



Anglican Parish of Central Saanich

St. Mary Church

St. Stephen Church

Faith - Family - Friendship



**Welcome To
PARISH OF CENTRAL SAANICH
At St. Mary Church**



**SEASON OF
CREATION**

SEPTEMBER 1- OCTOBER 4

SEPTEMBER 14, 2025 – HOLY CROSS DAY

***IMPORTANT – THERE WILL ONLY BE ONE SERVICE TODAY.
WE WILL BE RETURNING TO THE REGULAR PATTERN
BELOW ON SEPTEMBER 21st.***

***To act justly and to love mercy and to walk
humbly with your God.*** Micah 6:8b

*We acknowledge that we gather to worship on the traditional
lands of the WSÁNEĆ and Coast Salish peoples*

St. Mary's Service:

Sunday Service: 9:00 a.m.

St. Stephen's Service:

Sunday Service: 11:15 a.m.

Continue to monitor our website - ParishCS.ca

**The Ven. Dr. Lon Towstego, Incumbent
Bishop Logan McMenamie, Honorary Assistant**

Associated Clergy: The Ven. Bob Baillie
The Rev. Dr. Brett Cane
The Rev. Paul Schumacher,
The Rev. Gil Shoesmith, deacon

*Please practice Health protocols that make you feel comfortable.
Please be sensitive to the comfort level of others.*

PARISH HOLY EUCHARIST AT 10:00 a.m.

Diocese of Islands and Inlets Liturgy (V. I. Liturgy)

The Ven. Penelope Kingham, Presiding & Preaching

A Warm Welcome to all who worship with us, especially visitors.

With thanks, please mute your cell phones during the service.

The congregation says or sings the items in **bold** typeface.

Prelude – *Carolyn Solberg on Harp*

Welcome & Land Acknowledgement

Gathering Song: *Lift High the Cross* (CP #602)

Refrain:

Lift high the cross

The love of Christ proclaim,

Till all the world

Adore His sacred name

Come, Christian people, sing your praises, shout!

If we are silent, even stones cry out. *Refrain*

Jesus, you wept to see our human strife;

Teach us compassion for each human life. *Refrain*

Peace was your plea, and peace your loving theme

Let peace be our passport, peace a living dream. *Refrain*

Worlds to be born and children yet to be,

Come, take up this song into eternity. *Refrain*

The Gathering of the Community

Penelope: The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit, be with you all.

All: And also with you.

Penelope: In this time and place we gather on the ancestral lands of the WSÁNEĆ and Coast Salish Peoples.

All: From many places and Peoples we come to this house in prayer.

Ken: In this time and place we are not alone for we meet in the presence of the living God.

All: For we meet in the presence of the living God.

Penelope: In this time and place we are not alone for the Risen Jesus stands in our midst.

All: The Risen Jesus stands in our midst.

Ken: In this time and space we are not alone for the wind of the Spirit moves in and through us.

All: The wind of the Spirit moves in and through us.

Penelope: In this time and space we are not alone for we gather with the whole company of heaven. In this time and in this space heaven and earth are one.

All: In this time and in this space heaven and earth are one.

Ken: In this time and place together, one People in Jesus Christ.

All: In the name of God, Creator, Saviour and Holy Spirit. Amen.

The Gloria (Ashgrove)

**Sing glory to God in the heights of the heavens
Salvation and peace to God's People on earth
Our Sovereign, our Saviour, our God, our Creator
We worship and praise you and sing of your worth.**

**Creation unites in the power of the Spirit
In praise of the Father, through Jesus the Son
So complex, so simple, so clear, so mysterious
Our God ever three yet eternally one.**

**This Lord Jesus Christ, only Son of the Father
The lamb who has carried the burden of shame
Now seated on high in the glory of heaven
Have mercy upon us who call on your name.**

**For you, only you, we acknowledge as holy
We name you alone as our Saviour and Lord
You only, O Christ, with the Spirit exalted,
Are one with the Father, forever adored.**

**Creation unites in the power of the Spirit
In praise of the Father, through Jesus the Son
So complex, so simple, so clear, so mysterious
Our God ever three yet eternally one.**

Centering Stillness:

Let us hold this moment open to the Spirit of God. *(Silence)*

The Prayer of the Day: God of compassion, Jesus was lifted up on the cross, a sign of your steadfast love and a pledge of your will to save.

Grant healing of soul and life eternal to those who look upon the cross in faith; through Jesus Christ, our peace and our salvation. Amen. *Opening Prayers* (1997)

The Readings

Valerie Park - A reading from The Book of Numbers

Numbers 21:4b-9

⁴From Mount Hor they set out by the way to the Red Sea, to go around the land of Edom; but the people became impatient on the way. ⁵The people spoke against God and against Moses, ‘Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we detest this miserable food.’ ⁶Then the Lord sent poisonous serpents among the people, and they bit the people, so that many Israelites died. ⁷The people came to Moses and said, ‘We have sinned by speaking against the Lord and against you; pray to the Lord to take away the serpents from us.’ So Moses prayed for the people. ⁸And the Lord said to Moses, ‘Make a poisonous serpent, and set it on a pole; and everyone who is bitten shall look at it and live.’ ⁹So Moses made a serpent of bronze, and put it upon a pole; and whenever a serpent bit someone, that person would look at the serpent of bronze and live.

Hear what the Spirit of God is saying.

Thanks be to God.

Responsive Psalm 98:1-6 – Jan Bergink

1 Sing to the Lord a new song, * **for he has done marvellous things.**

2 With his right hand and his holy arm * **has he won for himself the victory.**

3 The Lord has made known his victory; * **his righteousness has he openly shown in the sight of the nations.**

4 He remembers his mercy and faithfulness to the house of Israel, * **and all the ends of the earth have seen the victory of our God.**

5 Shout with joy to the Lord, all you lands; * **lift up your voice, rejoice, and sing.**

6 Sing to the Lord with the harp, * **with the harp and the voice of song.**

Glory be to the Father and to the Son and to the Holy Spirit.

As it was in the beginning, is now, and ever shall be, world without end. Amen.

Irene Feir - A reading from 1st Corinthians

1 Corinthians 1:18-24

¹⁸ For the message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. ¹⁹ For it is written,

‘I will destroy the wisdom of the wise,
and the discernment of the discerning I will thwart.’

²⁰ Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? ²¹ For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. ²² For Jews demand signs and Greeks desire wisdom, ²³ but we proclaim Christ crucified, a stumbling-block to Jews and foolishness to Gentiles, ²⁴ but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God.

Hear what the Spirit of God is saying.

Thanks be to God.

Gradual: *Ancient Words*

**Holy words long preserved
For our walk in this world;
They resound with God’s own heart
O Let the ancient words impart.
Words of life, words of hope,
Give us strength, help us cope;
In this world, where’er we roam
Ancient words will guide us home.**

Chorus:

**Ancient words, ever true
Changing me, changing you;
We have come with open hearts,
O let the ancient words impart**

Ken: God be with you.

People: **And also with you.**

Ken: The Holy Gospel of our Lord Jesus Christ according
to John

People: **Glory to you, Lord Jesus Christ.**

John 3:13-17

¹³ No one has ascended into heaven except the one who descended from heaven, the Son of Man. ^[a] ¹⁴ And just as Moses lifted up the serpent in

the wilderness, so must the Son of Man be lifted up, ¹⁵ that whoever believes in him may have eternal life.^[b]

¹⁶ ‘For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

¹⁷ ‘Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.

Ken: The Gospel of Christ.

People: Praise to you, Lord Jesus Christ.

Gradual: *Ancient Words* (con’t.)

Holy words of our faith,
Handed down to this age;
Came to us through sacrifice
O, heed the faithful words of Christ.
Holy words long preserved
For our walk in this world;
They resound with God’s own heart
Let the ancient words impart

Chorus:

Ancient words, ever true
Changing me, changing you;
We have come with open hearts,
O let the ancient words impart

Sermon – The Ven. Penelope Kingham

Anthem: *Surely the Presence of the Lord is in this Place*

Jim Kingham and Jess Zantvoort

The Apostle’s Creed:

Presider: Let us confess the faith of our baptism, as we say,

All: I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried.

He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

The Prayers of the People – Ken Pedlow

Confession & Absolution:

Dear friends in Christ, God is steadfast in love and infinite in mercy and welcomes sinners and invites them to the table. Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Presider: Most merciful God,

All: We confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Presider: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

The Peace

Presider: The peace of the Lord be always with you.

People: And also with you.

The members of the community offer a sign of peace to one another in a manner that feels safe for you.

Please be sensitive to the comfort level of others.

Offertory: When Long Before Time (CP#307)

**When long before time and the worlds were begun,
when there was no earth and no sky and no sun,
and all was deep silence and night reigned supreme,
and even our Maker had only a dream...**

**...the silence was broken when God sang the Song,
and light pierced the darkness and rhythm began,
and with its first birth-cries creation was born,
and creaturely voices sang praise to the morn.**

**The sounds of the creatures were one with their Lord's,
their harmonies sweet and befitting the Word;
the Singer was pleased as the earth sang the Song;
the choir of the creatures reechoed it long.**

**Though, down through the ages, the Song disappeared--
its harmonies broken and almost unheard--
the Singer comes to us to sing it again:
our God-is-with-us in the world now as then.**

**The Light has returned as it came once before;
the Song of the Lord is our own song once more;
so let us all sing with one heart and one voice
the song of the Singer in whom we rejoice.**

**To you, God the Singer, our voices we raise;
to you, Song Incarnate, we give all our praise;
to you, Holy Spirit, our life and our breath,
be glory forever, through life and through death.**

Prayer over the Gifts: Merciful God, through the death of your beloved Son you transformed an instrument of shame into a sign of hope and glory. Receive all we offer you this day, and renew in us the mystery of his love; through the same Jesus Christ, the Lord of glory. **Amen**

THE SACRED MEAL IS SHARED

(Eucharist Prayer C)

Presider: God is here

People: **The Spirit is with us.**

Presider: Lift up your hearts and minds.

People: **We lift them to God.**

Presider: Let us give thanks to God the Creator.

People: **It is right to give our thanks and praise.**

Presider: It is indeed right that we should praise you, God of love, our source and our fulfillment, for you create all things and in you we live and move and have our being. Your wonder is manifest in land and sea and sky. You made us in your image. And even though we turn from you, again and again you call us to yourself, and in every age, promise liberation.

As a mother gathers her children, you embraced a people as your own, to nurture them in the way of compassionate love. You sent Jesus among us, incarnate of the Holy Spirit and born of Mary. Jesus revealed your love for all Creation, and showed us the way of reconciliation.

Having lived among us - Jesus suffered the cross, Died,
And in rising again became the firstborn of the renewed
family. And so as we gather around your table, With saints
of every age and your beloved creation we raise our voices
and sing:

Sanctus & Benedictus (CP #735) - Schubert

**Holy, holy, holy Lord,
God of power and might**

**Holy, holy, holy Lord,
God of power and might
heaven and earth are full
full of your glory.
Hosanna in the highest,
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.
Hosanna in the highest, Hosanna in the highest.**

Presider: To you be glory, almighty God, because on the night before he died, Jesus took bread, when he had given thanks, he broke it, gave it to his disciples, and said: Take, eat, this is my body which is given for you; do this to remember me. After supper he took the cup; when he had given thanks, he gave it to them and said: Drink this all of you. This is my blood of the new covenant, Poured out for you and for many; do this to remember me.

All: Great is the mystery of faith.
**Christ has died,
Christ is risen,
Christ will come again.**

Presider: Recalling Christ's death and resurrection, we ask you to accept this, our sacrifice of praise. Pour out your Holy Spirit on us gathered here, and on these gifts of bread and wine that we may be fed with the body and blood of your Son. When all of creation groans, unite us in Christ and give us your hope that we might be strengthened to do your work, as your body in the world. Through Christ our Redeemer, in the power of the Spirit, all praise and glory be yours, Almighty God, now and forever. **Amen.**

The Lord's Prayer - (said)

Presider: As our Saviour taught us, let us pray:

All: **Our Father in heaven, hallowed be your name, Your kingdom come, your will be done On earth as in heaven. Give us today our daily bread, Forgive us our sins, as we forgive those who sin against us. Save us from the time of trial and deliver us from evil, For the kingdom, the pow'r and the glory are yours, Now and for ever. Amen.**

Breaking of the Bread:

Presider: We break this bread to share in the body of Christ.

All: We, being many, are one body, for we all share in the one bread.

Presider: The Gifts of God for the People of God

All: Thanks be to God.

Administration of Holy Communion

All are welcome to join us at the Lord's Table.

*If you prefer not to receive communion but wish to receive a blessing,
please cross your arms over your chest.*

Gluten-free bread is available upon request.

Music during Communion – *Carolyn Solberg*

Prayer after Communion: Almighty God, we give thanks that you have made us partakers of the body and blood of your Son Jesus Christ our Lord, who took our nature upon him and suffered death upon the cross for our redemption; who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**

Doxology

Presider: Glory to God

All: whose love, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever, Amen.

Blessing

Sending Song: *To God be the Glory* (CP #371)

**To God be the glory who great things has done!
God so loved the world freely sending the Son,
who yielded his life an atonement for sin,
and opened the life-gate that all may go in.**

Refrain:

**Praise the Lord! Praise the Lord!
Let the earth hear God's voice.
Praise the Lord! Praise the Lord!
Let the people rejoice!
O come to the Father
through Jesus the Son,
and give God the glory,
who great things has done!**

**O perfect redemption, the purchase of blood
to every believer the promise of God:
that when the offender, repenting, believes,
through Jesus' atonement, God's pardon receives. *Refrain***

**Great things God has taught us,
great things God has done,
and great our rejoicing through Jesus the Son;
but purer and higher and greater will be
our wonder, our gladness, when Jesus we see! *Refrain***

Dismissal:

Leader: Let us go in peace to love and serve the Lord.

People: Thanks be to God.

Postlude

CCLI# 245534

Please join us for coffee and conversation in the parish hall

READINGS FOR SEPTEMBER 21, 2025

Jeremiah 18:1-11; Psalm 79:1-9; 1 Timothy 2:1-7; Luke 16:1-13

THE ALTAR FLOWERS are given by Cathy Novak and John McAllister to the Glory of God and in thanks for our church family and in celebration of our 11th wedding anniversary.

MANY THANKS to the Ven. Penelope Kingham who is presiding and preaching today while Lon is on vacation. It is wonderful to have you with us.

2026 CANADIAN CHURCH CALENDARS – Leslie will have calendars available for sale in the narthex following the service.

FALL FEAST FUNDRAISER – (see poster overleaf) Leslie will also have tickets available for the dinner. Deadline for purchase is September 21st. Hoping to sell out again this year but it is slow going right now!!

MID-WEEK EUCHARIST resumes on Wednesday, September 17th at St. Mary at 10:00 a.m. The Ven. Bob Baillie will preside this coming week.

BIBLE STUDY - resumes on Wednesday, October 3rd at 10:45 a.m. following the 10:00 a.m. Eucharist.

Thank you to all who are assisting today

Music	Joanne Lambert & Carlyne Solberg
Readers	Valerie Park, Jan Bergink, Irene Feir & Ken Pedlow
Liturgical Assistant	Ken Pedlow
2nd Chalice	Melanie Ihmels
Sidesperson	Irene Feir
Sound/Bell	Volunteer
Altar Guild	Judi Clark
Flower Guild	Sue Rumball
Coffee Host	Judi Clark

ST. MARY'S OUTREACH – For those who do not have offering envelopes, you may bring your outreach offering in a plain envelope, marked “Outreach for Month of ____” with your name and address and, if applicable, your Electronic Collection Plate number.

Aug.	Anglican Appeal
Sept.	Saanich Peninsula Hospital & Healthcare Foundation - Chaplaincy

ST. STEPHEN'S OUTREACH – For those who do not have offering envelopes, you may bring your outreach offering in a plain envelope, marked “Outreach for Month of ____” with your name and address and, if applicable, your Electronic Collection Plate number.

Aug.	Victoria Humane Society
Sept.	Alongside Hope (formerly PWRDF)

INTERCESSIONS

Anglican Cycle of Prayer: We pray for the Anglican Church of South America. We pray for Archbishop Shane Parker, Primate of the Anglican Church of Canada; John Stephens, Metropolitan of The Province of B.C and Yukon We also pray for Archbishop Chris and the Anglican Council of Indigenous Peoples.

Diocesan Cycle of Prayer: We pray for Anna, our bishop; for the Parish of St. Paul, Nanaimo

Regional Cycle of Prayer: We pray for the Parish of Holy Trinity, North Saanich and those in their Parish and surrounding neighbourhood. We also pray for the people of Friendship Community Church.

Our Parish Clergy: Lon, Logan, Brett, Bob, Paul, Gil, Melanie and all who minister.

In our Parish: We pray for Gary & Rachel Moss and for Marie Heaps and for their families.

For those ill or in need of prayer: Neville & Patricia, Roche, Diana A., Fern & Mark, Ian, Dennis, Brett, Logan

For Those with Long-Term Needs: Cheryl, Ted, Jillian S., Paul J., Phil J., Natalie, Jamie, Jane & Paul, Margery, Courtney, Nancy J.

For friends beyond the parish: Jennifer, Jo-Jo, Margot, Sharie, John K., Helen, Andrew, Warwick, Sheila, Lynn W., Jim C., David F., Dani R. & family, Hayden, Carlos, Bryan, Karen & family, Drew, Sheila P., Amy, Anna, Betty O., Betty E., Alysha, Sue P., Michelle, Cassidy, Carl G., Don C., Keith & Lillian, Michael A.

In the greater community: We pray for all victims of sexual misconduct and abuse. We are all called to create communities where all children of God are safe and respected. We pray for those impacted or endangered by the toxic drug supply crisis and also for their loved ones who are, or have been, impacted.

You Are Cordially Invited to
A Fall Family Party
For the Communities of Saanichton & Brentwood Bay

Saturday, September 20th, 2025

11:00 am to 2:30 pm, rain or shine

St. Stephen Heritage Site

7921 St. Stephens Road, Saanichton



■ **Bouncy castle**

Sponsors: Kattia's Kitchen, Western Coast Insurance Services, Horizon Signs

■ **Fire truck**

Sponsor: Central Saanich Fire Department

■ **Games & crafts for kids**

Sponsors: Friends of St. Stephen Church

■ **Heritage Site guided walking tours**
11:30 am, 12:30 pm, 1:30 pm

■ **Adult historic trivia quiz**


■ **Hot dogs, chips, iced tea, coffee, tea & bottled water**

Sponsors: Brentwood Bakery, Fraser Orr's Butcher & Deli, Prairie Inn, Thrifty Foods

■ **First Aid volunteers**

Sponsor: St. John's Ambulance

Donations are gratefully accepted in the Memorial Hall and on the guided walking tours. All funds raised at the party will be used to restore the Church stained glass window.


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St. Mary Church St. Stephen Church
Faith - Family - Friendship

 **ANGLICAN DIOCESE**
OF BRITISH COLUMBIA

*Thanks for
your support!*

ST. MARY'S FALL FEAST FUNDRAISER

***Pulled Pork, Buns, Coleslaw, Potato Salad,
Baked Beans & Fruit/Light Desserts
Tea, Coffee & Juice***

Most items Gluten Free. Vegetarian option available



September 26, 2025

5:30 p.m.

**Cooper Hall at St. Mary Church
Corner of Cultra Ave & East Saanich Rd.**

\$25.00 Adult, \$10 Child under 12

Please Purchase tickets in advance by September 21st

Contact Leslie at the St. Mary's Office

Monday-Thursday, 9:00a.m. – 1:00 p.m.

Or call 250-652-1611 for alternate arrangements.

Catering by Bernie Grimes



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CLERGY CONTACT INFORMATION

The Ven. Dr. Lon Towstego

His Cell Phone: (250) 208-9949

His email: ltowstego@bc.anglican.ca

Note: Worshipers may be photographed or recorded as part of the service. If this is of concern to you, please talk to the Minister or Wardens.

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