



Anglican Parish of Central Saanich

St. Mary Church St. Stephen Church

Faith - Family - Friendship



**Welcome To
PARISH OF CENTRAL SAANICH
St. Mary Church**



MAY 18, 2025 – EASTER 5

***To act justly and to love mercy and to walk
humbly with your God.*** Micah 6:8b

*We acknowledge that we gather to worship on the traditional
lands of the WSÁNEĆ and Coast Salish peoples*

St. Mary's Service:

Sunday Service: 9:00 a.m.

Wednesday Communion: 10:00 a.m.

St. Stephen's Service:

Sunday Service: 11:15 a.m.

Continue to monitor our website - ParishCS.ca

The Ven. Dr. Lon Towstego, Incumbent
The Rt. Rev. Dr. Logan McMenamie, Honorary Assistant

Associated Clergy: The Ven. Bob Baillie,
The Rev. Dr. Brett Cane,
The Rev. Paul Schumacher,
The Rev. Gil Shoesmith, deacon

*Please practice Health protocols that make you feel comfortable.
Please be sensitive to the comfort level of others.*

HOLY EUCHARIST

Book of Alternative Services

The Rev. Leslie Flynn, Presiding & Preaching

A Warm Welcome to all who worship with us, especially visitors.

With thanks, please mute your cell phones during the service.

The congregation says or sings the items in **bold** typeface.

Prelude – *Joanne Lambert*

Welcome & Land Acknowledgement

Gathering Song: *In Christ There is no East or West* (CP #484)

**In Christ there is no east or west,
in Christ no south or north,
but one great fellowship of love
throughout the whole wide earth.**

**In Christ shall true hearts everywhere
their high communion find.
whose service is the golden cord
close-binding humankind.**

**Join hands, disciples of the faith,
whate'er your race may be;
Who serves my God in truth and love
are surely kin to me.**

**In Christ now meet both east and west,
in Christ meet south and north;
all faithful souls are joined in one
throughout the whole wide earth.**

The Gathering of the Community

Presider Alleluia! Christ is risen.

People The Lord is risen indeed. Alleluia!

Presider May his grace and peace be with you.

People May he fill our hearts with joy.

Presider: The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit, be with you all.

People: And also with you.

Presider: Almighty God,

**All: to you all hearts are open, all desires known, and from
you no secrets are hidden. Cleanse the thoughts of our
hearts by the inspiration of your Holy Spirit, that we may**

perfectly love you, and worthily magnify your holy name;
through Christ our Lord. Amen.

Glory to God on High CP (#365)

Glory to God on high,
and peace to all on earth.
We worship you, we give you thanks,
our heavenly King.
We give you praise,
almighty God and Father blessed
in glory bright.

Our Saviour, Jesus Christ,
the Father's only son,
The sacrificial Lamb,
who saves the world from sin,
have mercy Lord.
Beside the Father's hand enthroned,
now hear our prayer.
You only are the Lord.
You only are most high.
You only are the holy one,
Lord Jesus Christ.
And now you reign
with Father and with Spirit one
in glorious light.

Centering Stillness:

Let us hold this moment open to the Spirit of God. (*Silence*)

The Prayer of the Day: Risen Christ, **your wounds declare God's love for the world and the wonder of your risen life gives us compassion and courage to risk ourselves for those we serve, to the glory of God the Father. Amen.** Common Worship: Additional Collects (2004)

The Readings

Barb Baillie- A reading from Leviticus

Leviticus 19:9-18

⁹ When you reap the harvest of your land, you shall not reap to the very edges of your field, or gather the gleanings of your harvest. ¹⁰ You shall not strip your vineyard bare, or gather the fallen grapes of your vineyard; you shall leave them for the poor and the alien: I am the Lord your God. ¹¹ You shall not steal; you shall not deal falsely; and you shall not lie to one another. ¹² And you shall not swear falsely by my name, profaning the name of your God: I am the Lord.

¹³ You shall not defraud your neighbour; you shall not steal; and you shall not keep for yourself the wages of a labourer until morning. ¹⁴ You shall not revile the deaf or put a stumbling-block before the blind; you shall fear your God: I am the Lord.

¹⁵ You shall not render an unjust judgement; you shall not be partial to the poor or defer to the great: with justice you shall judge your neighbour. ¹⁶ You shall not go around as a slanderer among your people, and you shall not profit by the blood of your neighbour: I am the Lord.

¹⁷ You shall not hate in your heart anyone of your kin; you shall reprove your neighbour, or you will incur guilt yourself. ¹⁸ You shall not take vengeance or bear a grudge against any of your people, but you shall love your neighbour as yourself: I am the Lord.

Hear what the Spirit of God is saying.

Thanks be to God.

Responsive Psalm 24:1-6 – Barb Baillie

1 The earth is the Lord's and all that is in it, * **the world and all who dwell therein.**

2 For it is he who founded it upon the seas * **and made it firm upon the rivers of the deep.**

3 "Who can ascend the hill of the Lord? * **and who can stand in his holy place?"**

4 "Those who have clean hands and a pure heart, * **who have not pledged themselves to falsehood, nor sworn by what is a fraud.**

5 They shall receive a blessing from the Lord * **and a just reward from the God of their salvation."**

6 Such is the generation of those who seek him, * **of those who seek your face, O God of Jacob.**

Glory be to the Father and to the Son and to the Holy Spirit.

As it was in the beginning, is now, and ever shall be, world without end. Amen.

Valerie Park - A reading from the Book of Revelation

Revelation 21:1-6

Then I saw a new heaven and a new earth; for the first heaven and the first earth had passed away, and the sea was no more. ² And I saw the holy city, the new Jerusalem, coming down out of heaven from God, prepared as a bride adorned for her husband. ³ And I heard a loud voice from the throne saying,

‘See, the home of God is among mortals.

He will dwell with them;

they will be his peoples,
and God himself will be with them;
4 he will wipe every tear from their eyes.

Death will be no more;

mourning and crying and pain will be no more,
for the first things have passed away.'

5 And the one who was seated on the throne said, 'See, I am making all things new.' Also he said, 'Write this, for these words are trustworthy and true.' 6 Then he said to me, 'It is done! I am the Alpha and the Omega, the beginning and the end. To the thirsty I will give water as a gift from the spring of the water of life.

Hear what the Spirit of God is saying.

Thanks be to God.

Gradual: *Love Divine* (CP #486)

**Love divine, all loves excelling,
joy of heaven to earth come down,
fix in us Thy humble dwelling;
all Thy faithful mercies crown.**

**Jesus, thou art all compassion;
pure, unbounded love thou art;
visit us with thy salvation;
enter every trembling heart.**

**Come, almighty, to deliver;
let us all thy grace receive;
suddenly return and never,
nevermore thy temples leave.**

**Thee we would be always blessing,
serve thee as thy hosts above,
pray and praise thee without ceasing,
glory in thy perfect love.**

Gil: God be with you.

People: **And also with you.**

Gil: The Holy Gospel of our Lord Jesus Christ according to John

People: **Glory to you, Lord Jesus Christ.**

John 13:31-35

³¹ When he had gone out, Jesus said, 'Now the Son of Man has been glorified, and God has been glorified in him. ³² If God has been glorified in him, God will also glorify him in himself and will glorify him at once. ³³ Little children, I am with you only a little longer. You will look

for me; and as I said to the Jews so now I say to you, “Where I am going, you cannot come.” ³⁴ I give you a new commandment, that you love one another. Just as I have loved you, you also should love one another. ³⁵ By this everyone will know that you are my disciples, if you have love for one another.’

Gil: The Gospel of Christ.

People: Praise to you, Lord Jesus Christ.

Gradual: *Love Divine (con't.)*

Finish then thy new creation;
pure and spotless let us be;
let us see thy great salvation
perfectly restored in thee.

Changed from glory into glory,
till in heav'n we take our place,
till we cast our crowns before thee,
lost in wonder, love, and praise.

Sermon – The Rev. Leslie Flynn

Anthem: *Come Unto Me* Guest oboist – Jan Addison

The Apostle's Creed:

Presider: Let us confess the faith of our baptism, as we say,

All: I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried.

He descended to the dead. On the third day he rose again.

He ascended into heaven, and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

The Prayers of the People – *Ken Pedlow*

Absolution:

As people of the Resurrection, we are redeemed sinners.

Presider: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

The Peace

Presider: The peace of the Lord be always with you.

People: **And also with you.**

The members of the community offer a sign of peace to one another in a manner that feels safe for you.

Please be sensitive to the comfort level of others.

Offertory: *All Things Bright and Beautiful* (CP #415)

(Refrain)

*All things bright and beautiful,
all creatures great and small,
all things wise and wonderful,
the Lord God made them all.*

**Each radiant flower that opens,
each vibrant bird that sings,
God made their glowing colours,
God made their tiny wings: (Refrain)**

**The cold wind in the winter,
the pleasant summer sun,
the ripe fruits in the garden,
God made them every one: (Refrain)**

**The rocky mountain splendour,
the loon's wild, haunting call,
the great lakes and the prairies,
the forest in the fall: (Refrain)**

**God gave us eyes to see them,
and lips that we might tell
how great is the Creator
who has made all things well: (Refrain)**

Prayer over the Gifts: Gracious God, you show us your way and give us your divine life. May everything we do be directed by the knowledge of your truth. We ask this in the name of Jesus Christ the risen Lord.

Amen.

THE SACRED MEAL IS SHARED

(Eucharistic Prayer #2)

Presider: God be with you.

People: **And also with you.**

Presider: Lift up your hearts.

People: **We lift them to the Lord.**

Presider: Let us give thanks to the Lord our God.

People: It is right to give our thanks and praise.

Presider: We give you thanks and praise, almighty God, through your beloved Son, Jesus Christ, our Saviour and Redeemer. He is your living Word, through whom you have created all things.

By the power of the Holy Spirit he took flesh of the Virgin Mary and shared our human nature. He lived and died as one of us, to reconcile us to you, the God and Father of all.

In fulfilment of your will he stretched out his hands in suffering, to bring release to those who place their hope in you; and so he won for you a holy people.

He chose to bear our griefs and sorrows, and to give up his life on the cross, that he might shatter the chains of evil and death, and banish the darkness of sin and despair. By his resurrection he brings us into the light of your presence.

Now with all creation we raise our voices to proclaim the glory of your name, singing

Sanctus & Benedictus (Kingsfold)

**O holy, holy holy God,
O God of time and space
All earth and sea and sky above
bear witness to your grace
Hosanna in the highest heave'n
creation sings your praise
And blessed is the One who comes
and bears your name always**

Presider: Holy and gracious God, accept our praise, through your Son our Saviour Jesus Christ; who on the night he was handed over to suffering and death, took bread and gave you thanks, saying, "Take, and eat: this is my body which is broken for you." In the same way he took the cup, saying, "This is my blood which is shed for you. When you do this, you do it in memory of me."

Remembering, therefore, his death and resurrection, we offer you this bread and this cup, giving thanks that you have made us worthy to stand in your presence and serve you.

We ask you to send your Holy Spirit upon the offering of your holy Church. Gather into one all who share in these sacred mysteries, filling them with the Holy Spirit and confirming their faith in the truth, that together we may

praise you and give you glory through your Servant, Jesus Christ.

All glory and honour are yours, Father and Son, with the Holy Spirit in the holy Church, now and for ever. **Amen.**

The Lord's Prayer - *Gordon Light (sung)*

Presider: As our Saviour taught us, let us pray:

**Our Father in heaven, hallowed be your name,
Your kingdom come, your will be done on earth as in
heaven.**

**Give us today our daily bread,
Forgive us our sins, as we forgive those who sin against
us.**

**Save us from the time of trial and deliver us from evil,
For the kingdom, the power and the glory are yours,
Now and for ever. Amen.**

Breaking of the Bread:

Presider: We break this bread to share in the body of Christ.

**All: We, being many, are one body, for we all share in the one
bread.**

Presider: The Gifts of God for the People of God

All: Thanks be to God.

Administration of Holy Communion

All are welcome to join us at the Lord's Table.

*If you prefer not to receive communion but wish to receive a blessing,
please cross your arms over your chest.*

Gluten-free bread is available upon request.

Communion: *Make Me a Channel of Your Peace*

**Make me a channel of Your peace.
Where there is hatred, let me bring Your love.
Where there is injury, your healing power
And where there's doubt, true faith in You.**

**Make me a channel of Your peace.
Where there's despair in life, let me bring hope.
Where there is darkness – only light,
And where there's sadness, ever joy.**

**O Spirit grant that I may never seek
So much to be consoled as to console,
To be understood as to understand,
To be loved as to love with all my soul.**

**Make me a channel of Your peace.
It is in pardoning that we are pardoned,
In giving to all that we receive,
And in dying that we're born to eternal life.**

Prayer after Communion: God of love, in this eucharist we have heard your truth and shared in your life. May we always walk in your way, in the name of Jesus Christ the Lord. **Amen.**

Doxology

Presider: Glory to God

All: whose love, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever, Amen.

Blessing

Sending Song: *Joyful, Joyful We Adore Thee* (CP #425)

**Joyful, joyful, we adore Thee,
God of glory, Lord of love;
Hearts unfold like flow'rs before Thee,
Op'ning to the sun above.
Melt the clouds of sin and sadness;
Drive the dark of doubt away;
Giver of immortal gladness,
Fill us with the light of day!**

**All Thy works with joy surround Thee,
Earth and heav'n reflect Thy rays,
Stars and angels sing around Thee,
Center of unbroken praise.
Field and forest, vale and mountain,
Flow'ry meadow, flashing sea,
Chanting bird and flowing fountain
Call us to rejoice in Thee.**

**Thou art giving and forgiving,
Ever blessing, ever blest,
Wellspring of the joy of living,
Ocean depth of happy rest!
Thou our Father, and our Mother,
All who live in love are Thine;
Teach us how to love each other,
Lift us to the joy divine.**

Dismissal:

Deacon: Let us go in peace to love and serve the Lord.

People: Thanks be to God.

Postlude

CCLI# 245534

Please join us for coffee and conversation in the parish hall

READINGS FOR MAY 25, 2025

Deuteronomy 34:1-12; Psalm 109:21-31;

Revelation 21:10 & 22-22:5; John 5:1-9

THE ALTAR FLOWERS are given by Nancy Choat to the Glory of God and with thanksgiving for all of those who work for the benefit of St. Mary.

A WARM WELCOME to the Rev. Leslie Flynn, our Presider and Preacher today. Leslie is the Incumbent at St. Philip, Cedar and will be well-know to many of you from her internship with our Parish while she attended VST. Leslie and Lon are doing a pulpit exchange today.

Thank you to all who are assisting today

Music	Joanne Lambert
Readers	Barb Baillie, Valerie Park, Gil Shoesmith
Deacon	The Rev. Gil Shoesmith
Prayers	Ken Pedlow
2nd Chalice	Sybil Bagshaw
Sidesperson	David Cooper
Sound Tech/Bell	Matty Stuart
Altar Guild	Judi Clark
Flower Guild	Nancy Choat
Coffee Host	Becky and Barry Lowe

ALTAR FLOWERS - The following dates are still available for you to donate Altar flowers. June 1, June 29, July 20, August 3, and August 31. Please see the Flower Calendar on the Narthex bulletin board or speak to Heather Geddes. Also there are dates into the Fall season. We are having to ask \$50 for the flowers now, but some parishioners have chosen to share the cost, \$25 each, with a friend or family member with two dedications going into the Bulletin. Thank you.

MAY POTLUCK LUNCHEON – MAY 25TH AT ST. STEPHEN -

There will be a potluck lunch in the hall after the 11:15 service. All are welcome. Please bring items to share. Oven warming is possible.

CHURCH YARD REMINDER - Thank you to all St Mary's parishioners who have volunteered to look after various garden areas and other tasks on the property. We appreciate your work last year and look forward to your continuing efforts this spring. Please feel free to resume the maintenance of the your area, as weather permits. If you would like to join in helping to maintain the church grounds over the coming months, please contact John Beresford at beresford@pacificcoast.net or 250-652-8908. Thank you.

ST. MARY'S OUTREACH – In your offering envelope package you will find special monthly outreach envelopes. For those who do not have offering envelopes, you may bring your outreach offering in a plain envelope, marked “Outreach for Month of ____” with your name and address.

May	Saanich Peninsula Lions Food Bank	Donations in monetary form combined with an ongoing collection of staple foods and hygiene products allow us to help this non-profit, charitable organization support those in need on the Peninsula.
June	ORCCA Dental Clinic	ORCCA's purpose is to provide children and adolescents under 19 years of age from low-income families access to oral care in a not for profit setting.

VISITATIONS AND PRAYER - at our Annual General Meeting Deacon Gil wrote about revitalizing these two important aspects of our parish community needs. It appears that an effective way to meet these needs is to solicit the congregations by means of a sign-up sheet which we are all familiar with. So please consider these matters, first by praying about them and then by contributing input as to who would like a visitation or anyone you know may want one but is unable to sign for themselves once you have got their permission. Similarly, if you would like to be part of a prayer partner team then indicate same by signing the appropriate list and once the lists are compiled, prayer partners will be assigned and you will end up praying for each other on a regular basis. If you have privacy considerations that you would like to have respected, please do not hesitate to speak with Rev. Gil or Archdeacon Lon directly.

ST. MARY'S SPRING FLING

MAY 24th 9:30 A.M. - NOON

The very popular parts of this event are the CRAFTS, ADULT CLOTHING, HOUSEWARES, ELECTRONICS/TOOLS, LINENS, BAKE section and the BOOK ROOM! The JEWELERY section would love contributions – even single earrings seem to disappear! There are many other areas where you can help make this a very successful event. Sign-up sheets are on the table in the Narthex!

PLEASE NOTE - We will not be accepting children's clothes, toys or equipment, suitcases, cosmetics, candles, shoes, garage sale leftovers, furniture, underwear, items with corporate logos, plastics, broken or soiled items.

HOME BAKING

Trays and plastic bags will be ready for you to pick up from the table in the narthex next week. Buyers with allergies appreciate knowing the ingredients in an item; attach a small tag listing them. There are many requests for Gluten Free foods. Let's do our best to ensure the Bake Table is full to overflowing!!!!

DELIVERING YOUR CONTRIBUTIONS

Donations will be welcomed:

To the Narthex:

on **Wednesday morning** (May 21) from 10:30am – 1:30pm

on **Thursday morning** (May 22) 9:00am – 1:30pm

To individual stalls:

on **Friday** (May 23) **between 9:00am - 10:00am**

BAKING will be accepted on **FRIDAY AND SATURDAY BEFORE 9:00 AM**

PLEASE INVITE YOUR FRIENDS!

ST. MARY'S CHURCH

**EAST SAANICH RD. & CULTRA AVE.
SAANICHTON**

SPRING FLING

Saturday, May 24th

9:30 a.m. - Noon

**CRAFT TABLE
ADULT CLOTHING, JEWELRY
HOUSEWARES & LINENS
HOME BAKING & BOOK ROOM
COFFEE & ICED TEA**

Payment by Cash or Cheque

FREE ADMISSION

INFO: LESLIE 250-652-1611

ParishCS.ca



2025

© Culture Stages

INTERCESSIONS

Anglican Cycle of Prayer: We pray for the Episcopal Church in Jerusalem and the Middle East. We pray for Archbishop Anne, our Acting Primate and for the upcoming election for Primate in June. John Stephens, Metropolitan of The Province of B.C and Yukon We also pray for Archbishop Chris and the Anglican Council of Indigenous Peoples.

Diocesan Cycle of Prayer: We pray for Anna, our bishop; for the St. John the Baptist, Cobble Hill.

Regional Cycle of Prayer: We pray for the Parish of St. Mary of the Incarnation, Metchosin and those in their Parish and surrounding neighbourhood. We also pray for the people of Central Park Campus of Saanich Baptist Church.

Our Parish Clergy: Lon, Logan, Brett, Bob, Paul, Gil and all who minister.

In our Parish: We pray for David Campbell and for Melanie Bolster and for their families.

For those ill or in need of prayer: Neville & Patricia, Roche, Diana A., Fern & Mark, Ian, Dennis, Boaz, Logan, Melanie B.

For Those with Long-Term Needs: Cheryl, Ted, Jillian S., Paul J., Phil J., Natalie, Jamie, Jane & Paul, Margery, Courtney, Ron H., Nancy J.

For friends beyond the parish: Jennifer, Jo-Jo, Margot, Sharie, John K., Helen, Andrew, Warwick, Sheila, Lynn W., Jim C., David F., Dani R. & family, Hayden, Carlos, Bryan, Karen & family, Drew, Sheila P., Amy, Anna, Betty O., Betty E., Alysha, Sue P., Mike D., Michelle, Rudi, Cassidy, Carl G., Don C., Melanie, Keith & Lillian

In the greater community: We pray for all victims of sexual misconduct and abuse. We are all called to create communities where all children of God are safe and respected.
We pray for those impacted or endangered by the toxic drug supply crisis and also for their loved ones who are, or have been, impacted.

CLERGY CONTACT INFORMATION

The Ven. Dr. Lon Towstego

His Cell Phone: (250) 208-9949

His email: ltowstego@bc.anglican.ca

Note: Worshippers may be photographed or recorded as part of the service. If this is of concern to you, please talk to the Minister or Wardens.

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