praise. Pour out your Holy Spirit on us gathered here, and on these gifts of bread and wine that we may be fed with the body and blood of your Son.

When all of creation groans, unite us in Christ and give us your hope that we might be strengthened to do your work, as your body in the world.
Through Christ our Redeemer, in the power of the Spirit, all praise and glory be yours, Almighty God, now and forever. **Amen.**

Presider: As our Saviour taught us, let us pray:

People: **Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth, as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil for the kingdom, the power and the glory are yours, now and forever. Amen.**

Breaking of the Bread:

Presider: He whose cross is a sign of hope for many is now present in this bread. He whose death brings healing to our world is now present in this wine.

All: **Here is Christ coming to us in bread and wine.**

Administration of Communion

All are welcome to join us at the Lord's Table.

*If you prefer not to receive communion but wish to receive a blessing,
please cross your arms over your chest.*

Gluten-free bread is available upon request.

Communion: Jesus, Remember Me (CP #634)

**Jesus, remember me
When you come into your kingdom.
Jesus, remember me
When you come into your kingdom.
(Repeat as necessary)**

Prayer after Communion: God our help and strength, you have satisfied our hunger with this eucharistic food. Strengthen our faith, that through the death and resurrection of your Son, we may be led to salvation, for he is Lord now and for ever. **Amen.**

Doxology

Presider: Glory to God

All: **whose love, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever, Amen.**

Blessing

Sending Song: *There is a Green Hill* (CP #202)

**There is a green hill far away,
outside a city wall,
where the dear Lord was crucified,
who died to save us all.**

**We may not know, we cannot tell,
what pains he had to bear;
but we believe it was for us
he hung and suffered there.**

**He died that we might be forgiv'n,
he died to make us good,
that we might go at last to heav'n,
saved by his precious blood.**

**There was no other good enough
to pay the price of sin;
he only could unlock the gate
of heav'n, and let us in.**

**O dearly, dearly has he loved,
and we must love him too,
and trust in his redeeming blood,
and try his works to do.**

Dismissal:

One: Go from this place with the cross on your hearts.:

People: **We will empty ourselves with Christ for the life of the world.**

CCLI# 245534

Please join us for conversation and coffee in the Parish Hall

THANK YOU to our dedicated volunteers who prepared the Palm Crosses for this morning's services.

A SPECIAL OFFERING FOR EASTER – If you wish to make a special offering to give thanks to God for all that he has given, please use the envelope enclosed in your Easter letter which was available for pick up last week or was sent by mail. Although there is no spot for it, please include your envelope number. There are also spare Easter envelopes on the table in the Narthex.

EASTER SUNDAY - HAT DAY – should you wish, you are invited to wear a charming chapeau or fabulous fascinator!

EASTER DECORATING - The plans are a little different this Easter. Any family or group of people who would like to fill a basket with non-perishable food or toiletries, please sign up on the chart in the Narthex today and take a basket home with you. Please bring your arranged filled basket back to the Church, any time before Easter and no later than Thursday, March 28th and leave it on a table in the Narthex. The Flower Guild will be decorating the windows this Easter and adding the filled baskets.

Following the service, please remove your items from the windows and place them in the boxes provided in the narthex for pick up by the Food Bank. Many thanks.

COFFEE HOSTS NEEDED – for Easter Sunday and beyond. The pink sign-up sheet is on the bulletin board in the Hall.

***“Do not neglect to show hospitality to strangers,
for by doing that some have entertained angels
without knowing it.”***

Hebrews 13:2 (NRSV)

Please check the coffee roster to see if there is an opportunity for you to host a time of fellowship.

EASTER OUTREACH – If you are not decorating a window you are welcome to remember the Saanich Peninsula Lions Food Bank this Easter. If you would like to bring non-perishable food items, you may place them in the baskets at the back of the church.

The Saanich Peninsula Lions Food Bank's Most Needed Items Are:

Canned Beans	Dry Soup
Canned Vegetables	Jam
Canned Fruit	Peanut Butter
Canned Tomatoes	Rice
Canned Meat	School Snacks
Pasta	Juice
Pasta Sauce	Hot / Cold Cereal
Cookies	Laundry Soap / Dish Soap
Crackers	Personal Hygiene Products
Kraft Dinner	Disinfectant Wipes
Sidekicks/Helpers	Boost / Ensure
Facial Tissues	Toilet Paper

The Food Bank cannot and will not accept any food donations dated older than 6 months.



READINGS FOR EASTER SUNDAY

Acts 10:34-43; Psalm 118:1-2, 14-24;
1 Corinthians 15:1-11; John 20:1-18



Holy Week and Easter Services – 2024

Date	Day	Time	Service	Location
Mar. 26	Tues.	10:00 a.m.	Morning Prayer	St. Mary
Mar. 27	Wed.	10:00 a.m. 5:00 p.m.	Holy Eucharist Evening Prayer	St. Mary St. Stephen
Mar. 28	Thurs.	7:00 p.m.	Foot Washing, Eucharist & Stripping of the Altar	St. Mary
After the St. Mary Service – Stripping of the Altar				St. Stephen
Mar. 29	Friday	10:00 a.m.	Stations of the Cross Walk	
<p>Meet in the parking lot at Centennial Park at the corner of Hovey and Wallace. We will be walking to St. Mary. Along the way will be a series of prayer stops, including in front of Aurora.</p> <p>If you are unable to walk the complete route, there will be several of the prayer stations on the church grounds so you can participate in the majority of the event. The final meditation and conclusion of the service will be held in the church sanctuary.</p>				
Mar. 31 – Easter Sunday 2024. He is Risen!!				
		9:00 a.m.	Holy Eucharist	St. Mary
		11:15 a.m.	Holy Eucharist	St. Stephen

ST. MARY’S OUTREACH – In your offering envelope package you will find special monthly outreach envelopes. For those who do not have offering envelopes, you may bring your outreach offering in a plain envelope, marked “Outreach for Month of ____” with your name and address. You may also use the Donate button on our website and choose St. Mary Outreach from the pull-down menu.

Jan.	Rector’s Discretionary Fund	This is a dedicated fund under the Rector’s control and discretion which provides (but is not limited to) financial assistance to members of the parish and the wider community.
Feb.	Threshold Housing	Threshold Housing Society works to prevent adult homelessness by providing safe housing, support services, and community to at-risk youth.
Mar.	General Outreach	Monies donated for General Outreach are dedicated at the end of the year to be used for requests received during the year and to “top up” totals in monthly outreach designations.
Apr.	PWRDF	We support the Anglican Church of Canada’s agency for sustainable development, relief, refugees, and global justice.
May	Saanich Peninsula Lions Food Bank	Donations in monetary form combined with an ongoing collection of staple foods and hygiene products allow us to help this non-profit, charitable organization support those in need on the Peninsula
June	ORCCA Dental Clinic	ORCCA's purpose is to provide children and adolescents under 19 years of age from low-income families access to oral care in a not for profit setting.

INTERCESSIONS

Anglican Cycle of Prayer: We pray for the Church of the Province of West Africa; the Anglican Church of Canada – Archbishops Linda, Lynn and Chris and the Anglican Council of Indigenous Peoples.

Diocesan Cycle of Prayer: We pray for Anna, our bishop; for the Parish of St. Anne & St. Edmund, Parksville; for the people of the Central Saanich United Church.

Regional Cycle of Prayer: We pray for the **Parish of the Church of the Advent, Colwood**, for Rev. Sr. Ingrid Andersen and the people of the parish and neighbourhood.

Our Parish Clergy: Lon, Logan, Brett, Bob, Paul, Richard, Gil and all who minister.

In our Parish: We pray for Ernie Skinner and for Lynn Fallan and for their families.

For those ill or in need of prayer: Neville & Patricia, Nancy J.

For Those with Long-Term Needs: Cheryl, Ted, Jillian S., Paul J., Phil J., Natalie, Jamie, Jane & Paul, Margery.

For friends beyond the parish: Jennifer, Jo-Jo, Margot, Sharie, John K., Helen, Andrew, Warwick, Sheila, Lynn W., Jim C., David F., Courtney, Dani R. & family, Hayden, Carlos, Mario, Bryan, Karen & family, Drew, Charlie John.

In the greater community: We pray for those impacted or endangered by the toxic drug supply crisis and also for their loved ones who are, or have been, impacted.

ST. MARY'S 2024 OFFERING ENVELOPES – If you wish to use this method of giving, please speak with Leslie or call the office at 250-652-1611 to make arrangements.

TIPS FOR USE OF YOUR ENVELOPES – With Thanks!

1. Please write the amount of your donation on the envelope.
2. Please do not use scotch tape. It makes the envelopes harder to open and it tends to make them stick to other envelopes.
3. Please do not fold your cash if at all possible. The new 'plastic' money does not flatten and again, make for difficult handling and processing.

PRE-AUTHORIZED DONATIONS – If you would like to initiate giving through automatic debit or credit card, or adjust the amount of your current offering, please speak with Leslie.

DONATING THROUGH THE WEBSITE - You may donate to either congregation on-line by going to the parish website (**ParishCS.ca**) and clicking the "DONATE" tab on the top line. From there follow the instructions, *scroll down the menu to specify (this is most helpful for bookkeeping purposes) where your donation should be applied.* May be used for Outreach donations as well.

CLERGY CONTACT INFORMATION

The Ven. Dr. Lon Towstego
His Cell Phone: (250) 208-9949
His email: ltowstego@bc.anglican.ca

***Note:** Worshippers may be photographed or recorded as part of the service. If this is of concern to you, please talk to the Minister or Wardens.*

St. Mary's Anglican Church
1973 Cultra Avenue
Saanichton, B.C. V8M 1L7
Office: 250-652-1611
stmarys.saanichton@shaw.ca

St. Stephen's Anglican Church
7921 St. Stephens Road
Saanichton, B.C. V8M 1S2
Office: 250-652-4311
admin@parishcs.ca