



Anglican Parish of Central Saanich

St. Mary Church

St. Stephen Church

*Faith - Family - Friendship*



**ANGLICAN DIOCESE**  
OF BRITISH COLUMBIA

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**Welcome To  
PARISH OF CENTRAL SAANICH  
St. Mary Church**



**May 10, 2026 – EASTER 6**

**Join us as we worship the living Christ!**

May the God of hope fill you with all joy and peace as you trust in him,  
so that you may overflow with hope by the power of the Holy Spirit.

*Romans 15:13*

*We acknowledge that we gather to worship on the traditional lands  
of the WSÁNEĆ and Coast Salish Peoples*

**St. Mary's Service:**

Sunday Service: 10:00 a.m.

Wednesday Communion: 10:00 a.m.

Continue to monitor our website - [ParishCS.ca](http://ParishCS.ca)

**The Ven. Dr. Lon Towstego, Incumbent**

Associated Clergy: Bishop Logan McMenamie

The Ven. Bob Baillie

The Rev. Dr. Brett Cane

The Rev. Paul Schumacher,

The Rev. Gil Shoosmith, deacon

## HOLY EUCHARIST

### Eucharistic Liturgy for the Islands and Inlets - B

*The Ven. Dr. Lon Towstego, Presiding*

*A Warm Welcome to all who worship with us, especially visitors.*

*With thanks, please mute your cell phones during the service.*

*The congregation says or sings the items in **bold** typeface.*

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**Prelude** – Joanne Lambert, Mike Philip, Greg Robinson

### **Welcome & Land Acknowledgement**

**Gathering Song:** ♪ *Joyful, Joyful, We Adore Thee (CP#425)*

**Joyful, joyful, we adore thee, God of glory, Lord of love;  
hearts unfold like flowers before thee, opening to the sun above.  
Melt the clouds of sin and sadness; drive the dark of doubt away;  
giver of immortal gladness, fill us with the light of day.**

**All thy works with joy surround thee, earth and heaven reflect thy rays,  
stars and angels sing around thee, center of unbroken praise.  
Field and forest, vale and mountain, flowery meadow, flashing sea,  
chanting bird and flowing fountain call us to rejoice in thee.**

**Thou art giving and forgiving, ever blessing, ever blest,  
well-spring of the joy of living, ocean depth of happy rest!  
Thou our Father and our Mother, all who live in love are thine;  
teach us how to love each other, lift us to the joy divine.**

**The Gathering of the Community** *All stand.*

Presider: In this time and place, we gather on the ancestral territories of  
Wasanec and Coast Salish peoples.

**All: From many places and peoples we come to this house in prayer.**

Presider: In this time and place we gather in the name of the living God.

**All: We meet in the presence of Jesus Christ, risen and alive.**

Presider: In this time and place, we gather with the community of faith  
around the globe and across the ages

**All: In this time and place heaven and earth are one.**

Presider: In this time and place, we are not alone, but one in Christ.

**All: Knit together in the unity of the Spirit.**

Presider: In this time and place, hallowed, expectant, one people in God.

**All: In the name of the Holy and Blessed One, Creator,  
Redeemer and Holy Spirit. Amen.**

**Gloria:** ♪ *Spirit Open my Heart*

*Chorus:*

*Spirit, open my heart to the joy and pain of living.  
As you love, may I love in receiving and in giving.  
Spirit, open my heart.*

**God, replace my stony heart  
with a heart that's kind and tender.  
All my coldness and fear  
to your grace I now surrender. (chorus)**

**Write your love upon my heart  
as my law, my goal, my story.  
In each thought, word and deed,  
may my living bring you glory. (chorus)**

**May I weep with those who weep,  
share the joy of sister, brother.  
In the welcome of Christ,  
may we welcome one another. (chorus)**

### **The Prayer of the Day**

Presider: Let us hold this moment open to the Spirit of God. (*silence*)  
Merciful God, you have prepared for those who love you riches beyond  
imagination. Pour into our hearts such love toward you, that we, loving  
you above all things, may obtain your promises, which exceed all that we  
can desire; through Jesus Christ our Lord, who is alive and reigns with  
you and the Holy Spirit, one God, now and forever. **Amen.**

### **THE READINGS**

**First Lesson: Ezekiel 34:1-7a** – Irene Feir

34 The word of the Lord came to me: <sup>2</sup> Mortal, prophesy against the  
shepherds of Israel; prophesy and say to them: To the shepherds—thus  
says the Lord God: Woe, you shepherds of Israel who have been feeding  
yourselves! Should not shepherds feed the sheep? <sup>3</sup> You eat the fat; you  
clothe yourselves with the wool; you slaughter the fatted calves, but you  
do not feed the sheep. <sup>4</sup> You have not strengthened the weak; you have  
not healed the sick; you have not bound up the injured; you have not  
brought back the strays; you have not sought the lost, but with force and  
harshness you have ruled them.<sup>5</sup> So they were scattered because there  
was no shepherd, and scattered they became food for all the wild  
animals. <sup>6</sup> My sheep were scattered; they wandered over all the  
mountains and on every high hill; my sheep were scattered over all the  
face of the earth, with no one to search or seek for them.

<sup>7</sup> Therefore, you shepherds, hear the word of the Lord:

**Thanks be to God.**

**Psalm 115** – Jan Bergink

<sup>1</sup> Not to us, O Lord, not to us, but to your name give glory;

**because of your love and because of your faithfulness.**

<sup>2</sup> Why should the heathen say, “**Where then is their God?**”

<sup>3</sup> Our God is in heaven; **whatever he wills to do he does.**

<sup>4</sup> Their idols are silver and gold, **the work of human hands.**

<sup>5</sup> They have mouths, but they cannot speak;

**eyes have they, but they cannot see;**

<sup>6</sup> They have ears, but they cannot hear; **noses, but they cannot smell;**

<sup>7</sup> They have hands, but they cannot feel; feet, but they cannot walk;

**they make no sound with their throat.**

<sup>8</sup> Those who make them are like them,

**and so are all who put their trust in them.**

<sup>9</sup> O Israel, trust in the Lord; **he is their help and their shield.**

<sup>10</sup> O house of Aaron, trust in the Lord; **he is their help and their shield.**

<sup>11</sup> You who fear the Lord, trust in the Lord; **he is their help and their shield.**

<sup>12</sup> The Lord has been mindful of us, and he will bless us;

**he will bless the house of Israel; he will bless the house of Aaron;**

<sup>13</sup> He will bless those who fear the Lord, **both small and great together.**

<sup>14</sup> May the Lord increase you more and more,

**you and your children after you.**

<sup>15</sup> May you be blessed by the Lord, **the maker of heaven and earth.**

<sup>16</sup> The heaven of heavens is the Lord's,

**but he entrusted the earth to its peoples.**

<sup>17</sup> The dead do not praise the Lord, **nor all those who go down into silence;**

<sup>18</sup> But we will bless the Lord, **from this time forth for evermore. Hallelujah!**

Glory be to the Father and to the Son and to the Holy Spirit.

**As it was in the beginning, is now, and ever shall be,**

**world without end. Amen.**

## **Second Lesson: 1 Peter 3:13-22 – Sean Lyon**

<sup>13</sup> Now who will harm you if you are eager to do what is good? <sup>14</sup> But even if you do suffer for doing what is right, you are blessed. Do not fear what they fear, and do not be intimidated, <sup>15</sup> but in your hearts sanctify Christ as Lord. Always be ready to make your defense to anyone who demands from you an accounting for the hope that is in you, <sup>16</sup> yet do it with gentleness and respect. Maintain a good conscience so that, when you are maligned, those who abuse you for your good conduct in Christ may be put to shame. <sup>17</sup> For it is better to suffer for doing good, if suffering should be God's will, than to suffer for doing evil. <sup>18</sup> For Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you<sup>[s]</sup> to God. He was put to death in the flesh but made alive in the spirit, <sup>19</sup> in which also he went and made a proclamation to the spirits in prison, <sup>20</sup> who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight lives, were saved through water. <sup>21</sup> And baptism, which this prefigured, now saves you—not as a removal of dirt from the body but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, <sup>22</sup> who has gone into heaven and is at the

right hand of God, with angels, authorities, and powers made subject to him.

Hear what the Spirit of God is saying.

**Thanks be to God.**

**Gradual:** ♪ **Song for Love** (*tune: Ar Hyd Y Nos/All Through the Night*)

**Now we sing to praise love's blessing all through our lives,  
laughter, joy, surprise confessing, all through our lives.  
Love that dreamed a new creation,  
love that dared an incarnation,  
love that offers transformation all through our lives.**

**How our wounds ache for love's healing all through our days.  
How our world needs love's revealing, in all its ways.  
Fearful hearts suspect the stranger,  
hardened nations arm for danger,  
love lives on, the powerful changer, all through our days.**

**Love's the grace that makes us caring all through our lives,  
urges us to warmth and sharing all through our lives,  
speaks in us, oppression naming,  
strives in us, injustice shaming,  
lives in us, true peace proclaiming all through our lives.**

*All stand for the Gospel.*

Reader: God be with you.

**All: And also with you.**

Reader: The Good News of Jesus according to John

**All: Glory to you, Lord Jesus Christ.**

♪ **Alleluia**

**Gospel: John 14:15-21** – Ken Pedlow

<sup>15</sup> “If you love me, you will keep my commandments. <sup>16</sup> And I will ask the Father, and he will give you another Advocate, to be with you forever. <sup>17</sup> This is the Spirit of truth, whom the world cannot receive because it neither sees him nor knows him. You know him because he abides with you, and he will be in you.

<sup>18</sup> “I will not leave you orphaned; I am coming to you. <sup>19</sup> In a little while the world will no longer see me, but you will see me; because I live, you also will live. <sup>20</sup> On that day you will know that I am in my Father, and you in me, and I in you. <sup>21</sup> They who have my commandments and keep them are those who love me, and those who love me will be loved by my Father, and I will love them and reveal myself to them.”

The Gospel of Christ.

**Praise to you, Lord Jesus Christ.**

♪ Alleluia

Sermon – The Ven. Dr. Lon Towstego

Anthem: ♪ **The Gift of Love** (*sung by choir*)

Though I may speak with bravest fire, and have the gift to all inspire,  
And have not love; my words are vain,  
as sounding brass, and hopeless gain.  
Though I may give all I possess, and striving so my love profess,  
But not be given by love within, the profit soon turns strangely thin.  
Come, spirit come, our hearts control. Our spirits long to be made whole.  
O come, spirit, come, let inward love guide every deed.  
By this we worship, we are freed. Amen.

**The Apostle's Creed:**

Prisider: Let us confess the faith of our baptism, as we say,

**All: I believe in God, the Father almighty, creator of heaven and earth.  
I believe in Jesus Christ, his only Son, our Lord. He was  
conceived by the power of the Holy Spirit and born of the  
Virgin Mary. He suffered under Pontius Pilate, was  
crucified, died, and was buried. He descended to the dead.  
On the third day he rose again. He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.  
I believe in the Holy Spirit, the holy catholic Church, the  
communion of saints, the forgiveness of sins, the resurrection  
of the body, and the life everlasting. Amen.**

**The Prayers of the People** – Lynn Schumacher

**The Peace** *All stand*

Prisider: The peace of the Lord be always with you.

**All: And also with you.**

**Offertory Hymn: ♪ This Ancient Love (Long Before the Night)**

Long before the night was born from darkness  
Long before the dawn rolled unsteady from fire  
Long before She wrapped her scarlet arm around the hills  
there was a love, this ancient love was born.

Long before the grass spotted green the bare hillside  
Long before a wing unfolded to wind  
Long before She wrapped her long blue arm around the sea  
There was a love, this ancient love was born.

Long before the name of a God was spoken  
Long before a cross was nailed from a tree  
Long before She laid her arm of colours 'cross the sky  
There was a love, this ancient love was born.

**Wakeful are our nights, and Slumbers our morning  
Stubborn is the grass sowing green wounded hills  
As we wrap our healing arms to hold what her arms held  
This ancient love, this aching love rolls on.**

### **Prayer over the Gifts**

God of glory, accept all we offer you this day, and bring us to that eternal city of love and light, where Christ is King. We ask this in his name. **Amen.**

## **THE GREAT THANKSGIVING**

### **Eucharistic Prayer B** *Read/sung responsively*

Presider: God is here

**People: The Spirit is with us.**

Presider: Lift up your hearts and minds.

**People: We lift them to God.**

Presider: Let us give thanks to God the Creator.

**People: It is right to give our thanks and praise.**

Presider: Holy and eternal One, in whom we live and move and have our being. You are our origin and our fulfillment; we praise and thank you for drawing us to this sacred meal. From the ocean of your primal love, you fashioned the marvel of creation, and beauty of human life. From this land of towering forests and mist laden coastlines, you humble us and affirm the sacred gift of all creation, calling us to care for everything given and received.

**All: Glory to you, source of all life**

Presider: From the earliest days the peoples of these islands and inlets learned their dependence on your provision, salmon and deer, song and ceremony, dance and painted cedar, hallowed these sacred relationships with all life.

**All: Glory to you, source of all life**

Presider: In Jesus Christ, you came into our world to reveal your glory, reconcile all peoples to yourself, and make all things new in him. Now, gathered from many places, and joining with the saints of every time and place, we raise our thankful voices in songs of unending praise.

♪ **Sanctus: (Kingsfold)**

**O holy, holy, holy God, O God of time and space.**

**All earth and sea and sky above bear witness to your grace.**

**Hosanna in the highest heaven, creation sings your praise.**

**And blessed is the One who comes and bears your name always.**

Presider: Blessed are you, most holy One: For on the night before he died Jesus took bread, gave you thanks, broke it, gave it to all gathered, and said: "Take, eat, this is my body which is given for you, do this in remembrance of me."

After supper, he took the cup, gave you thanks, and gave it to them saying: "Drink this, all of you. This is my blood of the new covenant which is given for you, do this in remembrance of me."

**All: "Behold, I am with you to the end of the age".**

Therefore, God of all creation, we lift this Bread of Life, and this Cup of Salvation. Send your Holy Spirit on these gifts, and upon us, that we may know Jesus in the breaking of the bread, and follow him in lives of selfless service and courageous love.

**All: Glory to you, source of all life**

In the fullness of time reconcile all things in Christ, and bring us to that heavenly table, where every tear will be wiped away and we will feast anew. Blessing, praise and thanksgiving be to you, Holy and Eternal One, Undivided Trinity, One God, now and forever.

**All: Amen**

As our Saviour taught us, let us sing:

♪ **Our Father in heaven; Hallowed be your name.**

**Your kingdom come, your will be done on earth as in heaven.**

**Give us today our daily bread**

**Forgive us our sins as we forgive those who sin against us.**

**Save us from the time of trial, and deliver us from evil.**

**for the kingdom, the power and the glory are yours,**

**now and forever. Amen. (Lord's Prayer - Gordon Light)**

The One who defeated death and injustice is now present in this bread. The One who offers our life promise and hope is now present in this wine.

**People: Breaking into our lives and community,**

We ask God for new life in Christ.

The gifts of God for us, the People of God.

**Thanks be to God.**

**Administration of Holy Communion**

*All are invited to share in the Bread or a Blessing*

*Gluten Free Wafers are available upon request.*

*Please cross your arms at the rail if you would like a blessing.*

♪ **Jesus Loves Me**

**Jesus loves me, this I know, for the Bible tells me so.**

**Little ones to him belong; in his love we shall be strong.**

**Refrain:**

**Yes, Jesus loves me! Yes, Jesus loves me!**

**Yes, Jesus loves me! The Bible tells me so.**

**Jesus loves me, this I know, as he loved so long ago.**

**taking children on his knee, saying, "Let them come to me." [Refrain]**

**Jesus loves me, still today, walking with me on my way  
Wanting as a friend to give-- light and love to all who live. [Refrain]**

### **Prayer after Communion**

Father, you restored us to life by raising your Son from death. May we who receive this sacrament always be strengthened to do your will, in the name of Jesus Christ the risen Lord. **Amen.**

### **Doxology**

**Glory to God, whose power working in us, can do infinitely more than we can ask or imagine. Glory to God, From generation to generation, in the Church and in Christ Jesus, For ever and ever. Amen**

### **Blessing**

#### **Sending Hymn: ♪ Love Divine (CP #486)**

**Love divine, all loves excelling, joy of heaven to earth come down,  
fix in us Thy humble dwelling; all Thy faithful mercies crown.**

**Jesus, thou art all compassion; pure, unbounded love thou art;  
visit us with thy salvation; enter every trembling heart.**

**Come, almighty, to deliver; let us all thy grace receive;  
suddenly return and never, nevermore thy temples leave.**

**Thee we would be always blessing, serve thee as thy hosts above,  
pray and praise thee without ceasing, glory in thy perfect love.**

**Finish then thy new creation; pure and spotless let us be;  
let us see thy great salvation perfectly restored in thee.**

**Changed from glory into glory, till in heav'n we take our place,  
till we cast our crowns before thee, lost in wonder, love, and praise.**

### **Dismissal**

Christ is Risen! Alleluia!

**Through his resurrection we are raised to new life. Alleluia! Alleluia!**

**Postlude – Joanne Lambert, Mike Philip, Greg Robinson CCLI# 245534**

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*Please join us for coffee and conversation in the parish hall*

**Thank you to all who are assisting today:**

♪ Joanne Lambert, Mike Philip, and Greg Robinson, Readers: Irene Feir,  
Jan Bergink, Sean Lyon, Ken Pedlow, Assistants: Lynn Shumacher,  
Nichola Wade, John Beresford, Judi Clark, Heather Geddes,  
Coffee Hour Hosts: Irene, Alayne, and Cassandra

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**THE ALTAR FLOWERS** are given by **Irene Feir** to the glory of God  
and with love and respect for all mothers.

## READINGS FOR NEXT SUNDAY

Isaiah 45: 1-7, Psalm 21: 1-7, 1 Peter 4: 12-14, 5: 6-11, John 17: 1-11

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## EVENTS & ANNOUNCEMENTS

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**MOTHER'S DAY TEA** – Bannockburn Farm is hosting their annual Mother's Day Heritage Garden Tea **May 10<sup>th</sup>** at St. Stephen Memorial Hall, Saanichton. Tea-for-two tickets (\$70) include a big bouquet of flowers and a greeting card. Additional seated tea tickets are \$15 per person (ages 5 and up). Additional bouquets (\$40). There are three seatings; 10 am, 12 noon, and 2 pm. Each seating is for 90 minutes. Tickets through Eventbrite, or email [milesfamilycommunications@gmail.com](mailto:milesfamilycommunications@gmail.com) to book w/o extra fees.

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**SMILE CARDS** - Please have your order to Irene by 10:00 on **Tuesday, May 12**. You can give it to her on Sunday or put it through the office door anytime before that. Thank you for your support.

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**MEN'S BREAKFAST** – The next Men's Breakfast will be **Saturday, May 23<sup>rd</sup>** 9:30-12:30. Speaker: Andrew Wilson (Parishioner). Topic: Life after a stroke.

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**ST. MARY'S SPRING FLING:** Our annual Spring Fling will be **Saturday, May 23<sup>rd</sup>** 9:30-12:00. Free admission. Cash, cheque, or square to pay for items. Contact Lynn Fallan (250) 886-6075 for info or to volunteer.

**Accepting:** Adult Clothing, Housewares, Baked goods, Books, Jewelry  
**Not Accepting:** Children's clothes, toys or equipment, Suitcases, Cosmetics, Water bottles, knives, candles, garage sale leftovers, furniture, underwear, items with corporate logos, plastics, broken, or soiled items.

Trays and plastic bags will be ready for you to pick up from the table in the narthex next week for **HOME BAKING** items. Buyers with allergies appreciate knowing the ingredients in an item; please attach a small tag listing them. There are many requests for Gluten Free foods.

## **DELIVERING YOUR CONTRIBUTIONS**

*Donations will be welcomed:*

To the narthex:

on **Wednesday morning** (May 20) from 10:30am – 1:00pm

on **Thursday morning** (May 21) 9:00am – 1:00pm

To individual stalls:

on **Friday** (May 22) between 9:00am – 11:00am

*Baking will be accepted:*

To individual stalls:

on **Friday morning** (May 22) between 9:00am – 11:00am

on **Saturday morning** (May 23) before 9:00am

**SURE TO TOUCH YOUR HEART & TICKLE YOUR FUNNY BONE!**

Tickets now available for the Sidney Celebri-Tea, **Sunday May 24th**, 2:00-4:00 p.m., Bodine Hall, Mary Winspear Centre. Featuring an amazing lineup of loved performers and personalities, afternoon tea served with a lovely selection of savouries and sweets, and a silent auction to tempt you with bargains. The event is in support of the medical equipment loan service and seniors' programs provided on the Peninsula by Mount Newton Centre Society. Tickets \$50 (including show and tea) are needed IN ADVANCE and can be purchased at Tanner's Books in Sidney or on the Internet (search "Eventbrite Sidney Celebri-tea").

Questions? Email: westcoastreath@gmail.com or tel. 250-889-0981

**ST. MARY OUTREACH** – In your offering envelope package you will find special monthly outreach envelopes. For those who do not have offering envelopes, you may bring your outreach offering in a plain envelope, marked “Outreach for Month of \_\_\_\_\_” with your name and address.

May	<b>Saanich Peninsula Lions Food Bank</b> - Donations in monetary form combined with an ongoing collection of staple foods and hygiene products allow us to help this non-profit, charitable organization support those in need on the Peninsula.
June	<b>ORCCA Dental Clinic</b> - ORCCA's purpose is to provide children and adolescents under 19 years of age from low-income family's access to oral care in a not-for-profit setting.

**ST. STEPHEN OUTREACH**

May	<b>Blue Bus Ministry</b> – Our donations help fund programs and staffing at this non-profit counselling and training agency which is funded solely through donations, fees, and grants.
June	<b>Anglican Appeal</b> – Donations support the mission work and ministry in Canada's North and our church partners overseas.

## INTERCESSIONS

**Anglican Cycle of Prayer:** We pray for the Church of Pakistan (United). We pray for Archbishop Sarah Mullally; the Anglican Church of Canada and Archbishop Shane Parker, Primate; John Stephens, Metropolitan of The Province of B.C and Yukon We also pray for Archbishop Chris and the Anglican Council of Indigenous Peoples.

**Diocesan Cycle of Prayer:** We pray for Anna, our bishop, and St. Anne & St. Edmund, Parksville

**Regional Cycle of Prayer:** We pray for the people of the **Parish of Salt Spring Island**, The Rev. Juli Mallet, and the people of the parish and neighborhood. Be with them as they look to creatively reach the neighborhood.

**Our Parish Clergy:** Lon, Logan, Brett, Bob, Paul and Gil, Seminarian Melanie, and postulants Gary & Richard

**In our Parish:** We pray for Nelles Shackleton, & Brian and Dulcie Butt.

**For those ill or in need of prayer:** Neville & Patricia, Roche, Diana A., Fern, Dennis, Glenda, Dawn, Sybil, Roy, Jillian, Willa, Brett, Jacqueline Stober, Marie Heaps, Rev. Logan McMenamie

**For Those with Long-Term Needs:** Cheryl, Ted, Phil J., Natalie, Jamie, Jane & Paul, Margery, Courtney, Kristen, Brad, Kim, Lynn S.

**For friends beyond the parish:** Jennifer, Jo-Jo, Margot, Sharie, John K., Helen, Andrew, Sheila, David F., Dani R. & family, Paula, Hayden, Carlos, Bryan, Karen & family, Drew, Sheila P., Amy, Betty E., Alysha, Sue P., Michelle, Cassidy, Carl G., Keith & Lillian, Michael A., Jasmine, Kai, Chris P., Cathy Swinscoe, Arianne, Chad, Yvonne N., Delores Squire (Rest in Peace)

**In the greater community:** We pray for all victims of sexual misconduct and abuse. We are all called to create communities where all children of God are safe and respected. We pray for those impacted or endangered by the toxic drug supply crisis and also for their loved ones who are, or have been, impacted.

### CLERGY CONTACT INFORMATION

The Ven. Dr. Lon Towstego

Cell Phone: (250) 208-9949

Email: ltowstego@bc.anglican.ca

#### **St. Mary Anglican Church**

1973 Cultra Avenue

Saanichton, B.C. V8M 1L7

Office: 250-652-1611

admin@parishcs.ca

### OFFICE HOURS

Tuesday-Friday,

9:00-1:00

#### **St. Stephen Anglican Church 7921**

St. Stephens Road

Saanichton, B.C. V8M 1S2

Office: 250-652-4311

admin@parishcs.ca