



Anglican Parish of Central Saanich

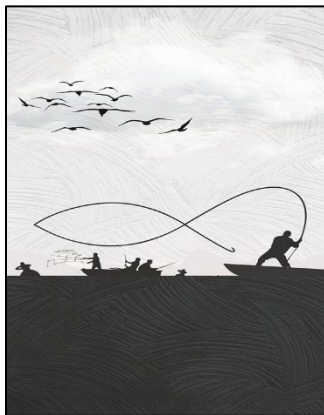
St. Mary Church

St. Stephen Church

Faith - Family - Friendship



**Welcome To
PARISH OF CENTRAL SAANICH
St. Stephen Church**



MAY 4, 2025 – EASTER 3

***To act justly and to love mercy and to walk
humbly with your God.*** Micah 6:8b

*We acknowledge that we gather to worship on the traditional
lands of the WSÁNEĆ and Coast Salish peoples*

St. Mary's Service:

Sunday Service: 9:00 a.m.

Wednesday Communion: 10:00 a.m.

St. Stephen's Service:

Sunday Service: 11:15 a.m.

Continue to monitor our website - ParishCS.ca

The Ven. Dr. Lon Towstego, Incumbent

The Rt. Rev. Dr. Logan McMenamie, Honorary Assistant

Associated Clergy:

The Ven. Bob Baillie,
The Rev. Dr. Brett Cane,
The Rev. Paul Schumacher,
The Rev. Gil Shoemsmith, deacon

*Please practice Health protocols that make you feel comfortable.
Please be sensitive to the comfort level of others.*

HOLY EUCHARIST

Book of Alternative Services

The Ven. Dr. Lon Towstego, Presiding & Preaching

A Warm Welcome to all who worship with us, especially visitors.

With thanks, please mute your cell phones during the service.

The congregation says or sings the items in **bold** typeface.

Prelude – *Joanne Lambert*

Welcome & Land Acknowledgement

Gathering Song: *Jesus Shall Reign Where'er the Sun* (CP #383)

**Jesus shall reign where'er the sun
doth his successive journeys run;
his Kingdom stretch from shore to shore,
till moons shall wax and wane no more.**

**People and realms of every tongue
dwell on his love with sweetest song;
and infant voices shall proclaim
their early blessings on his name.**

**Blessings abound where'er he reigns:
the prisoner leaps to lose his chains,
the weary find eternal rest,
and all the sons of want are blest.**

**Let every creature rise and bring
peculiar honors to our King,
angels descend with songs again,
and earth repeat the loud Amen.**

The Gathering of the Community

Presider Alleluia! Christ is risen.

People The Lord is risen indeed. Alleluia!

Presider May his grace and peace be with you.

People May he fill our hearts with joy.

Presider: The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit, be with you all.

People: And also with you.

Gloria, Gloria, Gloria!

Gloria Gloria Gloria

Glory to God on high (repeat)

And on earth peace to Gods people

Glory to God (repeat)

Centering Stillness:

Let us hold this moment open to the Spirit of God. *(Silence)*

The Prayer of the Day: Risen Christ, you filled your disciples with boldness and fresh hope: strengthen us to proclaim your risen life and fill us with your peace, to the glory of God, who raises the dead to life. Amen. *Common Worship: Additional Collects* (2004) alt.

The Readings

Marian Towstego - A reading from Isaiah

Isaiah 61:1-3

The spirit of the Lord God is upon me,
because the Lord has anointed me;
he has sent me to bring good news to the oppressed,
to bind up the broken-hearted,
to proclaim liberty to the captives,
and release to the prisoners;

² to proclaim the year of the Lord's favour,
and the day of vengeance of our God;
to comfort all who mourn;

³ to provide for those who mourn in Zion—
to give them a garland instead of ashes,
the oil of gladness instead of mourning,
the mantle of praise instead of a faint spirit.

They will be called oaks of righteousness,
the planting of the Lord, to display his glory.

Hear what the Spirit of God is saying.

Thanks be to God.

Responsive Psalm 90:13-17 – Marian Towstego

13 Return, O Lord; how long will you tarry? * **be gracious to your servants.**

14 Satisfy us by your loving-kindness in the morning; * **so shall we rejoice and be glad all the days of our life.**

15 Make us glad by the measure of the days that you afflicted us * **and the years in which we suffered adversity.**

16 Show your servants your works * and your splendour to their children.

17 May the graciousness of the Lord our God be upon us; * prosper the work of our hands; prosper our handiwork.

Glory be to the Father and to the Son and to the Holy Spirit.

As it was in the beginning, is now, and ever shall be, world without end. Amen.

Lynda Clifford - A reading from the Book of Revelation

Revelation 5:11-14

¹¹ Then I looked, and I heard the voice of many angels surrounding the throne and the living creatures and the elders; they numbered myriads of myriads and thousands of thousands, ¹² singing with full voice,

‘Worthy is the Lamb that was slaughtered
to receive power and wealth and wisdom and might
and honour and glory and blessing!’

¹³ Then I heard every creature in heaven and on earth and under the earth and in the sea, and all that is in them, singing,

‘To the one seated on the throne and to the Lamb
be blessing and honour and glory and might
for ever and ever!’

¹⁴ And the four living creatures said, ‘Amen!’ And the elders fell down and worshipped.

Hear what the Spirit of God is saying.

Thanks be to God.

Gradual: *Jesu, Jesu, Fill Us with Your Love* (CP #504)

Refrain:

**Jesu, Jesu, fill us with your love,
show us how to serve the neighbors we have from you.**

**Kneels at the feet of his friends,
silently washes their feet,
Master who acts as a slave to them. *Refrain***

**Neighbors are wealthy and poor,
varied in color and race,
neighbors are near us and far away. *Refrain***

**These are the ones we should serve,
these are the ones we should love,
all these are neighbors to us and you. *Refrain***

Gil: God be with you.

People: And also with you.

Gil: The Holy Gospel of our Lord Jesus Christ according to John

People: Glory to you, Lord Jesus Christ.

John 21:1-19

After these things Jesus showed himself again to the disciples by the Sea of Tiberias; and he showed himself in this way. ² Gathered there together were Simon Peter, Thomas called the Twin, Nathanael of Cana in Galilee, the sons of Zebedee, and two others of his disciples. ³ Simon Peter said to them, 'I am going fishing.' They said to him, 'We will go with you.' They went out and got into the boat, but that night they caught nothing.

⁴ Just after daybreak, Jesus stood on the beach; but the disciples did not know that it was Jesus. ⁵ Jesus said to them, 'Children, you have no fish, have you?' They answered him, 'No.' ⁶ He said to them, 'Cast the net to the right side of the boat, and you will find some.' So they cast it, and now they were not able to haul it in because there were so many fish. ⁷ That disciple whom Jesus loved said to Peter, 'It is the Lord!' When Simon Peter heard that it was the Lord, he put on some clothes, for he was naked, and jumped into the lake. ⁸ But the other disciples came in the boat, dragging the net full of fish, for they were not far from the land, only about a hundred yards off.

⁹ When they had gone ashore, they saw a charcoal fire there, with fish on it, and bread. ¹⁰ Jesus said to them, 'Bring some of the fish that you have just caught.' ¹¹ So Simon Peter went aboard and hauled the net ashore, full of large fish, a hundred and fifty-three of them; and though there were so many, the net was not torn. ¹² Jesus said to them, 'Come and have breakfast.' Now none of the disciples dared to ask him, 'Who are you?' because they knew it was the Lord. ¹³ Jesus came and took the bread and gave it to them, and did the same with the fish. ¹⁴ This was now the third time that Jesus appeared to the disciples after he was raised from the dead.

¹⁵ When they had finished breakfast, Jesus said to Simon Peter, 'Simon son of John, do you love me more than these?' He said to him, 'Yes, Lord; you know that I love you.' Jesus said to him, 'Feed my lambs.' ¹⁶ A second time he said to him, 'Simon son of John, do you love me?' He said to him, 'Yes, Lord; you know that I love you.' Jesus said to him, 'Tend my sheep.' ¹⁷ He said to him the third time, 'Simon son of John, do you love me?' Peter felt hurt because he said to him the third time, 'Do you love me?' And he said to him, 'Lord, you know everything; you know that I love you.' Jesus said to him, 'Feed my sheep.' ¹⁸ Very truly, I

tell you, when you were younger, you used to fasten your own belt and to go wherever you wished. But when you grow old, you will stretch out your hands, and someone else will fasten a belt around you and take you where you do not wish to go.’¹⁹ (He said this to indicate the kind of death by which he would glorify God.) After this he said to him, ‘Follow me.’

Gil: The Gospel of Christ.

People: Praise to you, Lord Jesus Christ.

Gradual: *Jesu, Jesu, Fill Us with Your Love (Con’t.)*

Loving puts us on our knees,
Serving as through we are slaves;
this is the way we should live with you.

Refrain:

Jesu, Jesu, fill us with your love,
show us how to serve the neighbors we have from you.

Kneel at the feet of our friends,
silently washing their feet,
this is the way we should live with you. *Refrain*

Sermon – The Ven. Dr. Lon Towstego

The Apostle’s Creed:

Presider: Let us confess the faith of our baptism, as we say,

All: I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried.

He descended to the dead. On the third day he rose again.

He ascended into heaven, and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

The Prayers of the People – Rev. Gil Shoesmith, deacon

Confession & Absolution:

Dear friends in Christ, God is steadfast in love and infinite in mercy and welcomes sinners and invites them to the table. Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Presider: Most merciful God,

All: We confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Presider: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

The Peace

Presider: The peace of the Lord be always with you.

People: And also with you.

The members of the community offer a sign of peace to one another in a manner that feels safe for you.

Please be sensitive to the comfort level of others.

Offertory: In the Garden

**I come to the garden alone
While the dew is still on the roses
And the voice I hear falling on my ear
The Son of God discloses**

Refrain:

**And He walks with me, and He talks with me,
And He tells me I am His own,
And the joy we share as we tarry there,
None other has ever known.**

**He speaks and the sound of His voice
Is so sweet the birds hush their singing
And the melody that He gave to me
Within my heart is ringing (*Refrain*)**

**I'd stay in the garden with Him
Tho' the night around me be falling**

**But He bids me go thro' the voice of woe
His voice to me is calling (*Refrain*)**

Prayer over the Gifts: Creator of all, you wash away our sins in water, you give us new birth by the Spirit, and redeem us in the blood of Christ. As we celebrate the resurrection, renew your gift of life within us. We ask this in the name of Jesus Christ the risen Lord. **Amen.**

THE SACRED MEAL IS SHARED

(Eucharist Prayer 1)

Presider: God be with you.

People: And also with you.

Presider: Lift up your hearts.

People: We lift them to the Lord.

Presider: Let us give thanks to the Lord our God.

People: It is right to give our thanks and praise.

Presider: It is indeed right that we should praise you, gracious God, for you created all things. You formed us in your own image. When we turned away from you in sin, you did not cease to care for us, but opened a path of salvation for all people. You made a covenant with Israel, and through your servants Abraham and Sarah gave the promise of a blessing to all nations. Through Moses you led your people from bondage into freedom; through the prophets you renewed your promise of salvation. Therefore, with them, and with all your saints who have served you in every age, we give thanks and raise our voices to proclaim the glory of your name.

Sanctus & Benedictus – *music, Land of Rest, American traditional tune*

Holy, holy, holy Lord,

God of power and might

Heaven and earth are full of your glory

Hosanna in the highest.

Blessed is the one who comes

in the name of the Lord.

Hosanna in the highest; Hosanna in the highest.

Presider: Holy God, source of life and goodness, all creation rightly gives you praise. In the fullness of time, you sent your Son Jesus Christ, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He healed the sick and ate and drank with outcasts and sinners; he opened the eyes of the blind and proclaimed the good news of your kingdom to the poor and to those in need. In all things he fulfilled your gracious will.

On the night he freely gave himself to death, our Lord Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Gracious God, his perfect sacrifice destroys the power of sin and death; by raising him to life you give us life for evermore.

Therefore we proclaim the mystery of faith.

All: Christ has died. Christ is risen. Christ will come again.

Presider: Recalling his death, proclaiming his resurrection, and looking for his coming again in glory, we offer you, Father, this bread and this cup. Send your Holy Spirit upon us and upon these gifts, that all who eat and drink at this table may be one body and one holy people, a living sacrifice in Jesus Christ, our Lord.

Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours, almighty Father, now and for ever. **Amen.**

The Lord's Prayer (*sung*) – *Gordon Light*

Presider: As our Saviour taught us, let us pray,

**Our Father in heaven, hallowed be your name,
Your kingdom come, your will be done on earth as in heaven.
Give us today our daily bread,
Forgive us our sins, as we forgive those who sin against us.
Save us from the time of trial and deliver us from evil,
For the kingdom, the power and the glory are yours,
Now and for ever. Amen.**

Breaking of the Bread:

Presider: We break this bread to share in the body of Christ.

All: We, being many, are one body, for we all share in the one bread.

Presider: The Gifts of God for the People of God

All: **Thanks be to God.**

Administration of Holy Communion

All are welcome to join us at the Lord's Table.

*If you prefer not to receive communion but wish to receive a blessing,
please cross your arms over your chest.*

Gluten-free bread is available upon request.

Music during Communion

Prayer after Communion: Author of life divine, in the breaking of bread we know the risen Lord. Feed us always in these mysteries, that we may show your glory to all the world. We ask this in the name of Jesus Christ our Lord. **Amen.**

Doxology

Presider: Glory to God

All: whose love, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever, Amen.

Blessing

Sending Song: *To God be the Glory* (CP #371)

**To God be the glory who great things has done!
God so loved the world freely sending the Son,
who yielded his life an atonement for sin,
and opened the life-gate that all may go in.**

Refrain:

Praise the Lord! Praise the Lord!

Let the earth hear God's voice.

Praise the Lord! Praise the Lord!

Let the people rejoice!

**O come to the Father
through Jesus the Son,
and give God the glory,
who great things has done!**

**O perfect redemption, the purchase of blood
to every believer the promise of God:
that when the offender, repenting, believes,
through Jesus' atonement, God's pardon receives. *Refrain***

**Great things God has taught us,
great things God has done,
and great our rejoicing through Jesus the Son;
but purer and higher and greater will be
our wonder, our gladness, when Jesus we see! *Refrain***

Dismissal:

Leader: Let us go in peace to love and serve the Lord.

People: Thanks be to God.

Postlude

CCLI# 245534

Please join us for coffee and conversation in the parish hall

READINGS FOR MAY 11, 2025

Isaiah 53:1-6; Psalm 114; Revelation 7:9-17; John 10:22-30

VISITATIONS AND PRAYER - at our Annual General Meeting Deacon Gil wrote about revitalizing these two important aspects of our parish community needs. It appears that an effective way to meet these needs is to solicit the congregations by means of a sign-up sheet which we are all familiar with. So please consider these matters, first by praying about them and then by contributing input as to who would like a visitation or anyone you know may want one but is unable to sign for themselves once you have got their permission. Similarly, if you would like to be part of a prayer partner team then indicate same by signing the appropriate list and once the lists are compiled, prayer partners will be assigned and you will end up praying for each other on a regular basis. If you have privacy considerations that you would like to have respected, please do not hesitate to speak with Rev. Gil or Archdeacon Lon directly.

SEMINARIAN SUPPORT FUND –Lon has spoken about a fund that could support current and future seminarians with the cost of their educational pursuits, books, etc. While he cautioned that prudent stewardship of our day-to-day operating costs was vital and he didn't want to impact that giving, he also invited people to donate to a new “**Seminarian Support Fund**”. You may do so by clearly marking your donation with this name and putting your Envelope number or contact information so that you would receive a tax receipt. *Please make cheques payable to St. Mary's Church.*

ST. STEPHEN OUTREACH - In your offering envelope package you will find special monthly outreach envelopes. For those who do not have offering envelopes, you may bring your outreach offering in a plain envelope, marked “Outreach for Month of ____” with your name and address.

Apr.	General Outreach	Monies donated for General Outreach are used for one-off grants with most dedicated Christmas outreach.
May	South Island Counselling <i>Or Youth for Christ</i>	Our donations help fund programs for these non-profit agencies. The Blue Bus Ministry
June	Anglican Appeal	Donations support the mission work and ministry in Canada’s North and our church partners overseas

REGARDING DISTRIBUTION TO SHAW EMAIL USERS

A Note from the Diocesan Digital Communications and Project Coordinator:

Thank you so much for your patience. I really wanted to make sure I had explored every option before circling back to you.

The good news is, the instructions I provided are the same steps recommended by all the higher up techs at Total Support, Shaw and Tithely. I’ve attached a quick handout on how to update your DNS records and authenticate your domain. *(This was for the website team and we have taken the recommended action without success – Leslie)*

The bad news is, there isn’t anything more that can be done. Apparently, this is not a problem just at Tithely but rather all forms of newsletters from many different website systems. Shaw has very high security settings they are unwilling to compromise on. The settings often default to blocking anything suspicious and individual customers must be the ones to contact shaw to assist them with receiving newsletters.

I know this is not the outcome you hoped for, but domain authentication can help and those who still can’t receive the newsletter need to chat with shaw.

ST. MARY'S SPRING FLING

MAY 24th 9:30 A.M. - NOON

The very popular parts of this event are the CRAFTS, ADULT CLOTHING, HOUSEWARES, ELECTRONICS/TOOLS, LINENS, BAKE section and the BOOK ROOM! The JEWELERY section would love contributions – even single earrings seem to disappear! There are many other areas where you can help make this a very successful event. Sign-up sheets are on the table in the Narthex!

PLEASE NOTE - We will not be accepting children's clothes, toys or equipment, suitcases, cosmetics, candles, shoes, garage sale leftovers, furniture, underwear, items with corporate logos, plastics, broken or soiled items.

HOME BAKING

Trays and plastic bags will be ready for you to pick up from the table in the narthex next week. Buyers with allergies appreciate knowing the ingredients in an item; attach a small tag listing them. There are many requests for Gluten Free foods. Let's do our best to ensure the Bake Table is full to overflowing!!!!

DELIVERING YOUR CONTRIBUTIONS

Donations will be welcomed:

To the Narthex:

on **Wednesday morning** (May 21) from 10:30am – 1:30pm

on **Thursday morning** (May 22) 9:00am – 1:30pm

To individual stalls:

on **Friday** (May 23) **between 9:00am - 10:00am**

BAKING will be accepted on **FRIDAY AND SATURDAY BEFORE**

INTERCESSIONS

Anglican Cycle of Prayer: We pray for the Church of Ireland. We pray for Archbishop Anne, our Acting Primate and for the upcoming election for Primate in June. John Stephens, Metropolitan of The Province of B.C and Yukon We also pray for Archbishop Chris and the Anglican Council of Indigenous Peoples.

Diocesan Cycle of Prayer: We pray for Anna, our bishop; for the Regional Archdeacons.

Regional Cycle of Prayer: We pray for the Parish of Christ Church, Gabriola Island and those in their Parish and surrounding neighbourhood. We also pray for the people of the Saanich Peninsula Catholic Parish.

Our Parish Clergy: Lon, Logan, Brett, Bob, Paul, Gil and all who minister.

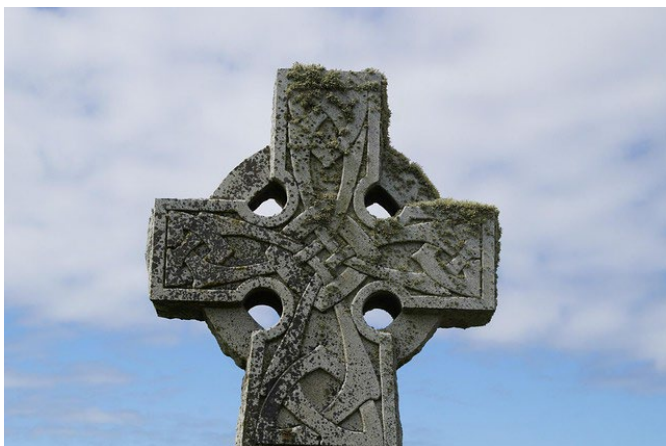
In our Parish: We pray for Aurora Beraldin and for Jan & Sandra Bergink and for their families.

For those ill or in need of prayer: Neville & Patricia, Roche, Diana A., Fern & Mark, Ian, Dennis, Boaz, Logan

For Those with Long-Term Needs: Cheryl, Ted, Jillian S., Paul J., Phil J., Natalie, Jamie, Jane & Paul, Margery, Courtney, Ron H., Nancy J.

For friends beyond the parish: Jennifer, Jo-Jo, Margot, Sharie, John K., Helen, Andrew, Warwick, Sheila, Lynn W., Jim C., David F., Dani R. & family, Hayden, Carlos, Bryan, Karen & family, Drew, Sheila P., Amy, Anna, Betty O., Betty E., Alysha, Sue P., Mike D., Michelle, Rudi, Bishop Geoff Woodcroft, Cassidy, Carl G., Don C., Melanie, Keith & Lillian

In the greater community: We pray for all victims of sexual misconduct and abuse. We are all called to create communities where all children of God are safe and respected.
We pray for those impacted or endangered by the toxic drug supply crisis and also for their loved ones who are, or have been, impacted.



CLERGY CONTACT INFORMATION

The Ven. Dr. Lon Towstego
His Cell Phone: (250) 208-9949
His email: ltowstego@bc.anglican.ca

Note: Worshippers may be photographed or recorded as part of the service. If this is of concern to you, please talk to the Minister or Wardens.

St. Mary's Anglican Church

1973 Cultra Avenue
Saanichton, B.C. V8M 1L7
Office: 250-652-1611
stmarys.saanichton@shaw.ca

St. Stephen's Anglican Church

7921 St. Stephens Road
Saanichton, B.C. V8M 1S2
Office: 250-652-4311
admin@parishcs.ca