



Welcome To PARISH OF CENTRAL SAANICH St. Mary Church



MAY 19, 2024 – DAY OF PENTECOST

Those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint. Isaiah 40:31

We acknowledge that we gather to worship on the traditional lands of the WSÁNEĆ and Coast Salish peoples

St. Mary's Service:

Sunday Service: 9:00 a.m.

St. Stephen's Service:

Sunday Service: 11:15 a.m.

Continue to monitor our website - ParishCS.ca

The Ven. Dr. Lon Towstego, Incumbent The Rt. Rev. Dr. Logan McMenamie, Honorary Assistant

Associated Clergy: The Ven. Bob Baillie

The Rev. Dr. Brett Cane The Rev. Paul Schumacher, The Rev. Gil Shoesmith, deacon

Please practice Health protocols that make you feel comfortable. Please be sensitive to the comfort level of others.

HOLY EUCHARIST

Diocese of Islands and Inlets Liturgy (V. I. Liturgy) The Ven. Dr. Lon Towstego, Presiding & Preaching

A Warm Welcome to all who worship with us, especially visitors. The congregation says or sings the items in **bold** typeface.

Prelude – Joanne Lambert

Welcome & Land Acknowledgement

Processional Hymn: I Feel the Winds of God Today

I feel the winds of God today; today my sail I lift, though heavy oft with drenching spray and torn with many a rift; if hope but light the water's crest, and Christ my bark will use, I'll seek the seas at his behest, and brave another cruise.

It is the wind of God that dries my vain regretful tears, until with braver thoughts shall rise the purer, brighter years; if cast on shores of selfish ease or pleasure I should be, O let me feel your freshening breeze, and I'll put back to sea.

If ever I forget your love and how that love was shown, lift high the blood-red flag above; it bears your name alone. Great pilot of my onward way, you will not let me drift; I feel the winds of God today, today my sail I lift.

The Gathering of the Community

Presider Alleluia! Christ is risen.

People The Lord is risen indeed. Alleluia!

Presider May his grace and peace be with you.

People May he fill our hearts with joy.

Presider: The grace of our Lord Jesus Christ, and the love of God, and

the communion of the Holy Spirit, be with you all.

All: And also with you.

Lon: In this time and place we gather on the ancestral lands of the WSÁNEĆ and Coast Salish Peoples.

All: From many places and Peoples we come to this house in prayer.

Lynn: In this time and place we are not alone for we meet in the presence of the living God.

All: For we meet in the presence of the living God.

Lon: In this time and place we are not alone for the Risen Jesus stands in our midst.

All: The Risen Jesus stands in our midst.

Lynn: In this time and space we are not alone for the wind of the Spirit moves in and through us.

All: The wind of the Spirit moves in and through us.

Lon: In this time and space we are not alone for we gather with the whole company of heaven. In this time and in this space heaven and earth are one.

All: In this time and in this space heaven and earth are one.

Lynn: In this time and place together, one People in Jesus Christ.

All: In the name of God, Creator, Saviour and Holy Spirit.

Amen.

Glory to God on High CP (#365)

Glory to God on high, and peace to all on earth. We worship you, we give you thanks, our heavenly King. We give you praise, almighty God and Father blessed in glory bright.

Our Saviour, Jesus Christ, the Father's only son, The sacrificial Lamb, who saves the world from sin, have mercy Lord. Beside the Father's hand enthroned, now hear our prayer. You only are the Lord.
You only are most high.
You only are the holy one,
Lord Jesus Christ.
And now you reign
with Father and with Spirit one
in glorious light.

Centering Stillness:

Let us hold this moment open to the Spirit of God. (Silence)

The Prayer of the Day: Creator Spirit, make the dry bones of our lives live and breathe and grow again. Pour out your Spirit upon the whole creation. Come in rushing wind and flashing fire to turn the sin and sorrow within us into faith, power and delight. Amen.

Revised Common Lectionary Prayers (2002) alt.

The Readings

Ezekiel 37:1-14 – Barb Baillie

The hand of the Lord came upon me, and he brought me out by the spirit of the Lord and set me down in the middle of a valley; it was full of bones. ²He led me all round them; there were very many lying in the valley, and they were very dry. ³He said to me, 'Mortal, can these bones live?' I answered, 'O Lord God, you know.' ⁴ Then he said to me, 'Prophesy to these bones, and say to them: O dry bones, hear the word of the Lord. ⁵ Thus says the Lord God to these bones: I will cause breath to enter you, and you shall live. ⁶ I will lay sinews on you, and will cause flesh to come upon you, and cover you with skin, and put breath in you, and you shall live; and you shall know that I am the Lord.' ⁷ So I prophesied as I had been commanded; and as I prophesied, suddenly there was a noise, a rattling, and the bones came together, bone to its bone. 8 I looked, and there were sinews on them, and flesh had come upon them, and skin had covered them; but there was no breath in them. ⁹ Then he said to me, 'Prophesy to the breath, prophesy, mortal, and say to the breath: Thus says the Lord God: Come from the four winds, O breath, and breathe upon these slain, that they may live.' 10 I prophesied as he commanded me, and the breath came into them, and they lived, and stood on their feet, a vast multitude. ¹¹ Then he said to me, 'Mortal, these bones are the whole house of Israel.

Then he said to me, 'Mortal, these bones are the whole house of Israe. They say, "Our bones are dried up, and our hope is lost; we are cut off completely." ¹² Therefore prophesy, and say to them, Thus says the Lord God: I am going to open your graves, and bring you up from your graves, O my people; and I will bring you back to the land of Israel. ¹³ And you shall know that I am the Lord, when I open your

graves, and bring you up from your graves, O my people. ¹⁴ I will put my spirit within you, and you shall live, and I will place you on your own soil; then you shall know that I, the Lord, have spoken and will act, says the Lord.'

Hear what the Spirit of God is saying.

Thanks be to God.

Responsive Psalm 104:25-30, 37b BAS – Barb Baillie

- ²⁵ O Lord, how manifold are your works! * in wisdom you have made them all; the earth is full of your creatures.
- ²⁶ Yonder is the great and wide sea with its living things too many to number, * **creatures both small and great.**
- ²⁷ There move the ships, and there is that Leviathan, * which you have made for the sport of it.
- ²⁸ All of them look to you * to give them their food in due season.
- ²⁹ You give it to them; they gather it; * you open your hand, and they are filled with good things.
- ³⁰ You hide your face, and they are terrified; * you take away their breath, and they die and return to their dust. Hallelujah!

Glory be to the Father and to the Son and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

When the day of Pentecost had come, they were all together in one

Acts 2:1-21 – Greg Robinson

place. ² And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. ³ Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. ⁴ All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability. ⁵ Now there were devout Jews from every nation under heaven living in Jerusalem. ⁶ And at this sound the crowd gathered and was bewildered, because each one heard them speaking in the native language of each. ⁷ Amazed and astonished, they asked, 'Are not all these who are speaking Galileans? ⁸ And how is it that we hear, each of us, in our own native language? 9 Parthians, Medes, Elamites, and residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, ¹⁰ Phrygia and Pamphylia, Egypt and the parts of Libva belonging to Cyrene, and visitors from Rome, both Jews and proselytes, ¹¹ Cretans and Arabs—in our own languages we hear them speaking about God's deeds of power.' 12 All were amazed and perplexed, saying to one another, 'What

does this mean?' ¹³ But others sneered and said, 'They are filled with new wine.'

¹⁴ But Peter, standing with the eleven, raised his voice and addressed them: 'Men of Judea and all who live in Jerusalem, let this be known to you, and listen to what I say. ¹⁵ Indeed, these are not drunk, as you suppose, for it is only nine o'clock in the morning. ¹⁶ No, this is what was spoken through the prophet Joel:

¹⁷ "In the last days it will be, God declares, that I will pour out my Spirit upon all flesh, and your sons and your daughters shall prophesy, and your young men shall see visions,

and your old men shall dream dreams.

¹⁸ Even upon my slaves, both men and women, in those days I will pour out my Spirit; and they shall prophesy.

¹⁹ And I will show portents in the heaven above and signs on the earth below, blood, and fire, and smoky mist.

²⁰ The sun shall be turned to darkness and the moon to blood.

before the coming of the Lord's great and glorious day.

²¹ Then everyone who calls on the name of the Lord shall be saved."

Hear what the Spirit of God is saying.

Thanks be to God.

Gradual: Breathe on Me, Breath of God (CP# 649)

Breathe on me, Breath of God, fill me with life anew, that I may love the way you love, and do what you would do.

Breathe on me, Breath of God, until my heart is pure, until my will is one with yours, to do and to endure.

Lynn: God be with you. **People:** And also with you.

Lynn: The Holy Gospel of our Lord Jesus Christ according

to John

People: Glory to you, Lord Jesus Christ.

John 15:26-27, 16:4b-15

²⁶ 'When the Advocate comes, whom I will send to you from the Father, the Spirit of truth who comes from the Father, he will testify on my behalf. ²⁷ You also are to testify because you have been with me from the beginning.

⁴ But I have said these things to you so that when their hour comes you may remember that I told you about them.

'I did not say these things to you from the beginning, because I was with you. ⁵ But now I am going to him who sent me; yet none of you asks me, "Where are you going?" ⁶ But because I have said these things to you, sorrow has filled your hearts. ⁷ Nevertheless, I tell you the truth: it is to your advantage that I go away, for if I do not go away, the Advocate will not come to you; but if I go, I will send him to you. ⁸ And when he comes, he will prove the world wrong about sin and righteousness and judgement: ⁹ about sin, because they do not believe in me; ¹⁰ about righteousness, because I am going to the Father and you will see me no longer; ¹¹ about judgement, because the ruler of this world has been condemned.

¹² 'I still have many things to say to you, but you cannot bear them now. ¹³ When the Spirit of truth comes, he will guide you into all the truth; for he will not speak on his own, but will speak whatever he hears, and he will declare to you the things that are to come. ¹⁴ He will glorify me, because he will take what is mine and declare it to you. ¹⁵ All that the Father has is mine. For this reason I said that he will take what is mine and declare it to you.

Lynn: The Gospel of Christ.

People: Praise to you, Lord Jesus Christ.

Breathe on Me, Breath of God (con't.)

Breathe on me, Breath of God, Till I am wholly thine, until this earthly part of me glows with thy fire divine. Breathe on me, Breath of God, so shall I never die, but live with you the perfect life for all eternity

Sermon – The Ven. Dr. Lon Towstego

The Apostle's Creed:

Presider: Let us confess the faith of our baptism, as we say,

All: I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried.

He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father.

He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

The Prayers of the People – Lynn Schumacher

Confession & Absolution:

Dear friends in Christ, God is steadfast in love and infinite in mercy and welcomes sinners and invites them to the table. Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Presider: Most merciful God,

All: We confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Presider: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

The Peace

Presider: The peace of the Lord be always with you.

People: And also with you.

The members of the community offer a sign of peace to one another in a manner that feels safe for you.

Please be sensitive to the comfort level of others.

Offertory Hymn: Spirit of Gentleness

You moved on the waters, you called to the deep, Then you coaxed up the mountains from the valleys of sleep: And over the aeons you called to each thing: Wake from your slumbers and rise on your wings. Chorus

Spirit, spirit of gentleness, Blow thro' the wilderness calling and free. Spirit, spirit of restlessness, stir me from placidness, Wind, wind on the sea.

You swept thro' the desert, you stung with the sand, And you goaded your people with a law and a land: And when they were blinded with their idols and lies, Then you spoke thro' your prophets to open their eyes. Chorus

You sang in a stable, you cried from a hill, Then you whispered in silence when the whole world was still: And down in the city you called once again, When you blew thro' your people on the rush of the wind. Chorus

You call from tomorrow, you break ancient schemes, From the bondage of sorrow the captives dream dreams: Our women see visions, our men clear their eyes, With bold new decisions your people arise. Chorus

Prayer over the Gifts: Giver of life, receive all we offer you this day. Let the Spirit you bestow on your Church continue to work in the world through the hearts of all who believe. We ask this in the name of Jesus Christ the Lord. Amen.

THE SACRED MEAL IS SHARED

(Eucharist Prayer A)

Presider: God is here.

People: The Spirit is with us.

Lift up your hearts and minds. Presider:

People: We lift them to God.

Presider: Let us give thanks to God the Creator. People: It is right to give our thanks and praise.

Presider: Great Creator, with wit and wisdom you have formed the

universe.

Your Spirit brooded over all in expectation, midwife of transformation. At your Word, the skies, the seas and the

lands and all life came to be.

The winds and breezes, waters, fresh and salt, calm or gale swept, beaches and tides, mountains, rain and snow, are the setting of life and teach respect for the forces of nature.

In this land the People learned to depend upon the plants, the cedars, the sea creatures, the deer, the wolves, the bears of the forest, the sea birds, ravens and eagles for daily needs and signs of what is to come.

In ceremony and song, in dance and art, these relationships are portrayed and honoured.

All created things shared life with one another, sensing connection with one other.

When connections were dishonoured and broken, creation suffered.

Creation continues and brings light from night, freedom from slavery, and life from death.

Sanctus & Benedictus – music, Land of Rest, American traditional tune

Holy, holy, holy Lord,
God of power and might
Heaven and earth are full of your glory
Hosanna in the highest.
Blessed is the one who comes
in the name of the Lord.
Hosanna in the highest; Hosanna in the highest.

Presider:

The living Word was sent to freely share sorrow and joy, pain and healing, life and death in Jesus our brother and friend.

On the night before Jesus died, he feasted with his companions. He taught them to remember how they are loved and to know his presence with them and in them always.

He took bread, gave thanks, broke it and gave it to them saying,

"Take, eat, this is my body which is given for you".

Later he took the cup, and when he had given thanks, he gave it to his companions saying,

"Drink this, all of you; this is the new covenant of my blood, shed for you and for the world for forgiveness and healing. Whenever you drink it, do this to remember me".

Entering into the mystery of faith we call:

People: Come, Creator.

Come, transforming Word. Come, Breath of Life. Presider: We recall the offering of Jesus,

guardian of your people:

a birth in poverty, a child refugee, a worker with his hands, the gathering of disciples and teaching and healing the People, his power over sin and triumph over death and his sacred presence unbounded by space and time, and we offer to God this bread and cup.

Send the Breath of Life, like wind, blowing where it will, north, east, south and west. May the Breath brood over these gifts and all who feast at this table offering a foretaste of the

eternal feast to come.

People: Bless and unite us in the sacrifice of Jesus that we may

celebrate with all creation.

Sing, mountains and valleys, fields and seas, creatures of the rivers, oceans and forests!

Presider: May all who share this poor pilgrim's portion from bread

and cup be incorporated as one body and one holy people, God's priesthood joined in the offering of Jesus' birth, life, death and resurrection for the reconciliation of all things.

Reveal the unity of your Church, the mystery of our communion with our holy forebears and all yet to be born.

By our mother Mary, Michael and all the holy angels, Mary Magdalene, Peter and Paul, apostles, prophets, ministers and martyrs, may we be encouraged in faith and in walking the earth gently.

People: In good time, we will walk straight on,

not looking back, not turning our head,

to enter the presence of God and all the saints.

Presider: Glory and honour to God Triune, dynamic of love, complete

and perfect unity, in one holy church, now and in all ages.

People: Amen.

The Lord's Prayer

Presider: As our Saviour taught us, let us say,

All: Our Father in heaven, hallowed be your name, Your kingdom come, your will be done On earth as in heaven. Give us today our daily bread, Forgive us our sins, as we forgive those who sin against us. Save us from the time of trial and deliver us from evil, For the kingdom, the pow'r and the glory are yours, Now and for ever. Amen.

Breaking of the Bread:

Presider: Present in this Bread is the fullness of God

Made vulnerable for the world.

As the Spirit blows through our community Here in this wine God is poured out for us.

All: Here and now in this bread and wine

We taste and see God in us and in our community.

Presider: The Gifts of God for the People of God

All: Thanks be to God.

Administration of Holy Communion

All are welcome to join us at the Lord's Table.

If you prefer not to receive communion but wish to receive a blessing,

please cross your arms over your chest. Gluten-free bread is available upon request.

Communion: Spirit of God

Chorus:

Spirit of God, unseen as the wind, gentle as is the dove; teach us the truth and help us believe, show us the Saviour's love!

You spoke to us long, long ago, gave us the written word; we read it still, needing its truth through it God's voice is heard. *Chorus*

Without your help we fail our Lord, we cannot live His way; we need Your power, we need Your strength, following Christ each day. *Chorus*

<u>Prayer after Communion:</u> Father, may we who have received this eucharist live in the unity of your Holy Spirit, that we may show forth his gifts to all the world. We ask this in the name of Jesus Christ our Lord. **Amen.**

Doxology

Presider: Glory to God

All: whose love, working in us, can do infinitely more than we

can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever

and ever, Amen.

Blessing

Sending Song: She Comes Sailing on the Wind (CP #656)

Refrain:

She comes sailing on the wind, her wings flashing in the sun, on a journey just begun, she flies on. And in the passage of her flight, her song rings out through the night, full of laughter, full of light, she flies on.

Silent waters rocking on the morning of our birth, like an empty cradle waiting to be filled, and from the heart of God the Spirit moved upon the earth, like a mother breathing life into her child.

Many were the dreamers whose eyes were given sight when the Spirit filled their dreams with life and form.

Deserts turned to gardens, broken hearts found new delight, and then down the ages still she flew on. (Refrain)

To a gentle girl in Galilee a gentle breeze she came, a whisper softly calling in the dark; the promise of a child of peace whose reign would never end, Mary sang the Spirit song within her heart.

Flying to the river, she waited circling high above the child now grown so full of grace. As he rose up from the water, she swept down from the sky, and she carried him away in her embrace. (Refrain) Long after the deep darkness that fell upon the world, after dawn returned in flame of rising sun, the Spirit touched the earth again, again her wings unfurled, bringing life in wind and fire as she flew on. (Refrain)

Dismissal:

Leader: Let us go in peace to love and serve God.

People: Thanks be to God. Alleluia!

Postlude

Please join us for coffee and conversation in the parish hall

THE ALTAR FLOWERS are given to the Glory of God.

READINGS – MAY 26, 2024

Isaiah 6:1-8; Psalm 29; Romans 8:12-17; John 3:1-17

Thank you to all who are assisting today

Music	Joanne Lambert & The Ensemble	
Readers	Barb Baillie, Greg Robinson, Lynn	
	Schumacher	
Liturgical Assistant	Lynn Schumacher	
2 nd Chalice	David Cooper	
Sidesperson	Carl Schwazer	
Sound Tech/Bell	Ian and Matty Stuart	
Coffee Hosts	Lynn Fallan & helpers	
Altar Guild	Shirley Schwazer	
Flower Guild	Judi Clark	

LOOKING AHEAD:

May	10:00 am	Mid Week Communion	St. Mary	
22, 29	10:45 am	Bible Study	St. Mary	
	3:00pm	Weekly Prayers	Townsend Home	
May 21	7:00pm	Parish Council Mtg	St. Mary	
May 23	4:00pm *	Evening Prayer	St. Stephen	
*Please join us for a time of prayer as we support Maria King as she				
presides during her practicum for the Lay Leadership in Worship				
course.				

May 25	9:30 - Noon	Spring Fling	St. Mary
May 26	~12:15pm	Potluck Lunch	St. Stephen Hall
May 28	4:00pm	Prayer Service	St. Mary

ST. MARY'S SPRING FLING MAY 25th 9:30 A.M. - NOON

The very popular parts of this event are the ADULT CLOTHING, HOUSEWARES, LINENS, BAKE section and the BOOK ROOM! The JEWELRY section would love contributions – even single earrings seem to disappear! There are many other areas where you can help make this a very successful event. Sign-up sheets are on the table in the Narthex! PLEASE NOTE- We will **not** be accepting children's clothes, toys or equipment, suitcases, cosmetics, candles, shoes, garage sale leftovers, furniture, underwear, items with corporate logos, plastics, broken or soiled items.

HOME BAKING

Trays and plastic bags will be ready for you to pick up from the table in the narthex next week. Buyers with allergies appreciate knowing the ingredients in an item; attach a small tag listing them. There are many requests for Gluten Free foods. Let's do our best to ensure the Bake Table is full to overflowing!!!!

DELIVERING YOUR CONTRIBUTIONS

Donations will be welcomed:

To the Narthex:

on **Wednesday morning** (May 22) from 10:30am – 1:30pm on **Thursday morning** (May 23) 9:00am – 1:30pm

To individual stalls:

on Friday (May 24) between 9:00am - 10:00am

BAKING will be accepted on SATURDAY BEFORE 9:00 AM

ST. MARY'S OUTREACH – In your offering envelope package you will find special monthly outreach envelopes. For those who do not have offering envelopes, you may bring your outreach offering in a plain envelope, marked "Outreach for Month of _____" with your name and address. You may also use the Donate button on our website and choose St. Mary Outreach from the pull-down menu.

May	Saanich	Donations in monetary form combined with an	
	Peninsula	ongoing collection of staple foods and hygiene	
	Lions Food	products allow us to help this non-profit,	
	Bank	charitable organization support those in need on	
		the Peninsula.	

INTERCESSIONS

<u>Anglican Cycle of Prayer</u>: We pray for the Archbishop of Canterbury, Justin; the Anglican Church of Canada – Archbishops Linda, Lynn and Chris and the Anglican Council of Indigenous Peoples.

<u>Diocesan Cycle of Prayer:</u> We pray for Anna, our bishop; for St. John the Baptist, Cobble Hill; for the people of the Saanich Peninsula Catholic Parish.

Regional Cycle of Prayer: We pray for the Parish of St. Margaret of Scotland, and the people of the parish and neighbourhood.

Our Parish Clergy: Lon, Logan, Brett, Bob, Paul, Gil and all who minister.

<u>In our Parish</u>: We pray for Ruth Hickling and Terry & Mike Will and for their families.

For those ill or in need of prayer: Neville & Patricia, Roche, Diana A.

<u>For Those with Long-Term Needs:</u> Cheryl, Ted, Jillian S., Paul J., Phil J., Natalie, Jamie, Jane & Paul, Margery

For friends beyond the parish: Jennifer, Jo-Jo, Margot, Sharie, John K., Helen, Andrew, Warwick, Sheila, Lynn W., Jim C., David F., Courtney, Dani R. & family, Hayden, Carlos, Bryan, Karen & family, Drew, Charlie John, Sheila P., Amy, Connie.

<u>In the greater community:</u> We pray for those impacted or endangered by the toxic drug supply crisis and also for their loved ones who are, or have been, impacted.

CLERGY CONTACT INFORMATION

The Ven. Dr. Lon Towstego His Cell Phone: (250) 208-9949 His email: ltowstego@bc.anglican.ca

Note: Worshippers may be photographed or recorded as part of the service. If this is of concern to you, please talk to the Minister or Wardens.

St. Mary's Anglican Church

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St. Stephen's Anglican Church

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