



Anglican Parish of Central Saanich

St. Mary Church

St. Stephen Church

Faith - Family - Friendship



ANGLICAN DIOCESE
OF BRITISH COLUMBIA

**Welcome To
PARISH OF CENTRAL SAANICH
At St. Stephen Church**



JULY 13, 2025 – PENTECOST 5

***To act justly and to love mercy and to walk
humbly with your God.*** Micah 6:8b

*We acknowledge that we gather to worship on the traditional
lands of the WSÁNEĆ and Coast Salish peoples*

St. Mary's Summer Services:

Sundays – 10:00 a.m. on:

July 6, July 20, August 3, August 17 & August 31

St. Stephen's Summer Services:

Sundays – 10:00 a.m. on:

July 13, July 27, August 10, August 24

Continue to monitor our website - ParishCS.ca

The Ven. Dr. Lon Towstego, Incumbent

The Rt. Rev. Dr. Logan McMenamie, Honorary Assistant

Associated Clergy:

The Ven. Bob Baillie,
The Rev. Dr. Brett Cane,
The Rev. Paul Schumacher,
The Rev. Gil Shoesmith, deacon

*Please practice Health protocols that make you feel comfortable.
Please be sensitive to the comfort level of others.*

HOLY EUCHARIST

Book of Alternative Services

The Ven. Dr. Lon Towstego, Presiding & Preaching

A Warm Welcome to all who worship with us, especially visitors.

With thanks, please mute your cell phones during the service.

The congregation says or sings the items in **bold** typeface.

Prelude – ***Who You Say I Am*** – Ben Fielding & Reuben Morgan © 2017

CCLI# 71024

Welcome & Land Acknowledgement

Gathering Song: ***On Eagle's Wings*** – Jan Michael Joncas © 1979

New Dawn Music/OCF

**You who dwell in the shelter of the Lord,
Who abide in His shadow for life,
Say to the Lord: “My refuge,
My rock in whom I trust!”**

**And He will raise you up on eagle's wings,
Bear you on the breath of dawn,
Make you to shine like the sun,
And hold you in the palm of His hand.**

**The snare of the fowler will never capture you,
And famine will bring you no fear.
Under His wings your refuge,
His faithfulness your shield.**

**And He will raise you up on eagle's wings,
Bear you on the breath of dawn,
Make you to shine like the sun,
And hold you in the palm of His hand.**

**You need not fear the terror of the night,
Nor the arrow that flies by day;
Though thousands fall about you,
Near you it shall not come.**

**And He will raise you up on eagle's wings,
Bear you on the breath of dawn,
Make you to shine like the sun,
And hold you in the palm of His hand.**

**For to His angels He's given a command
To guard you in all of your ways;**

**Upon their hands they will bear you up,
Lest you dash your foot against a stone.**

**And He will raise you up on eagle's wings,
Bear you on the breath of dawn,
Make you to shine like the sun,
And hold you in the palm of His hand.**

**And hold you,
Hold you in the palm of His hand.**

Lon: The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit, be with you all.

All: **And also with you.**

Lon: Almighty God,

All: to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name;
through Christ our Lord. Amen.

Gloria – Mass for the King of Glory

Betty Carr Pulkingham © 1973 (arr. for one voice by Daisy Essery)

**Glory to God,
Glory to God in the highest,
And peace to his people on earth.
Lord God, heavenly king,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.**

Centering Stillness:

Let us hold this moment open to the Spirit of God. (*Silence*)

The Prayer of the Day: Compassionate God, whose love demands our all: reveal to us our wounds and give us grace to know our neighbour who tends us with foreign hands; through Jesus Christ, the merciful one. Amen. *Prayers for an Inclusive Church* (2009) alt.

The Readings

The Rev. Gil Shoesmith - A reading from The Book of Amos

Amos 7:7-17

⁷ This is what he showed me: the Lord was standing beside a wall built with a plumb line, with a plumb line in his hand. ⁸ And the Lord said to me, “Amos, what do you see?” And I said, “A plumb line.” Then the Lord said,

“See, I am setting a plumb line
in the midst of my people Israel;
I will never again pass them by;

⁹ the high places of Isaac shall be made desolate,
and the sanctuaries of Israel shall be laid waste,
and I will rise against the house of Jeroboam with the sword.”

¹⁰ Then Amaziah, the priest of Bethel, sent to King Jeroboam of Israel, saying, “Amos has conspired against you in the very center of the house of Israel; the land is not able to bear all his words. ¹¹ For thus Amos has said,

‘Jeroboam shall die by the sword,
and Israel must go into exile
away from his land.’”

¹² And Amaziah said to Amos, “O seer, go, flee away to the land of Judah, earn your bread there, and prophesy there; ¹³ but never again prophesy at Bethel, for it is the king’s sanctuary, and it is a temple of the kingdom.”

¹⁴ Then Amos answered Amaziah, “I am no prophet, nor a prophet’s son; but I am a herdsman, and a dresser of sycamore trees, ¹⁵ and the Lord took me from following the flock, and the Lord said to me, ‘Go, prophesy to my people Israel.’

¹⁶ “Now therefore hear the word of the Lord.

You say, ‘Do not prophesy against Israel,
and do not preach against the house of Isaac.’

¹⁷ Therefore thus says the Lord:

‘Your wife shall become a prostitute in the city,
and your sons and your daughters shall fall by the sword,
and your land shall be parceled out by line;
you yourself shall die in an unclean land,
and Israel shall surely go into exile away from its land.’”

Hear what the Spirit of God is saying.

Thanks be to God.

Responsive Psalm 82 – The Rev. Gil Shoesmith

1 God takes his stand in the council of heaven; * **he gives judgement in the midst of the gods:**

2 “How long will you judge unjustly, * **and show favour to the wicked?**

3 Save the weak and the orphan; * **defend the humble and needy;**

4 Rescue the weak and the poor; * **deliver them from the power of the wicked.**

5 They do not know, neither do they understand; they go about in darkness; * **all the foundations of the earth are shaken.**

6 Now I say to you, ‘You are gods, * **and all of you children of the Most High;**

7 Nevertheless, you shall die like mortals, * **and fall like any prince.”**

8 Arise, O God, and rule the earth, * **for you shall take all nations for your own.**

Glory be to the Father and to the Son and to the Holy Spirit.

As it was in the beginning, is now, and ever shall be, world without end. Amen.

Greg Robinson - A reading from the Letter to the Colossians

Colossians 1:1-14 NRSV

1 Paul, an apostle of Christ Jesus by the will of God, and Timothy our brother,

2 To the saints and faithful brothers and sisters in Christ in Colossae: Grace to you and peace from God our Father.

3 In our prayers for you we always thank God, the Father of our Lord Jesus Christ, **4** for we have heard of your faith in Christ Jesus and of the love that you have for all the saints, **5** because of the hope laid up for you in heaven. You have heard of this hope before in the word of the truth, the gospel **6** that has come to you. Just as it is bearing fruit and growing in the whole world, so it has been bearing fruit among yourselves from the day you heard it and truly comprehended the grace of God. **7** This you learned from Epaphras, our beloved fellow servant¹ He is a faithful minister of Christ on your behalf, **8** and he has made known to us your love in the Spirit.

9 For this reason, since the day we heard it, we have not ceased praying for you and asking that you may be filled with the knowledge of God’s will in all spiritual wisdom and understanding, **10** so that you may

lead lives worthy of the Lord, fully pleasing to him, as you bear fruit in every good work and as you grow in the knowledge of God. ¹¹ May you be made strong with all the strength that comes from his glorious power, and may you be prepared to endure everything with patience, while joyfully ¹² giving thanks to the Father, who has enabled you to share in the inheritance of the saints in the light. ¹³ He has rescued us from the power of darkness and transferred us into the kingdom of his beloved Son, ¹⁴ in whom we have redemption, the forgiveness of sins.

Hear what the Spirit of God is saying.

Thanks be to God.

Gradual: *Good To Me* - Craig Musseau © 1990 CCLI # 313480

I cry out for Your hand of mercy to heal me.

I am weak, I need Your love to free me.

Oh Lord, my rock, my strength in weakness.

Come rescue me, oh Lord.

You are my hope, Your promise never fails me.

And my desire is to follow You forever.

For You are good, for You are good,

For You are good to me.

For You are good, for You are good,

For You are good to me.

Lon: God be with you.

People: And also with you.

Lon: The Holy Gospel of our Lord Jesus Christ according to Luke

People: Glory to you, Lord Jesus Christ.

Luke 10:25-37 NRSV

²⁵ Just then a lawyer stood up to test Jesus. ‘Teacher,’ he said, ‘what must I do to inherit eternal life?’ ²⁶ He said to him, ‘What is written in the law? What do you read there?’ ²⁷ He answered, ‘You shall love the Lord your God with all your heart, and with all your soul, and with all your strength, and with all your mind; and your neighbour as yourself.’ ²⁸ And he said to him, ‘You have given the right answer; do this, and you will live.’

²⁹ But wanting to justify himself, he asked Jesus, ‘And who is my neighbour?’ ³⁰ Jesus replied, ‘A man was going down from Jerusalem to Jericho, and fell into the hands of robbers, who stripped him, beat him, and went away, leaving him half dead.’ ³¹ Now by chance a priest was going down that road; and when he saw him, he passed by on the other side. ³² So likewise a Levite, when he came to the place and saw him, passed by on the other side. ³³ But a Samaritan while travelling came

near him; and when he saw him, he was moved with pity. ³⁴ He went to him and bandaged his wounds, having poured oil and wine on them. Then he put him on his own animal, brought him to an inn, and took care of him. ³⁵ The next day he took out two denarii, gave them to the innkeeper, and said, "Take care of him; and when I come back, I will repay you whatever more you spend." ³⁶ Which of these three, do you think, was a neighbour to the man who fell into the hands of the robbers?" ³⁷ He said, 'The one who showed him mercy.' Jesus said to him, 'Go and do likewise.'

Lon: The Gospel of Christ.

People: Praise to you, Lord Jesus Christ.

Gradual: *Good To Me* (con't.)

I cry out for Your hand of mercy to heal me.

I am weak, I need Your love to free me.

Oh Lord, my rock, my strength in weakness.

Come rescue me, oh Lord.

You are my hope, Your promise never fails me.

And my desire is to follow You forever.

For You are good, for You are good,

For You are good to me.

For You are good, for You are good,

For You are good to me.

Sermon – The Ven. Dr. Lon Towstego

The Apostle's Creed:

Presider: Let us confess the faith of our baptism, as we say,

All: **I believe in God, the Father almighty, creator of heaven and earth.**

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried.

He descended to the dead. On the third day he rose again.

He ascended into heaven, and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

The Prayers of the People – The Rev. Gil Shoesmith, deacon

Confession & Absolution:

Dear friends in Christ, God is steadfast in love and infinite in mercy and welcomes sinners and invites them to the table. Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Presider: Most merciful God,

All: We confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Presider: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

The Peace

Presider: The peace of the Lord be always with you.

People: And also with you.

The members of the community offer a sign of peace to one another in a manner that feels safe for you.

Please be sensitive to the comfort level of others.

Offertory: Amazing Grace - John Newton (Olney Hymns 1779)

tune: NEW BRITAIN (1829)

Amazing grace! (how sweet the sound)

That sav'd a wretch like me!

I once was lost, but now am found,

Was blind, but now I see.

'Twas grace that taught my heart to fear,

And grace my fears reliev'd;

How precious did that grace appear

The hour I first believ'd!

Thro' many dangers, toils, and snares,

I have already come;

'Tis grace hath brought me safe thus far,

And grace will lead me home.

The Lord has promis'd good to me,

His word my hope secures;

He will my shield and portion be

As long as life endures.

**Yes, when this flesh and heart shall fail,
And mortal life shall cease;
I shall possess, within the veil,
A life of joy and peace.**

**The earth shall soon dissolve like snow,
The sun forbear to shine;
But God, who call'd me here below,
Will be forever mine.**

After the offering is placed on the Lord's Table, all sing:

**Praise God from whom all blessings flow;
praise him, all creatures here below;
Praise him above, ye heavenly host;
praise Father, Son, and Holy Ghost. Amen**

Jimmy Owens ©1972 Lexicon Music, Inc

THE SACRED MEAL IS SHARED

Eucharistic Prayer #1

Presider: God be with you.

People: **And also with you.**

Presider: Lift up your hearts.

People: **We lift them to the Lord.**

Presider: Let us give thanks to the Lord our God.

People: **It is right to give our thanks and praise.**

Presider: It is indeed right that we should praise you, gracious God, for you created all things. You formed us in your own image. When we turned away from you in sin, you did not cease to care for us, but opened a path of salvation for all people. You made a covenant with Israel, and through your servants Abraham and Sarah gave the promise of a blessing to all nations. Through Moses you led your people from bondage into freedom; through the prophets you renewed your promise of salvation. Therefore, with them, and with all your saints who have served you in every age, we give thanks and raise our voices to proclaim the glory of your name.

Sanctus & Benedictus – *music, Land of Rest, American traditional tune*

**Holy, holy, holy Lord,
God of power and might
Heaven and earth are full of your glory
Hosanna in the highest.**

**Blessed is the one who comes
in the name of the Lord.
Hosanna in the highest; Hosanna in the highest.**

Presider: Holy God, source of life and goodness, all creation rightly gives you praise. In the fullness of time, you sent your Son Jesus Christ, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He healed the sick and ate and drank with outcasts and sinners; he opened the eyes of the blind and proclaimed the good news of your kingdom to the poor and to those in need. In all things he fulfilled your gracious will.

On the night he freely gave himself to death, our Lord Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “ Take, eat: this is my body which is given for you. Do this for the remembrance of me.”

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “ Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Gracious God, his perfect sacrifice destroys the power of sin and death; by raising him to life you give us life for evermore.

Therefore we proclaim the mystery of faith.

All: Christ has died. Christ is risen. Christ will come again.

Presider: Recalling his death, proclaiming his resurrection, and looking for his coming again in glory, we offer you, Father, this bread and this cup. Send your Holy Spirit upon us and upon these gifts, that all who eat and drink at this table may be one body and one holy people, a living sacrifice in Jesus Christ, our Lord.

Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours, almighty Father, now and for ever. **Amen.**

Lord's Prayer - Jodi Page © 1974 Celebration Services

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,**

on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

Breaking of the Bread:

Presider: We break this bread to share in the body of Christ.

All: We, being many, are one body, for we all share in the one bread.

Presider: The Gifts of God for the People of God

All: Thanks be to God.

Administration of Holy Communion

All are welcome to join us at the Lord's Table.

*If you prefer not to receive communion but wish to receive a blessing,
please cross your arms over your chest.*

Gluten-free bread is available upon request.

Communion Song: *As We Gather At Your Table* – text: Carl P. Daw Jr.

© 1989 tune: ECCE, DEUS Alfred V. Fedak © 1990

As we gather at your table, as we listen to your word,
Help us know, O God, your presence; let our hearts
and minds be stirred.
Nourish us with sacred story till we claim it as our own;
Teach us through this holy banquet how to make Love's
victory known.

Turn our worship into witness in the sacrament of life;
Send us forth to love and serve you, bringing peace where
there is strife.
Give us, Christ, your great compassion to forgive as
you forgave;
May we still behold your image in the world you
died to save.

Gracious Spirit, help us summon other guests to share that feast
Where triumphant Love will welcome those who had been
last and least.
There no more will envy blind us, nor will pride our peace
destroy,
As we join with saints and angels to repeat the sounding joy.

Prayer after Communion: Living God, in this sacrament we have shared in your eternal kingdom. May we who taste this mystery forever serve you in faith, hope, and love. We ask this in the name of Jesus Christ the Lord. **Amen**

Doxology

Presider: Glory to God

All: whose love, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever, Amen.

Blessing

Sending Song: *Mighty To Save* – Ben Fielding and Reuben Morgan

© 2006 CCLI# 4591782

Ev'ryone needs compassion,
Love that's never failing.
Let mercy fall on me.
Ev'ryone needs forgiveness,
The kindness of a Saviour.
The hope of nations.

Saviour, He can move the mountains.
My God is mighty to save.
He is mighty to save.
Forever, Author of salvation.
He rose and conquered the grave.
Jesus conquered the grave.

So take me as You find me,
All my fears and failures.
Fill my life again.
I give my life to follow,
Ev'rything I believe in.
Now I surrender.

Saviour, He can move the mountains.
My God is mighty to save.
He is mighty to save.
Forever, Author of salvation.
He rose and conquered the grave.
Jesus conquered the grave.

Saviour, You can move the mountains.
My God is mighty to save.
You are mighty to save.
Forever, Author of salvation.

You rose and conquered the grave.

Jesus conquered the grave.

Shine your light and let the whole world see,

We're singing for the glory of the risen King. Jesus.

Shine your light and let the whole world see,

We're singing for the glory of the risen King.

Saviour, You can move the mountains.

My God is mighty to save.

You are mighty to save.

Forever, Author of salvation.

You rose and conquered the grave.

Jesus conquered the grave.

Shine your light and let the whole world see,

We're singing for the glory of the risen King. Jesus.

Shine your light and let the whole world see,

We're singing for the glory of the risen King.

Dismissal:

Leader: Let us go in peace to love and serve the Lord.

People: Thanks be to God.

Postlude: ***Living Hope*** – Brian Johnson & Phil Wickham © 2017

CCLI # 7106807

CCLI# 245534

Please join us for coffee and conversation in the parish hall

READINGS FOR JULY 20 2025 - 10:00 a.m. AT ST. MARY

Amos 8:1-12; Psalm 52; Colossians 1:15-28; Luke 10:38-42

**THE JULY 20TH PARISH SERVICE WILL BE AT ST. MARY
AT 10:00 a.m.**

SUMMER STEWARDSHIP – Your Wardens encourage you to continue your generous offerings during the summer months. Please know that you may present your offering envelope(s) at any service and they will be directed to your regular place of worship.

With heartfelt thanks!

ST. MARY'S OUTREACH – For those who do not have offering envelopes, you may bring your outreach offering in a plain envelope, marked “Outreach for Month of ____” with your name and address and, if applicable, your Electronic Collection Plate number.

June	ORCCA Dental Clinic
July	General Outreach
Aug.	Anglican Appeal
Sept.	Saanich Peninsula Hospital & Healthcare Foundation - Chaplaincy

ST. STEPHEN'S OUTREACH – For those who do not have offering envelopes, you may bring your outreach offering in a plain envelope, marked “Outreach for Month of ____” with your name and address and, if applicable, your Electronic Collection Plate number.

June	Anglican Appeal
July	Rector's Discretionary Fund
Aug.	Victoria Humane Society
Sept.	Alongside Hope (formerly PWRDF)

A NOTE OF THANKS TO THE PARISH OF CENTRAL SAANICH

Dear Friends,

You were the first & fastest neighbour to respond after we discovered the break in. We thank you so much – for your gift, your caring, and your quick response. You reminded us right away – we are not alone.

Sincerely,
Cheryl Black & Sandi Parker
For Central Saanich United Church

INTERCESSIONS

Anglican Cycle of Prayer: We pray for the Church of North India. We pray for Archbishop Shane Parker, Primate of the Anglican Church of Canada; John Stephens, Metropolitan of The Province of B.C and Yukon We also pray for Archbishop Chris and the Anglican Council of Indigenous Peoples.

Diocesan Cycle of Prayer: We pray for Anna, our bishop; for the Parish of St. Mark, Qualicum Beach.

Regional Cycle of Prayer: We pray for the Parish of St. Mary Magdalene and those in their Parish and surrounding neighbourhood. We also pray for the people of Saanich Peninsula Catholic Parish.

Our Parish Clergy: Lon, Logan, Brett, Bob, Paul, Gil, Melanie and all who minister.

In our Parish: We pray for David Cooper and for Terry Hartley and for their families.

For those ill or in need of prayer: Neville & Patricia, Roche, Diana A., Fern & Mark, Ian, Dennis, Brett, Logan, Paul S.

For Those with Long-Term Needs: Cheryl, Ted, Jillian S., Paul J., Phil J., Natalie, Jamie, Jane & Paul, Margery, Courtney, Nancy J.

For friends beyond the parish: Jennifer, Jo-Jo, Margot, Sharie, John K., Helen, Andrew, Warwick, Sheila, Lynn W., Jim C., David F., Dani R. & family, Hayden, Carlos, Bryan, Karen & family, Drew, Sheila P., Amy, Anna, Betty O., Betty E., Alysha, Sue P., Michelle, Rudi, Cassidy, Carl G., Don C., Melanie, Keith & Lillian

For the Repose of the Souls: of Ron Heaps and for comfort and strength for Marie and their family and friends at this time and of Mike Dyer and for comfort and strength for Josie and their family and friends.

In the greater community: We pray for all victims of sexual misconduct and abuse. We are all called to create communities where all children of God are safe and respected. We pray for those impacted or endangered by the toxic drug supply crisis and also for their loved ones who are, or have been, impacted.

CLERGY CONTACT INFORMATION

The Ven. Dr. Lon Towstego

His Cell Phone: (250) 208-9949

His email: ltowstego@bc.anglican.ca

Note: Worshippers may be photographed or recorded as part of the service. If this is of concern to you, please talk to the Minister or Wardens.

St. Mary's Anglican Church

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