



Anglican Parish of Central Saanich

St. Mary Church

St. Stephen Church

Faith - Family - Friendship



**Welcome To
PARISH OF CENTRAL SAANICH
At St. Mary Church**



AUGUST 17, 2025 – PENTECOST 10

***To act justly and to love mercy and to walk
humbly with your God.*** Micah 6:8b

*We acknowledge that we gather to worship on the traditional
lands of the WSÁNEĆ and Coast Salish peoples*

St. Mary's Summer Services:

Sundays – 10:00 a.m. on:

July 6, July 20, August 3, August 17 & August 31

St. Stephen's Summer Services:

Sundays – 10:00 a.m. on:

July 13, July 27, August 10, August 24

Continue to monitor our website - ParishCS.ca

The Ven. Dr. Lon Towstego, Incumbent

The Rt. Rev. Dr. Logan McMenamie, Honorary Assistant

Associated Clergy:

The Ven. Bob Baillie,
The Rev. Dr. Brett Cane,
The Rev. Paul Schumacher,
The Rev. Gil Shoesmith, deacon

*Please practice Health protocols that make you feel comfortable.
Please be sensitive to the comfort level of others.*

HOLY EUCHARIST

Diocese of Islands and Inlets Liturgy (V. I. Liturgy)

The Ven. Penelope Kingham, Presiding & Preaching

A Warm Welcome to all who worship with us, especially visitors.

With thanks, please mute your cell phones during the service.

The congregation says or sings the items in **bold** typeface.

Prelude – *Joanne Lambert*

Welcome & Land Acknowledgement

Gathering Song: *How Firm a Foundation* (CP #527)

**How firm a foundation, ye saints of the Lord,
is laid for your faith in His excellent word!
What more can He say than to you he hath said,
to you who to Jesus for refuge have fled?**

**“Fear not, I am with thee, O be not dismayed,
For I am thy God, and will still give thee aid;
I’ll strengthen thee, help thee, and cause thee to stand,
Upheld by my righteous, omnipotent hand.”**

**When through the deep waters I call thee to go,
the rivers of woe shall not thee over flow,
for I will be with thee, thy troubles to bless,
and sanctify to thee thy deepest distress.**

**The soul that on Jesus hath leaned for repose
I will not, I will not, desert to its foes;
that soul, though all hell should endeavour to shake,
I’ll never, no, never, no, never forsake!’**

The Gathering of the Community

Penelope: The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit, be with you all.

All: And also with you.

Penelope: In this time and place we gather on the ancestral lands of the WSÁNEĆ and Coast Salish Peoples.

**All: From many places and Peoples we come to this house
in prayer.**

Lynn: In this time and place we are not alone for we meet in the presence of the living God.

All: For we meet in the presence of the living God.

Penelope: In this time and place we are not alone for the Risen Jesus stands in our midst.

All: The Risen Jesus stands in our midst.

Lynn: In this time and space we are not alone for the wind of the Spirit moves in and through us.

All: The wind of the Spirit moves in and through us.

Penelope: In this time and space we are not alone for we gather with the whole company of heaven. In this time and in this space heaven and earth are one.

All: In this time and in this space heaven and earth are one.

Lynn: In this time and place together, one People in Jesus Christ.

All: In the name of God, Creator, Saviour and Holy Spirit. Amen.

Glory to God on High CP (#365)

**Glory to God on high,
and peace to all on earth.
We worship you, we give you thanks,
our heavenly King.
We give you praise,
almighty God and Father blessed
in glory bright.**

**Our Saviour, Jesus Christ,
the Father's only son,
The sacrificial Lamb,
who saves the world from sin,
have mercy Lord.
Beside the Father's hand enthroned,
now hear our prayer.**

**You only are the Lord.
You only are most high.
You only are the holy one,
Lord Jesus Christ.
And now you reign
with Father and with Spirit one
in glorious light.**

Centering Stillness:

Let us hold this moment open to the Spirit of God. (*Silence*)

The Prayer of the Day: God of restless fire and urgent river's flow:
unsettle the false peace which hides our divisions; unfold our hearts
to sense your presence; unloose your kingdom and make us one in
Jesus Christ, the first of many brothers and sisters. Amen.

Prayers for an Inclusive Church (2009)

The Readings

Nichola Wade - A reading from The Book of Isaiah

Isaiah 5:1-7

Let me sing for my beloved
my love-song concerning his vineyard:
My beloved had a vineyard
on a very fertile hill.

² He dug it and cleared it of stones,
and planted it with choice vines;
he built a watch-tower in the midst of it,
and hewed out a wine vat in it;
he expected it to yield grapes,
but it yielded wild grapes.

³ And now, inhabitants of Jerusalem
and people of Judah,
judge between me
and my vineyard.

⁴ What more was there to do for my vineyard
that I have not done in it?
When I expected it to yield grapes,
why did it yield wild grapes?

⁵ And now I will tell you
what I will do to my vineyard.
I will remove its hedge,
and it shall be devoured;
I will break down its wall,
and it shall be trampled down.

⁶ I will make it a waste;
it shall not be pruned or hoed,
and it shall be overgrown with briars and thorns;
I will also command the clouds
that they rain no rain upon it.

⁷ For the vineyard of the Lord of hosts
is the house of Israel,
and the people of Judah
are his pleasant planting;
he expected justice,

but saw bloodshed;
righteousness,
but heard a cry!

Hear what the Spirit of God is saying.

Thanks be to God.

Responsive Psalm 80:1-2, 8-18 – Richard Routledge

1 Hear, O Shepherd of Israel, leading Joseph like a flock; * **shine forth, you that are enthroned upon the cherubim.**

2 In the presence of Ephraim, Benjamin, and Manasseh, * **stir up your strength and come to help us.**

8 You have brought a vine out of Egypt; * **you cast out the nations and planted it.**

9 You prepared the ground for it; * **it took root and filled the land.**

10 The mountains were covered by its shadow * **and the towering cedar trees by its boughs.**

11 You stretched out its tendrils to the Sea * **and its branches to the River.**

12 Why have you broken down its wall, * **so that all who pass by pluck off its grapes?**

13 The wild boar of the forest has ravaged it, * **and the beasts of the field have grazed upon it.**

14 Turn now, O God of hosts, look down from heaven; behold and tend this vine; * **preserve what your right hand has planted.**

15 They burn it with fire like rubbish; * **at the rebuke of your countenance let them perish.**

16 Let your hand be upon the man of your right hand, * **the son of man you have made so strong for yourself.**

17 And so will we never turn away from you; * **give us life, that we may call upon your name.**

18 Restore us, O Lord God of hosts; * **show the light of your countenance, and we shall be saved.**

Glory be to the Father and to the Son and to the Holy Spirit.

As it was in the beginning, is now, and ever shall be, world without end. Amen.

Hebrews 12:18-29

¹⁸ You have not come to something that can be touched, a blazing fire, and darkness, and gloom, and a tempest, ¹⁹ and the sound of a trumpet, and a voice whose words made the hearers beg that not another word be spoken to them. ²⁰ (For they could not endure the order that was given, 'If even an animal touches the mountain, it shall be stoned to death.' ²¹ Indeed, so terrifying was the sight that Moses said, 'I tremble with fear.') ²² But you have come to Mount Zion and to the city of the living God, the heavenly Jerusalem, and to innumerable angels in festal gathering, ²³ and to the assembly of the firstborn who are enrolled in heaven, and to God the judge of all, and to the spirits of the righteous made perfect, ²⁴ and to Jesus, the mediator of a new covenant, and to the sprinkled blood that speaks a better word than the blood of Abel.

²⁵ See that you do not refuse the one who is speaking; for if they did not escape when they refused the one who warned them on earth, how much less will we escape if we reject the one who warns from heaven! ²⁶ At that time his voice shook the earth; but now he has promised, 'Yet once more I will shake not only the earth but also the heaven.' ²⁷ This phrase 'Yet once more' indicates the removal of what is shaken—that is, created things—so that what cannot be shaken may remain. ²⁸ Therefore, since we are receiving a kingdom that cannot be shaken, let us give thanks, by which we offer to God an acceptable worship with reverence and awe; ²⁹ for indeed our God is a consuming fire.

Hear what the Spirit of God is saying.

Thanks be to God.

Gradual: *Be Still for the presence of the Lord*

Be still for the presence of the Lord

The Holy One is here

Come bow before Him now

With reverence and fear

In Him no sin is found

We stand on holy ground

Be still for the presence of the Lord

The Holy One is here

Be still for the glory of the Lord

Is shining all around

He burns with holy fire

With splendour He is crowned

How awesome is the sight

Our radiant King of light

**Be still for the glory of the Lord
Is shining all around**

Lynn: God be with you.

People: And also with you.

Lynn: The Holy Gospel of our Lord Jesus Christ according
to Luke

People: Glory to you, Lord Jesus Christ.

Luke 12:49-56 NRSV

⁴⁹ ‘I came to bring fire to the earth, and how I wish it were already kindled! ⁵⁰ I have a baptism with which to be baptized, and what stress I am under until it is completed! ⁵¹ Do you think that I have come to bring peace to the earth? No, I tell you, but rather division! ⁵² From now on, five in one household will be divided, three against two and two against three; ⁵³ they will be divided:

father against son

and son against father,

mother against daughter

and daughter against mother,

mother-in-law against her daughter-in-law

and daughter-in-law against mother-in-law.’

⁵⁴ He also said to the crowds, ‘When you see a cloud rising in the west, you immediately say, “It is going to rain”; and so it happens. ⁵⁵ And when you see the south wind blowing, you say, “There will be scorching heat”; and it happens. ⁵⁶ You hypocrites! You know how to interpret the appearance of earth and sky, but why do you not know how to interpret the present time?

Lynn: The Gospel of Christ.

People: Praise to you, Lord Jesus Christ.

Gradual: *Be Still (Con't)*

Be still for the power of the Lord

Is moving in this place

He comes to cleanse and heal

To minister His grace

No work too hard for Him

In faith receive from Him

Be still for the power of the Lord

Is moving in this place

Be still for the power of the Lord

Is moving in this place

Sermon – The Ven. Penelope Kingham

Anthem: ***In the Garden*** (Congregation joins in the Refrain & Verse 3)

I come to the garden alone
While the dew is still on the roses
And the voice I hear falling on my ear
The Son of God discloses

Refrain:

**And He walks with me, and He talks with me,
And He tells me I am His own,
And the joy we share as we tarry there,
None other has ever known.**

He speaks and the sound of His voice
Is so sweet the birds hush their singing
And the melody that He gave to me
Within my heart is ringing (***Refrain***)

**I'd stay in the garden with Him
Tho' the night around me be falling
But He bids me go thro' the voice of woe
His voice to me is calling (*Refrain*)**

The Apostle's Creed:

Presider: Let us confess the faith of our baptism, as we say,

**All: I believe in God, the Father almighty, creator of heaven
and earth.**

**I believe in Jesus Christ, his only Son, our Lord. He was
conceived by the power of the Holy Spirit and born of the
Virgin Mary. He suffered under Pontius Pilate, was
crucified, died, and was buried.**

**He descended to the dead. On the third day he rose again.
He ascended into heaven, and is seated at the right hand of
the Father.**

He will come again to judge the living and the dead.

**I believe in the Holy Spirit, the holy catholic Church, the
communion of saints, the forgiveness of sins, the
resurrection of the body, and the life everlasting. Amen.**

The Prayers of the People – Lynn Schumacher

Confession & Absolution:

Dear friends in Christ, God is steadfast in love and infinite in mercy and welcomes sinners and invites them to the table. Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Presider: Most merciful God,

All: We confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Presider: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

The Peace

Presider: The peace of the Lord be always with you.

People: And also with you.

The members of the community offer a sign of peace to one another in a manner that feels safe for you.

Please be sensitive to the comfort level of others.

Offertory: For the Beauty of the Earth (CP #429)

**For the beauty of the earth,
for the glory of the skies,
for the love which from our birth
over and around us lies;**

(refrain)

*Christ our God, to thee we raise
this our sacrifice of praise.*

**For the beauty of each hour
of the day and of the night,
hill and vale, and tree and flower,
sun and moon, and stars of light; (refrain)**

**For the joy of human love,
brother, sister, parent, child,
friends on earth and friends above,
for all gentle thoughts and mild; (refrain)**

**For each perfect gift of thine
to our race so freely given,
graces human and divine,
flowers of earth and buds of heaven, (refrain)**

Prayer over the Gifts: Loving God and Father, you have adopted us to be your heirs. Accept all we offer you this day and give us grace to live as faithful children. We ask this in the name of Jesus Christ our Lord.

Amen

THE SACRED MEAL IS SHARED

(Eucharist Prayer A)

Presider: God is here

People: **The Spirit is with us.**

Presider: Lift up your hearts and minds.

People: **We lift them to God.**

Presider: Let us give thanks to God the Creator.

People: **It is right to give our thanks and praise.**

Presider: Great Creator, with wit and wisdom you have formed the universe.

Your Spirit brooded over all in expectation, midwife of transformation. At your Word, the skies, the seas and the lands and all life came to be.

The winds and breezes, waters, fresh and salt, calm or gale swept, beaches and tides, mountains, rain and snow, are the setting of life and teach respect for the forces of nature.

In this land the People learned to depend upon the plants, the cedars, the sea creatures, the deer, the wolves, the bears of the forest, the sea birds, ravens and eagles for daily needs and signs of what is to come.

In ceremony and song, in dance and art, these relationships are portrayed and honoured.

All created things shared life with one another, sensing connection with one other.

When connections were dishonoured and broken, creation suffered.

Creation continues and brings light from night, freedom from slavery, and life from death.

Sanctus & Benedictus *(Kingsfold)*

O holy, holy holy God,

O God of time and space

All earth and sea and sky above

bear witness to your grace

Hosanna in the highest heave'n

creation sings your praise

**And blessed is the One who comes
and bears your name always**

Presider: The living Word was sent to freely share sorrow and joy, pain and healing, life and death in Jesus our brother and friend.

On the night before Jesus died, he feasted with his companions. He taught them to remember how they are loved and to know his presence with them and in them always.

He took bread, gave thanks, broke it and gave it to them saying,

“Take, eat, this is my body which is given for you”.

Later he took the cup, and when he had given thanks, he gave it to his companions saying,

“Drink this, all of you; this is the new covenant of my blood, shed for you and for the world for forgiveness and healing. Whenever you drink it, do this to remember me”.

Entering into the mystery of faith we call:

**People: Come, Creator.
Come, transforming Word.
Come, Breath of Life.**

Presider: We recall the offering of Jesus,
guardian of your people:
a birth in poverty, a child refugee, a worker with his hands,
the gathering of disciples and teaching and healing the
People, his power over sin and triumph over death and his
sacred presence unbounded by space and time, and we offer
to God this bread and cup.

Send the Breath of Life, like wind, blowing where it will,
north, east, south and west. May the Breath brood over these
gifts and all who feast at this table offering a foretaste of the
eternal feast to come.

**People: Bless and unite us in the sacrifice of Jesus that we may
celebrate with all creation. Sing, mountains and valleys,
fields and seas, creatures of the rivers, oceans and
forests!**

Presider: May all who share this poor pilgrim’s portion from bread
and cup be incorporated as one body and one holy people,
God’s priesthood joined in the offering of Jesus’ birth, life,
death and resurrection for the reconciliation of all things.

Reveal the unity of your Church, the mystery of our communion with our holy forebears and all yet to be born.

By our mother Mary, Michael and all the holy angels, Mary Magdalene, Peter and Paul, apostles, prophets, ministers and martyrs, may we be encouraged in faith and in walking the earth gently.

People: In good time, we will walk straight on,
not looking back, not turning our head,
to enter the presence of God and all the saints.

Presider: Glory and honour to God Triune, dynamic of love, complete and perfect unity, in one holy church, now and in all ages.

People: Amen.

The Lord's Prayer - Gordon Light (sung)

Presider: As our Saviour taught us, let us pray:

**Our Father in heaven, hallowed be your name,
Your kingdom come, your will be done on earth as in
heaven.
Give us today our daily bread,
Forgive us our sins, as we forgive those who sin against
us.
Save us from the time of trial and deliver us from evil,
For the kingdom, the power and the glory are yours,
Now and for ever. Amen.**

Breaking of the Bread:

Presider: We break this bread to share in the body of Christ.

All: We, being many, are one body, for we all share in the one bread.

Presider: The Gifts of God for the People of God

All: Thanks be to God.

Administration of Holy Communion

All are welcome to join us at the Lord's Table.

*If you prefer not to receive communion but wish to receive a blessing,
please cross your arms over your chest.*

Gluten-free bread is available upon request.

Communion: Breathe on Me, Breath of God (CP# 649)

**Breathe on me, Breath of God,
fill me with life anew,
that I may love the way you love,
and do what you wouldst do.**

**Breathe on me, Breath of God,
until my heart is pure,
until my will is one with yours,
to do and to endure.**

**Breathe on me, Breath of God,
Till I am wholly thine,
until this earthly part of me
glows with thy fire divine.**

**Breathe on me, Breath of God,
so shall I never die,
but live with you the perfect life
for thine eternity**

Prayer after Communion: Eternal God, we have received a token of your promise. May we who have been nourished by holy things live as faithful heirs of your promised kingdom, in the name of Jesus Christ our Lord. Amen

Doxology

Presider: Glory to God

**All: whose love, working in us, can do infinitely more than we
can ask or imagine. Glory to God from generation to
generation, in the Church and in Christ Jesus, for ever
and ever, Amen.**

Blessing

Sending Song: *Sing a New Song* (CP #312)

Refrain:

**Sing a new song unto the Lord
let your song be sung from mountains high.
Sing a new song unto the Lord,
singing alleluia.**

**Yahweh's people dance for joy.
O come before the Lord.
And play for him on glad tambourines,
and let your trumpet sound. (*Refrain*)**

**Rise, O children, from your sleep
your Savior now has come.
He has turned your sorrow to joy,
and filled your soul with song. (*Refrain*)**

**Glad my soul for I have seen
the glory of the Lord.
The trumpet sounds the dead shall be raised.
I know my Savior lives. (*Refrain*)**

Dismissal:

Leader: Let us go in peace to love and serve the Lord.

People: **Thanks be to God.**

Postlude

CCLI# 245534

Please join us for coffee and conversation in the parish hall

READINGS FOR AUGUST 24, 2025 - 10:00 a.m. AT ST. STEPHEN

Jeremiah 1:4-10; Psalm 71:1-6;
Hebrews 12:18-29; Luke 13:10-17

MANY THANKS to the Ven. Penelope Kingham who is presiding and preaching today while Lon is on vacation. It is wonderful to have you with us.

THE ALTAR FLOWERS are given by Heather Geddes, to the Glory of God and in memory of loved ones.

**THE AUGUST 24th PARISH SERVICE WILL BE AT ST. STEPHEN
AT 10:00 a.m.**

Thank you to all who are assisting today

Music	Joanne Lambert
Readers	Nichola Wade, Richard Routledge, Don Campbell, Lynn Schumacher
Liturgical Assistant	Lynn Schumacher
2nd Chalice	Nichola Wade
Sidesperson	David Cooper
Bell	Volunteer
Altar Guild	Susan Pullan
Flower Guild	Heather Geddes
Coffee Host	Lynn Fallan

THE SEPTEMBER COFFEE ROSTER is posted on the bulletin board outside of the kitchen. Please consider signing up to host a time of fellowship.

IMPORTANT!

From August 13 until September 21st

In the event of a pastoral emergency, please call The Rev. Gil Shoemsmith, deacon at 250-884-1685

ST. MARY'S OUTREACH – For those who do not have offering envelopes, you may bring your outreach offering in a plain envelope, marked “Outreach for Month of ____” with your name and address and, if applicable, your Electronic Collection Plate number.

July	General Outreach
Aug.	Anglican Appeal
Sept.	Saanich Peninsula Hospital & Healthcare Foundation - Chaplaincy

ST. STEPHEN'S OUTREACH – For those who do not have offering envelopes, you may bring your outreach offering in a plain envelope, marked “Outreach for Month of ____” with your name and address and, if applicable, your Electronic Collection Plate number.

July	Rector's Discretionary Fund
Aug.	Victoria Humane Society
Sept.	Alongside Hope (formerly PWRDF)

ADDITIONAL OUTREACH OPPORTUNITY - SEMINARIAN SUPPORT FUND –that could support current and future seminarians with the cost of their educational pursuits, books, etc. While he cautioned that prudent stewardship of our day-to-day operating costs was vital and he didn't want to impact that giving, he also invited people to donate to a new “**Seminarian Support Fund**”. You may do so by clearly marking your donation with this name and putting your Envelope number or contact information so that you would receive a tax receipt. *Please make cheques payable to St. Mary's Church.*

CLERGY CONTACT INFORMATION

The Ven. Dr. Lon Towstego
His Cell Phone: (250) 208-9949
His email: ltowstego@bc.anglican.ca

Note: Worshipers may be photographed or recorded as part of the service. If this is of concern to you, please talk to the Minister or Wardens.

INTERCESSIONS

Anglican Cycle of Prayer: We pray for the Scottish Episcopal Church. We pray for Archbishop Shane Parker, Primate of the Anglican Church of Canada; John Stephens, Metropolitan of The Province of B.C and Yukon We also pray for Archbishop Chris and the Anglican Council of Indigenous Peoples.

Diocesan Cycle of Prayer: We pray for Anna, our bishop; for the Parish of St. Mary, Nanoose Bay.

Regional Cycle of Prayer: We pray for the Parish of St. May of the Incarnation, Metchosin and those in their Parish and surrounding neighbourhood. We also pray for the people of the Saanich Peninsula Catholic Parish.

Our Parish Clergy: Lon, Logan, Brett, Bob, Paul, Gil, Melanie and all who minister.

In our Parish: We pray for Irene Feir and for Jackie & Howie Kolson and for their families.

For those ill or in need of prayer: Neville & Patricia, Roche, Diana A., Fern & Mark, Ian, Dennis, Brett, Logan, Paul S.

For Those with Long-Term Needs: Cheryl, Ted, Jillian S., Paul J., Phil J., Natalie, Jamie, Jane & Paul, Margery, Courtney, Nancy J.

For friends beyond the parish: Jennifer, Jo-Jo, Margot, Sharie, John K., Helen, Andrew, Warwick, Sheila, Lynn W., Jim C., David F., Dani R. & family, Hayden, Carlos, Bryan, Karen & family, Drew, Sheila P., Amy, Anna, Betty O., Betty E., Alysha, Sue P., Michelle, Rudi, Cassidy, Carl G., Don C., Melanie, Keith & Lillian, Cathy Swinscoe, Paddy Sullivan, Jennifer and family, Michael A.

In the greater community: We pray for all victims of sexual misconduct and abuse. We are all called to create communities where all children of God are safe and respected.
We pray for those impacted or endangered by the toxic drug supply crisis and also for their loved ones who are, or have been, impacted.

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