



Anglican Parish of Central Saanich

St. Mary Church St. Stephen Church

Faith - Family - Friendship



ANGLICAN DIOCESE
OF BRITISH COLUMBIA

Welcome To
PARISH OF CENTRAL SAANICH
St. Mary Church 9:00 • St. Stephen Church 11:15



*“Blessing and glory and wisdom and thanksgiving and honor
and power and might be to our God forever and ever! Amen.”*

Revelation 7:12

November 1, 2026 – 23rd Sunday after Pentecost

Join us as we worship the living Christ!

*We acknowledge that we gather to worship on the traditional lands of the
W̱SÁNEĆ and Coast Salish Peoples*

Continue to monitor our website - ParishCS.ca

The Ven. Dr. Lon Towstego, Incumbent

Associated Clergy

Bishop Logan McMenemy • The Ven. Bob Baillie • The Rev. Dr. Brett Cane
The Rev. Paul Schumacher • The Rev. Gil Shoesmith, deacon

*A Warm Welcome to all who worship with us, especially visitors.
With thanks, please mute your cell phones during the service.
The congregation says or sings the items in **bold** typeface.*

♪ **Prelude** – Joanne Lambert

Welcome & Land Acknowledgement

♪ **Gathering Song: *For All the Saints* (CP #276 – Vss.1, 4, 7 & 8)**

For all the saints who from their labours rest,
who thee by faith before the world confessed,
thy name, O Jesus, be forever blest. Alleluia! Alleluia!

O blest communion, fellowship divine,
we feebly struggle, they in glory shine;
yet all are one in thee, for all are thine. Alleluia! Alleluia!

But lo, there breaks a yet more glorious day--
the saints triumphant rise in bright array;
the King of glory passes on his way, Alleluia! Alleluia!

The Gathering of the Community

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all. **And also with you.**

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

♪ **Hymn of Praise: *Ashgrove Gloria***

Sing glory to God in the heights of the heavens
Salvation and peace to God's People on earth
Our Sovereign, our Saviour, our God, our Creator
We worship and praise you and sing of your worth.

Refrain: Creation unites in the power of the Spirit
In praise of the Father, through Jesus the Son
So complex, so simple, so clear, so mysterious
Our God ever three yet eternally one.

This Lord Jesus Christ, only Son of the Father
The lamb who has carried the burden of shame
Now seated on high in the glory of heaven
Have mercy upon us who call on your name.

For you, only you, we acknowledge as holy
We name you alone as our Saviour and Lord
You only, O Christ, with the Spirit exalted,
Are one with the Father, forever adored. *Refrain*

Centering Stillness & Prayer of the Day

Let us hold this moment open to the Spirit of God. (*Silence*)

God of the ages, your saints who lived in faithful service surround your throne and praise you night and day. May we, your saints on earth, join our voices with theirs to proclaim your rule of righteousness and peace, which comes to us through Jesus Christ now and for ever. **Amen.**

THE READINGS

First Lesson: Revelation 7:9-17 — Jan Bergink (SM) • Sharryl Pearce (SS)

⁹ After this I looked, and there was a great multitude that no one could count, from every nation, from all tribes and peoples and languages, standing before the throne and before the Lamb, robed in white, with palm branches in their hands. ¹⁰ They cried out in a loud voice, saying, “Salvation belongs to our God who is seated on the throne and to the Lamb!”

¹¹ And all the angels stood around the throne and around the elders and the four living creatures, and they fell on their faces before the throne and worshiped God, ¹² singing, “Amen! Blessing and glory and wisdom and thanksgiving and honor and power and might be to our God forever and ever! Amen.”

¹³ Then one of the elders addressed me, saying, “Who are these, robed in white, and where have they come from?” ¹⁴ I said to him, “Sir, you are the one who knows.”

Then he said to me, “These are they who have come out of the great ordeal; they have washed their robes and made them white in the blood of the Lamb. ¹⁵ For this reason they are before the throne of God and worship him day and night within his temple, and the one who is seated on the throne will shelter them. ¹⁶ They will hunger no more and thirst no more; the sun will not strike them, nor any scorching heat, ¹⁷ for the Lamb at the center of the throne will be their shepherd, and he will guide them to springs of the water of life, and God will wipe away every tear from their eyes.”

Hear what the Spirit of God is saying. **Thanks be to God.**

Psalms 34:1-10, 22 — Marcia McMenemy (SM) • Trish Bonham (SS)

¹ I will bless the Lord at all times; **his praise shall ever be in my mouth.**

² I will glory in the Lord; **let the humble hear and rejoice.**

³ Proclaim with me the greatness of the Lord; **let us exalt his name together.**

⁴ I sought the Lord, and he answered me
and delivered me out of all my terror.

⁵ Look upon him and be radiant, **and let not your faces be ashamed.**

⁶ I called in my affliction and the Lord heard me
and saved me from all my troubles.

⁷ The angel of the Lord encompasses those who fear him,
and he will deliver them.

⁸ Taste and see that the Lord is good; **happy are they who trust in him!**

⁹ Fear the Lord, you that are his saints,
for those who fear him lack nothing.

¹⁰ The young lions lack and suffer hunger,
but those who seek the Lord lack nothing that is good.

²² The Lord ransoms the life of his servants,
and none will be punished who trust in him.

Glory be to the Father and to the Son and to the Holy Spirit; **as it was in the beginning, is now, and ever shall be, world without end. Amen.**

Second Lesson: 1 John 3:1-3 – Marian Towstego

¹ See what love the Father has given us, that we should be called children of God, and that is what we are. The reason the world does not know us is that it did not know him. ² Beloved, we are God's children now; what we will be has not yet been revealed. What we do know is this: when he is revealed, we will be like him, for we will see him as he is. ³ And all who have this hope in him purify themselves, just as he is pure.

Hear what the Spirit of God is saying. **Thanks be to God.**

♪ **Gradual: *Blest Are the Pure in Heart* (CP# 439)**

- 1. Blest are the pure in heart, for they shall see our God;
The secret of the Lord is theirs; Their soul is Christ's abode.**
- 2. The Lord, Who left the heavens our life and peace to bring,
To dwell in lowliness with us our Pattern and their King.**
- 3. Still to the lowly soul His presence doth impart;
And for a dwelling and a throne chooseth the pure in heart.**
- 4. Lord, we Thy presence seek; may ours this blessing be;
Give us a pure and lowly heart, a temple meet for Thee.**

Gospel: Matthew 5:1-12 – Lynn Schumacher (SM) • Sean Lyon (SS)

God be with you. **And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Matthew.

♪ **Alleluia**

5 When Jesus saw the crowds, he went up the mountain, and after he sat down, his disciples came to him. ² And he began to speak and taught them, saying:

³ "Blessed are the poor in spirit, for theirs is the kingdom of heaven. ⁴ "Blessed are those who mourn, for they will be comforted. ⁵ "Blessed are the meek, for they will inherit the earth. ⁶ "Blessed are those who hunger and thirst for

righteousness, for they will be filled. ⁷“Blessed are the merciful, for they will receive mercy. ⁸“Blessed are the pure in heart, for they will see God. ⁹“Blessed are the peacemakers, for they will be called children of God. ¹⁰“Blessed are those who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven. ¹¹“Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. ¹²Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.

The Gospel of Christ.

♪ Alleluia

Words of Comfort & Remembering Loved Ones

Reading of the provided names – Lon & Lynn

For those we remember, for those who lie here, **Thanks be to God.**

For those we know, for travelers and strangers, **Thanks be to God.**

For the love that surrounds them, for the love that sustains us, **Thanks be to God.**

For those known only to you, God, **Thanks be to God.**

Sermon – The Ven. Dr. Lon Towstego

The Apostle's Creed (*see pew insert*)

The Prayers of the People – Lynn Schumacher (SM) • Sean Lyon (SS)

The Peace

The peace of the Lord be always with you. **And also with you.**

The members of the community offer a sign of peace to one another.

♪ Offertory: *Blessed Feasts of Blessed Martyrs* (CP #284)

Blesséd feasts of blesséd martyrs, holy women, holy men,
with our love and admiration, greet we your return again.

Worthy deeds are theirs, and wonders, worthy of the name they bore;
we, with joyful praise and singing, honor them for evermore.

Faith prevailing, hope unfailing, loving Christ with single heart,
thus they, glorious and victorious, bravely bore the martyr's part,
by contempt of every anguish, by unyielding battle done;
victors at the last, they triumph, with the host of angels one.

Therefore, all that reign in glory, strong and sure with Christ on high,
join to ours your supplication when before him we draw nigh,
praying that, this life completed, all its fleeting moments past,
by his grace we may be worthy of eternal bliss at last.

Prayer over the Gifts

Holy and mighty God, we give you thanks for the triumph of Christ in the lives of all his saints. Receive all we offer you this day, and help us, like them, to run our course with faith, that we may come to your eternal kingdom. We ask this in the name of Jesus Christ our Lord. **Amen.**

HOLY EUCHARIST

Book of Alternative Services – Eucharistic Prayer 1

God be with you. **And also with you.**

Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is indeed right that we should praise you, gracious God, for you created all things. You formed us in your own image. When we turned away from you in sin, you did not cease to care for us, but opened a path of salvation for all people. You made a covenant with Israel, and through your servants Abraham and Sarah gave the promise of a blessing to all nations. Through Moses you led your people from bondage into freedom; through the prophets you renewed your promise of salvation. Therefore, with them, and with all your saints who have served you in every age, we give thanks and raise our voices to proclaim the glory of your name.

♪ **Sanctus** (Land of Rest)

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest. Hosanna in the highest.

Holy God, source of life and goodness, all creation rightly gives you praise. In the fullness of time, you sent your Son Jesus Christ, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He healed the sick and ate and drank with outcasts and sinners; he opened the eyes of the blind and proclaimed the good news of your kingdom to the poor and to those in need. In all things he fulfilled your gracious will. On the night he freely gave himself to death, our Lord Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said,

“Take, eat: this is my body which is given for you. Do this for the remembrance of me.” After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Gracious God, his perfect sacrifice destroys the power of sin and death; by raising him to life you give us life for evermore. Therefore, we proclaim the mystery of faith:

Christ has died. Christ is risen. Christ will come again.

Recalling his death, proclaiming his resurrection, and looking for his coming again in glory, we offer you, Father, this bread and this cup. Send your Holy Spirit upon us and upon these gifts, that all who eat and drink at this table may be one body and one holy people, a living sacrifice in Jesus Christ, our Lord. Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours, almighty Father, now and for ever. **Amen.**

Lord's Prayer (*spoken; see pew insert*)

Breaking of the Bread

"I am the bread of life," says the Lord. "Whoever comes to me will never be hungry; whoever believes in me will never thirst."

Taste and see that the Lord is good; happy are they who trust in him!
The gifts of God, for the people of God. **Thanks be to God.**

Administration of Holy Communion

*All are invited to share in the Bread or a Blessing. • Gluten Free Wafers are available upon request.
Please cross your arms at the rail if you would like a blessing.*

♪ Communion: *The Cloud's Veil*

Refrain: Even though the rain hides the stars,
even though the mist swirls the hills,
even when the dark clouds veil the sky,
God is by my side.
Even when the sun shall fall in sleep,
even when at dawn the sky shall weep,
even in the night when storms shall rise,
God is by my side. God is by my side.

1. Bright the stars at night that mirror heaven's way to you.
Bright the stars in light where dwell the saints in love and truth. *Ref*
2. Deep the feast of life where saints shall gather in deep peace.
Deep in heaven's light where sorrows pass beyond death's sleep. *Ref*
3. Blest are they who sing the fellowship of saints in light.
Blest in heaven's King. All saints adore the Lord, most high. *Ref*

Prayer after Communion

Lord of hosts, we praise your glory reflected in your saints. May we who share at this table be filled with the joy of your eternal kingdom, where Jesus is Lord, now and for ever. **Amen.**

Doxology & Blessing

Glory to God, whose power working in us, can do infinitely more than we can ask or imagine. Glory to God, From generation to generation, in the Church and in Christ Jesus, For ever and ever. **Amen.**

♪ Sending Song: *Amazing Grace* (CP #352)

Amazing grace how sweet the sound that saved a wretch like me.
I once was lost, but now I'm found, was blind but now I see.

'Twas grace that taught my heart to fear, and grace my fears relieved;
How precious did that grace appear the hour I first believed!

The Lord has promised good to me, His word my hope secures
He will my shield and portion be as long as life endures.

Through many dangers, toils, and snares I have already come
This grace that brought me safe thus far, and grace will lead me home.

When we've been there ten thousand years, bright shining as the sun,
We've no less days to sing God's praise than when we'd first begun.

Praise God, praise God, praise God, praise God...

Dismissal

♪ Postlude – Joanne Lambert

CCLI# 245534

Please join us for coffee and conversation in the parish hall.

🌸 The altar flowers at St. Mary are given by **Lynn & Paul Schumacher** to the glory of God and in memory of their son, Brian Geoffry.

Thank you to all who are assisting today:

St. Mary: ♪ Joanne Lambert, Readers: Jan Bergink, Marcia McMenamie
Marian Towstego, Lynn Schumacher, Ken Pedlow, Assistants: John
Beresford, Judi Clark, Sue Rumball, 🕯️ Matty Stuart, 🍷 Judi Clark.
St. Stephen: ♪ Joanne Lambert, Sharryl Pearce, Trish Bonham, Sean Lyon.

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EVENTS & ANNOUNCEMENTS

BEAUTIFUL BOSNIA SLIDESHOW – Rev. Brett Cane will be hosting a slide show and dessert event at **St. Mary Hall** on **Wednesday November 4** at **7:00 p.m.** and at **St. Stephen Hall** on **Friday, Nov. 6** at **2:00p.m.** All are welcome! Please bring a small dessert item.

 **THRIFTY SMILE CARDS** – Please have your order to Irene by 10:00 on **Tuesday, November 10th** with payment by cash (to Irene) or cheque payable to St. Mary Church (to the office mail slot). Thank you for your support!

HOLLY FAIR: SAVE THE DATE! – The Holly Fair will be held on **Saturday, November 14, 9:30-1:00** - mark your calendars! Your homemade baking, jams/jellies, pickles, relishes, and canned goods are always greatly appreciated. If you have any questions, please speak with **Lynn F.** or **Marcia.**

COMBINED SERVICE – Our next combined service is on **November 15, 10:00** at **St. Mary.** There will be a guest speaker from Alongside Hope: Executive Director, **Will Postma.**

CALL FOR VOLUNTEERS FOR LAY ASSISTING/PRAYERS OF THE PEOPLE – We are in need of a few people to assist with these positions in both churches. Please contact Lon if you want to learn more or volunteer.

NARNIA: THE MUSICAL – **December 18 to 20.** Aslan gives his life for a traitor and rises again in C.S. Lewis's *The Lion, the Witch and the Wardrobe*, on stage with Theatre al Dente at Denford Hall, 781 Richmond Avenue. Friday at 7 PM, Saturday and Sunday at 2 PM. All ages.

Tickets \$25, seniors \$23, groups of 10 or more \$20 each.

Sign up for group tickets at the table in the Narthex (St.M) for the Sunday performance, or email admin@parishcs.ca by Tuesday, November 10th.
Tickets: <https://www.theatrealdente.com/narnia>

PARISH OUTREACH – In your offering envelope package you will find special monthly outreach envelopes. For those who do not have offering envelopes, you may bring your outreach offering in a plain envelope, marked “Outreach for Month of ____” with your name and address.

For November: Outreach at St. Mary: **Rainbow Kitchen.**

Outreach at St. Stephen: **Christmas Hampers.**

SCRIPTURES & READERS FOR NEXT SUNDAY, NOVEMBER 8

First Lesson: Joshua 24:1-3, 14-25 – Brett Cane (SM) • Jaqueline (SS)

Psalms 78:1-7 – Nichola Wade (SM) • Lynda Clifford (SS)

Second Lesson: 1 Thessalonians 4:13-18 – Greg Robinson

Gospel: Matthew 25:1-13 – Ken Pedlow (SM) • Mike Philip (SS)

INTERCESSIONS

Anglican Cycle of Prayer: We pray for the **Iglesia Anglicana de la Region Central de America**. We pray for Archbishop Sarah Mullally; the Anglican Church of Canada and Archbishop Shane Parker, Primate; John Stephens, Metropolitan of The Province of B.C and Yukon. We also pray for Archbishop Chris and the Anglican Council of Indigenous Peoples.

Diocesan Cycle of Prayer: We pray for Anna, our bishop, and St. Michael & All Angels, Chemainus.

Regional Cycle of Prayer: We pray for the people of the **Parish of Pender and Saturna Islands**, Blair Haggert and the other clergy that are rotating, as they seek to aid and engage the neighborhood.

Our Parish Clergy: Lon, Logan, Brett, Bob, Paul and Gil, Seminarian Melanie, and postulants Gary & Richard

In our Parish: We pray for Brenda Apps, Ted Apps, and Jan Bergink.

For those ill or in need of prayer: David Scarth, Bob Buchanan, Cathy Swinscoe, Roche M., Rev. Gil Shoesmith, Leslie P., Nancy C., Karen C.

For those with long-term needs: Lynn S., Brett., Jane, Paul, and Natalie.

For friends beyond the parish: Rudi D., Alysha, Cassidy, Lynda T. Roger M., Courtney.

In the greater community: Truth & Reconciliation: We pray for Indigenous communities throughout British Columbia, for healing, justice, and reconciliation, and for all who seek to walk together in truth and mutual respect. We pray for residential school Survivors, their families, and communities, and for the ongoing work of truth, healing, and reconciliation.

Globally: Global Health: We pray for communities facing disease outbreaks and for all without reliable access to healthcare, clean water, and sanitation. We pray for healthcare workers serving in underserved regions, and for those providing mental health support in the wake of conflict and disaster. We pray for vaccination and public health initiatives, and for greater cooperation and equitable access to the care and resources that allow communities to thrive.

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CLERGY CONTACT INFO

The Ven. Dr. Lon Towstego

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St. Stephen Anglican Church

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Parish Administrator - Hannah Nickel

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