



Anglican Parish of Central Saanich

St. Mary Church St. Stephen Church

Faith - Family - Friendship



**Welcome To
PARISH OF CENTRAL SAANICH
St. Stephen Church**



June 7, 2026 – 2nd Sunday after Pentecost

Join us as we worship the living Christ!

May the God of hope fill you with all joy and peace as you trust in him,
so that you may overflow with hope by the power of the Holy Spirit.

Romans 15:13

*We acknowledge that we gather to worship on the traditional lands of the
WSÁNEĆ and Coast Salish Peoples*

Weekly Sunday Service at 10:00 from May 31-August 30, 2026

Next week (June 14): St Mary

Continue to monitor our website - ParishCS.ca

The Ven. Dr. Lon Towstego, Incumbent

Associated Clergy: Bishop Logan McMenamie
The Ven. Bob Baillie
The Rev. Dr. Brett Cane
The Rev. Paul Schumacher
The Rev. Gil Shoosmith, deacon

Bishop Logan McMenamie, Presiding & Preaching

A Warm Welcome to all who worship with us, especially visitors.

With thanks, please mute your cell phones during the service.

*The congregation says or sings the items in **bold** typeface.*

♪ **Prelude** – Joanne Lambert

Welcome & Land Acknowledgement

Gathering Song: ♪ *Praise my soul the King of heaven* (CP#381)

**Praise, my soul, the King of heaven; to his feet your tribute bring;
Ransomed, healed, restored, forgiven, evermore his praises sing.
Alleluia, alleluia! praise the everlasting King.**

**Praise him for his grace and favour to our forebears in distress.
Praise him, still the same forever, Slow to chide, and swift to bless;
Alleluia, alleluia! glorious in his faithfulness!**

**Fatherlike he tends and spares us; well our feeble frame he knows.
In his hand he gently bears us, rescues us from all our foes.
Alleluia, alleluia! Widely as his mercy flows!**

**Angels, help us to adore him; You behold him face to face.
Sun and moon, bow down before him, Dwellers all in time and space.
Alleluia, alleluia! Praise with us the God of grace!**

The Gathering of the Community *All stand.*

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all. **And also with you.**

♪ **Gloria** (*tune: Ash Grove*)

**Sing glory to God in the heights of the heavens
Salvation and peace to God's people on earth
Our Sovereign, our Saviour, our God, our Creator
We worship and praise you and sing of your worth.**

Refrain: **Creation unites in the power of the Spirit
In praise of the Father, through Jesus the Son
So complex, so simple, so clear, so mysterious
Our God ever three yet eternally one.**

**This Lord Jesus Christ, only Son of the Father
The lamb who has carried the burden of shame
Now seated on high in the glory of heaven
Have mercy upon us who call on your name.**

**For you, only you, we acknowledge as holy
We name you alone as our Saviour and Lord
You only, O Christ, with the Spirit exalted,
Are one with the Father, forever adored. *Refrain***

Centering Stillness & the Prayer of the Day

Let us hold this moment open to the Spirit of God. (*Silence is kept*)

O God, you have assured the human family of eternal life through Jesus Christ our Saviour. Deliver us from the death of sin and raise us to new life in him, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

THE READINGS

First Lesson: Genesis 12:1-9 – Sean Lyon

12 Now the Lord said to Abram, “Go from your country and your kindred and your father’s house to the land that I will show you. ² I will make of you a great nation, and I will bless you and make your name great, so that you will be a blessing. ³ I will bless those who bless you, and the one who curses you I will curse, and in you all the families of the earth shall be blessed.”

⁴ So Abram went, as the Lord had told him, and Lot went with him. Abram was seventy-five years old when he departed from Haran. ⁵ Abram took his wife Sarai and his brother’s son Lot and all the possessions that they had gathered and the persons whom they had acquired in Haran, and they set forth to go to the land of Canaan. When they had come to the land of Canaan, ⁶ Abram passed through the land to the place at Shechem, to the oak of Moreh. At that time the Canaanites were in the land. ⁷ Then the Lord appeared to Abram and said, “To your offspring I will give this land.” So he built there an altar to the Lord, who had appeared to him. ⁸ From there he moved on to the hill country on the east of Bethel and pitched his tent, with Bethel on the west and Ai on the east, and there he built an altar to the Lord and invoked the name of the Lord. ⁹ And Abram journeyed on by stages toward the Negeb.

Hear what the Spirit is saying. **Thanks be to God.**

Psalm 33:1-12 – Bob Buchanan

¹ Rejoice in the Lord, you righteous; **it is good for the just to sing praises.**

² Praise the Lord with the harp; **play to him upon the psaltery and lyre.**

³ Sing for him a new song;

sound a fanfare with all your skill upon the trumpet.

⁴ For the word of the Lord is right, **and all his works are sure.**

⁵ He loves righteousness and justice;

the loving-kindness of the Lord fills the whole earth.

⁶ By the word of the Lord were the heavens made,

by the breath of his mouth all the heavenly hosts.

⁷ He gathers up the waters of the ocean as in a water-skin

and stores up the depths of the sea.

⁸ Let all the earth fear the Lord;

let all who dwell in the world stand in awe of him.

⁹ For he spoke, and it came to pass; **he commanded, and it stood fast.**

¹⁰ The Lord brings the will of the nations to naught;

he thwarts the designs of the peoples.

¹¹ But the Lord's will stands fast for ever,

and the designs of his heart from age to age.

¹² Happy is the nation whose God is the Lord!

happy the people he has chosen to be his own!

Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and ever shall be, world without end. **Amen**

Second Lesson: Romans 4:13-25 – Deb Butler

¹³ For the promise that he would inherit the world did not come to

Abraham or to his descendants through the law but through the

righteousness of faith. ¹⁴ For if it is the adherents of the law who are to be

the heirs, faith is null and the promise is void. ¹⁵ For the law brings wrath,

but where there is no law, neither is there transgression.

¹⁶ For this reason the promise depends on faith, in order that it may rest on

grace, so that it may be guaranteed to all his descendants, not only to the

adherents of the law but also to those who share the faith of Abraham (who

is the father of all of us, ¹⁷ as it is written, "I have made you the father of

many nations"), in the presence of the God in whom he believed, who gives

life to the dead and calls into existence the things that do not exist. ¹⁸ Hoping

against hope, he believed that he would become "the father of many

nations," according to what was said, "So shall your descendants be."

¹⁹ He did not weaken in faith when he considered his own body, which was

already as good as dead (for he was about a hundred years old), and the

barrenness of Sarah's womb. ²⁰ No distrust made him waver concerning the

promise of God, but he grew strong in his faith as he gave glory to God,

²¹ being fully convinced that God was able to do what he had promised.

²² Therefore "it was reckoned to him as righteousness." ²³ Now the words,

"it was reckoned to him," were written not for his sake alone ²⁴ but for ours

also. It will be reckoned to us who believe in him who raised Jesus our Lord

from the dead, ²⁵ who was handed over for our trespasses and was raised for

our justification.

Hear what the Spirit is saying. **Thanks be to God.**

Gradual: ♪ *The Church of Christ in Every Age* (CP #584)

**The church of Christ in every age, beset by change but Spirit-led,
must claim and test its heritage and keep on rising from the dead.**

**Across the world, across the street, the victims of injustice cry
for shelter and for bread to eat, and never live before they die.**

**Then let the servant church arise, a caring church that longs to be
a partner in Christ's sacrifice, and clothed in Christ's humanity.**

All stand for the Gospel.

Gospel: Matthew 9:9-13, 18-26 – Maria King

God be with you. **And also with you.**

The Good News of Jesus according to Matthew.

Glory to you, Lord Jesus Christ.

♪ Alleluia

⁹ As Jesus was walking along, he saw a man called Matthew sitting at the tax-collection station, and he said to him, “Follow me.” And he got up and followed him. ¹⁰ And as he sat at dinner in the house, many tax collectors and sinners came and were sitting with Jesus and his disciples. ¹¹ When the Pharisees saw this, they said to his disciples, “Why does your teacher eat with tax collectors and sinners?” ¹² But when he heard this, he said, “Those who are well have no need of a physician, but those who are sick. ¹³ Go and learn what this means, ‘I desire mercy, not sacrifice.’ For I have not come to call the righteous, but sinners.”

¹⁸ While he was saying these things to them, suddenly a leader came in and knelt before him, saying, “My daughter has just died, but come and lay your hand on her, and she will live.” ¹⁹ And Jesus got up and followed him, with his disciples. ²⁰ Then suddenly a woman who had been suffering from a flow of blood for twelve years came up behind him and touched the fringe of his cloak, ²¹ for she was saying to herself, “If I only touch his cloak, I will be made well.” ²² Jesus turned, and seeing her he said, “Take heart, daughter; your faith has made you well.” And the woman was made well from that moment. ²³ When Jesus came to the leader’s house and saw the flute players and the crowd making a commotion, ²⁴ he said, “Go away, for the girl is not dead but sleeping.” And they laughed at him. ²⁵ But when the crowd had been put outside, he went in and took her by the hand, and the girl got up. ²⁶ And the report of this spread through all of that district.

The Gospel of Christ. **Praise to you, Lord Jesus Christ.**

♪ Alleluia

Sermon – Bishop Logan McMenamie

The Apostle’s Creed

Let us confess the faith of our baptism, as we say,

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

The Prayers of the People – Rev. Gil Shoemith

Confession & Absolution

Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness. (*silence is kept*)

Most merciful God, **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

The Peace *All stand*

The peace of the Lord be always with you. **And also with you.**

Offertory Hymn: ♪ *When Long Before Time* (CP#307)

**When long before time and the worlds were begun,
when there was no earth and no sky and no sun,
and all was deep silence and night reigned supreme,
and even our Maker had only a dream...**

**...the silence was broken when God sang the Song,
and light pierced the darkness and rhythm began,
and with its first birth-cries creation was born,
and creaturely voices sang praise to the morn.**

**The sounds of the creatures were one with their Lord's,
their harmonies sweet and befitting the Word;
the Singer was pleased as the earth sang the Song;
the choir of the creatures reechoed it long.**

**Though, down through the ages, the Song disappeared--
its harmonies broken and almost unheard--
the Singer comes to us to sing it again:
our God is with us in the world now as then.**

**To you, God the Singer, our voices we raise;
to you, Song Incarnate, we give all our praise;
to you, Holy Spirit, our life and our breath,
be glory forever, through life and through death.**

Prayer over the Gifts

Merciful God and Father, in Adam's fall we were born to death; in the new Adam we are reborn to life. In all we offer you this day may we share a taste of your eternal kingdom. We ask this in the name of Jesus Christ the Lord. **Amen.**

THE EUCHARIST

Liturgy for Islands and Inlets (Cedars)

May God be with you. **And also with you.**

Lift up your hearts. **We lift them up to the Holy One.**

Let us give thanks to our loving God. **It is right to give our thanks and praise.**

It is right in all times and in all places to thank and praise you, Creator of all. We

praise you in this particular part of your creation here in the Salish Sea. We

praise you for the wonderful diversity of sea life, plants,

animals and people who live in this place. We praise you at a time when the

body of earth is broken again and again. We give thanks for our place in the

story of salvation. Our ancestors journeyed with you in creation and migration.

They depended on the land, were displaced from the land and displaced others

from their lands. They knew you in tents and cities, in families and dreams, and

through wilderness prophets who prayed on mountains and listened to ravens.

Together with angels and ancestors, whales and eagles, arbutus and fern,

we join our voices with all creation in this ancient honour song:

♪ **Sanctus: (Land of Rest)**

Holy, holy, holy Lord, God of power and might,

heaven and earth are full of your glory. Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest. Hosanna in the highest.

We give thanks to you for Jesus, whose first bed was a feed trough. He was

baptized in the Jordan, tested in the wilderness, he traveled in fishing boats and

told parables of farmers and seeds, labor and wages, yeast and bread. On the

night before he died, Jesus took bread, food of the poor, the work of field and

hearth, he gave thanks, broke it and gave it to his friends saying: Take and eat,

this is my body, given for you, do this to remember me. Again after supper he

took the cup of wine, fruit of the land, gave thanks and gave it to his friends

saying: This is my blood, which is shed for you. When you do this, do it in

memory of me. Remembering Jesus' life, death and resurrection and awaiting his

coming kingdom, we offer you this bread and this cup. Creator, send your Spirit

on these gifts so that we know Jesus in them and are gathered together with

everyone who shares this sacred meal of justice and community. Fill us with the

courage and love of Jesus, that we may strive for justice and peace, respect the

dignity of every human being, and safeguard the integrity of Creation. Bring us

with insert saint and all your saints to your commonwealth of sparrow and lily,

child and beggar which is both now and yet to come. All honor and glory are

yours, Creator, Christ and Spirit, now and forever. **Amen.**

The Lord's Prayer

As our Saviour taught us, let us pray:

♪ **Lord's Prayer** – Gordon Light

Our Father in heaven; Hallowed be your name.

Your kingdom come, your will be done on earth as in heaven.

Give us today our daily bread

Forgive us our sins as we forgive those who sin against us.

Save us from the time of trial, and deliver us from evil.

**For the kingdom, the power and the glory are yours,
now and forever. Amen.**

Breaking of the Bread

“I am the bread of life,” says the Lord. “Whoever comes to me will never be hungry; whoever believes in me will never thirst.”

Taste and see that the Lord is good; happy are they who trust in him!

Administration of Holy Communion

All are invited to share in the Bread or a Blessing

Gluten Free Wafers are available upon request.

Please cross your arms at the rail if you would like a blessing.

♪ **Communion Music** – Joanne Lambert

Prayer after Communion

O God, we have shared in the mysteries of the body and blood of Christ. Nourish us by this feast, that we may live the risen life and serve you faithfully in the world. We ask this in the name of Jesus Christ the Lord. **Amen.**

Doxology

Glory to God, whose love working in us, can do infinitely more than we can ask or imagine. Glory to God, From generation to generation, in the Church and in Christ Jesus, For ever and ever. Amen

Blessing

Sending Hymn: ♪ *Sing a New Song* (CP#312)

Refrain: Sing a new song unto the Lord
Let your song be sung from mountains high!
Sing a new song unto the Lord, singing alleluia!

**Yahweh's people dance for joy, O come before the Lord.
And play for him on glad tambourines, and let your trumpet sound.
(Refrain)**

**Rise, O children, from your sleep your Savior now has come.
He has turned your sorrow to joy, and filled your soul with song.
(Refrain)**

**Glad my soul for I have seen the glory of the Lord.
The trumpet sounds the dead shall be raised. I know my Savior lives.
(Refrain)**

Dismissal

Go forth in the name of Christ. **Thanks be to God.**

♪ **Postlude** – Joanne Lambert

CCLI#245534

Please join us for coffee and conversation in the parish hall

Thank you to all who are assisting today:

♪ Joanne Lambert, Readers: Sean Lyon, Bob Buchanan, Deb Butler,
Maria King, Assistant: Rev. Gil Shoesmith

SCRIPTURES & READERS FOR NEXT SUNDAY, JUNE 14

Genesis 18: 1-15 – Jan Bergink, **Psalm 116: 1, 10-17** – Marcia McMenamie,
Romans 5: 1-8 – Marcia McMenamie, **Matthew 9:35 - 10:8** – Richard Routledge

EVENTS & ANNOUNCEMENTS

LON AWAY – The Ven. Dr. Lon Towstego will be away from May 28 to June 16. For **pastoral care**, please phone Rev. Gil Shoesmith (250-884-1685). For **other inquiries** please phone our Wardens.

St.Mary: Ken Pedlow (250-656-6302) / Marcia McMenamie (250-514-9604)

St.Stephen: Mike Philip (250-652-5779) / Bob Buchanan (250-818-5340)

SMILE CARDS – Please have your order to Irene by 10:00 on **Tuesday, June 9**. Please give your payment to Irene today or put cheque through the office door mail slot before Tuesday. Thank you for your support.

CHORAL EVENSONG w CHRIST CHURCH CATHEDRAL YOUTH CHOIR – Concert will be held on **Saturday, June 13, 2026 at 4pm**, St. Andrew Anglican Church, 9691 4th St, Sidney. Choral Evensong's roots come from ancient English monasteries, dating back to the 16th century. This old and beautiful service is still sung every day of the week in many places around the globe. With its inspiring ethereal music and eloquent language, Choral Evensong can provide a peaceful, restful end to the day. A freewill offering will be taken – all are welcome.

MEN'S BREAKFAST – The next Men's Breakfast will be **Saturday, June 20, 9:30-11:00**. There will be round table introductions and short talks instead of a particular speaker. RSVP to Lon ltowstego@bc.anglican.ca / 250-208-9949 or verbally to Ken Pedlow.

ST. MARY OUTREACH – In your offering envelope package you will find special monthly outreach envelopes. For those who do not have offering envelopes, you may bring your outreach offering in a plain envelope, marked "Outreach for Month of _____" with your name and address.

June	ORCCA Dental Clinic - ORCCA's purpose is to provide children and adolescents under 19 years of age from low-income family's access to oral care in a not-for-profit setting.
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ST. STEPHEN OUTREACH

June	Anglican Appeal – Donations support the mission work and ministry in Canada's North and our church partners overseas.
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SUMMER SERVICE SCHEDULE – Please note that there will be only **one service at 10:00 am on Sundays until August 30**. Please find more information and the full schedule on our website: www.parishcs.ca

INTERCESSIONS

Anglican Cycle of Prayer: We pray for the Scottish Episcopal Church. We pray for Archbishop Sarah Mullally; the Anglican Church of Canada and Archbishop Shane Parker, Primate; John Stephens, Metropolitan of The Province of B.C and Yukon We also pray for Archbishop Chris and the Anglican Council of Indigenous Peoples.

Diocesan Cycle of Prayer: We pray for Anna, our bishop, and St. Margaret of Scotland Anglican church, Galiano Island.

Regional Cycle of Prayer: We pray for the Parish of Holy Trinity, North Saanich, The Rev. Denise Doerksen, and the people of the North Saanich community. We pray for the parish as they find new and innovative ways to be church and blend that with their living out of Reconciliation and Social Justice.

Our Parish Clergy: Lon, Logan, Brett, Bob, Paul and Gil, Seminarian Melanie, and postulants Gary & Richard

In our Parish: We pray for Derrick & Patricia Sparks, and Jim & Linda Davison

For those ill or in need of prayer: Neville & Patricia, Roche, Diana A., Fern, Dennis, Glenda, Dawn, Sybil, Roy, Jillian, Jacqueline Stober, Marie Heaps

For Those with Long-Term Needs: Cheryl, Ted, Phil J., Natalie, Brett, Jamie, Jane & Paul, Margery, Courtney, Kristen, Brad, Kim, Lynn S.

For friends beyond the parish: Jennifer, Jo-Jo, Margot, Sharie, John K., Helen, Andrew, Sheila, David F., Dani R. & family, Paula, Hayden, Carlos, Bryan, Karen & family, Drew, Sheila P., Amy, Betty E., Alysha, Sue P., Michelle, Cassidy, Carl G., Keith & Lillian, Michael A., Jasmine, Kai, Cathy Swinscoe, Arianne, Chad, Yvonne N., Terry O.

In the greater community: We pray for all victims of sexual misconduct and abuse. We are all called to create communities where all children of God are safe and respected. We pray for those impacted or endangered by the toxic drug supply crisis and for their loved ones who are, or have been, impacted.

CLERGY CONTACT INFORMATION

The Ven. Dr. Lon Towstego

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Email: ltowstego@bc.anglican.ca

OFFICE HOURS

Tuesday-Friday,

9:00-1:00

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