



Anglican Parish of Central Saanich

St. Mary Church St. Stephen Church

Faith - Family - Friendship

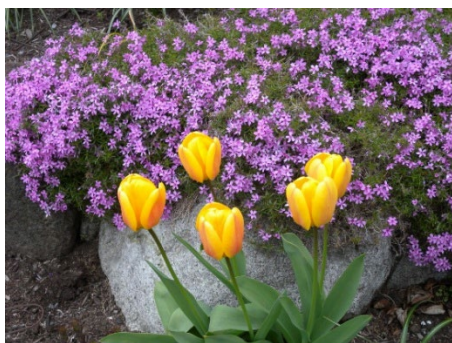


ANGLICAN DIOCESE
OF BRITISH COLUMBIA

**Welcome To
PARISH OF CENTRAL SAANICH
St. Stephen Church**

PO Box 162 Saanichton, B.C. V8M 2C3

Office: 250-652-4311



EASTER 3 - APRIL 19, 2026

May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.

Romans 15:13

We acknowledge that we gather to worship on the traditional lands of the WSÁNEĆ and Coast Salish Peoples

St. Mary's Service:

Sunday Service: 9:00 a.m.

Wednesday Communion: 10:00 a.m.

St. Stephen's Service:

Sunday Service: 11:15 a.m.

Continue to monitor our website - ParishCS.ca

The Ven. Dr. Lon Towstego, Incumbent

The Rt. Rev. Dr. Logan McMenamie, Honorary Assistant

Associated Clergy: The Ven. Bob Baillie, The Rev. Dr. Brett Cane,
The Rev. Paul Schumacher, The Rev. Gil Shoosmith

*Please practice protocols that make you feel comfortable.
Please be sensitive to the comfort level of others.*

9:00 a.m. HOLY EUCHARIST
Book of Alternative Services

The Ven. Dr. Lon Towstego, Presiding & Preaching

A Warm Welcome to all who worship with us, especially visitors.
The congregation says or sings the items in **bold** typeface.

Prelude – Joanne Lambert

Welcome & Land Acknowledgement

Gathering Song: ♪ *I Know My Redeemer Lives* (tune: *Duke Street*,
#619 *Lutheran book*, Vs 1,2,7,8)

1 I know that my Redeemer lives!
What comfort this sweet sentence gives!
He lives, he lives, who once was dead;
he lives, my ever-living head!

2 He lives triumphant from the grave;
he lives eternally to save;
he lives exalted, throned above;
he lives to rule his church in love.

7 He lives and grants me daily breath;
he lives, and I shall conquer death;
he lives my mansion to prepare;
he lives to bring me safely there.

8 He lives, all glory to his name!
He lives, my Savior, still the same;
what joy this blest assurance gives:
I know that my Redeemer lives!

The Gathering of the Community *All stand.*

Presider: The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit, be with you all.

People: **And also with you.**

Presider: Almighty God,

All: **to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.**

♪ **Glory to God**

**Gloria Gloria Gloria,
Glory to God on high**

**And on earth peace to God's People
Glory to God**

The Prayer of the Day

Prsider: Let us pray... who is alive and reigns with you and the Holy Spirit, one God, now and forever. **Amen.**

THE READINGS

First Lesson: Isaiah 51: 1-6 – Lynda Clifford

51 Listen to me, you who pursue righteousness, you who seek the Lord. Look to the rock from which you were hewn and to the quarry from which you were dug. ² Look to Abraham your father and to Sarah, who bore you, for he was but one when I called him, but I blessed him and made him many. ³ For the Lord will comfort Zion; he will comfort all her waste places and will make her wilderness like Eden, her desert like the garden of the Lord;

joy and gladness will be found in her, thanksgiving, and the voice of song.

⁴ Listen to me, my people, and give heed to me, my nation, for a teaching will go out from me and my justice for a light to the peoples. ⁵ I will bring near my deliverance swiftly; my salvation has gone out, and my arms will rule the peoples; the coastlands wait for me, and for my arm they hope.

⁶ Lift up your eyes to the heavens and look at the earth beneath, for the heavens will vanish like smoke, the earth will wear out like a garment, and those who live on it will die like gnats, but my salvation will be forever, and my deliverance will never be ended.

The word of the Lord. **Thanks be to God.**

Responsive Psalm 34: 7-15 – Linda Clifford

7 The angel of the Lord encompasses those who fear him,
and he will deliver them.

8 Taste and see that the Lord is good;

happy are they who trust in him!

9 Fear the Lord, you that are his saints,

for those who fear him lack nothing.

10 The young lions lack and suffer hunger,

but those who seek the Lord lack nothing that is good.

11 Come, children, and listen to me;

I will teach you the fear of the Lord.

12 Who among you loves life

and desires long life to enjoy prosperity?

13 Keep your tongue from evil-speaking

and your lips from lying words.

14 Turn from evil and do good; **seek peace and pursue it.**

15 The eyes of the Lord are upon the righteous, **and his ears are open to their cry.**

Reader: Glory be to the Father and to the Son and to the Holy Spirit.

**All: As it was in the beginning, is now, and ever shall be,
world without end. Amen.**

Second Lesson: 1 Peter 2: 2-10 – Ron Sewell

2 Rid yourselves, therefore, of all malice, and all guile, insincerity, envy, and all slander. ² Like newborn infants, long for the pure, spiritual milk, so that by it you may grow into salvation— ³ if indeed you have tasted that the Lord is good.

⁴ Come to him, a living stone, though rejected by mortals yet chosen and precious in God's sight, and ⁵ like living stones, let yourselves be built^[a] into a spiritual house, to be a holy priesthood, to offer spiritual sacrifices acceptable to God through Jesus Christ. ⁶ For it stands in scripture:

'See, I am laying in Zion a stone, a cornerstone chosen and precious; and whoever believes in him will not be put to shame.'

⁷ To you then who believe, he is precious; but for those who do not believe, 'The stone that the builders rejected has become the very head of the corner', ⁸ and 'A stone that makes them stumble, and a rock that makes them fall.' They stumble because they disobey the word, as they were destined to do. ⁹ But you are a chosen race, a royal priesthood, a holy nation, God's own people, in order that you may proclaim the mighty acts of him who called you out of darkness into his marvellous light. ¹⁰ Once you were not a people, but now you are God's people; once you had not received mercy, but now you have received mercy.

The word of the Lord.

People: Thanks be to God.

All stand for the Gospel.

Gospel Song: ♪ Come to Us Beloved Stranger

- 1. Come to us, beloved Stranger, as you came that Easter day.
Walk with us to our Emmaus, for we need you still today.
Come to us when we are broken, when our dearest hopes are lost,
speak to us the prophet's message you fulfilled upon the cross.**
- 2. Stay with us and give us blessing, that our hopes again may rise.
Offer us your broken body; open our unseeing eyes.
Come to us, God's love embodied;
touch our hearts with burning flame.**

**Risen Christ, once dead, now living,
come to us through joy, through pain.**

- 3. We would never fail to see you as you walk with us each day.
As a friend and not a stranger you would join us on our way.
Help us trust that through your mercy
we can doubt and fear transcend,
and to others be a blessing. Keep us faithful till life's end!**

Reader: God be with you.

People: And also with you.

Reader: The Holy Gospel of our Lord Jesus Christ according to Luke

People: Glory to you, Lord Jesus Christ.

♪ Alleluia

Luke 24: 13-35 – Lon Towstego

¹³ Now on that same day two of them were going to a village called Emmaus, about seven miles from Jerusalem, ¹⁴ and talking with each other about all these things that had happened. ¹⁵ While they were talking and discussing, Jesus himself came near and went with them, ¹⁶ but their eyes were kept from recognizing him. ¹⁷ And he said to them, ‘What are you discussing with each other while you walk along?’ They stood still, looking sad. ¹⁸ Then one of them, whose name was Cleopas, answered him, ‘Are you the only stranger in Jerusalem who does not know the things that have taken place there in these days?’

¹⁹ He asked them, ‘What things?’ They replied, ‘The things about Jesus of Nazareth, who was a prophet mighty in deed and word before God and all the people, ²⁰ and how our chief priests and leaders handed him over to be condemned to death and crucified him. ²¹ But we had hoped that he was the one to redeem Israel. Yes, and besides all this, it is now the third day since these things took place. ²² Moreover, some women of our group astounded us. They were at the tomb early this morning, ²³ and when they did not find his body there, they came back and told us that they had indeed seen a vision of angels who said that he was alive. ²⁴ Some of those who were with us went to the tomb and found it just as the women had said; but they did not see him.’ ²⁵ Then he said to them, ‘Oh, how foolish you are, and how slow of heart to believe all that the prophets have declared! ²⁶ Was it not necessary that the Messiah should suffer these things and then enter into his glory?’ ²⁷ Then beginning with Moses and all the prophets, he interpreted to them the things about himself in all the scriptures.

²⁸ As they came near the village to which they were going, he walked ahead as if he were going on. ²⁹ But they urged him strongly, saying, ‘Stay with us, because it is almost evening and the day is now nearly over.’ So he went in to stay with them.

³⁰ When he was at the table with them, he took bread, blessed and broke it, and gave it to them. ³¹ Then their eyes were opened, and they recognized him; and he vanished from their sight. ³² They said to each other, ‘Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?’ ³³ That same hour they got up and returned to Jerusalem; and they found the eleven and their companions gathered together. ³⁴ They were saying, ‘The Lord has risen indeed, and he has appeared to Simon!’ ³⁵ Then they told what had happened on the road, and how he had been made known to them in the breaking of the bread.

The Gospel of Christ.

People: Praise to you, Lord Jesus Christ.

♪ Alleluia

Sermon – The Ven. Dr. Lon Towstego

Anthem: ♪ *I know that my Redeemer liveth* (Handel’s Messiah) –
Hannah Nickel

The Apostle’s Creed

Presider: Let us confess the faith of our baptism, as we say,

All:

**I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord. He was conceived by
the power of the Holy Spirit and born of the Virgin Mary.**

He suffered under Pontius Pilate, was crucified, died, and was buried.

**He descended to the dead. On the third day he rose again. He
ascended into heaven, and is seated at the right hand of the Father.**

He will come again to judge the living and the dead.

**I believe in the Holy Spirit, the holy catholic Church, the communion
of saints, the forgiveness of sins, the resurrection of the body, and the
life everlasting. Amen.**

The Prayers of the People – Lynda Clifford

The Peace *All stand*

Presider: The peace of the Lord be always with you.

People: And also with you. (*All share the peace*)

Offertory Hymn: ♪ **Because He Lives** (Words: Bill & Gloria Gaither)

God sent His son, they called Him Jesus

He came to love, heal, and forgive.

He lived and died to buy my pardon,

An empty grave is there to prove my Savior lives.

Refrain

**Because He lives, I can face tomorrow.
Because He lives, All fear is gone.
Because I know He holds the future,
And life is worth the living just because He lives.**

**How sweet to hold a newborn baby,
And feel the pride and joy he gives.
But greater still the calm assurance,
This child can face uncertain days because He lives. *Refrain***

**And then one day I'll cross the river,
I'll fight life's final war with pain.
And then as death gives way to victory,
I'll see the lights of glory and I'll know He lives. *Refrain***

Prayer over the Gifts: God of mercy and compassion... in the name of Jesus Christ the Lord. **Amen.**

Eucharistic Prayer #2

Presider: God be with you.

People: And also with you.

Presider: Lift up your hearts.

People: We lift them to the Lord.

Presider: Let us give thanks to the Lord our God.

People: It is right to give our thanks and praise.

Presider: We give you thanks and praise, almighty God... Now with all creation we raise our voices to proclaim the glory of your name.

All: (said) Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is the one who comes in the name of the Lord. Hosanna in the highest

Presider: Holy and gracious God... All glory and honour are yours, Father and Son, with the Holy Spirit in the holy Church, now and for ever. **Amen.**

The Lord's Prayer

Presider: As our Saviour taught us, let us say,

All: ♪ Lord's Prayer – Gordon Light

Our Father in heaven; Hallowed be your name.

Your kingdom come, your will be done on earth as in heaven.

Give us today our daily bread

Forgive us our sins as we forgive those who sin against us.

Save us from the time of trial, and deliver us from evil.

for the kingdom, the power and the glory are yours,

now and forever. Amen.

Presider: We break this bread to share in the body of Christ

**All: We, being many, are one body,
for we all share in the one bread**

Presider: The gifts of God for the People of God.

People: Thanks be to God.

Administration of Holy Communion – Second Chalice: Nicola Wade

All are invited to share in the Bread or a blessing

Please cross your arms at the rail if you would like a blessing.

Gluten Free Wafers are available upon request.

Communion Hymn: ♪ *This Is the Body of Christ*

**This is the body of Christ,
Broken that we may be whole;
This cup, as promised by God,
True to his word, cradles our Lord;
Food for the good of the soul. *(sing three times)***

Prayer after Communion: God of our pilgrimage, we have found the living water. Refresh and sustain us as we go forth on our journey, in the name of Jesus Christ the Lord. **Amen.**

Doxology: Glory to God, whose love, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever, Amen.

Blessing

Sending Song: ♪ Hallelujah, Hallelujah (tune: Ode to Joy)

**Hallelujah, Hallelujah! Hearts to heav'n and voices raise:
Sing to God a hymn of gladness, sing to God a hymn of praise.
He, who on the cross a victim for the world's salvation bled,
Jesus Christ, the King of glory, now is risen from the dead.**

**Christ is risen, we are risen! Shed upon us heav'nly grace,
Rain and dew and gleams of glory from the brightness of Thy face,
that we, with our hearts in heaven, here on earth may fruitful be,
and by angel hands be gathered, and be ever, Lord, with Thee.**

**Hallelujah, Hallelujah! Glory be to God on high!
To the Father and the Savior who has gained the victory!
Glory to the Holy Spirit, fount of love and sanctity!
Hallelujah, Hallelujah! to the Triune Majesty!**

Dismissal: Go forth into the world, rejoicing in the power of the Spirit.
Thanks be to God.

Thank you to all who are assisting our service today:

♪ Joanne Lambert, Lynda Clifford, Ron Sewell

READINGS FOR NEXT SUNDAY

Ezekiel 34: 7-15, Psalm 100, 1 Peter 2:19-25, Luke 24: 13-35

INTERCESSIONS

Anglican Cycle of Prayer: We pray for the Church of the Province of Myanmar (Burma). We pray for Archbishop Sarah Mullally; the Anglican Church of Canada and Archbishop Shane Parker, Primate; John Stephens, Metropolitan of The Province of B.C and Yukon We also pray for Archbishop Chris and the Anglican Council of Indigenous Peoples.

Diocesan Cycle of Prayer: We pray for Anna, our bishop; St. Christopher & St. Aidan, Cowichan Lake.

Regional Cycle of Prayer: We pray for the The Rev. Leslie Flynn, for the people and parish of St. Philip, Cedar and district.

Our Parish Clergy: Lon, Logan, Brett, Bob, Paul and Gil, and postulants Gary & Richard

In our Parish: We pray for Carl and Shirley Schwazer, and Bob Buchanan

For those ill or in need of prayer: Neville & Patricia, Roche, Diana A., Fern, Dennis, Glenda, Dawn, Sybil, Roy, Jillian, Willa, Brett, Jacqueline Stober

For Those with Long-Term Needs: Cheryl, Ted, Phil J., Natalie, Jamie, Jane & Paul, Margery, Courtney, Kristen, Brad, Kim, Lynn S.

For friends beyond the parish: Jennifer, Jo-Jo, Margot, Sharie, John K., Helen, Andrew, Sheila, Lynn W., David F., Dani R. & family, Hayden, Carlos, Bryan, Karen & family, Drew, Sheila P., Amy, Betty E., Alysha, Sue P., Michelle, Cassidy, Carl G., Keith & Lillian, Michael A., Jasmine, Kai, Chris P., Paula, Cathy Swinscoe, Arianne, Chad

In the greater community: We pray for all victims of sexual misconduct and abuse. We are all called to create communities where all children of God are safe and respected.

We pray for those impacted or endangered by the toxic drug supply crisis and also for their loved ones who are, or have been, impacted.

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EVENTS & ANNOUNCEMENTS

FUNERAL ANNOUNCEMENT - There will be a funeral service for **Nancy Jackson**, long standing member of the Parish of Central Saanich, St. Mary on Thursday, April 23 at 2PM.

MEN'S BREAKFAST – The Men's breakfast will be Saturday April 25, 9:30 a.m. at St. Stephen. Please email ltowstego@bc.anglican.ca to RSVP.

POTLUCK LUNCH @ ST. STEPHENS – Sunday April 26 after the service. All are welcome. Please bring items to share. Oven warming is possible. **Please bring your food in a plate or dish to serve from.**

ST. ELIZABETH'S CRAFT SALE & FLEA MARKET – Saturday May 9th, 9:00-13:30 at St. Elizabeth's Church. RSVP and secure a table (\$30 per spot+\$10 per table) by email: StElizCraftSale@gmail.com

ST. STEPHEN OUTREACH – In your offering envelope package you will find special monthly outreach envelopes. For those who do not have offering envelopes, you may bring your outreach offering in a plain envelope, marked "Outreach for Month of ____" with your name and address.

MONTH	DESIGNATION
April	General Outreach - Monies donated for General Outreach are dedicated at the end of the year to be used for requests received during the year and to "top up" totals in monthly outreach designations.
May	Blue Bus Ministry - Our donations help fund programs and staffing at this non-profit counselling and training agency which is funded solely through donations, fees, and grants.
June	Anglican Appeal - Donations support the mission work and ministry in Canada's North and our church partners overseas

CLERGY CONTACT INFORMATION

<p>The Ven. Dr. Lon Towstego Cell Phone: (250) 208-9949 Email: ltowstego@bc.anglican.ca</p>	<p>Office Hours: Tuesday-Friday, 9:00-1:00</p>
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stmarys.saanichton@shaw.ca

St. Stephen's Anglican Church
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Note: Worshippers may be photographed or recorded as part of the service. If this is of concern to you, please talk to the Minister or Wardens.

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