



Anglican Parish of Central Saanich

St. Mary Church St. Stephen Church

Faith - Family - Friendship



**Welcome To
PARISH OF CENTRAL SAANICH
St. Stephen Church**



May 24, 2026 – PENTECOST

Join us as we worship the living Christ!

May the God of hope fill you with all joy and peace as you trust in him,
so that you may overflow with hope by the power of the Holy Spirit.

Romans 15:13

*We acknowledge that we gather to worship on the traditional lands of the
WSÁNEĆ and Coast Salish Peoples*

St. Mary's Service:

Sunday Service: 9:00 a.m.
Wednesday Service: 10:00 a.m.

St. Stephen's Service:

Sunday Service: 11:15 a.m.

Continue to monitor our website - ParishCS.ca

The Ven. Dr. Lon Towstego, Incumbent

Associated Clergy: Bishop Logan McMenamie

The Ven. Bob Baillie

The Rev. Dr. Brett Cane

The Rev. Paul Schumacher,

The Rev. Gil Shoosmith, deacon

HOLY EUCHARIST

Liturgy for the Islands and Inlets – Eucharistic Prayer C

The Ven. Dr. Lon Towstego, Presiding

A Warm Welcome to all who worship with us, especially visitors.

With thanks, please mute your cell phones during the service.

*The congregation says or sings the items in **bold** typeface.*

Prelude – Praise Band: ♪ Start A Fire – C. Mattson, J. Lowry, & S. Mosley

Welcome & Land Acknowledgement

Gathering Song: ♪ Come Holy Spirit – Chris Bowater

**Come Holy Spirit, come just as You will,
Softly and gently as breezes so still,
Come as a rushing wind, mighty in pow'r,
Come Holy Spirit, come now.**

**Come Holy Spirit, as flames from the fire
Cleanse me, empower me, my being inspire.
Come as the healing oil, liberally poured,
Come Holy Spirit, come now.**

**Come as a torrent, as waves on the sea,
Sweeping away all that would hinder me.
Come as refreshment, as streams from the hill,
Come Holy Spirit, come now.**

**Come Holy Spirit, come just as You will,
Work in and through me, Your purpose fulfill.
Make me much more like my Saviour I pray,
Come Holy Spirit, come now.**

**Cause me to live as a child of The King.
One from whom worship and praise freely spring.
Bring, Holy Spirit, revival to me,
Come Holy Spirit, come now.**

(Repeat Verse 1)

The Gathering of the Community *All stand.*

In this time and place we gather on the ancestral lands of the W̱SÁNEĆ
and Coast Salish Peoples.

From many places and Peoples we come to this house in prayer.

In this time and place we are not alone,
for we meet in the presence of the living God.

In this time and place we are not alone,
for the Risen Jesus stands in our midst.

In this time and space we are not alone
for the wind of the Spirit moves in and through us.

In this time and space we are not alone for we gather with the whole company of heaven.

In this time and in this space heaven and earth are one.

In this time and place together, we are one People in Jesus Christ.

In the name of God, Creator, Saviour and Holy Spirit. Amen.

♪ **Gloria - Betty Carr Pulkingham**

**Glory to God, Glory to God in the highest,
And peace to his people on earth.**

**Lord God, heavenly king, almighty God and Father,
we worship you, we give you thanks, we praise you for your glory.**

Lord Jesus Christ, only Son of the Father,

**Lord God, Lamb of God, you take away the sin of the world:
have mercy on us;**

you are seated at the right hand of the Father: receive our prayer.

For you alone are the Holy One, you alone are the Lord,

**you alone are the Most High, Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen**

The Prayer of the Day

God of wind and flame, send your life-giving Spirit upon your people: give fire to our words, strength to our witness and boldness to our proclamation of your wondrous work in Christ; who, with you and the Spirit, lives and reigns now and for ever. **Amen.**

THE READINGS

First Lesson: Numbers 11:24-30 – Sue Smith

²⁴ So Moses went out and told the people the words of the Lord, and he gathered seventy of the elders of the people and placed them all around the tent. ²⁵ Then the Lord came down in the cloud and spoke to him and took some of the spirit that was on him and put it on the seventy elders, and when the spirit rested upon them, they prophesied. But they did not do so again. ²⁶ Two men remained in the camp, one named Eldad and the other named Medad, and the spirit rested on them; they were among those registered, but they had not gone out to the tent, so they prophesied in the camp. ²⁷ And a young man ran and told Moses, “Eldad and Medad are prophesying in the camp.” ²⁸ And Joshua son of Nun, the assistant of Moses, one of his chosen men, said, “My lord Moses, stop them!” ²⁹ But Moses said to him, “Are you jealous for my sake? Would that all the Lord’s people were prophets and that the Lord would put his spirit on them!” ³⁰ And Moses and the elders of Israel returned to the camp.

The word of the Lord. **Thanks be to God.**

Psalm 104: 25-35, 37 – Sue Smith

²⁵ O Lord, how manifold are your works!

in wisdom you have made them all; the earth is full of your creatures.

²⁶ Yonder is the great and wide sea with its living things too many to number,
creatures both small and great.

²⁷ There move the ships, and there is that Leviathan,
which you have made for the sport of it.

²⁸ All of them look to you **to give them their food in due season.**

²⁹ You give it to them; they gather it;
you open your hand, and they are filled with good things.

³⁰ You hide your face, and they are terrified;
you take away their breath, and they die and return to their dust.

³¹ You send forth your Spirit, and they are created;
and so you renew the face of the earth.

³² May the glory of the Lord endure for ever;
may the Lord rejoice in all his works.

³³ He looks at the earth and it trembles;
he touches the mountains and they smoke.

³⁴ I will sing to the Lord as long as I live;
I will praise my God while I have my being.

³⁵ May these words of mine please him; **I will rejoice in the Lord.**

³⁷ Bless the Lord, O my soul. **Hallelujah!**

Second Lesson: Acts 2:1-21 – Ron Sewell

When the day of Pentecost had come, they were all together in one place. ² And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting.

³ Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. ⁴ All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability. ⁵ Now there were devout Jews from every people under heaven living in Jerusalem.

⁶ And at this sound the crowd gathered and was bewildered, because each one heard them speaking in the native language of each. ⁷ Amazed and astonished, they asked, “Are not all these who are speaking Galileans?”

⁸ And how is it that we hear, each of us, in our own native language?”

⁹ Parthians, Medes, Elamites, and residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, ¹⁰ Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes, ¹¹ Cretans and Arabs—in our own languages we hear them speaking about God’s deeds of power.” ¹² All were amazed and perplexed, saying to one another, “What does this mean?” ¹³ But others sneered and said, “They are filled with new wine.” ¹⁴ But Peter, standing with the eleven, raised his voice and addressed them, “Fellow Jews and all who live in Jerusalem, let this be known to you, and listen to what I say.

¹⁵ Indeed, these are not drunk, as you suppose, for it is only nine o’clock in the morning. ¹⁶ No, this is what was spoken through the prophet Joel:

¹⁷ ‘In the last days it will be, God declares, that I will pour out my Spirit upon all flesh, and your sons and your daughters shall prophesy, and your

young men shall see visions, and your old men shall dream dreams.

¹⁸ Even upon my slaves, both men and women, in those days I will pour out my Spirit, and they shall prophesy. ¹⁹ And I will show portents in the heaven above and signs on the earth below, blood, and fire, and smoky mist. ²⁰ The sun shall be turned to darkness and the moon to blood, before the coming of the Lord's great and glorious day. ²¹ Then everyone who calls on the name of the Lord shall be saved.'

The word of the Lord. **Thanks be to God.**

Gradual: ♪ *We Will Magnify* – Philip Lawson Johnston
**O Lord our God, how majestic is Your Name,
The earth is filled with Your glory.
O Lord our God, You are robed in majesty,
You've set Your glory above the heavens.**

Refrain: We will magnify, we will magnify
The Lord enthroned in Zion. (x2)

**O Lord our God, You have established a throne,
You reign in righteousness and splendour.
O Lord our God, the skies are ringing with Your praise,
Soon those on earth will come to worship. Refrain**

**O Lord our God, the world was made at Your command,
In You all things now hold together.
Now to Him who sits on the throne and to the Lamb,
Be praise and glory and power for ever. Refrain**

All stand for the Gospel.

Reader: God be with you.

All: And also with you.

Reader: The Good News of Jesus according to John

All: Glory to you, Lord Jesus Christ.

♪ **Alleluia** (CP #714 – Jacques Berthier)

Gospel: John 20:19-23 – Rev. Gil Shoosmith

¹⁹ When it was evening on that day, the first day of the week, and the doors were locked where the disciples were, for fear of the Jews, Jesus came and stood among them and said, "Peace be with you." ²⁰ After he said this, he showed them his hands and his side. Then the disciples rejoiced when they saw the Lord. ²¹ Jesus said to them again, "Peace be with you. As the Father has sent me, so I send you." ²² When he had said this, he breathed on them and said to them, "Receive the Holy Spirit. ²³ If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained."

The Gospel of Christ. **Praise to you, Lord Jesus Christ.**

♪ Alleluia (CP #714 – Jacques Berthier)

Sermon – The Ven. Dr. Lon Towstego

The Apostle's Creed:

Let us confess the faith of our baptism, as we say,

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord. He was conceived

by the power of the Holy Spirit and born of the Virgin Mary. He

suffered under Pontius Pilate, was crucified, died, and was buried.

He descended to the dead. On the third day he rose again.

He ascended into heaven, and is seated at the right hand of the

Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion

of saints, the forgiveness of sins, the resurrection of the body, and the

life everlasting. Amen.

The Prayers of the People – Sean Lyon

The Peace *All stand*

The peace of the Lord be always with you. **And also with you.**

Offertory Hymn: ♪ Spirit of Gentleness – James K Manley

Refrain: Spirit, Spirit of gentleness,

Blow through the wilderness calling and free,

Spirit, Spirit of restlessness,

Stir me from placidness, wind, Wind on the sea.

You moved on the waters, You called to the deep,

Then You coaxed up the mountains from the valleys of sleep;

And over the eons You called to each thing:

“Awake from your slumbers and rise on your wings.” Refrain

You swept through the desert, You stung with the sand,

And You goaded Your people with a law and a land;

And when they were blinded with their idols and lies,

Then You spoke through Your prophets to open their eyes. Refrain

You sang in a stable, You cried from a hill,

Then You whispered in silence when the whole world was still;

And down in the city You called once again,

When You blew through Your people on the rush of the wind. Refrain

You call from tomorrow, You break ancient schemes,

From the bondage of sorrow the captives dream dreams;

Our women see visions, our men clear their eyes,

With bold new decisions Your people arise. Refrain

♪ **Offertory Sentence – Jimmy Owens**

**Praise God from whom all blessings flow;
praise him, all creatures here below;
Praise him above, ye heavenly host;
Praise Father, Son, and Holy Ghost. Amen**

Prayer over the Gifts

Give of life, receive all we offer you this day. Let the Spirit you bestow on your Church continue to work in the world through the hearts of all who believe. We ask this in the name of Jesus Christ the Lord. **Amen.**

THE EUCHARIST

God is here. **The Spirit is with us.**

Lift up your hearts and minds. **We lift them to God.**

Let us give thanks to God the Creator.

It is right to give our thanks and praise.

It is indeed right that we should praise you, God of love, our source, and our fulfillment, for you create all things and in you we live and move and have our being. Your wonder is manifest in land and sea and sky.

You made us in your image. And even though we turn from you, again and again you call us to yourself, and in every age, promise liberation.

As a mother gathers her children, you embraced a people as your own, to nurture them in the way of compassionate love. You sent Jesus among us, incarnate of the Holy Spirit and born of Mary. Jesus revealed your love for all Creation, and showed us the way of reconciliation. Having lived among us - Jesus suffered the cross, Died, and in rising again became the firstborn of the renewed family.

And so as we gather around your table, With saints of every age and your beloved creation we raise our voices and sing:

♪ **Sanctus & Benedictus – Steve Bell**

**Holy, holy holy Lord; God of pow'r and might;
Heaven and earth of Your glory are full.
Hosanna, hosanna, hosanna in the highest.**

Blessed is He who comes in the name of the Lord (x2)
(Repeat first stanza)

To you be glory, almighty God, because on the night before he died, Jesus took bread, when he had given thanks, he broke it, gave it to his disciples, and said:

Take, eat, this is my body which is given for you; do this to remember me.

After supper he took the cup; when he had given thanks, he gave it to them and said: Drink this all of you. This is my blood of the new covenant, Poured out for you and for many; do this to remember me.

Great is the mystery of faith.

Christ has died, Christ is risen, Christ will come again.

Recalling Christ's death and resurrection, we ask you to accept this, our sacrifice of praise. Pour out your Holy Spirit on us gathered here, and on these gifts of bread and wine that we may be fed with the body and blood of your Son. When all of creation groans, unite us in Christ and give us your hope that we might be strengthened to do your work, as your body in the world.

Through Christ our Redeemer, in the power of the Spirit, all praise and glory be yours, Almighty God, now and forever. **Amen.**

Lord's Prayer – Recited by Brett Cane (French), Maria King (Spanish), Christina Hansel-Fraser (German/Ukrainian), Sean Lyon (Aramaic), and Dina Zeren (Turkish), Richard Routledge (Swedish)

Breaking of the Bread

Present in this Bread is the fullness of God, made vulnerable for the world. As the Spirit blows through our community Here in this wine God has poured out for us. **Here and now in this bread and wine, we taste and see God in us and in our community.**

Administration of Holy Communion

All are invited to share in the Bread or a Blessing

Gluten Free Wafers are available upon request.

Please cross your arms at the rail if you would like a blessing.

Communion Hymn: ♪ *Peace I Leave with You* – Ray Repp

Chorus: Peace I leave with you, my friends.

Shalom, My peace in all you do.

Peace I leave with you, my friends.

I give to you so you can give to others too.

**To share His love is why I came, to show His kindness to all men.
Go now, My friends, and do the same until I come again. Chorus**

**Take My hand and be at peace, the Spirit of Our love I send.
And with this love you will be free until I come again. Chorus**

**And with this love all men will know that loneliness is at an end.
Rejoice, My brothers, though I go, for I will come again. Chorus**

Prayer after Communion

Gracious God, may we who have received this eucharist live in the unity of your Holy Spirit, that we may show forth his gifts to all the world. We ask this in the name of Jesus Christ, our Lord. **Amen.**

Doxology

Glory to God, whose love working in us, can do infinitely more than we can ask or imagine. Glory to God, From generation to generation, in the Church and in Christ Jesus, For ever and ever. Amen

Blessing

Sending Hymn: ♪ *Shine, Jesus, Shine* - Graham Kendrick

Lord, the light of Your love is shining,

In the midst of the darkness, shining;

Jesus, Light of the World, shine upon us,

Set us free by the truth You now bring us.

Shine on me, shine on me.

Refrain: Shine, Jesus, shine, Fill this land with the Father's glory;
Blaze, Spirit, blaze, set our hearts on fire.
Flow, river, flow, Flood the nations with grace and mercy;
Send forth Your word, Lord, And let there be light.

Lord, I come to Your awesome presence,
From the shadows into Your radiance;
By the blood I may enter Your brightness,
Search me try me consume all my darkness.
Shine on me, shine on me. *Refrain*

As we gaze on Your kingly brightness,
So our faces display Your likeness;
Ever changing from glory to glory,
Mirrored here may our lives tell Your story.
Shine on me, shine on me. *Refrain*

Dismissal

Go into the world seeking the life of the Spirit.

**In love, joy, peace, goodness, faithfulness and gentleness we will live
in the Spirit's freedom.**

Postlude – Praise Band: Blessed Be Your Name - Beth & Matt Redman

Please join us for coffee and conversation in the parish hall

Thank you to all who are assisting today:

♪ Praise Band: Rachel Moss, Greg Robinson, Gary Stubbs

Readers: Sue Smith, Ron Sewell. Gil Shoesmith, Sean Lyon

Lord's Prayer Reciters: Brett Cane, Maria King, Christina Hansel-Fraser,
Sean Lyon, Dina Zeren, Richard Routledge, Assistant: Maria King

SCRIPTURES & READERS FOR NEXT SUNDAY

Genesis 1:1-2, 4a, Psalm 8, 2 Corinthians 13:11-13, Matthew 28: 16-20

EVENTS & ANNOUNCEMENTS

POTLUCK LUNCH @ ST. STEPHENS – Sunday, May 24 after the service. All are welcome. Please bring items to share. Oven warming is possible. **Please bring your food in a plate or dish to serve from.**

ST. STEPHEN OUTREACH – In your offering envelope package you will find special monthly outreach envelopes. For those who do not have offering envelopes, you may bring your outreach offering in a plain envelope, marked "Outreach for Month of _____" with your name and address.

May	Blue Bus Ministry – Our donations help fund programs and staffing at this non-profit counselling and training agency which is funded solely through donations, fees, and grants.
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SUMMER SERVICE SCHEDULE – Please note that there will be only **one service at 10:00 am on Sundays** beginning next week (**May 31st**) until **August 30**. The regular two-service schedule will resume on September 6th. The services will alternate locations as follows; praise band services are marked with an asterisk*:

May 31	St Mary	July 5	St Mary	Aug 2	St Mary
June 7	St Stephen	July 12	St Stephen	Aug 9	St Stephen
June 14	St Mary	July 19	St Mary	Aug 16	St Mary
June 21	St Mary	July 26*	St Stephen	Aug 23*	St Stephen
June 28*	St Stephen			Aug 30	St Mary

INTERCESSIONS

Anglican Cycle of Prayer: We pray for the Episcopal Church in the Phillippines. We pray for Archbishop Sarah Mullally; the Anglican Church of Canada and Archbishop Shane Parker, Primate; John Stephens, Metropolitan of The Province of B.C and Yukon We also pray for Archbishop Chris and the Anglican Council of Indigenous Peoples.

Diocesan Cycle of Prayer: We pray for Anna, our bishop, and St. Peter, Quamichan.

Regional Cycle of Prayer: We pray for the people of the Parish of St. Mary Magdalene, The Rev. Blair Haggart and the people of the parish and neighborhood. Be with them as they engage the folk on the Island and around it.

Our Parish Clergy: Lon, Logan, Brett, Bob, Paul and Gil, Seminarian Melanie, and postulants Gary & Richard

In our Parish: We pray for Gil and Cheryl Shoesmith, & Lynda Clifford

For those ill or in need of prayer: Neville & Patricia, Roche, Diana A., Fern, Dennis, Glenda, Dawn, Sybil, Roy, Jillian, Willa, Brett, Jacqueline Stober, Marie Heaps

For Those with Long-Term Needs: Cheryl, Ted, Phil J., Natalie, Jamie, Jane & Paul, Margery, Courtney, Kristen, Brad, Kim, Lynn S.

For friends beyond the parish: Jennifer, Jo-Jo, Margot, Sharie, John K., Helen, Andrew, Sheila, David F., Dani R. & family, Paula, Hayden, Carlos, Bryan, Karen & family, Drew, Sheila P., Amy, Betty E., Alysha, Sue P., Michelle, Cassidy, Carl G., Keith & Lillian, Michael A., Jasmine, Kai, Cathy Swinscoe, Arianne, Chad, Yvonne N., Chad

In the greater community: We pray for all victims of sexual misconduct and abuse. We are all called to create communities where all children of God are safe and respected. We pray for those impacted or endangered by the toxic drug supply crisis and also for their loved ones who are, or have been, impacted.

CLERGY CONTACT INFORMATION

The Ven. Dr. Lon Towstego

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OFFICE HOURS

Tuesday-Friday,

9:00-1:00

Email: admin@parishcs.ca

