



Anglican Parish of Central Saanich

St. Mary Church

St. Stephen Church

*Faith - Family - Friendship*



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**Welcome To  
PARISH OF CENTRAL SAANICH  
St. Stephen Church**



**MARCH 29, 2026– SUNDAY OF THE PASSION  
WITH LITURGY OF THE PALMS**

*We acknowledge that we gather to worship on the traditional  
lands of the WSÁNEĆ and Coast Salish peoples*

**St. Mary's Service:**

Sunday Service: 9:00 a.m.

Wednesday Communion: 10:00 a.m.

**St. Stephen's Service:**

Sunday Service: 11:15 a.m.

Continue to monitor our website - [ParishCS.ca](http://ParishCS.ca)

**The Ven. Dr. Lon Towstego, Incumbent**

Associated Clergy: Bishop Logan McMenamie

The Rev. Dr. Brett Cane

The Rev. Paul Schumacher,

The Rev. Gil Shoesmith, deacon



**11:15 a.m. HOLY EUCHARIST**  
**Diocese of Islands and Inlets Liturgy (V. I. Liturgy)**

*The Ven. Dr. Lon Towstego, Presider & Preacher*

A Warm Welcome to all who worship with us, especially visitors.

The congregation says or sings the items in **bold** typeface.

Please join us for a time of fellowship in the Church Hall following the service.

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***The Service begins at the Lychgate at 11:15 a.m.***

Welcome & Land Acknowledgement

**Liturgy of the Palms**

Blessed is the one who comes in the name of the Lord.

**Hosanna in the highest.**

*The invitation*

Dear friends in Christ, during Lent we have been preparing for the celebration of our Lord's paschal mystery. On this day our Lord Jesus Christ entered the holy city of Jerusalem in triumph. The people welcomed him with palms and shouts of praise, but the path before him led to self-giving, suffering, and death. Today we greet him as our King, although we know his crown is thorns and his throne a cross. We follow him this week from the glory of the palms to the glory of the resurrection by way of the dark road of suffering and death. United with him in his suffering on the cross, may we share his resurrection and new life.

*The Blessing of Palms:*

Lon: The Lord be with you.

**All: And also with you.**

Lon: Let us give thanks to the Lord our God.

**All: It is right to give our thanks and praise.**

It is right to praise you, almighty God, for the acts of love by which you have redeemed us through your Son Jesus Christ our Lord. The Hebrews acclaimed Jesus as Messiah and King, with palm branches in their hands, crying, Hosanna in the highest.

May we also, carrying these emblems, go forth to meet Christ and follow him in the way that leads to eternal life; who lives and reigns in glory with you and the Holy Spirit, now and for ever. **Amen.**

*Palms are distributed after being blessed.*

**The Gospel of the Triumphal Entry**

Richard: God be with you

**All: And also with you.**

Richard: The Holy Gospel of our Lord Jesus Christ according to Matthew

**All: Glory to you, Lord Jesus Christ.**

## Matthew 21:1-11

21 When they had come near Jerusalem and had reached Bethphage, at the Mount of Olives, Jesus sent two disciples, <sup>2</sup> saying to them, “Go into the village ahead of you, and immediately you will find a donkey tied and a colt with her; untie them and bring them to me. <sup>3</sup> If anyone says anything to you, just say this, ‘The Lord needs them.’ And he will send them immediately.”<sup>[a]</sup> <sup>4</sup> This took place to fulfill what had been spoken through the prophet:

<sup>5</sup> “Tell the daughter of Zion,  
Look, your king is coming to you,  
humble and mounted on a donkey,  
and on a colt, the foal of a donkey.”

<sup>6</sup> The disciples went and did as Jesus had directed them; <sup>7</sup> they brought the donkey and the colt and put their cloaks on them, and he sat on them. <sup>8</sup> A very large crowd<sup>[b]</sup> spread their cloaks on the road, and others cut branches from the trees and spread them on the road. <sup>9</sup> The crowds that went ahead of him and that followed were shouting,  
“Hosanna to the Son of David!

Blessed is the one who comes in the name of the Lord!  
Hosanna in the highest heaven!”

<sup>10</sup> When he entered Jerusalem, the whole city was in turmoil, asking, “Who is this?” <sup>11</sup> The crowds were saying, “This is the prophet Jesus from Nazareth in Galilee.”

Response after the gospel: **Praise to you, Lord Jesus Christ.**

Let us pray: Assist us mercifully with your help, Lord God of our Salvation, that we may enter with joy into the celebration of those mighty acts whereby you give us life and immortality; through Jesus Christ our Lord. **Amen**

Richard: Let us go forth in peace and joy.

**All: In the name of Christ. Amen.**

*The people will make their way into the Church waving their Palms.  
Once everyone has found their seats, the Clergy will process as we sing.*

**Gathering Hymn: All Glory, Laud, and Honour (CP #181)**

**Refrain:**

**All glory, laud, and honour  
to thee, Redeemer, King,  
to whom the lips of children  
made sweet hosannas ring.**

**Thou art the King of Israel,  
thou David's royal Son,  
who in the Lord's Name comest,  
the King and blessed One.**

*Refrain:*

All glory, laud, and honour  
to thee, Redeemer, King,  
to whom the lips of children  
made sweet hosannas ring.

The company of angels  
are praising thee on high,  
and we with all creation  
in chorus make reply. *Refrain*

The people of the Hebrews  
with palms before thee went;  
our praise and prayer and anthems  
before thee we present. *Refrain*

To thee before thy Passion  
they sang their hymns of praise;  
to thee now high exalted  
our melody we raise. *Refrain*

Thou didst accept their praises,  
accept the prayers we bring,  
who in all good delightest,  
thou good and gracious King. *Refrain*

*The congregation may be seated*

**The Gathering of the Community**

Lon: In this time and place we gather on the ancestral lands of the  
W̱SÁNEĆ and Coast Salish Peoples.

**All: From many places and Peoples we come to this house  
in prayer.**

Richard: In this time and place we are not alone for we meet in the  
presence of the living God.

**All: For we meet in the presence of the living God.**

Lon: In this time and place we are not alone for the Risen Jesus  
stands in our midst.

**All: The Risen Jesus stands in our midst.**

Richard: In this time and space we are not alone for the wind of the  
Spirit moves in and through us.

**All: The wind of the Spirit moves in and through us.**

Lon: In this time and space we are not alone for we gather with  
the whole company of heaven. In this time and in this space  
heaven and earth are one.

**All: In this time and in this space heaven and earth are one.**

Richard: In this time and place together, one People in Jesus Christ.

**All: In the name of God, Creator, Saviour and Holy Spirit.**

**Amen.**

**The Prayer of the Day:** Holy and immortal God, as we enter into this holy week turn our hearts to Jerusalem, so that, united with Christ and all the faithful, we may enter the city not made with hands, your promised realm of justice and peace, eternal from age to age. Amen.

*A Prayer Book for Australia (1995) alt.*

## **The Readings**

**Psalm 31:9-16** – *Greg Robinson*

9 Have mercy on me, O Lord, for I am in trouble; \* **my eye is consumed with sorrow, and also my throat and my belly.**

10 For my life is wasted with grief, and my years with sighing; \* **my strength fails me because of affliction, and my bones are consumed.**

11 I have become a reproach to all my enemies and even to my neighbours, a dismay to those of my acquaintance; \* **when they see me in the street they avoid me.**

12 I am forgotten like a dead man, out of mind; \* **I am as useless as a broken pot.**

13 For I have heard the whispering of the crowd; fear is all around; \* **they put their heads together against me; they plot to take my life.**

14 But as for me, I have trusted in you, O Lord. \* **I have said, “You are my God.**

15 My times are in your hand; \***rescue me from the hand of my enemies, and from those who persecute me.**

16 Make your face to shine upon your servant, \* **and in your loving-kindness save me.”**

Glory be to the Father and to the Son and to the Holy Spirit.

**As it was in the beginning, is now, and ever shall be, world without end. Amen.**

**Philippians 2:5-11** – *Marian Towstego*

Let the same mind be in you that was in Christ Jesus,

6 who, though he was in the form of God,

did not regard equality with God

as something to be exploited,

7 but emptied himself,

taking the form of a slave,

being born in human likeness.

And being found in human form,

8 he humbled himself

and became obedient to the point of death—  
even death on a cross.

9 Therefore God also highly exalted him  
and gave him the name  
that is above every name,

10 so that at the name of Jesus  
every knee should bend,  
in heaven and on earth and under the earth,

11 and every tongue should confess  
that Jesus Christ is Lord,  
to the glory of God the Father.

Hear what the Spirit of God is saying.

### **Thanks be to God**

A reading of the Passion of our Lord Jesus Christ according  
to Matthew 27:11-54.

*See insert of Passion Narrative*

*Narrator proceeds to the lectern and other key readers may remain in  
their seats using loud voices*

***(In order to engage well with this reading, the people may be seated)***

Sermon – The Ven. Dr. Lon Towstego

### **The Nicene Creed**

Presider Let us confess our faith, as we say,

**All We believe in one God, the Father, the Almighty, maker  
of heaven and earth, of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ, the only Son of  
God, eternally begotten of the Father, God from God,  
Light from Light, true God from true God, begotten, not  
made, of one being with the Father. Through him all  
things were made. For us and for our salvation he came  
down from heaven: by the power of the Holy Spirit  
he became incarnate from the Virgin Mary, and was  
made man. For our sake he was crucified under Pontius  
Pilate; he suffered death and was buried.**

**On the third day he rose again in accordance with the  
scriptures; he ascended into heaven and is seated at the  
right hand of the Father. He will come again in glory to  
judge the living and the dead, and his kingdom will have  
no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father. With the Father and the  
Son he is worshipped and glorified. He has spoken  
through the prophets. We believe in one holy catholic  
and apostolic Church. We acknowledge one baptism**

**for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

### **The Prayers of the People – *Richard Routledge***

#### **Call to Confession:**

**Presider:** The choice is ever before us: discipleship or rejection, authentic response or play-acting, commitment that will go all the way to a cross or hypocrisy which is a living denial and death. Like the fickle crowds of the first Palm Sunday, we need to examine ourselves and question the genuineness of our commitment.

#### **Confession of Sin:**

**All:** God of all times and places, we confess that we would rather join the crowds than stand alone. We prefer the popular point of view to a solitary witness for justice and truth. We like safety and security while shrinking from the risk of involvement. We'll sing "hosanna" when everyone else is doing so – but not when the hostile "Good Friday" forces may hear us. We do not like to admit our lukewarm response to you, but neither do we want to be considered fanatics.

**We believe Jesus Christ came into the world to save sinners. We know that means us, not just other folks involved in obvious evils everyone knows about. We ask you to be patient with us, to help us understand our own guilt. Then pour out your forgiveness in such a way that we are forever transformed. In Jesus's name. Amen.**

#### **Assurance of Forgiveness:**

**Presider:** God sweeps into our human scene, redeeming all who turn from evil and do good. There is grace, mercy, and renewed strength for all who earnestly seek the new life Christ brings. Let us rejoice together, for even the stones cry out with good news. God forgives. You are freed from the burden of your sin in the name of the Father, the Son and the Holy Spirit. Praise God!

#### **The Peace *All stand***

**Presider:** The peace of the Lord be always with you.

**People:** **And also with you.**

*The members of the community offer a sign of peace to one another*

**Offertory: *When I Survey the Wondrous Cross* (CP #386)**

**When I survey the wondrous cross  
On which the Prince of glory died,  
My richest gain I count but loss,  
And pour contempt on all my pride.**

**Forbid it, Lord, that I should boast,  
Save in the cross of Christ, my God;  
All the vain things that charm me most  
I sacrifice them to His blood.**

**See, from His head, His hands, His feet,  
Sorrow and love flow mingled down;  
Did e'er such love and sorrow meet,  
Or thorns compose so rich a crown?**

**Were the whole realm of nature mine,  
That were an offering far too small:  
Love so amazing, so divine,  
Demands my soul, my life, my all.**

**Prayer over the Gifts:** Gracious God, the suffering and death of Jesus, your only Son, makes us pleasing in your sight. Alone we can do nothing, but through his sacrifice, may we receive your love and mercy. **Amen.**

**THE SACRED MEAL IS SHARED**

**(Eucharist Prayer B)**

**Presider:** God is here

**People:** **The Spirit is with us.**

**Presider:** Lift up your hearts and minds.

**People:** **We lift them to God.**

**Presider:** Let us give thanks to God the Creator.

**People:** **It is right to give our thanks and praise.**

**Presider:** Holy and eternal One, in whom we live and move and have our being. You are our origin and our fulfillment; we praise and thank you for drawing us to this sacred meal.

From the ocean of your primal love, you fashioned the marvel of creation, and beauty of human life.

From this land of towering forests and mist laden coastlines, you humble us and affirm the sacred gift of all creation, calling us to care for everything given and received.

**All:** **Glory to you, source of all life**

**Presider:** From the earliest days the peoples of these islands and inlets learned their dependence on your provision, salmon and deer, song and ceremony, dance and painted cedar, hallowed these sacred relationships with all life.

**All:            Glory to you, source of all life**

**Presider:** In Jesus Christ, you came into our world to reveal your glory, reconcile all peoples to yourself, and make all things new in him. Now, gathered from many places, and joining with the saints of every time and place, we raise our thankful voices in songs of unending praise, singing

***Sanctus & Benedictus (Kingsfold)***

**O holy, holy holy God,  
O God of time and space  
All earth and sea and sky above  
bear witness to your grace  
Hosanna in the highest heave'n  
creation sings your praise  
And blessed is the One who comes  
and bears your name always**

**Presider:** Blessed are you, most holy One: For on the night before he died Jesus took bread, gave you thanks, broke it, gave it to all gathered, and said: "Take, eat, this is my body which is given for you, do this in remembrance of me."  
After supper, he took the cup, gave you thanks, and gave it to them saying: "Drink this, all of you. This is my blood of the new covenant which is given for you, do this in remembrance of me."

**All:            "Behold, I am with you to the end of the age".**

Therefore, God of all creation, we lift this Bread of Life, and this Cup of Salvation. Send your Holy Spirit on these gifts, and upon us, that we may know Jesus in the breaking of the bread, and follow him in lives of selfless service and courageous love.

**All:            Glory to you, source of all life**

In the fullness of time reconcile all things in Christ, and bring us to that heavenly table, where every tear will be wiped away and we will feast anew. Blessing, praise and thanksgiving be to you, Holy and Eternal One, Undivided Trinity, One God, now and forever. **Amen.**

**Presider:** As our Saviour taught us, let us pray:

**People:** **Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth, as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil for the kingdom, the power and the glory are yours, now and forever. Amen.**

## **The Lord's Prayer** *(said as listed below)*

- In Hebrew by Sean Lyon

And then together, as our Saviour taught us, let us pray in English,

**Our Father in heaven, hallowed be your name,  
Your kingdom come, your will be done  
On earth as in heaven.  
Give us today our daily bread,  
Forgive us our sins, as we forgive those who sin against us.  
Save us from the time of trial and deliver us from evil,  
For the kingdom, the pow'r and the glory are yours,  
Now and for ever. Amen.**

## **Breaking of the Bread:**

Presider: He whose cross is a sign of hope for many is now present in this bread. He whose death brings healing to our world Is now present in this wine.

**All: Here is Christ coming to us in bread and wine.**

Administration of Communion

*All are welcome to join us at the Lord's Table.*

*If you prefer not to receive communion but wish to receive a blessing,  
please cross your arms over your chest.*

*Gluten-free bread is available upon request.*

## **Communion: Ten Thousand Angels**

**They bound the hands of Jesus  
In the garden where He prayed  
They led Him through the streets in shame  
They spat upon the Savior  
So pure and free from sin  
They said, "Crucify Him, He's to blame"**

### ***Chorus:***

**He could have called ten thousand angels  
To destroy the world and set Him free  
He could have called ten thousand angels  
But He died alone for you and me**

**Upon His precious head  
They placed a crown of thorns  
They laughed and said, "Behold the King"  
They struck Him and they cursed Him  
And they mocked His holy name  
All alone He suffered everything**

***Chorus:***

**He could have called ten thousand angels  
To destroy the world and set Him free  
He could have called ten thousand angels  
But He died alone for you and me**

**Prayer after Communion:** God our help and strength, you have satisfied our hunger with this eucharistic food. Strengthen our faith, that through the death and resurrection of your Son, we may be led to salvation, for he is Lord now and for ever. **Amen.**

**Doxology**

**Presider:** Glory to God

**All:** whose love, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever, Amen.

**Blessing**

**Sending Song:** *There is a Green Hill* (CP #202)

**There is a green hill far away,  
outside a city wall,  
where the dear Lord was crucified,  
who died to save us all.**

**We may not know, we cannot tell,  
what pains he had to bear;  
but we believe it was for us  
he hung and suffered there.**

**He died that we might be forgiv'n,  
he died to make us good,  
that we might go at last to heav'n,  
saved by his precious blood.**

**There was no other good enough  
to pay the price of sin;  
he only could unlock the gate  
of heav'n, and let us in.**

**O dearly, dearly has he loved,  
and we must love him too,  
and trust in his redeeming blood,  
and try his works to do.**

## Dismissal:

Leader: Go from this place with the cross on your hearts.:

People: **We will empty ourselves with Christ for the life of the world.**

Postlude

CCLI# 245534

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*Please join us for conversation and coffee in the Parish Hall*

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## READINGS FOR EASTER SUNDAY

Jeremiah 31:1-6; Psalm 118:1-2, 14-24;

Acts 10:34-43; Matthew 28:1-10

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**A SPECIAL OFFERING FOR EASTER** – If you wish to make a special offering to give thanks to God for all that he has given, please use the envelope enclosed in your Easter letter which was available for pick up last week or was sent by mail. There are also spare Easter envelopes on the table in the Narthex. Your Easter Offering gifts go to the General Operations of the Church

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**EASTER OUTREACH** - You are welcome to remember the Saanich Peninsula Lions Food Bank this Easter by placing a designated offering in the collection plate or, if you would like to bring non-perishable food items, you may bring them to the Hall on Easter Sunday.

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**ST. STEPHEN OUTREACH** – In your offering envelope package you will find special monthly outreach envelopes. For those who do not have offering envelopes, you may bring your outreach offering in a plain envelope, marked “Outreach for Month of \_\_\_\_” with your name and address.

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| MONTH    | DESIGNATION                                                                                                                                                                                                           |
|----------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| February | <b>Saanich Peninsula Health/Hospital Foundation</b> - Donations provide funding toward the Spiritual Health Practitioner (formerly Chaplaincy) program at the hospital.                                               |
| March    | <b>Rector’s Discretionary Fund</b> - This is a dedicated fund under the Rector’s control and discretion which provides (but is not limited to) financial assistance to members of the parish and the wider community. |
| April    | <b>General Outreach</b> - Monies donated for General Outreach are dedicated at the end of the year to be used for requests received during the year and to “top up” totals in monthly outreach designations.          |

**CELEBRATION OF LIFE FOR JACKIE KOLSON** – 1:00 p.m.,  
 Friday, April 10<sup>th</sup> at St. Stephen Church with overflow viewing in the  
 Memorial Hall.

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## Holy Week and Easter Services – 2026

| Date                                                | Day    | Time       | Service                                                   | Location                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
|-----------------------------------------------------|--------|------------|-----------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Mar. 30                                             | Mon.   | 4:00 p.m.  | Evening Prayer                                            | St. Stephen                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Mar. 31                                             | Tues.  | 4:00 p.m.  | Evening Prayer                                            | St. Mary                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| Apr. 1                                              | Wed.   | 10:00 a.m. | Holy Eucharist                                            | St. Mary                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| Apr. 2                                              | Thurs. | 6:00 p.m.  | Foot Washing,<br>Eucharist &<br>Stripping of the<br>Altar | St. Mary                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| After the St. Mary Service – Stripping of the Altar |        |            |                                                           | St. Stephen                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Apr. 3                                              | Friday | 10:00 a.m. | Stations of the Cross Walk                                | <p>Meet in the parking lot at Centennial Park <b>at the corner of Hovey and Wallace</b>. We will be walking to St. Mary. Along the way will be a series of prayer stops, including in front of Aurora.</p> <p>If you are unable to walk the complete route, there will be several of the prayer stations on the church grounds so you can participate in the majority of the event. The final meditation and conclusion of the service will be held in the church sanctuary.</p> |
| <b>Apr. 5 – Easter Sunday 2024. He is Risen!!</b>   |        |            |                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
|                                                     |        | 9:00 a.m.  | Holy Eucharist                                            | St. Mary                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
|                                                     |        | 11:15 a.m. | Holy Eucharist                                            | St. Stephen                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |

## INTERCESSIONS

**Anglican Cycle of Prayer:** We pray for Archbishop Sarah Mullally and the Anglican Church of Melanesia. We pray for the Anglican Church of Canada and Archbishop Shane Parker, Primate; John Stephens, Metropolitan of The Province of B.C and Yukon We also pray for Archbishop Chris and the Anglican Council of Indigenous Peoples.

**Diocesan Cycle of Prayer:** We pray for Anna, our bishop; for the Parish of Holy Trinity, Sooke.

**Regional Cycle of Prayer:** We pray for the Parish of the Church of the Advent, Colwood and for those in their Parish and neighbourhood. We also pray for the people of the Saanich Peninsula Catholic Parish and Central Saanich United Church.

**Our Parish Clergy:** Lon, Logan, Brett, Bob, Paul and Gil

**Postulants:** Gary & Richard

**Seminarian:** Melanie

**In our Parish:** We pray for Christine & Greg Robinson and Cheyanne Blyth and for their families.

**For those ill or in need of prayer:** Neville & Patricia, Roche, Diana A., Fern, Dennis, Glenda, Dawn, Sybil, Roy, Jillian, Willa, Brett, Lynn S., Jacqueline Stober

**For Those with Long-Term Needs:** Cheryl, Ted, Phil J., Natalie, Jamie, Jane & Paul, Margery, Courtney, Kristen, Brad, Kim

**For friends beyond the parish:** Jennifer, Jo-Jo, Margot, Sharie, John K., Helen, Andrew, Sheila, Lynn W., Jim C., David F., Dani R. & family, Hayden, Carlos, Bryan, Karen & family, Drew, Sheila P., Amy, Betty E., Alysha, Sue P., Michelle, Cassidy, Carl G., Keith & Lillian, Michael A., Jasmine, Kai, Chris P., Paula, Cathy Swinscoe, Arianne, Chad

**For the repose of the soul:** of Nancy Jackson, long-time parishioner, and for comfort and strength for her family and friends.

**In the greater community:** We pray for our upcoming Federal Election.

We pray for all victims of sexual misconduct and abuse. We are all called to create communities where all children of God are safe and respected.

We pray for those impacted or endangered by the toxic drug supply crisis and also for their loved ones who are, or have been, impacted.

**CLERGY CONTACT INFORMATION**

The Ven. Dr. Lon Towstego

His Cell Phone: (250) 208-9949

His email: ltowstego@bc.anglican.ca

***Note:** Worshippers may be photographed or recorded as part of the service. If this is of concern to you, please talk to the Minister or Wardens.*

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