



Anglican Parish of Central Saanich

St. Mary Church

St. Stephen Church

*Faith - Family - Friendship*



ANGLICAN DIOCESE  
OF BRITISH COLUMBIA

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## Welcome To PARISH OF CENTRAL SAANICH St. Mary Church



### July 19, 2026 – 8<sup>th</sup> Sunday after Pentecost

**Join us as we worship the living Christ!**

“Darkness is not dark to you; the night is as bright as the day;  
darkness and light to you are both alike.” *Psalm 139:12*

*We acknowledge that we gather to worship on the traditional lands of the  
W̱SÁNEĆ and Coast Salish Peoples*

**Weekly Sunday Service at 10:00 from May 31-August 30, 2026**

**Next week (July 26): Praise Band service at St Stephen Church**

Continue to monitor our website - [ParishCS.ca](http://ParishCS.ca)

**The Ven. Dr. Lon Towstego, Incumbent**

Associated Clergy: Bishop Logan McMenamie  
The Ven. Bob Baillie  
The Rev. Dr. Brett Cane  
The Rev. Paul Schumacher  
The Rev. Gil Shoesmith, deacon

**The Ven. Dr. Lon Towstego, Presiding**

*A Warm Welcome to all who worship with us, especially visitors.*

*With thanks, please mute your cell phones during the service.*

*The congregation says or sings the items in **bold** typeface.*

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♪ **Prelude** – Joanne Lambert, Mike Philip, Greg Robinson

**Welcome & Land Acknowledgement**

♪ **Gathering Song:** *All Things Bright and Beautiful* (CP#415)

*Refrain: All things bright and beautiful,  
all creatures great and small,  
all things wise and wonderful,  
the Lord God made them all.*

- |                                                                                                                                      |                                                                                                                                     |
|--------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|
| 1. Each radiant flower that opens,<br>each vibrant bird that sings,<br>God made their glowing colours,<br>God made their tiny wings: | 3. The rocky mountain splendour,<br>the loon's wild, haunting call,<br>the great lakes and the prairies,<br>the forest in the fall: |
| 2. The cold wind in the winter,<br>the pleasant summer sun,<br>the ripe fruits in the garden,<br>God made them every one:            | 4. God gave us eyes to see them,<br>and lips that we might tell<br>how great is the Creator<br>who has made all things well:        |

**The Gathering of the Community**

In this time and place we gather on the ancestral lands of the W̱SÁNEĆ  
and Coast Salish Peoples.

**From many places and Peoples we come to this house in prayer.**

In this time and place we are not alone,

**for we meet in the presence of the living God.**

In this time and place we are not alone, **for the Risen Jesus stands in our  
midst.**

In this time and space, we are not alone,

**for the wind of the Spirit moves in and through us.**

In this time and space, we are not alone for we gather with the whole  
company of heaven.

**In this time and in this space, heaven and earth are one.**

In this time and place together, we are one People in Jesus Christ.

**In the name of God, Creator, Saviour, and Holy Spirit. Amen.**

♪ **Gloria:** *Gloria, Gloria, Gloria*

**Gloria! Gloria! Gloria! Glory to God on high. Repeat**

**And on earth peace to God's People, Glory to God. Repeat**

## Centering Stillness & Prayer of the Day

Let us hold this moment open to the Spirit of God. (*Silence*)

Almighty God, your Son has opened for us a new and living way into your presence. Give us pure hearts and constant wills to worship you in spirit and in truth; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

## THE READINGS

**First Lesson: Genesis 28:10-19a** – Marcia McMenamie

<sup>10</sup> Jacob left Beer-Sheba and went toward Haran. <sup>11</sup> He came to a certain place and stayed there for the night, because the sun had set. Taking one of the stones of the place, he put it under his head and lay down in that place. <sup>12</sup> And he dreamed that there was a stairway set up on the earth, the top of it reaching to heaven, and the angels of God were ascending and descending on it. <sup>13</sup> And the Lord stood beside him and said, “I am the Lord, the God of Abraham your father and the God of Isaac; the land on which you lie I will give to you and to your offspring, <sup>14</sup> and your offspring shall be like the dust of the earth, and you shall spread abroad to the west and to the east and to the north and to the south, and all the families of the earth shall be blessed in you and in your offspring. <sup>15</sup> Know that I am with you and will keep you wherever you go and will bring you back to this land, for I will not leave you until I have done what I have promised you.” <sup>16</sup> Then Jacob woke from his sleep and said, “Surely the Lord is in this place—and I did not know it!” <sup>17</sup> And he was afraid and said, “How awesome is this place! This is none other than the house of God, and this is the gate of heaven.”

<sup>18</sup> So Jacob rose early in the morning, and he took the stone that he had put under his head and set it up for a pillar and poured oil on the top of it. <sup>19</sup> He called that place Bethel, but the name of the city was Luz at the first.

Hear what the Spirit of God is saying. **Thanks be to God.**

**Psalm 139:1-11, 22-23** – Marian Towstego

<sup>1</sup> Lord, you have searched me out and known me;

**you know my sitting down and my rising up; you discern my thoughts from afar.**

<sup>2</sup> You trace my journeys and my resting-places  
**and are acquainted with all my ways.**

<sup>3</sup> Indeed, there is not a word on my lips,  
**but you, O Lord, know it altogether.**

<sup>4</sup> You press upon me behind and before **and lay your hand upon me.**

<sup>5</sup> Such knowledge is too wonderful for me;  
**it is so high that I cannot attain to it.**

<sup>6</sup> Where can I go then from your Spirit?

**where can I flee from your presence?**

<sup>7</sup> If I climb up to heaven, you are there;

**if I make the grave my bed, you are there also.**

<sup>8</sup> If I take the wings of the morning

**and dwell in the uttermost parts of the sea,**

<sup>9</sup> Even there your hand will lead me **and your right hand hold me fast.**

<sup>10</sup> If I say, “Surely the darkness will cover me,

**and the light around me turn to night.”**

<sup>11</sup> Darkness is not dark to you; the night is as bright as the day;

**darkness and light to you are both alike.**

<sup>22</sup> Search me out, O God, and know my heart;

**try me and know my restless thoughts.**

<sup>23</sup> Look well whether there be any wickedness in me

**and lead me in the way that is everlasting.**

Glory be to the Father and to the Son and to the Holy Spirit; **as it was in the beginning, is now, and ever shall be, world without end. Amen.**

**Second Lesson: Romans 8:12-25 – Nancy Choat**

<sup>12</sup> So then, brothers and sisters, we are obligated, not to the flesh, to live according to the flesh— <sup>13</sup> for if you live according to the flesh, you will die, but if by the Spirit you put to death the deeds of the body, you will live. <sup>14</sup> For all who are led by the Spirit of God are children of God. <sup>15</sup> For you did not receive a spirit of slavery to fall back into fear, but you received a spirit of adoption. When we cry, “Abba! Father!” <sup>16</sup> it is that very Spirit bearing witness with our spirit that we are children of God, <sup>17</sup> and if children, then heirs: heirs of God and joint heirs with Christ, if we in fact suffer with him so that we may also be glorified with him.

<sup>18</sup> I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. <sup>19</sup> For the creation waits with eager longing for the revealing of the children of God, <sup>20</sup> for the creation was subjected to futility, not of its own will, but by the will of the one who subjected it, in hope <sup>21</sup> that the creation itself will be set free from its enslavement to decay

and will obtain the freedom of the glory of the children of God. <sup>22</sup> We know that the whole creation has been groaning together as it suffers together the pains of labor, <sup>23</sup> and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. <sup>24</sup> For in hope we were saved. Now hope that is seen is not hope, for who hopes for what one already sees? <sup>25</sup> But if we hope for what we do not see, we wait for it with patience.

Hear what the Spirit of God is saying. **Thanks be to God.**

♪ Gradual: *Seek Ye First* (CP #458)

**Seek ye first the kingdom of God, and God's righteousness.  
And all these things shall be added unto you; Allelu, Alleluia**

*Refrain: Alleluia, alleluia, alleluia, allelu, alleluia*

**Ask and it shall be given unto you. Seek and you shall find.  
Knock and the door shall be opened unto you; Allelu, Alleluia.  
(Refrain)**

**Gospel Lesson: Matthew 13:24-30, 36-43** – Rev. Gil Shoesmith

God be with you. **And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Matthew.

**Glory to you, Lord Jesus Christ**

♪ Alleluia

<sup>24</sup> He put before them another parable: "The kingdom of heaven may be compared to someone who sowed good seed in his field, <sup>25</sup> but while everybody was asleep an enemy came and sowed weeds among the wheat and then went away. <sup>26</sup> So when the plants came up and bore grain, then the weeds appeared as well. <sup>27</sup> And the slaves of the householder came and said to him, 'Master, did you not sow good seed in your field? Where, then, did these weeds come from?' <sup>28</sup> He answered, 'An enemy has done this.' The slaves said to him, 'Then do you want us to go and gather them?' <sup>29</sup> But he replied, 'No, for in gathering the weeds you would uproot the wheat along with them. <sup>30</sup> Let both of them grow together until the harvest, and at harvest time I will tell the reapers, Collect the weeds first and bind them in bundles to be burned, but gather the wheat into my barn.'"

<sup>36</sup> Then he left the crowds and went into the house. And his disciples approached him, saying, "Explain to us the parable of the weeds of the field." <sup>37</sup> He answered, "The one who sows the good seed is the Son of Man; <sup>38</sup> the field is the world, and the good seed are the children of the kingdom; the weeds are the children of the evil one, <sup>39</sup> and the enemy who sowed them is the devil; the harvest is the end of the age, and the reapers are angels. <sup>40</sup> Just as the weeds are collected and burned up with fire, so will it be at the end of the age. <sup>41</sup> The Son of Man will send his angels, and they will collect out of his kingdom all causes of sin and all evildoers, <sup>42</sup> and they will throw them into the furnace of fire, where there will be weeping and gnashing of teeth. <sup>43</sup> Then the righteous will shine like the sun in the kingdom of their Father. Let anyone with ears listen!

The Gospel of Christ. **Praise to you, Lord Jesus Christ.**

♪ Alleluia

**Sermon** – The Ven. Dr. Lon Towstego

**The Apostle's Creed**

Let us confess the faith of our baptism, as we say,

I believe in God, the Father almighty, creator of heaven and earth.  
 I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary.  
 He suffered under Pontius Pilate, was crucified, died, and was buried.  
 He descended to the dead. On the third day he rose again.  
 He ascended into heaven, and is seated at the right hand of the Father.  
 He will come again to judge the living and the dead.  
 I believe in the Holy Spirit, the holy catholic Church,  
 the communion of saints, the forgiveness of sins,  
 the resurrection of the body, and the life everlasting. Amen.

**The Prayers of the People** – Rev. Gil Shoesmith

### **The Peace**

The peace of the Lord be always with you. **And also with you.**

*The members of the community offer a sign of peace to one another.*

### **♪ Offertory: Love Divine** (CP#485)

1. Love divine, all loves excelling,  
 joy of heav'n to earth come down,  
 fix in us Thy humble dwelling;  
 all Thy faithful mercies crown.

2. Jesus, thou art all compassion;  
 pure, unbounded love thou art;  
 visit us with thy salvation;  
 enter every trembling heart.

3. Come, almighty, to deliver;  
 let us all thy grace receive;  
 suddenly return and never,  
 nevermore thy temples leave.

4. Thee we would be always blessing,  
 serve thee as thy hosts above,  
 pray and praise thee without ceasing,  
 glory in thy perfect love.

5. Finish then thy new creation;  
 pure and spotless let us be;  
 let us see thy great salvation  
 perfectly restored in thee.

6. Changed from glory into glory,  
 till in heav'n we take our place,  
 till we cast our crowns before thee,  
 lost in wonder, love, and praise.

### **Prayer over the Gifts**

O God, accept our praise and thanksgiving. Help us in all we do to offer ourselves as a true and living sacrifice; through Jesus Christ the Lord. **Amen.**

## **HOLY EUCHARIST**

### **Eucharistic Liturgy for the Islands and Inlets (C)**

God is here. **The Spirit is with us.**

Lift up your hearts and minds. **We lift them to God.**

Let us give thanks to God the Creator.

### **It is right to give our thanks and praise.**

It is indeed right that we should praise you, God of love, our source, and our fulfillment, for you create all things and in you we live and move and have our being. Your wonder is manifest in land and sea and sky.

You made us in your image. And even though we turn from you, again and again you call us to yourself, and in every age, promise liberation.

As a mother gathers her children, you embraced a people as your own, to nurture them in the way of compassionate love. You sent Jesus among us, incarnate of the Holy Spirit and born of Mary. Jesus revealed your love for all Creation, and showed us the way of reconciliation. Having lived among us - Jesus suffered the cross, Died, and in rising again became the firstborn of the renewed family. And so as we gather around your table, With saints of every age and your beloved creation we raise our voices and sing:

♪ **Sanctus & Benedictus – Steve Bell**

**Holy, holy holy Lord; God of pow'r and might;**

**Heaven and earth of Your glory are full.**

**Hosanna, hosanna, hosanna in the highest.**

**Blessed is He who comes in the name of the Lord (x2)**

*(Repeat first stanza)*

To you be glory, almighty God, because on the night before he died, Jesus took bread, when he had given thanks, he broke it, gave it to his disciples, and said: Take, eat, this is my body which is given for you; do this to remember me.

After supper he took the cup; when he had given thanks, he gave it to them and said: Drink this all of you. This is my blood of the new covenant, Poured out for you and for many; do this to remember me. Great is the mystery of faith.

**Christ has died, Christ is risen, Christ will come again.**

Recalling Christ's death and resurrection, we ask you to accept this, our sacrifice of praise. Pour out your Holy Spirit on us gathered here, and on these gifts of bread and wine that we may be fed with the body and blood of your Son. When all of creation groans, unite us in Christ and give us your hope that we might be strengthened to do your work, as your body in the world.

Through Christ our Redeemer, in the power of the Spirit, all praise and glory be yours, Almighty God, now and forever. **Amen.**

♪ **The Lord's Prayer** *(Gordon Light)*

As our Saviour taught us, let us sing:

**Our Father in heaven, hallowed be your name,**

**Your kingdom come, your will be done on earth as in heaven.**

**Give us today our daily bread,**

**Forgive us our sins, as we forgive those who sin against us.**

**Save us from the time of trial and deliver us from evil,**

**For the kingdom, the power and the glory are yours,**

**Now and for ever. Amen.**

**Breaking of the Bread**

Creator of all, who summons the salmon from the depths of the seas to yearn for the place of their origin. **So may your Spirit stir in our hearts to return and find our home in you.**

## Administration of Holy Communion

*All are invited to share in the Bread or a Blessing*

*Gluten Free Wafers are available upon request.*

*Please cross your arms at the rail if you would like a blessing.*

♪ **Communion: *A Christian Hallelujah* (tune: *Leonard Cohen*) – Greg Robinson**

We've heard that there's a God who loves, who reaches out to all of us

But we don't want to know Him looking through us

We want to keep Him far away and live as though we wrote the play

We want to sing our own – hallelujah; Hallelujah Hallelujah etc...

When Jesus walked upon the earth, We then saw God for all he's worth

He touched our hearts so we'd sing hallelujah

Instead we marched to our own drum and missed the song we should have sung

And praised ourselves for what was given to us; Hallelujah Hallelujah etc.

We stroll with Saul down dusty roads, and meet a love he'd never

known The kind that warms a heart turned cold and moves ya

He found there was a better way, of peace and love a brighter day

A brand new way of singing hallelujah; Hallelujah Hallelujah etc.

There's sacredness in all we've known, and that we never stand alone

In life and in the world that's given to us

We can turn to darkness our own way or rise in light to each new day

And dance and sing that song if we but choose it; Hallelujah Hallelujah etc

There's talk and rumour of a day, where wolf and lamb together lay

And a little child will walk with you all through it;

Where peace and love as bookends stand, encompassing the promised land

With all creation singing hallelujah; Hallelujah Hallelujah etc

♪ ***If I Could Sing* – Vera Philip**

I feel you all around me and that leaves me no choice;

Oh Lord, I will praise you with my heart and my voice.

*For if I did not sing,*

*the very stones would praise the Almighty and eternal one.*

*(repeat)*

## Prayer after Communion

O God, as we are strengthened in these holy mysteries, may our lives be a continual offering, holy and acceptable in your sight; through Jesus Christ our Lord. **Amen**

## Doxology & Blessing

Glory to God, whose love, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever, Amen.

♪ Sending Song: *God is Good all the Time*

*Refrain: God is good all the time;*

*He put a song of praise in this heart of mine*

*God is good all the time*

*Through the darkest night, His light will shine*

*God is good, God is good all the time*

1. We were sinners and so  
unworthy  
Still for us He chose to die  
Filled us with His Holy Spirit  
Now we can stand and testify  
That His love is everlasting  
And His mercies,  
they will never end.

*Refrain*

2. If you're walking through the  
valley  
And there are shadows all around  
Do not fear, He will guide you  
He will keep you safe and sound  
He has promised to never leave you  
Nor forsake you,  
and His word is true.

*Refrain*

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**Bridge:** Though I may not understand

All the plans you have for me

My life is in your hands

And through the eyes of faith

I can clearly see:

*Refrain*

**Dismissal**

Go forth into the world, rejoicing in the power of the Spirit.

**Thanks be to God.**

♪ **Postlude** – Joanne Lambert, Mike Philip, Greg Robinson

CCLI# 245534



The altar flowers are given by **Sue Rumball**

with loving thanks for family and friends.

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Front cover art: <https://bible.art/p/A2rUvDrYKeP6GJV7JnO/psalms-139-12>

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**Thank you to all who are assisting today:**

♪ Joanne Lambert, Greg Robinson & Mike Philip, Marcia McMenamie,  
Marian Towstego, Nancy Choat, Rev. Gil Shoesmith, Carl Schwazer,  
Shirley Schwazer, Sue Rumball

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**SCRIPTURES & READERS FOR NEXT SUNDAY, JULY 26**

**Genesis 29:15-28** – Greg Robinson, **Psalm 128**– Deb Butler

**Romans 8:26-39**– Bob Buchanan, **Matthew 13:31-33, 44-52**– Sean Lyon

Donations  
matched  
Canada



On June 24, powerful back-to-back earthquakes shook Venezuela, with magnitudes beyond what has been seen in more than a century. The devastation has been extensive, with at least 1,700 people killed and nearly 3,000 injured. Rescue and recovery operations are continuing, amid dangerous conditions and aftershocks. Until July 14, 2026, the Government of Canada will match all donations to the Humanitarian Coalition (HC) Venezuela Earthquake Response, up to \$2 million. Alongside Hope is joining this appeal as a member of the

Canadian Foodgrains Bank, which is part of the HC. The Foodgrains Bank response will focus on providing food relief. Venezuela was already facing economic hardship and struggling with the rising price of food. Nearly 8 million people were in need of humanitarian support. With this tragedy, millions more will be at greater risk of hunger.



Alongside Hope is also looking at responses with other partners.

**Support the Humanitarian Coalition Venezuela Earthquake Response by scanning the QR code above, or go to [alongsidehope.org/give-today](https://alongsidehope.org/give-today). You can also donate by calling at 1-866-308-7973 or mail a cheque to Alongside Hope, 80 Hayden Street, 3rd Floor, Toronto, ON, Canada, M4Y 3G2. Please indicate “Venezuela” in the memo field.**



**Alongside Hope**

Anglicans and partners working for change  
in Canada and around the world

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## EVENTS & ANNOUNCEMENTS

**IN MEMORIAM** – We give thanks for the life of **Elizabeth “Betty” Osman**, who died July 13, 2026. Please keep Elizabeth's family and friends in your prayers as they mourn her loss.

**IN MEMORIAM** – We give thanks for the life of **David Campbell**, who died June 24, 2026 at the age of 98. Please keep David's family and friends in your prayers as they mourn his loss. A funeral service will be held at St. George's on Friday, July 31. His obituary is available through the *Times Colonist*.

**ALTAR FLOWERS** – There are a few dates left in **September** if you would like to dedicate altar flowers. Please sign up on the chart in the Narthex - we will contact you when your date approaches. The \$50 donation may be shared with a friend/family member if you sign up for the same week, and both dedications can be included in the bulletin. Donation envelopes available beside the chart.

# CORN BOIL

## *Dinner with Ham*

**Friday July 31 | 5PM**

- Admission by donation
- Bring a dessert if you wish!
- RSVP** by July 29<sup>th</sup> to [ltowstego@bc.anglican.ca](mailto:ltowstego@bc.anglican.ca)

**At St Stephen Memorial Hall**  
1273 St. Stephen Road, Saanichton, BC

*Proceeds will be going to the Parish of Central Saanich*

**HOLLY FAIR – SAVE THE DATE!** – The Holly Fair will be held on **Saturday, November 14** - mark your calendars! As gardens and orchards are in full swing, this is a great time to begin preparing preserves for the **Gourmet Pantry**. Your homemade jams, jellies, pickles, relishes, and other canned goods are always greatly appreciated. Thanks to the wonderful generosity of our parish community, the Gourmet Pantry raised a record **\$1,200** at last year's Holly Fair. We hope to make this year's stall another great success! If you have any questions, please speak with **Lynn** or **Marcia**.

**JARS NEEDED** – Please check your cupboards for empty canning jars (**specifically 250 ml, 1 cup jars needed**). Drop off to the Narthex at St. Mary.

**ST. MARY OUTREACH** – In your offering envelope package you will find special monthly outreach envelopes. For those who do not have offering envelopes, you may bring your outreach offering in a plain envelope, marked “Outreach for Month of \_\_\_\_” with your name and address.

|      |                                                                                                                                                                                                   |
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| July | <b>General Outreach</b> - Monies donated for General Outreach are dedicated at the end of the year for requests received during the year and to “top up” totals in monthly outreach designations. |
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### ST. STEPHEN OUTREACH

|      |                                                                                                                                                                                               |
|------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| July | <b>Rector’s Discretionary Fund</b> - This is a dedicated fund under the Rector’s control and discretion which provides financial assistance to members of the parish and the wider community. |
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## INTERCESSIONS

**Anglican Cycle of Prayer:** We pray for the Province of the Episcopal Church of Sudan. We pray for Archbishop Sarah Mullally; the Anglican Church of Canada and Archbishop Shane Parker, Primate; John Stephens, Metropolitan of The Province of B.C and Yukon We also pray for Archbishop Chris and the Anglican Council of Indigenous Peoples.

**Diocesan Cycle of Prayer:** We pray for Anna, our bishop, and for Christ Church Cathedral, Victoria.

**Regional Cycle of Prayer:** We pray for the **The Parish of St. Philp, Cedar**, The Rev. Leslie Flynn and the people of the parish. We pray for the people of the parish and Cedar and district.

**Our Parish Clergy:** Lon, Logan, Brett, Bob, Paul and Gil, Seminarian Melanie, and postulants Gary & Richard

**In our Parish:** We pray for Dennis & Carol Watkins, and Terry Hartley

**For those ill or in need of prayer:** Neville & Patricia, Roche, Diana A., Fern, Dennis, Glenda, Dawn, Sybil, Roy, Jillian, Jacqueline Stober, Marie Heaps, David Scarth

**For Those with Long-Term Needs:** Cheryl, Ted, Phil J., Natalie, Brett, Jamie, Jane & Paul, Margery, Courtney, Kristen, Brad, Kim, Lynn S.

**For friends beyond the parish:** Jennifer, Jo-Jo, Margot, Sharie, John K., Helen, Andrew, Sheila, David F., Dani R. & family, Paula, Hayden, Carlos, Bryan, Karen & family, Drew, Sheila P., Amy, Betty E., Alysha, Sue P., Michelle, Cassidy, Carl G., Keith & Lillian, Michael A., Jasmine, Kai, Cathy Swinscoe, Arianne, Chad, Yvonne N., Terry O, Ronald P.

**In the greater community:** We pray for all victims of sexual misconduct and abuse. We are all called to create communities where all children of God are safe and respected. We pray for those impacted or endangered by the toxic drug supply crisis and for their loved ones who are, or have been, impacted.

### **St. Mary Anglican Church**

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### **CLERGY CONTACT INFORMATION**

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### **St. Stephen Anglican Church**

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Saanichton, B.C. V8M 1S2  
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### **OFFICE HOURS**

Tuesday-Friday,  
9:00-1:00  
**Email:** admin@parishcs.ca