



Anglican Parish of Central Saanich

St. Mary Church

St. Stephen Church

Faith - Family - Friendship



**Welcome To
PARISH OF CENTRAL SAANICH
At St. Mary Church**



OCTOBER 26, 2025 – PENTECOST 20

***To act justly and to love mercy and to walk
humbly with your God.*** Micah 6:8b

*We acknowledge that we gather to worship on the traditional
lands of the WSÁNEĆ and Coast Salish peoples*

St. Mary's Service:

Sunday Service: 9:00 a.m.

St. Stephen's Service:

Sunday Service: 11:15 a.m.

Continue to monitor our website - ParishCS.ca

**The Ven. Dr. Lon Towstego, Incumbent
Bishop Logan McMenamie, Honorary Assistant**

Associated Clergy: The Ven. Bob Baillie
The Rev. Dr. Brett Cane
The Rev. Paul Schumacher,
The Rev. Gil Shoesmith, deacon

*Please practice Health protocols that make you feel comfortable.
Please be sensitive to the comfort level of others.*

Diocese of Islands and Inlets Liturgy (V. I. Liturgy)

The Ven. Dr. Lon Towstego, Presiding & Preaching

A Warm Welcome to all who worship with us, especially visitors.

With thanks, please mute your cell phones during the service.

The congregation says or sings the items in **bold** typeface.

Prelude – *Joanne Lambert*

Welcome & Land Acknowledgement

Gathering Song: *Praise to the Lord, the Almighty* (CP #384)

**Praise to the Lord, the Almighty, the King of creation;
O my soul, praise him, for he is thy health and salvation:
all ye who hear,
brothers and sisters draw near,
praise him in glad adoration.**

**Praise to the Lord, who o'er all things so wondrously reigneth,
shelters thee under his wings, yea, so gently sustaineth:
hast thou not seen
how thy entreaties have been
granted in what he ordaineth?**

**Praise to the Lord! O let all that is in me adore him!
All that hath life and breath come now with praises before him!
Let the amen
sound from his people again:
gladly for aye we adore him.**

The Gathering of the Community

Lon: The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit, be with you all.

All: And also with you.

Lon: In this time and place we gather on the ancestral lands of the W̱SÁNEĆ and Coast Salish Peoples.

All: From many places and Peoples we come to this house in prayer.

Richard: In this time and place we are not alone for we meet in the presence of the living God.

All: For we meet in the presence of the living God.

Lon: In this time and place we are not alone for the Risen Jesus stands in our midst.

All: The Risen Jesus stands in our midst.

Richard: In this time and space we are not alone for the wind of the Spirit moves in and through us.

All: The wind of the Spirit moves in and through us.

Lon: In this time and space we are not alone for we gather with the whole company of heaven. In this time and in this space heaven and earth are one.

All: In this time and in this space heaven and earth are one.

Richard: In this time and place together, one People in Jesus Christ.

All: In the name of God, Creator, Saviour and Holy Spirit. Amen.

Spirit, Open my Heart

Chorus:

Spirit, open my heart to the joy and pain of living.

As you love, may I love in receiving and in giving.

Spirit, open my heart.

**God, replace my stony heart
with a heart that's kind and tender.
All my coldness and fear
to your grace I now surrender. (chorus)**

**Write your love upon my heart
as my law, my goal, my story.
In each thought, word and deed,
may my living bring you glory. (chorus)**

**May I weep with those who weep,
share the joy of sister, brother.
In the welcome of Christ,
may we welcome one another. (chorus)**

Centering Stillness:

Let us hold this moment open to the Spirit of God. (*Silence*)

**The Prayer of the Day: O God of salvation, we come to you in joy,
for you have heard the prayers of the poor and raised up the lowly.
Pour out your Spirit on young and old alike, so that our dreams and
visions may bring justice and peace to the world. Amen**

Revised Common Lectionary Prayers (2002) alt.

The Readings

Valerie Park - A reading from The Book of Joel

Joel 2:23-32

- ²³ O children of Zion, be glad
and rejoice in the LORD your God;
for he has given the early rain for your vindication,
he has poured down for you abundant rain,
the early and the later rain, as before.
- ²⁴ The threshing-floors shall be full of grain,
the vats shall overflow with wine and oil.
- ²⁵ I will repay you for the years
that the swarming locust has eaten,
the hopper, the destroyer, and the cutter,
my great army, which I sent against you.
- ²⁶ You shall eat in plenty and be satisfied,
and praise the name of the LORD your God,
who has dealt wondrously with you. And my people shall never again
be put to shame.
- ²⁷ You shall know that I am in the midst of Israel,
and that I, the LORD, am your God and there is no other.
And my people shall never again
be put to shame.
- God's Spirit Poured Out
- ²⁸ Then afterwards
I will pour out my spirit on all flesh;
your sons and your daughters shall prophesy,
your old men shall dream dreams,
and your young men shall see visions.
- ²⁹ Even on the male and female slaves,
in those days, I will pour out my spirit.
- ³⁰ I will show portents in the heavens and on the earth, blood and fire and
columns of smoke. ³¹ The sun shall be turned to darkness, and the moon
to blood, before the great and terrible day of the LORD comes. ³² Then
everyone who calls on the name of the LORD shall be saved; for in
Mount Zion and in Jerusalem there shall be those who escape, as
the LORD has said, and among the survivors shall be those whom
the LORD calls.

Hear what the Spirit of God is saying.

Thanks be to God.

Responsive Psalm 65 – Don Campbell

1 You are to be praised, O God, in Zion; * **to you shall vows be performed in Jerusalem.**

2 To you that hear prayer shall all flesh come, * **because of their transgressions.**

3 Our sins are stronger than we are, * **but you will blot them out.**

4 Happy are they whom you choose and draw to your courts to dwell there! * **they will be satisfied by the beauty of your house, by the holiness of your temple.**

5 Awesome things will you show us in your righteousness, O God of our salvation, * **O Hope of all the ends of the earth and of the seas that are far away.**

6 You make fast the mountains by your power; * **they are girded about with might.**

7 You still the roaring of the seas, * **the roaring of their waves, and the clamour of the peoples.**

8 Those who dwell at the ends of the earth will tremble at your marvellous signs; * **you make the dawn and the dusk to sing for joy.**

9 You visit the earth and water it abundantly; you make it very plenteous; * **the river of God is full of water.**

10 You prepare the grain, * **for so you provide for the earth.**

11 You drench the furrows and smooth out the ridges; * **with heavy rain you soften the ground and bless its increase.**

12 You crown the year with your goodness, * **and your paths overflow with plenty.**

13 May the fields of the wilderness be rich for grazing, * **and the hills be clothed with joy.**

14 May the meadows cover themselves with flocks, and the valleys cloak themselves with grain; * **let them shout for joy and sing.**

Glory be to the Father and to the Son and to the Holy Spirit.

As it was in the beginning, is now, and ever shall be, world without end. Amen.

Irene Feir - A reading from 2nd Letter to Timothy

2 Timothy 4:6-8, 16-18

⁶ As for me, I am already being poured out as a libation, and the time of my departure has come. ⁷ I have fought the good fight, I have finished the race, I have kept the faith. ⁸ From now on there is reserved for me the

crown of righteousness, which the Lord, the righteous judge, will give to me on that day, and not only to me but also to all who have longed for his appearing.

¹⁶ At my first defence no one came to my support, but all deserted me. May it not be counted against them! ¹⁷ But the Lord stood by me and gave me strength, so that through me the message might be fully proclaimed and all the Gentiles might hear it. So I was rescued from the lion's mouth. ¹⁸ The Lord will rescue me from every evil attack and save me for his heavenly kingdom. To him be the glory for ever and ever. Amen.

Hear what the Spirit of God is saying.

Thanks be to God.

Gradual: *Be Thou My Vision* (CP #505)

**Be thou my vision, O Lord of my heart;
naught be all else to me, save that thou art.
Thou my best thought, by day or by night,
waking or sleeping, thy presence my light.**

**Be thou my wisdom, and thou my true word;
I ever with thee, and thou with me, Lord.
thou my great Father; thine own may I be;
thou in me dwelling and I one with thee.**

**Riches I heed not, nor the world's empty praise;
thou mine inheritance, now and always.
Thou and thou only, first in my heart,
High King of heaven, my treasure thou art.**

Richard: God be with you.

People: And also with you.

Richard: The Holy Gospel of our Lord Jesus Christ according to Luke

Sung Response: Gospel Acclamation: *Alleluia* (CP #715 – refrain)

Alleluia, alleluia!

Alleluia, alleluia!

Luke 18:9-14

⁹ He also told this parable to some who trusted in themselves that they were righteous and regarded others with contempt: ¹⁰ ‘Two men went up to the temple to pray, one a Pharisee and the other a tax-collector. ¹¹ The Pharisee, standing by himself, was praying thus, “God, I thank you that I am not like other people: thieves, rogues, adulterers, or even like this tax-collector. ¹² I fast twice a week; I give a tenth of all my income.” ¹³ But

the tax-collector, standing far off, would not even look up to heaven, but was beating his breast and saying, “God, be merciful to me, a sinner!”
¹⁴ I tell you, this man went down to his home justified rather than the other; for all who exalt themselves will be humbled, but all who humble themselves will be exalted.’

Richard: The Gospel of Christ.

People: Praise to you, Lord Jesus Christ.

Gospel Acclamation: Alleluia (*CP #715 – refrain*)

Alleluia, alleluia!

Alleluia, alleluia!

Sermon – The Ven. Dr. Lon Towstego

Anthem: *Just a Little Talk with Jesus*

The Apostle’s Creed:

Presider: Let us confess the faith of our baptism, as we say,

All: I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried.

He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

The Prayers of the People - *Richard Routledge*

Confession & Absolution:

Dear friends in Christ, God is steadfast in love and infinite in mercy and welcomes sinners and invites them to the table. Let us confess our sins, confident in God’s forgiveness.

Silence is kept.

Presider: Most merciful God,

All: We confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Presider: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

The Peace

Presider: The peace of the Lord be always with you.

People: And also with you.

The members of the community offer a sign of peace to one another in a manner that feels safe for you.

Please be sensitive to the comfort level of others.

Offertory: Spirit of Gentleness

Chorus

**Spirit, spirit of gentleness,
Blow thro' the wilderness calling and free.
Spirit, spirit of restlessness, stir me from placidness,
Wind, wind on the sea.**

**You moved on the waters, you called to the deep,
Then you coaxed up the mountains from the valleys of sleep:
And over the aeons you called to each thing:
Wake from your slumbers and rise on your wings. Chorus**

**You swept thro' the desert, you stung with the sand,
And you goaded your people with a law and a land:
And when they were blinded with their idols and lies,
Then you spoke thro' your prophets to open their eyes. Chorus**

**You sang in a stable, you cried from a hill,
Then you whispered in silence when the whole world was still:
And down in the city you called once again,
When you blew thro' your people on the rush of the wind.
Chorus**

Prayer over the Gifts: God of constant love, you have guided your people in all times and ages. May we who offer you our praise today always be ready to follow where you lead; we ask this in the name of Jesus Christ our Lord. **Amen.**

THE SACRED MEAL IS SHARED

(Eucharist Prayer C)

Presider: God is here

People: The Spirit is with us.

Presider: Lift up your hearts and minds.

People: We lift them to God.

Presider: Let us give thanks to God the Creator.

People: It is right to give our thanks and praise.

Presider: It is indeed right that we should praise you, God of love, our source and our fulfillment, for you create all things and in you we live and move and have our being. Your wonder is manifest in land and sea and sky. You made us in your image. And even though we turn from you, again and again you call us to yourself, and in every age, promise liberation.

As a mother gathers her children, you embraced a people as your own, to nurture them in the way of compassionate love. You sent Jesus among us, incarnate of the Holy Spirit and born of Mary. Jesus revealed your love for all Creation, and showed us the way of reconciliation.

Having lived among us - Jesus suffered the cross, Died,
And in rising again became the firstborn of the renewed family. And so as we gather around your table, With saints of every age and your beloved creation we raise our voices and sing:

Sanctus (Steve Bell)

**Holy, Holy, Holy, Lord, God of power and might
Heaven and earth of Your glory are full
Hosanna, Hosanna. Hosanna in the highest**

**Blessed is he who comes in the name of the Lord.
Blessed is he who comes in the name of the Lord.**

**Holy, Holy, Holy, Lord, God of power and might
Heaven and earth of Your glory are full
Hosanna, Hosanna. Hosanna in the highest
Hosanna, Hosanna. Hosanna in the highest**

Presider: To you be glory, almighty God, because on the night before he died, Jesus took bread, when he had given thanks, he broke it, gave it to his disciples, and said: Take, eat, this is my body which is given for you; do this to remember me. After supper he took the cup; when he had given thanks, he gave it to them and said: Drink this all of you. This is my

blood of the new covenant, Poured out for you and for many;
do this to remember me.

Great is the mystery of faith.

**All: Christ has died,
Christ is risen,
Christ will come again.**

Presider: Recalling Christ's death and resurrection, we ask you to accept this, our sacrifice of praise. Pour out your Holy Spirit on us gathered here, and on these gifts of bread and wine that we may be fed with the body and blood of your Son. When all of creation groans, unite us in Christ and give us your hope that we might be strengthened to do your work, as your body in the world. Through Christ our Redeemer, in the power of the Spirit, all praise and glory be yours, Almighty God, now and forever. **Amen.**

Presider: As our Saviour taught us, let us pray, singing:

The Lord's Prayer (*sung*) - *Gordon Light*

**Our Father in heaven, hallowed be your name,
Your kingdom come, your will be done on earth as in heaven.
Give us today our daily bread,
Forgive us our sins, as we forgive those who sin against us.
Save us from the time of trial and deliver us from evil,
For the kingdom, the power and the glory are yours,
Now and for ever. Amen.**

Breaking of the Bread:

Presider: We break this bread to share in the body of Christ.

All: We, being many, are one body, for we all share in the one bread.

Presider: The Gifts of God for the People of God

All: Thanks be to God.

Administration of Holy Communion

All are welcome to join us at the Lord's Table.

*If you prefer not to receive communion but wish to receive a blessing,
please cross your arms over your chest.*

Gluten-free bread is available upon request.

Communion: *Spirit of God Unseen as the Wind* (Skye Boat Song)

Chorus:

Spirit of God, unseen as the wind,
gentle as is the dove;
teach us the truth and help us believe,
show us the Saviour's love!

You spoke to us long, long ago,
gave us the written word;
we read it still, needing its truth
through it God's voice is heard. *Chorus*

Without your help we fail our Lord,
we cannot live His way;
we need Your power, we need Your strength,
following Christ each day. *Chorus*

Prayer after Communion: God our guide, you have fed us with bread from heaven as you fed the people of Israel. May we who have been inwardly nourished be ready to follow you all our days; we ask this in the name of Jesus Christ our Lord. **Amen**

Doxology

Presider: Glory to God

All: whose love, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever, Amen.

Blessing

Sending Song: *The Trees of the Field* (CP #662)

You shall go out with joy
And be led forth with peace
The mountains and the hills
Will break forth before you
There'll be shouts of joy
And all the trees of the field
Will clap, will clap their hands.

And all the trees of the field will clap their hands
The trees of the field will clap their hands
The trees of the field will clap their hands
While you go out with joy.

**You shall go out with joy
And be led forth with peace
The mountains and the hills
Will break forth before you
There'll be shouts of joy
And all the trees of the field
Will clap, will clap their hands**

**And all the trees of the field will clap their hands
The trees of the field will clap their hands
The trees of the field will clap their hands
While you go out with joy**

Dismissal:

Leader: Let us go in peace to love and serve the Lord.

People: Thanks be to God.

Postlude

CCLI# 245534

Please join us for coffee and conversation in the parish hall

READINGS FOR NOVEMBER 2, 2025

Daniel 7:1-3, 15-18; Psalm 149; Ephesians 1:11-23; Luke 6:20-31

THE ALTAR FLOWERS are given by Susan & Roy Pullan to the Glory of God in memory of Bob Dawson and family & friends.

POTLUCK LUNCH AT ST. STEPHEN - in the hall after the 11:15 service today. All are welcome.

ALL SOULS' DAY – On Sunday, November 2nd we will take time to recognize All Souls' Day. If you wish to have us pray for a dearly departed person, please add their name to the list on the table in the narthex at St. Mary or email the office at admin@parishcs.ca

AED REFRESHER SESSION – 10:30 a.m. on Friday, November 7th at 10:30 a.m. in the Hall at St. Mary's.

EMAIL RETIREMENT – Please note that the email address – stmarys.saanichton@shaw.ca is going into retirement. Please update your records so that admin@parishcs.ca becomes your go to contact email for Leslie. Many thanks.

Thank you to all who are assisting today

Music	Joanne Lambert
Readers	Valerie Park, Don Campbell, Irene Feir, Richard Routledge
Liturgical Assistant	Richard Routledge
2nd Chalice	David Cooper
Sidesperson	Irene Feir
Sound Tech/Bell	Matty Stuart
Coffee Hosts	Lynn Fallan
Altar Guild	Carol Watkins
Flower Guild	Susan Pullan

ST. MARY'S OUTREACH – For those who do not have offering envelopes, you may bring your outreach offering in a plain envelope, marked “Outreach for Month of ____” with your name and address and, if applicable, your Electronic Collection Plate number.

Sept.	Saanich Peninsula Hospital & Healthcare Foundation - Chaplaincy
Oct.	Rector's Discretionary Fund
Nov.	South Island Centre for Counselling and Training
Dec.	General Outreach

ADVANCED NOTICE OF SPECIAL OUTREACH

LÁ,ETEN TTE ŠCELESTENEN Building Bridges – As our Christmas Outreach to our Tsawout neighbours, we will be collecting monetary donations and bulk-purchasing Gift Cards. You may insert your cash or cheque (payable to St. Mary's Church) into an envelope with your address and/or envelope number. You may use the DONATE Button on the website, choose St. Mary's Outreach and indicate “Building Bridges” in the Note box. You may also place the envelope on the offering plate or bring it to Leslie in the office by December 8th. Please do not mail cash!

INTERCESSIONS

Anglican Cycle of Prayer: We pray for the Rt Revd and Rt Hon Dame Sarah Mullally, the next Archbishop of Canterbury. We pray for the Church in Wales. We pray for Archbishop Shane Parker, Primate of the Anglican Church of Canada; John Stephens, Metropolitan of The Province of B.C and Yukon We also pray for Archbishop Chris and the Anglican Council of Indigenous Peoples.

Diocesan Cycle of Prayer: We pray for Anna, our bishop; for the Parish of St. Philip by-the-Sea, Lantzville

Regional Cycle of Prayer: We pray for the Parish of St. Philip, Cedar, The Rev. Leslie Flynn and those in their Parish and surrounding neighbourhood. We also pray for the people of Saanich Peninsula Catholic Parish

Our Parish Clergy: Lon, Logan, Brett, Bob, Paul and Gil
Postlants/Seminarians: Gary, Richard & Melanie

In our Parish: We pray for Audrey Kirkpatrick and for Greg & Christine Robinson and for their families.

For those ill or in need of prayer: Neville & Patricia, Roche, Diana A., Fern & Mark, Dennis, Logan

For Those with Long-Term Needs: Cheryl, Ted, Jillian S., Paul J., Phil J., Natalie, Jamie, Jane & Paul, Margery, Courtney, Nancy J., Kristen

For friends beyond the parish: Jennifer, Jo-Jo, Margot, Sharie, John K., Helen, Andrew, Warwick, Sheila, Lynn W., Jim C., David F., Dani R. & family, Hayden, Carlos, Bryan, Karen & family, Drew, Sheila P., Amy, Anna, Betty O., Betty E., Alysha, Sue P., Michelle, Cassidy, Carl G., Don C., Keith & Lillian, Michael A., Jasmine

In the greater community: We pray for all victims of sexual misconduct and abuse. We are all called to create communities where all children of God are safe and respected.
We pray for those impacted or endangered by the toxic drug supply crisis and also for their loved ones who are, or have been, impacted.



ST. MARY'S HOLLY FAIR NEWS

Please see the leaflet on the table in the narthex for additional information on other stalls

PRE-ORDERS

PLUM PUDDINGS:

The ever-popular 'Nancy Jackson' Christmas plum puddings will be available by pre-order as they have been in the past few years thanks to Irene and her crew!!! Please call Irene at 250-652-5773 or email her at kifeir@shaw.ca indicating the size of the pudding required. ***Deadline for orders is October 30th***. There will also be a limited number available for sale at the Holly Fair.

'MOM'S' ALMOND AND/OR MAPLE TARTS:

Bernie is willing to take pre-orders for his tarts this year. Trays of six tarts will sell for \$6.00 each. Please email Leslie Pedlow at lpedlow@parishcs.ca with your name, contact information, the number of trays requested, ***by November 10th***. Tarts will be available for pick at the Baking Stall at the Holly Fair on November 22nd from 9:30am to 1:00pm.

ITEMS THAT MAY BE DROPPED OFF NOW

MYSTERY BOTTLES

You may have seen some of these attractive "Mystery Bottles" on display in the narthex - they are a BIG hit at our Holly Fair!! Donations of products in bottles are requested. The monetary value **MUST** be a minimum of **\$10.00**. Sample items could include (but certainly are not limited to): wines, cordials, sparkling fruit drinks, specialty oils (e.g. walnut, olive, avocado, sesame), fancy vinegars and sauces, bath products and lotions, etc. We request that you do not wrap your contribution - our conveners will prepare the bottles for sale. The goal is 60 bottles!! Can you help us meet the challenge???? Place your contributions on the narthex table.

JEWELLERY

We always have buyers for attractive jewellery in good condition as well as the bargains eagerly sought by those wanting to make their own.

CLERGY CONTACT INFORMATION

The Ven. Dr. Lon Towstego

His Cell Phone: (250) 208-9949

His email: ltowstego@bc.anglican.ca

Note: Worshippers may be photographed or recorded as part of the service. If this is of concern to you, please talk to the Minister or Wardens.

St. Mary's Anglican Church

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